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WINTER ISSUE, 1952

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The Blue and Gold Triangle of Lambda Kappa Sigma

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THE ROMANCE OF PERFUME

By NELLIE DAVIS

My grandmothers had a great deal to do with my early interest in perfume. My Irish grandmother loved perfume but was too poor to buy it for herself, yet her body and clothes always had a delightful fragrance. On Sunday mornings, before she left for church, she would gather leaves of bergamot and lavender and crush them in her hands, rubbing the fragrance along her wrists and the back of her neck. There were small satin bags containing lavender, rose petals and nepita lying intimately among her chemises. Laughter bubbled from her spontaneously and there was a ready, yet kindly, wit at the tip of her tongue. Perhaps because of her, I have always associated perfume with laughter.

My Scotch grandmother probably never bought perfume, but she always had a bottle of violet fragrance in a lovely cut glass decanter which was elegantly tied with lavender ribbon. That bottle stood on the high-boy in her bedroom and from the time she dangled me on her knee until I bade her goodbye when I left home, the contents of the perfume bottle had decreased almost imperceptibly. But she always smelled cleanly of good, yellow soap!

The word Perfume is derived from the two Latin words, *Per*, meaning through and *Fume*, which means smoke. The ancients perfumed their bodies by walking through the burning mist of sweet smelling leaves and flowers. Thank goodness, we can buy our perfume in bottles today.

The bases of fine perfumes are either animal, vegetable or synthetic substances. The finest perfumes, and the most costly, have as their base, ambergris, musk, civet or castor. Ambergris is the fatty substance thrown onto the sea by a sick whale; it has a musty, unpleasant odor, but the sailor who is fortunate enough to find ambergris is lucky indeed, for it is a valuable cargo.

The civet cat provides another essential base. The civet is a beautiful animal found in Asia and East Africa. The valuable substance of the civet is found in a small sac under the tail. Natives put the cats in cages and tease them until the sac is engorged with fluid. Rather a dangerous game, but a profitable one.

Then there is musk, the finest being obtained from the musk deer, native to the high Himalayas of Asia. So valuable is musk in the perfume market, that the natives run the risk of the Tibetan llamas' punishment for those who kill the deer, a punishment which calls for slashing the hands of the offenders.

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Convention News

LAMBDA CHAPTERS ARE LOOKING FORWARD TO MEETING AND GREETING MANY OF YOU AT THE ROOSEVELT HOTEL, HOLLYWOOD, CALIFORNIA, FROM AUGUST 7 TO 12. YOU WILL MISS THE "TIME OF YOUR LIFE" IF YOU DO NOT COME TO CALIFORNIA THIS YEAR. MORE DETAILS IN THE NEXT ISSUE OF THE *TRIANGLE*.



ALPHA ETA MEMBERS AT THE TIME OF THEIR INSTALLATION

Starting from left around the table are: Barbara Steiner, Anita Pemstein, Roberta Lerea, Lorraine Reiter, Dorothy Walsh, Mrs. Robert Leary (installing officer), Dr. Catherine Henderson, Hasley Rubin, Gloria Bergman and Norma Seecof

Professional Panhellenic Association Convention

By AMELIA DE DOMINICIS, *Epsilon Graduate*

The Professional Panhellenic Association held its Fifteenth Biennial Convention on November 28, 29, 30 and December 1, 1951, at the Hotel Chamberlin, Old Point Comfort, Virginia. Lambda Kappa Sigma's representatives at the meeting were Mrs. Arthur Osol and Miss Amelia C. DeDominicis.

The convention program was exceedingly well planned and included interesting and instructive round table discussions, led by the official representatives of the member fraternities.

Two new fraternities were admitted to PPA: Alpha Delta Theta, medical technology, and Kappa Delta Epsilon, education, bringing the total membership to eighteen organizations.

Mrs. Julia Fuqua Ober, Sigma Alpha Iota and Kappa Delta, was the speaker at the opening luncheon on Thursday. Her address, "Leadership's True Mark," provided the keynote theme for subsequent business sessions and round table discussions.

The past presidents of PPA were honored at the Silver Anniversary Banquet on Thursday night; those present were Miss Mabel Lee Walton, Sigma Sigma Sigma; Mrs. Clarence M. Sale, Sigma Alpha Iota; Mrs. Herbert Stevenson, Phi Beta; and Mrs. Vashti Burr Whittington, Phi Delta Delta. Mrs. Whittington gave the principal address of the evening, speaking on the topic "Fraternity and Freedom."

On Saturday, December 1, the Professional Panhellenic Association joined with the National Interfraternity Conference, National Panhellenic Conference and Professional Interfraternity Conference in commemorating the 175th anniversary of Phi Beta Kappa, oldest college fraternity, established at the College of William and Mary, December 5, 1776. The celebration was under the sponsorship of the Interfraternity Research and Advisory Council. It included both afternoon and evening programs, both with the theme, "Thanksgiving For Freedom."

Judge Frank H. Myers, past chairman of *NIC*, served as toastmaster at the joint dinner and Dr. Arthur S. Flemming, president of Ohio Wesleyan University and chairman of the Manpower Policy Commission, was the principal speaker.

Professional Panhellenic Association officers elected for the coming biennium are: president, Miss Vera Gerhart, Phi Gamma Nu; vice-president, Mrs. Jean Coleman, Kappa Beta Pi; secretary, Miss Marie Marti, Delta Omicron; treasurer, Miss Amelia De Dominicis, Lambda Kappa Sigma.

Excerpts from the Message of PPA President

We feel that our members will be most interested in reading the following excerpts from a fine talk given by Kathleen Davison, immediate past-president of the Professional Panhellenic Association, at the IRAC Birthday Celebration for Phi Beta Kappa at Williamsburg, Virginia, December 1, 1951.

Our fraternity structures are primarily based on programs of *professional guidance, emphasis, and activity*—developed to broaden the educational advantages of the individual member who comes within our sphere of influence. We give actually a two-fold meaning to the word “fraternity” for in addition to performing many of the same functions of the general fraternity, we provide the stimuli of close association with students of the same professional and educational interests, aimed toward the greatest proficiency possible in the chosen fields.

The Professional Panhellenic Association, when judged solely by its comparative size with the other three conference groups, is small to be sure, but I would maintain that the potential is considerable and that even present-day instances of specific accomplishment provide a level of achievement which speaks creditably for all fraternities of today. Our now 18 member fraternities represent a membership of well over one hundred thousand. Together we claim 512 chapters at a collegiate level and we have 355 chapters of alumnae members.

PPA is a growing concern, a vitally alive and significant force among the professional women of today. The philanthropies and altruistic endeavors of our groups alone, on both national and international levels, represent truly splendid humanitarian service. The bestowing of graduate and undergraduate scholarships and fellowships and the granting of awards to stimulate creative activity and professional research are numerous. The projects undertaken and successfully carried out in the interests of many specific professional fields justify the term “noteworthy accomplishment.”

We are most surely met here today to honor and celebrate the heritage of the past. We must nevertheless bear in mind that *the present* is here and now and that we are forever *at the point of no return*. This rich fraternity heritage must become for us all but one of our tools for the future. It must serve us now as we fraternity-wise live *usefully* and *effectively*, and in that living as we pioneer in the future of the fraternity system—which I believe can be as meager or as great as we all choose to make it.

The light cast upon this earth by all the good works of all our fraternities has been exceedingly great. Today amidst the indescribable

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Report of the Third Western Regional Meeting

CATHERINE PETTIBONE

The Third Western Regional Meeting of Lambda Kappa Sigma was held in Corvallis, Oregon, the week end of October 27, 1951. Hostess group for the meeting was Rho Active Chapter of Oregon State College.

The first business meeting was called to order by Grand President Margit Harrison at 10:30 A.M. Saturday. The meeting was opened with the reading of the official prayer, Shirley Roeder acting as Chaplain. Reports of the Grand Secretary, Two-year Member at Large, and the Grand President were read by Catherine Pettibone, Secretary pro-tem. Chapter reports were given by the delegates in attendance.

One of the common chapter problems discussed was the lack of co-operation between active and graduate chapters. Both groups are eager to co-operate, except that they have difficulty in getting together. It was suggested that a list of the graduating girls be sent to the graduate chapter so that they can be contacted.

Mrs. Sissen presented the problem of getting better attendance at Regional Meetings. She suggested that they be held at the same time and place as the meetings of the American Association of Colleges of Pharmacy, National Association of State Boards, Kappa Psi, and Rho Chi. She pointed out that this would help solve the problem of transportation for delegates, since there would be others from the school or city attending these meetings. Mrs. Harrison appointed Mrs. Sissen to examine the possibility of changing the time of the Western Regional meetings, and also to look into ways and means for increasing attendance.

Chi Graduate is hopeful of starting a branch of Professional Panhellenic Association in Seattle. In connection with this, Mrs. Harrison reminded the group that the National Convention of P.P.A. would be held in Fort Monroe, Virginia, November 28 through December 2.

It was suggested that an effort be made to re-activate Upsilon Chapter in Pocatello, Idaho.

Shirley Lisman reminded all the girls to send in their \$10.00 to the endowment fund for a life subscription to the BLUE AND GOLD TRIANGLE.

All members were urged to send to Betty Susina songs they have enjoyed in group singing. They are to be incorporated in a song book for the next Biennial Convention.

A banquet at the Corvallis Hotel, on Saturday, climaxed the meeting; Dean George Crossen, of the School of Pharmacy, Oregon State College, was guest speaker on the occasion.

The Western Regional Meeting was such a success that those attending expressed the wish that such meetings could be held oftener, and that more delegates could come.

The Romance of Perfume

(Continued from page 2)

One grain of musk will perfume millions of cubic feet of air. We are told that there is a room in the Tower of London that still retains the odor of musk, 400 years after the kindly governor of the Tower ordered the room to be sprayed, to lighten the imprisonment of the lovely Lady Cecily Cholmondeley.

Then there is castor, which is obtained from the Canadian beaver. This reddish brown substance has a strong, unpleasant odor.

These are called the *essentials*. If you wonder why good perfume is so costly consider the fact that one ounce of musk originally costs eighteen dollars. Then it must be aged for eight to ten years before use, thus further increasing the cost.

Chemists have produced synthetic musks, but these do not have lasting quality. Good perfumes must contain the costly natural essentials. For this reason cheap perfumes are the most costly in the end, for they not only do not last, but even leave an unpleasant odor when the original fragrance has evaporated.

Flowers for perfume grow best where they have been long planted. Outstanding among all places for growing perfume flowers is the lovely village of Grasse, on the slopes of the French Riviera. This is why, even in perfumes made in this country, the really good ones contain essences from France.

Finding the most fragrant of the flowers is one thing; capturing the fragrance is another. There are several ways of extracting the fragrance from flowers, including distillation, maceration and solvent extraction. The most satisfactory method, however, is *enfleurage*. In this process pure, odorless lard is spread upon glass trays which are stacked in racks. Into the lard the flower petals are carefully pressed by hand, allowed to remain twenty-four hours, when they are removed and fresh petals added. This is continued for the usual blossoming time of thirty days. The fat thus becomes saturated with the perfume of the flowers.

One ton of flower petals is required to produce one ounce of absolute, and two tons of rose petals to make one pound of Attar of Roses. One pound of Jasmine absolute costs three hundred dollars and one can buy one pound of Tuberose absolute for a mere fifteen hundred dollars!

Kipling wrote these words: "Scents are surer than sights or sounds to make the heart strings crack." Cleopatra perfumed the sails of her barge and you all know how that glamour girl kept her Mark Antony on the run. Napoleon used colognes lavishly and even that queen of propriety, Victoria, had her perfume.

In recent years, perfume has been used in mental therapy with

marked success. Doctors find that different fragrances help to change a patient's mood from belligerent to relaxed and workable. The doctor keeps trying different perfume fragrances until he finds the one that seems to arouse a definite response.

Perfume was used in World War II, and also is being used in the Korean conflict, for its psychological effect when transporting wounded soldiers by airplane. The terrible odor of the wounds, combined with that of the medicines used, was extremely depressing. To solve this problem, a special type deodorant was blended with a pine or lavender fragrance. This had an excellent effect on the morale of the wounded men, as well as on doctors and nurses accompanying them. The combination is also used extensively in hospitals.

Perfume therapy may also be used for children undergoing emotional disturbances. Once the doctor has found a fragrance the child likes, it will usually relax the child, and make it more amenable. However, perfume therapy is still in an experimental stage, though many doctors have obtained excellent results with it.

In the Bible we read that the Magi offered the infant Jesus myrrh and frankincense as well as gold. Our Lord praised Mary Magdalene when she washed his feet with a nard of great price. And, on Passion day in Bethany, at the house of Simon the leper, a woman poured a perfume—a costly perfume—upon the head of our Lord. Here, perfume is homage. Moreover, incense, gathered from olibanum as we gather resin from pine, fulfills in religious ceremonies a liturgical function of great significance. When the priest or acolyte swings the censer toward the golden tabernacle, its smoke rises like a hymn of praise. Thus is the mystic power of burning perfume affirmed.

Perhaps you have wondered where the perfumer gets names for his various scents. This is how the lovely *Cuir De Russe* came by its name. Many years ago, when Russia shipped to France and England, and to this country also, costly sables and other furs, they were packed in large leather trunks. Over the furs were sprinkled fine tobacco leaves, undoubtedly to discourage insects from breeding in the furs. When the leather boxes were opened at their destination, the aroma from the furs was so delightful that one of the greatest of our perfume artists duplicated the fragrance. He succeeded in making what is today known as *Russian Leather*.

Shalimar, one of the greatest perfumes of all times, was created by Jacques Guerlain after visiting the fabulous garden of a Maharajah friend in Paris. The murmuring pools, the joyous fountains, and the soft air, redolent with the perfume of hundreds of tropical flowers, were recreated in Shalimar, meaning "Abode of Love."

Liu, another of Guerlain's perfumes, was named after the Chinese dancing girl in Puccini's opera, "Turandot."

It is said that the wise woman always retains an air of mystery as an irresistible part of her charm. Perfume adds to that mystery.

I am often asked, "What type of perfume should I use?" There really are no rules to guide your choice. Essentially, the perfume for you is the perfume to which you respond, that makes you more sparkling, more enchanting. Let it always be faint, suggestive and tantalizing. Perhaps you too, will use your perfume as a comfortable buffer against the things that most annoy you.

Excerpts from the Message of PPA President

(Continued from page 5)

confusion of our present-day world that light continues to shine. As Americans we struggle intently and often nobly to bring light of many kinds to those less fortunate than we. The true worthiness of the real fraternity principle needs no lip-service here—but we *can* here dedicate and rededicate ourselves to those significant principles. We do not here need to extoll the merits of the principle of genuine brotherhood which the spirit of fraternity exemplifies, but we can suitably commemorate the past achievement of a whole fraternity system by pledging ourselves today, one and all, to the most *forceful, united* constructive utilization of those basic fraternity principles yet conceived.

Deadline for Spring Issue of the BLUE AND GOLD TRIANGLE is April 1, 1952. Send all material to the Editor, 128 Colwyn Lane, Bala-Cynwyd, Pa.



AMELIA C. DEDOMINICIS

Grand Council Member Elected Officer of PPA

Amelia DeDominicis, past national president of Lambda Kappa Sigma and present two-year-member-at-large of Λ K Σ Grand Council, was elected Treasurer of the Professional Panhellenic Association at their Convention in Old Point Comfort, Virginia. Our congratulations Amelia!



Prescription for Pessimism

ARTHUR OSOL

Nearly a century ago (October, 1857) the following editorial appeared in *Harper's Weekly*: "It is a gloomy moment in history. Not in the lifetimes of most men has there been so much grave and deep apprehension; never has the future seemed so incalculable as at this time. The political cauldron seethes and bubbles with uncertainty. Russia hangs, as usual, like a cloud, dark and silent, upon the horizon of Europe; while all the energies, resources and influences of the British Empire are sorely tried, and are yet to be tried more sorely, in coping with its disturbed relations in China. It is a solemn moment, and of our trouble no man can see the end."

Do not both passages have a marked resemblance to much that is said and written today? But, one may cynically observe that while the "good old days" were not so good after all, the present is positively bad. Our newspapers, for instance, hardly ever give us headline news to be cheerful about. On this point, let me quote several significant sentences from that masterpiece of practical philosophy by Overstreet, *The Mature Mind*: "Most newspapers have made the money-making discovery that most people most of the time are more interested in life that has 'run off the track' than in life that has 'stayed on the track'. . . . It means that day by day, year in and year out, all of us—young as well as old—are being moved to accept a one-sided distorted, view of life. We get life in its

(Continued on third cover)

Chapter Reports

ALPHA CHAPTER

The season's best wishes to all of Lambda Kappa Sigma. Here is some belated news: Patricia Terry was married in June to Donald H. Chase, and not to be outdone, Marion Carr married Louis Rubbo in August.

We have a very large enrollment of women students at the College this year. A special orientation session was held by the Lambda Kappa Sigma members with the non-members to help these new students getting to become better acquainted with us and with their college.

Alpha Chapter attended a Sadie Hawkin's Day Dance given by Xi Chapter on November 17, 1951, at the Rhode Island College of Pharmacy recreation room. Invited to also spend the week-end, the girls had a super time. Wish all of the Chapters were as close by!

On November 27, 1951, the Freshmen were entertained with a "Scavenger Hunt." Cold as it was, everyone had a grand time. Hot dogs and marshmallows roasted over the hot coals of the fireplace in our Alumni Room was more than the Freshmen expected during a Rush Party.

Laurels to Alpha Graduate Chapter for a most entertaining Christmas Party on December 14. Parisian accents and Parisian models gave the Fashion Show a delightful air of being in the dress salons of Paris.

Alpha wishes all a prosperous and happy year.

LILIANE SAFFORD



BETA CHAPTER

December saw us putting on a program for prospective pledges and if the guests enjoyed the show half as much as the girls who put it on, the evening was a complete success.

Laura Grode, a Senior member, chose Christmas vacation as the time to have a gold wedding band placed on her third finger left hand—our best wishes are extended.

Following the end of the first semester, rushing begins when Beta is hopeful of adding many new members to the chapter.

Work is now being done on compiling a list of Beta Chapter graduates, and we hope you'll soon be hearing from a Beta Graduate Chapter.

A tea for the faculty wives is to be held after the first of the year. Object: to introduce them to the Freshmen and to give everyone a chance to become better acquainted.

The first issue of the TRIANGLE in the New Year gives Beta the chance to wish each and all a year of much happiness and success.

ROBERTA BOLLINGER



DELTA CHAPTER

Here we are back at school after a wonderful Christmas vacation; it will take several days before we really get down to our studies.

Joan Gustafson was the lucky girl this Christmas, having received a beautiful diamond ring. Joan plans to marry sometime this summer. We, of Delta, offer her our sincere congratulations.

We want to thank our sister chapter, Tau of Duquesne, for inviting us to their

Christmas party. Those of us who attended had an enjoyable time.

Recently Delta pledged five new members to the sorority. We are most happy to welcome these girls into Lambda Kappa Sigma.

Delta Chapter extends best wishes to all of its sister chapters for the coming New Year.

GABE ROBA



EPSILON CHAPTER

We were fortunate again this year to win the Activity Cup and a first prize of thirty dollars for the best act presented during the annual "Alumni Frolic;" ours was a one-act variety show. Our competitors were the three fraternities of the School of Pharmacy and four individual acts.

On January 6, we are planning a rush party, at the home of Dottie Schalk, for the girls in the freshman class. At this party we are planning to have our sisters from the graduate chapter.

January 10 will be a great day for all. We are having a Bake Sale which will be open to all from Pharmacy and Dental Schools. We are planning to make our own cakes and other delights.

We, of the Epsilon Chapter, wish all A Successful and Happy New Year.

ETHEL BAROTI



ZETA CHAPTER

We started off the semester on October 14 by pledging Marian Koepsel, Molly Chin, Ida Jang, Ruth Rosenwald, Shirley Stanley, Betty Payne, and Florence Jin Waan. After pledging, we planned our semester activities, including a party with Phi Delta Chi, a dinner dance honoring the pledges at the Claremont Hotel, in Berkeley, with a pre-dance champagne cocktail party, and a Christmas party with our graduate chapter.

To improve our treasury we have had *Pelican* sales (the *Pelican* is the monthly U. C. humor magazine), a cake sale, and a turkey raffle. We consider this to have been a productive semester and hope it was the same for all our sister chapters.

JOYCE RAGLE



ETA CHAPTER

Eta wishes a happy and prosperous 1952 to all.

Our activities during the past couple of months have kept us very busy. Our first rush party was based on a travel theme, emphasizing our coming California convention. The decorations and prizes followed the theme very well and it turned out to be a successful affair. The second rush party was a dinner held at the Penn Sheraton Hotel on December 3. The occasion was an auspicious one—as Mrs. Ivor Griffith, wife of the president of our college, became an honorary member of Eta Chapter. Mrs. Griffith is a charming person and we are happy to have her as our sister.

A dance at the Kappa Psi House completed a pleasant and enjoyable evening.

Eta members have also been trying to increase the treasury funds. Good profits were made from a Turkey Raffle and the annual sale of Christmas Cards.

Our last meeting of the year ended with a Christmas party. After Christmas games and carols, an exchange of gifts brought the party to a climax.

That's all the news for now. Many thanks for the Christmas greetings that we received from all our sisters.

FRANCES AVERSA

RHO CHAPTER

The Western Regional Meeting was held on October 27, 1951, at the Oregon State College Pharmacy building, with Rho active as the hostess chapter.

We were indeed honored to have Margit Harrison, our Grand President, with us at this meeting.

After the morning business session the members attended a luncheon at the Corvallis Hotel. At the luncheon Rho Chapter presented a short skit representing the trials and tribulations of a Pharmacy college student.

The afternoon business session proved to be most helpful as many mutual chapter problems were discussed. After the meeting was adjourned pharmaceutical films were shown by representatives of the Squibb Co. Later the girls were taken on a tour of the campus.

The meeting closed with a banquet that evening at the Corvallis Hotel. Dean Crossen of the Oregon State School of Pharmacy addressed the group on the subject "Why Five Years of Pharmacy."

Rho Chapter enjoyed meeting the members of sister chapters and we express our appreciation to all who attended and especially to Mrs. Harrison for her many valuable suggestions toward the betterment of our chapters.

JANET LEKAS



SIGMA CHAPTER

Hello to all!

Sigma has been very busy preparing for the gala installation of our nine new pledges: Barbara Daniels, Lola Dunn, Thelma Greenberg, Paula Langer, Beverly Lasko, Helen Lombardi, Lois Scheiner, Doris Shapiro, and Charlene Tuckman.

We would like to take this opportunity to congratulate our chapter president, the former Claire Mintzis, on her recent marriage to Mr. Harvey Braaf. We wish both of them the best of everything in their life together.

THELMA SHERMAN



ALPHA ALPHA CHAPTER

Alpha Alpha extends its heartiest New Year greetings to all.

With the holiday season came many parties. Phi Delta Chi held a Raffle Dance for us. It was a grand occasion with each member receiving a miniature mug bearing the crests of Phi Delta Chi and Lambda Kappa Sigma. Kappa Psi really went overboard with a "Kappa Kandy Kane Dance." Earlene Miles, Roberta Alloway, Rosalie Licata and Janet Helm were lucky and took home lovely prizes.

On December 4 Eta Chapter was our guest at a Christmas party. We enjoyed being with our Philadelphia sisters and were pleased that they, too, had a good time. Gifts were exchanged by the members of Alpha Alpha. Santa, however, had not forgotten the Etas—he gave each of them a miniature beer mug bearing the Temple University crest.

Our girls entertained twelve children from the Ivy House Foster Home by taking them on a tour of Toyland. Alpha Alphas returned home exhausted but happy in the knowledge that the children had had a wonderful day.

Our annual Christmas issue of "Lambs Tales" appeared on December 14 and was eagerly perused by all our members.

We have started a sorority chorus and hope that with a bit more practice we may participate in a school convocation. In the meantime we are having fun and enjoying our own music.

The best of everything to all members of Lambda Kappa Sigma in '52.

LOIS PURNELL

ALPHA DELTA CHAPTER

This has been a busy semester for Alpha Delta Chapter. Our biggest event this fall was participation in the 75th anniversary celebration of the founding of the College of Pharmacy here at the University of Michigan. Two days of meetings, forums and banquets were attended by many alumni and notables in the field of pharmacy. Everyone enjoyed it immensely.

Our best wishes go to our new bride, Fumi Ikemori Doorenbos, who was president of Alpha Delta at the time of our installation as a chapter of Lambda Kappa Sigma. Best wishes to all our sister chapters and 'bye until next time.

VIRGINIA GISH



EPSILON GRADUATE CHAPTER

Greetings to all our sister chapters. We of Epsilon Graduate send our best wishes for the coming year, hoping it will be the most successful one yet.

During 1951 we held regular monthly meetings, with an average attendance of twelve members. Our activities included providing watermelons for an orphanage picnic and making an afghan for an old people's home.

In October we had a delicious dinner at Maria's, a genuine "enter-through-the-kitchen" Italian restaurant. Our Christmas party, held in conjunction with Epsilon active chapter, was a "Winter Wonderland," complete with snowmen, snowflakes and Christmas trees. It was a cooperative effort with each member supplying part of the refreshments, and was a really enjoyable party.

As of December 21, Miss Carol Fleagle, one of our most active members, became Mrs. Lawrence Finnegan.

Our plans for the future include a birthday dinner for our first anniversary on January 17.

With sincere hopes for a happy peaceful year for each member.

RUTH V. PAPE



CHI GRADUATE CHAPTER

During December Chi Graduate were busy with parties, election of officers, gifts for our member at Firlands Sanitorium, and the planning of our January rummage sale. The rummage sale is a new idea for us and we hope our efforts will prove to be fruitful.

Our election of officers moved Eileen Tanac from vice-president to the office of president.

We filled a large Christmas stocking with gifts for Sodi Nakashima who is confined at a tuberculosis sanitorium. She is improving rapidly and we hope she will soon be able to attend our meetings.

Beverly Sasser, one of our most active members, is leaving in February to join the W.A.F. She expects to be stationed in San Antonio, Texas.

Marilyn Martin has had several conferences with Judge Evangeline Starr in an effort to get a local Panhellenic Association group started here in Seattle.

Best wishes to everyone in the New Year.

INA JENKINS

CHAPTER DIRECTORY

FOR THE YEAR 1952

- ALPHA—Massachusetts College of Pharmacy, Boston, Mass.
President, Miss Catherine Barsamian, 616 Dorchester Ave., Boston, Mass.
Secretary, Miss Marguerite Beauregard, 179 Longwood Ave., Boston 15, Mass.
- BETA—Albany College of Pharmacy, Albany, N. Y.
President, Miss Virginia Minory, 126 Fourth St., Troy, N. Y.
Secretary, Miss Shirley Kaminsky, 131 Winthrop Ave., Albany, N. Y.
- GAMMA—University of Illinois, College of Pharmacy, Chicago, Ill.
President, Miss Joan Crist, 6528 S. Fairfield, Chicago 29, Ill.
Secretary, Miss Pearl Reimensperger, 6626 S. Albany, Chicago 29, Ill.
- DELTA—University of Pittsburgh, College of Pharmacy, Pittsburgh, Pa.
President, Miss Josephine Tock, 1806 Chateau St., Pittsburgh 12, Pa.
Secretary, Miss Margaret Madarasy, Box 739, Leechburg, Pa.
- EPSILON—University of Maryland, College of Pharmacy, Baltimore, Md.
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- ZETA—University of California, College of Pharmacy, San Francisco, Calif.
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Secretary, Miss Joan Leahy, 1263-6th Ave., San Francisco, Calif.
- ETA—Philadelphia College of Pharmacy and Science, Philadelphia, Pa.
President, Miss Elizabeth Eby, 232 S. 41st St., Philadelphia, Pa.
Secretary, Miss Natalie Romani, 4920 Walton Ave., Philadelphia, Pa.
- IOTA—University of Oklahoma, College of Pharmacy, Norman, Okla.
President, Miss Dith Johnson, 1221 Miller Blvd., Oklahoma City, Okla.
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PRESCRIPTION FOR PESSIMISM

(Continued from page 10)

hostile and catastrophic patterns more often than in its friendly and constructive patterns.”

For those moments when you, even as I, have some doubts about a future in which steadily, albeit almost imperceptibly, we advance toward perfection, may I offer a “prescription for pessimism?” Here are the ingredients: First, a heartfelt of appreciation and thankfulness for the many good things that have come to all of us. Second, a plentiful practice of the Golden Rule. Third, an abounding faith in the ultimate triumph of goodness and perfection, under Divine guidance. Like some medicinal mixtures, which need to be taken every day of one’s life, so the ingredients of this prescription for pessimism must be taken every day, often several times daily. Pessimism will never stay with you after taking this prescription.

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