

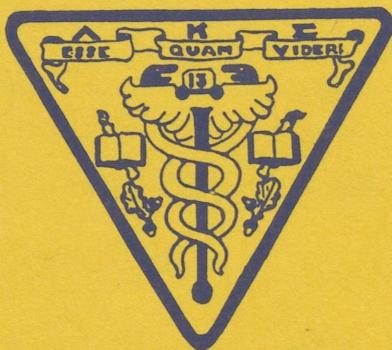
The

Blue AND Gold

TRIANGLE

of

Lambda Kappa Sigma



WINTER ISSUE, 1964

National Yearly Program

OCTOBER 10

Deadline for Triangle Material for Fall Issue

OCTOBER 14

Founder's Day

NOVEMBER 15

Fall Issue of The Blue and Gold Triangle
Deadline for Application for Cora E. Craven
Educational Grants

JANUARY 10

Deadline for Triangle Material for Winter Issue

FEBRUARY 15

Winter Issue of The Blue and Gold Triangle

MARCH 1

Send National Dues, Convention Fund, Triangle
Assessments and Life Subscriptions for The
Blue and Gold Triangle to:

Miss Ethel Herdlicka, Grand Treasurer
2835 West Division Street
Chicago, Illinois 60622

MARCH 15

Hygeia Day, Professional Program

APRIL 10

Deadline for Triangle Material for Spring Issue

MAY 15

Spring Issue of The Blue and Gold Triangle

JUNE 21-25

National Convention, Memphis, Tennessee

The Blue and Gold Triangle

of

Lambda Kappa Sigma

International Pharmaceutical Sorority



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Editor
Donna Michael

The Blue and Gold Triangle is the Official Publication of Lambda Kappa Sigma International Pharmaceutical Sorority. Published November, February and May by Lambda Kappa Sigma. Printed by Avon Printing Co., 421 Main Street, Rochester, Michigan.

Grand President's Message

The recent report of the late President Kennedy's Commission on the Status of Women brought out some interesting facts and figures concerning women in the United States. After almost two years work the 26 member commission presented its findings in printed form, the AMERICAN WOMEN, to the late President in October 1963. It covered the following subjects: education, home and community, women in private and Federal employment, protective labor legislation, social security and tax laws as they affect women, and civil and political rights.

In the United States, there are now approximately 24½ million women who work (this represents 1/3rd of the total work force). Slightly over half, or 13 million of these women, are working wives of which 3½ million need to work to supplement the income of their husbands and another 4½ million are the primary support of their families.

The American woman is fortunate in that she has several avenues in which to contribute her talents. She may contribute her energies to her family, or home, do volunteer work in her community or she may also want or need a paying job. The need for the last of these avenues presents a problem to many women who have no specific training or academic preparation. We, as professional women, are fortunate because we are prepared to enter or re-enter the labor market as the need arises.

The years between a woman's 35th and 45th year are often referred to as the "empty nest years". Many women need to pick up where they may have interrupted their careers for marriage or raising a family. It is estimated that they still have 23 years of work-years left. However, there is evidence that the high quality of educated women power is latent and unused among the women in this age group. We in Pharmacy are fortunate because it is possible for us to return to full-time positions or become part-time professionals.

The number of trained women workers must increase at least 25% between now and 1970 if we are to capitalize on our opportunities for economic development. The largest growth will be in the professional and technical fields. What can we, as fraternity women, do to help meet the demand for such wasted power? Here are a few suggestions:

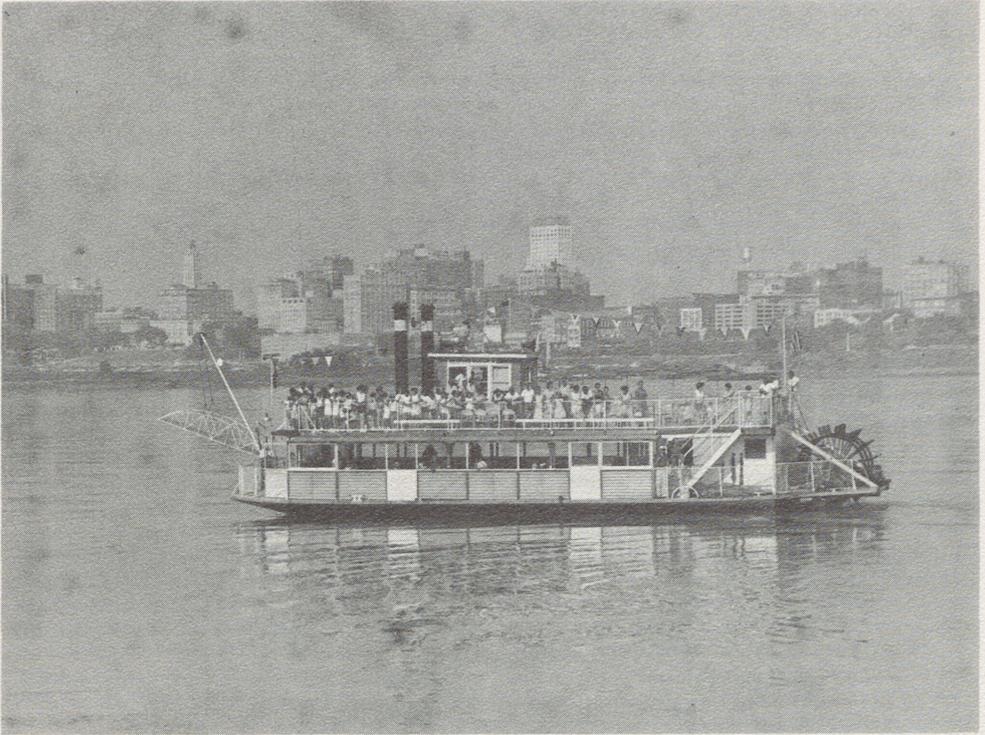
1. Improve the number and quality of part-time study and employment opportunities.
2. Offer more scholarships and fellowships to older women.
3. Develop refresher courses and continuing education programs designed to facilitate a return to the labor force.
4. Provide counseling and placement for adult women to meet their special needs.
5. Effect reciprocal agreements between states and institutions on policies governing license, certificate and credit transfers.
6. Remove sex discrimination in hiring, wages, etc.
7. Establish more child care facilities.
8. Include part time workers on fringe benefits.



Julia Pishalski

JULIA PISHALSKI
Grand President, Lambda Kappa Sigma

Go South, Young Women, Go South



THE MEMPHIS QUEEN

Where? Why, to Memphis for our National Convention, June 21-25, of course.

Memphis is known by many titles — “Cotton Center of the World”, “Home of the Cotton Carnival”, “Cleanest and Quietest City in the United States”, “Innkeeper of the United States”, “Medical Center of the South” and even “Home of Elvis Presley”.

In June the climate in Memphis will be very warm. Definitely, summer dresses should be on your packing list. But don't forget your umbrella! We're not always the “Sunny South”! Be sure to bring dresses that you may wear with both heels and flats. For the final banquet a cocktail dress would be appropriate.

Our first tour will be of the University of Tennessee Medical Units, including the Dental-Pharmacy Research Building, and a meal on campus. We hope that you will enjoy this tour, for we are quite proud of our school and campus.

The tour of Memphis will include a view of Graceland, Elvis Presley's home — the Pink Palace, Overton Park Zoo, and other interesting sights.

Late one afternoon we will take a trip down the Mississippi on the Memphis Queen (above) and enjoy a delicious catfish dinner on a sandbar.

We have a professional program planned for one evening with guest speakers who will give very informative and interesting talks on the various fields of pharmacy. A tour will also be taken of McKesson's, Memphis' largest wholesaler.

The last evening will be the final banquet, the theme of which will not be revealed until that night. We hope this will be a success and an event you will never forget.

We would like to extend a personal invitation to each of you to attend the 18th Biennial Convention of Lambda Kappa Sigma, June 21-25. Start making your plans now to be with us then.

Fraternally,
Alpha Epsilon Sisters

Livingston's Pharmacy*

Livingston's Pharmacy, Orleans, Massachusetts will be observing its 39th anniversary this year. Mary and Urban Livingston opened their pharmacy in May of 1925. Although the present location is the fourth for the pharmacy, it has never strayed more than a few hundred yards from its original location on Main Street.

With "fixtures out of the Ark" and very little elbow room, the Livingston's opened the doors of their pharmacy to the people of Orleans. It occupied about 360 square feet of space at that time.

A year later, in 1926, they moved to a corner location in a room 20 by 20, with another room upstairs where prescriptions were compounded.

The pharmacy remained in the corner location until 1938, when it returned to the original site, although it occupied more space in the building. Further expansion came in 1951 when an addition was built. This gave Livingston's more space without changing the location.

In April of 1963 Livingston's Pharmacy moved to a new location with 5500 square feet of floor area. More than one-fifth is devoted to the prescription department.

Mr. and Mrs. Livingston, a team since college days at the Massachusetts College of Pharmacy, are both pharmacists and remain active in the business. Their son, G. Frederick, himself a pharmacist, is associated with them and they also employ two other full-time pharmacists.

Another son, Robert, is business administrator for the store. Irving, the third son, does not actively participate in the business.

Long, long hours were required of the young couple when they started their venture which has turned out to be the oldest drug store on Cape Cod under the same management. One or the other had to be in the store all the time. When they were on the Main Street corner, the prescription center was upstairs. They lost count early of the many treks up and down.

When the Livingston's first came to Orleans there were no drug stores in town. At that time the doctors made up their own prescriptions, and some of the doctors had larger medicine supplies than the drug store.

Their first quarters were shared with Dr. Frank Besse who had his dental office in the back. Dr. Besse also practiced medicine at that time and many of the first customers of the Livingston's would not buy medicine from them unless Dr. Besse came out to supervise.

*Mary Livingston is a charter member of Lambda Kappa Sigma's first chapter. This article is reprinted in part from the Oracle and The Cape Codder.

RxWoman Stays On Hospital Ship

A woman pharmacist who served a year on the SS HOPE in Peru was so impressed with this service to underdeveloped countries that she has decided to make HOPE her lifetime career.

She rejoined the hospital ship Nov. 1, bound for Ecuador and another 10 straight months of exhausting work.

She is Margaret Sherwood, a graduate of the University of Pittsburgh Pharmacy School. Prior to her first trip on the HOPE she served in a Cleveland hospital and was president of the Ohio Society of Hospital Pharmacists.

Last fortnight, she spoke before the Lambda Kappa Sigma pharmaceutical sorority here (Pittsburgh, Pa.)

Miss Sherwood made her decision to serve permanently on the mercy ship last March, when the HOPE left Peru after a 10-month stay.

"When we arrived," she said, "we were greeted by a few officials and a lot of people carrying signs like 'Go Home, Gringos'."

"But the day we left, 40,000 people crowded onto the dock and stood there from 7 a.m. to 4 p.m., many with tears streaming down their faces."

The famous ship, which was first launched in 1961, has to lie idle for six months between trips, Miss Sherwood said, while awaiting addition financial support.

Reprinted from Drug Topics

Highlights Of The Midwestern Regional Meeting



We arrived in Indianapolis on Friday night, October 11, and went directly to the Hospitality Suite where we were warmly greeted by the girls from Phi Chapter. Refreshments were served until 11:30, at which time we dispersed to our own rooms to get some much needed rest.

On Saturday morning at 9:30 our business meeting was opened by Virginia Budden, Midwestern Regional Supervisor. The first item on the agenda was the chapter reports. At this time each chapter was given the opportunity of informing us of their most important activities during the past year. The Collegiate Chapters represented and their delegates were as follows: Gamma, Sharon Vavrik; Phi, Mary Sweitzer; Nu, Donna Osincup; Omicron, Jackie Roggin; Alpha Nu, Sue Hanks. Alpha Iota was unable to send a delegate, therefore, they submitted a detailed report on their activities. The delegates of the Alumnae Chapters were as follows: Gamma, Rose Marie Narducci; Omicron, Helen Wirpsza; and Phi, Roselene Higgins.

Next, Mrs. Budden explained that one of the main purposes of the regional meeting is to solve some of the pressing problems that the individual chapters might have. The age-old problem of new ideas for pledge projects was discussed. Some of the suggestions were an indoor swimming party, bowling night and a hobo party. A schedule was set up for a Round Robin letter which will be sent to each chapter in this region. The schedule will be sent to the chapters notifying them when to expect the letter and to which chapter they are to send it to. After discussion the meeting was adjourned. Immediately after the meeting a photographer was on hand to take our group picture.

Next on the schedule was a luncheon in the Holcomb Garden House on the grounds of the Butler University. We were served a home cooked meal prepared by the girls of Phi Chapter. Then we were taken on a tour of the magnificent Butler campus. The campus has rolling hills and winding wooded trails, it even has a water fall and a carillon whose music can be heard on all corners of the campus. We also went through their four story Pharmacy Building, and their new library which was designed by Minoru Yamasaki.

All too soon we had to leave the campus because we had to prepare for our next big event, the banquet, to be held at 6:00 that evening. The banquet was a great success. The food was excellent and our guest speaker, Dean Kaufman, was both informative and humorous. His subject was "Quackery". Barbara Collins, Gamma Alumnae, who installed Phi Chapter 25 years ago, was asked to say a few words. Julia Pishalski, our Grand President, also addressed the group. To top off the evening Phi Alumnae Chapter gave a hilariously funny skit which can still make me chuckle when I think of it.

On Sunday we were guests of Pittman-Moore for brunch, our last convention activity. Ralph D. Maus, Assistant to the Vice-President, Marketing Division, spoke on "Human Relations and Our Jobs".

We sadly said our good-byes, and then began to prepare for the trip home.

Jackie Roggin
Omicron Collegiate Chapter

Eastern Regional Meeting



On October 18, 19 and 20, the Biennial Eastern Regional Meeting was held in Pittsburgh, Pennsylvania at the Hotel Carlton House. Serving as the hostesses for the meeting were Tau Collegiate and Alumnae Chapters of Duquesne University.

Registration commenced Friday evening at 8:00 P.M. in the Hospitality Suite, and refreshments were served.

Included among the distinguished visitors present were Mrs. Julia Pishalski, Grand President, Mrs. Emma Frey, Grand Vice President, Mrs. Ruth Flaherty, former Grand President and now Honorary Advisor, Mrs. Mary Gilbert, Member-at-large, and Miss Joan Atkinson, Eastern Regional Supervisor.

At 11:00 Saturday morning, a brunch was served in the Terrace Room. Following the brunch, the business meeting was held. Presiding at the meeting were Mrs. Pishalski, Miss Atkinson and Miss Germaine Hyber, President of Tau Collegiate Chapter. The chapters reporting at the meeting were Alpha, Delta, Eta, Tau, Alpha Alpha, Alpha Beta, Alpha Pi, Alpha Rho, Alpha Alumnae, Delta Alumnae, Epsilon Alumnae, Tau Alumnae, and Alpha Beta Alumnae. After the business meeting, a Founder's Day Program was given by the hostesses of Tau Chapter.

A cocktail hour at 6:30 preceded the dinner on Saturday evening. At this time the group photograph was taken.

The Golden Anniversary Dinner was held in the Carlton Room. Miss Germaine Hyber served as toastmistress. Honored guests present at the dinner were Dr. John Ruggiero, Dean of the School of Pharmacy of Duquesne University and Mrs. Ruggiero, Dr. Joseph Buckley, Professor of Pharmacology at the University of Pittsburgh and Mrs. Buckley, Advisor to Delta Chapter, and Miss Margaret Sherwood. Miss Sherwood who is pharmacist aboard the S S HOPE, presented an interesting address about her experiences on the ship's voyage to Peru. Colored slides added to the descriptiveness of her talk. When the dinner had concluded, door prizes were distributed through the courtesy of Tau Alumnae Chapter by the president, Miss Geraldine Manzione.

On Sunday morning the meeting concluded with a coffee hour held in the Hospitality Suite, and a tour of Pittsburgh conducted for the visitors by several members of the Alumnae Chapter.

Mrs. Adele Delich, Secretary
Tau Alumnae Chapter

Western Regional Meeting

Mu Chapter was hostess to the Western Regional Meeting held in Portland, Oregon.

The meeting began Saturday afternoon with a luncheon at 1:00 P.M. It was thoroughly enjoyed by all. Everyone signed the guest book. Then the business meeting was called to order by Jean McLauchlan, Western Regional Supervisor. Collegiate and alumnae chapter reports were presented and Jean gave her regional report.

There were several Stray Lambs attending as well as the collegiate girls and alums present.

After the business meeting was adjourned, we all went back to our rooms to get ready for dinner. Dinner was at the top of the Cosmopolitan Motor Hotel in the Cosmos Room. Everyone enjoyed the breath-taking view of Portland it afforded. After dinner the Founder's Day Ritual was performed. Then we all went our own ways. Some of us went to the renowned Lloyds Center. This is quite a shopping center!

In the morning we all had breakfast together and then finished our business. Then we all said good-bye and departed for our respective homes.

I speak for all of us, I'm sure, when I say it was a wonderful and informative meeting, and was thoroughly enjoyed by everyone.



Informal snaps took precedence over a group photo at the Western Regional. Shown here are Norma Wells, Joan Rohrback, Clara Wells, Donna Massie Herb, Gayle Brod, Jean McLauchlan.

Joan Rohrback
Mu Collegiate Chapter

Pharmacy Field Draws Few Feminine Workers

By MARY DUMOND

Reprinted from The Arizona Republic, October 7, 1963

According to Miss Cecelia Furmaniak, "filling prescriptions belongs to women. It takes the same detail work as it would to follow a recipe or bake a cake."

Although her mother, Mrs. Marcyanna Furmaniak, prefers to do the recipe filling at their home, 71 E. State Ave., she's encouraged her daughter to fill prescriptions for doctors, for years.

"I've been a pharmacist 25 years," Miss Furmaniak says proudly. "When I was a little girl, I wanted to get on the health team, and I wanted to help others. I guess I always wanted to be a pharmacist."

Cecelia gave up learning the violin when she was young, to spend time on the sciences she needed to become a pharmacist. And in the more than a quarter-century she's been a member of this fact-requiring profession, she's seen a lot of progress.

She's seen her professional requirements become as exacting as the science grows more complex. Now, it takes six years of college, with a bachelor of science degree in pharmacy, and a one-year apprenticeship, to become a pharmacist.

She has seen pharmacy's opportunities grow from little jobs in the corner drug-store to thousands of positions opening up to both men and women in food processing laboratories, research centers, hospitals, and chemical firms across the world.

She has seen miracle drugs come out of laboratories by the score — faster every year — to help the people for whom she works — the customers.

Cecelia, like all other pharmacists, is the person ultimately responsible for a correct drug, its strength and its dosage, as prescribed by the doctor.

What do they do if there's any doubt about filling a prescription?

"We call the doctor," explains Cecelia. "I've found that they're all most cooperative, and they always thank us for calling to check."

Miss Furmaniak is a graduate of the University of Illinois School of Pharmacy, took her apprenticeship in Chicago, her home town. Here, she's a member of the Arizona Pharmaceutical Association, the Pillettes, a pharmacy honorary, Lambda Kappa Sigma (it has no formal chapter here in Phoenix), and is a supporting member of the Paderewski Choral Society, Polish singing group directed by her twin sister, Mrs. Harriet Aleksander.

"Someday, if I ever slow down," says Miss Furmaniak, "I want to join that group and sing with it. I love music — but my work involves some night hours now, and I'm not able to do it yet."



Republic Photo by Harrison Brown
 Cecelia Furmaniak Spends Quarter-Century As Pharmacist
 "It Takes Detail, Same As Filling Recipe"

Professional Panhellenic Association Convention

By Julia Pishalski, Grand President

The 21st Biennial Convention of the Professional Panhellenic Association was held in Philadelphia, Pennsylvania, November 6 through 10, 1964 at the Marriott Motor Hotel. Julia Pishalski, Grand President, was the official representative for Lambda Kappa Sigma. She also served in the capacity as national vice-president of PPA for the biennium.

Presiding at this convention was Roxine Beard Petzold, Delta Omicron, president of PPA. Present were official representatives from the 17 member fraternities which comprise the membership of PPA and represent 10 different professional fields. Re-admitted to membership was Phi Delta Pi which increased membership to 18 fraternities.

Sandwiched in between the many business sessions, were several informative and interesting round tables, forums and symposiums. The first of these, EFFICIENCY IN FRATERNITY FUNCTIONING, was presided upon by Ordry P. Ray, Phi Chi Theta, and secretary of PPA. Many internal fraternity problems and procedures were discussed, such as inactive chapters, inactive members, financing of conventions, life membership plans, magazine problems, central office operation, maintaining files and records, etc. Also discussed was what can PPA do for member fraternities as well as its counter part — what can member fraternities do for PPA.

There was also a session on FRATERNITY EMPHASIS ON SCHOLASTIC ATTAINMENT moderated upon by Jean Barshay, Kappa Epsilon and treasurer of PPA. The panel consisted of three educators who divided the subject matter into three areas: pre-college, college and post-college.

A forum BEHIND THE FRATERNITY PICTURE was presided upon by a former PPA president, Betty Hinckle Dunn, Theta Sigma Phi. She was assisted by Ernestine Grisby, Delta Delta Delta. Both these women painted a pretty glum picture of the attempts of the communists to infiltrate the educational institutions in his country beginning in the elementary schools and continuing up through the colleges.

Both these women are delegates to the Interfraternity and Research Advisory Council of their respective conferences and spoke of the work being done by that body to curtail some of these attempts. Much printed material was submitted to prove these startling facts. Fraternity leaders were asked to caution their chapters about answering questionnaires relating to their activities. Suggestions were made that such forms be referred to the national officers before complying with such requests.

A symposium on CAMPUS TRENDS was conducted by Kathleen Davison, Sigma Alpha Iota, another former national president of PPA and currently serving as campus representative to the Interfraternity Research and Advisory Council. Discussed was the changing scene at the college level and its relationship to all fraternities. These included the enrollment enigma, special concerns and social concepts, new horizons such as the junior colleges, professional schools; the tri-mesters, the five year programs, and the fraternity image, past and present.

A round table discussion on MORE EFFECTIVE USE OF AREA AND CITY PPAs was presided upon by Carol Koch, Alpha Delta Theta and member-at-large of PPA. Sitting in were representatives from the Chicago, Detroit, Philadelphia, Washington, D.C. and Boston Area PPAs. Introduced were three officers of the newly organized Baltimore Area PPA. Welcoming them to the PPA family was Virginia Fiser, Mu Phi Epsilon, member of the Rules Committee who was most instrumental in getting them organized and established by convention time.

A very timely forum on the STATUS OF WOMEN was conducted by Julia Pishalski, Grand President of Lambda Kappa Sigma and vice-president of PPA. She chose to divide the subject matter into four broad categories encompassing the areas represented in PPA: Arts, Sciences, Education and Business. For discussions in their respective fields she invited Dr. Sophie Drinker, Delta Omicron and herself a writer to speak on the Arts; Dr. Anna Pirsencok, educator, to speak on Education; Dr. Arthur Osol, president of the Philadelphia College of Pharmacy and husband of our own Virginia Osol, honorary advisor in Lambda Kappa Sigma, to cover the Sciences and Thelma Vettel, Phi Chi Theta, and special assistant to the Director of East Asian Affairs, State Department. Miss Vettel brought with her a tape recording of the actual presentation of the report of the President's Commission on

Status of Women, entitled AMERICAN WOMEN, to the late president, John F. Kennedy. Displayed also were copies of this report in printed form which the central office of Phi Chi Theta offered to take orders for mailing.

Another notable event taking place at the convention was the CITIZENSHIP LUNCHEON presided upon by Vera A. Gerhart, Phi Gamma Nu and chairman of the Past President's Council of PPA. Presentation was made of the First PPA Career Achievement Award. It was presented posthumously to Vashti Burr Whittington, Phi Delta Delta, who died suddenly last summer. She was a leading light in the many movements of PPA and a leader in her own professional field of law. The award was accepted by her husband, Val Whittington, whom we got to know by his attendance at previous conventions with his wife.

The convention was formally ended with a banquet, SERVING THE WORLD PROFESSIONALLY, at which time many guests were present. Dr. Betty McLaughlin, Kappa Epsilon and Sigma Delta Epsilon, spoke on Women in Science. Musical entertainmet was supplied by members of Sigma Alpha Iota.

Elected to serve as officers for Professional Panhellenic Association for the next biennium were. President, Roxine Beard Petzold, Delta Omicron; Vice-President, Julia Pishalski, Lambda Kappa Sigma; Secretary, Ordry P. Ray, Phi Chi Theta; Treasurer, Jean H. Barshay, Kappa Epsilon; Members-at-large: Betty Hinkle Dunn, Theta Sigma Phi; Carol H. Goch, Alpha Delta Theta; and Dolores Paulikas, Phi Gamma Nu.



Front row: Julia Pishalski (LKS), Vice President; Roxine Petzold (DO), President; Jean Barshay (KE), Treasurer; Ordry Ray (PCT), Secretary. Back Row: Carol (ADT), Member-at-Large; Miriam Furlong (ATD), Honorary Adviser; Frances Murray (PCT), Honorary Adviser; Betty Dunn (TSP), Member-at-Large. Missing Kathleen Davis (SAI).
(Photo credit Helen May)

Grand President Combines Activities

Julia Pishalski, Grand President, took advantage of her trip into the Philadelphia Area for the PPA convention to make a few chapter visitations while en route. These included a visit with our baby chapter, Alpha Rho, to whom she presented their charter and member certificates which were not ready in time for their chapter installation last May. She also attended a joint meeting of Alpha Rho with Alpha Collegiate and Alumnae Chapters at Northeastern University where the Alpha Rhos put on their first candle-light Founder's Ritual. Of special significance was the fact that this was the 50th Founder's Day being celebrated by the national president in the city of the founding, Boston. The Grand President was also present at the business meeting of Eta Collegiate Chapter, a dinner meeting of Eta Alumnae, a business meeting and luncheon of the Alpha Alpha Chapter. Also sandwiched in were conferences with national officers in the area. All in all your Grand President felt that she really received the "red carpet" treatment and is really appreciative to all those that so graciously arranged for her comfort: meeting planes, extending the hospitality of their homes, wining and dining her and touring the environs.

Special thanks also to the chapter advisors who were most gracious and eager to be of assistance.

This all added up to a truly enriching experience.

Cora E. Craven Educational Grant Winners



LOLA A. BESSEY,

The Committee on Scholarships is pleased to announce the two winners for 1964 of the Cora E. Craven Educational Grants of \$200 each: LOLA A. BESSEY, Rho Chapter, is a senior at the Oregon State University, School of Pharmacy, at Corvallis, Oregon, which she entered in 1959. She has been an outstanding student from the beginning and very active in extra-curricular activities. She was elected to Mortar Board in 1962 as well as tapped by Rho Chi of which she is serving as secretary-treasurer of the current year. She is also a member of the Student Board (which is the judicial body for the Associated Women Students), member of the Promenaders (a folk dance group), member of the Oregon unit of the American Pharmaceutical Association of which she was recording secretary during the past year. She is currently serving as President of Rho Chapter of Lambda Kappa Sigma.

ANN CROCKETT, Alpha Epsilon, is now in her fourth year of college and in her second professional year in the College of Pharmacy at the University of Tennessee at Memphis, Tennessee. She stands 10th in her class of 85 students. She is presently chairman of the Finance Committee of her chapter, which is a very important task in view of the anticipated national convention being hosted by that chapter in June of this year. She is also active in church work as well as on the Medical Units campus. She has of necessity borrowed money and worked part-time to provide for her own tuition and livelihood.



ANN CROCKETT

"Human Relations And Our Jobs"

(Based on a speech presented by Ralph Maus of Pitman-Moore Co., at the
Midwestern Regional)

1. Learn to like people. Concentrate on good qualities, minimize weaknesses.
2. Have a friendly smile. Be joyful, be alive.
3. Be generous with honest praise. We all crave appreciation.
4. Listen . . . with an alert, friendly attitude.
5. Talk in terms of YOU not I. Use empathetic understanding.
6. Don't argue. If you win you lose.
7. Use questions to persuade. The Socratic method sells ideas and avoids negative answers.
8. Seek promotional cooperation. Promote harmony, not discord.
9. Don't take yourself too seriously. Be humble but with dignity and approachability.

Mr. Maus added many thought provoking comments to these nine points. Of

especial interest were the closing phrases which rang with an inviting challenge — "Remember to act human. The world is not a playground, it is a classroom. Life is not a holiday, it is an education. Success is not a destination, it is a journey. The road to success is always under construction. It takes practice to perfect the art of 'being human.'

"If we don't like some of these rules, it may be because we have not made them a part of us to a sufficient degree. Practice each one of these for three full day, at home and away. You may be amazed at the reaction. 'What you sow, so shall you reap.'"

Sow an act and you reap a habit
Sow a habit and you reap a character
Sow a character and you reap a destiny."

Pan American Congress

The Sixth Pan American Congress of Pharmacy and Biochemistry, held in Mexico City, December 7-14, revised the By-Laws of the Pan American Pharmaceutical Federation, and unanimously endorsed the position of the World Health Organization by insisting that all drugs should be available to the public only with the personal professional supervision of a pharmacist.

The resolution was adopted with applause by delegates from all countries in the Western Hemisphere in attendance, following the presentation of a Plenary Session address given by APhA Executive Director William S. Apple. The resolution states:

"Whereas the Fifth Pan American Congress asked that the sale of all medicines be limited to a pharmacy and that pharmacists personally dispense or sell all medicine —

and whereas the World Health Organization has proposed that all drugs and pharmaceutical preparations should be available only with the professional supervision of a pharmacist —

The Sixth Pan American Congress of Pharmacy and Biochemistry reaffirms the position that pharmacists must personally dispense all prescription drugs and sell all non-prescription drugs and proprietary remedies; and endorses the position of W.H.O. in insisting that all drugs should be available to the public only with personal professional supervision of a pharmacist."

Louis J. Fischl headed a U.S. delegation of over 120, who jointed with over 800 pharmacists and guests from every country in the Americas, except Cuba, Dominican Republic and Haiti. Thirty papers were presented before the Congress Sections by U.S. pharmacists, while APhA Councilor Robert A. Hardt addressed a Plenary Session on the pharmaceutical industry in the USA. Jack Cooper moderated a panel discussion on the pharmaceutical-chemical industry. Thomas A. Foster was named an Honorary Member of the Congress, and Mr. Fischl was elected a Vice President of the Congress.

Other Congress resolutions called for a national pharmaceutical association in each of the countries of the Americas (primarily directed at Mexico where no national pharmaceutical association presently exists), a uniform college of pharmacy curriculum, the establishment of pharmacies as health education centers (following the pattern of the APhA national pilot study) and requested closer cooperation and communications between the pharmacists of all the Americas.

Revisions in the Federation By-Laws now places the headquarters of the Pan American Pharmaceutical and Biochemical Federation in the country of the next Congress, and established permanent sections on Pharmacy, Biochemistry, Pharmaceutical and Biochemical Research and Education, and Industry and Technology. Sections are entitled to establish sub-section with the approval of the Federation Directing Council.

New Federation officers include Victor Cereceda of Chile, re-elected President; Benjamin Schijarger of Argentina, Secretary-General and Bruno Iaria of Argentina, Treasurer. George B. Griffenhagen of the USA was elected First Vice President; Oscar Centeno L. of Venezuela Second Vice President; and Jorge Delgado of Panama, Third Vice President. The three directors include G. R. Patterson of Canada, Luis Aranibar of Bolivia and Joao Baptista Marigo of Brazil.

Buenos Aires, Argentina was selected as the site for the Seventh Pan American Congress of Pharmacy and Biochemistry in 1966.

Chapter Reports

GAMMA COLLEGIATE CHAPTER

Dear Lambs,

Already another quarter has passed, and Gamma Chapter is as busy as ever.

October 11, four new members were initiated. They are as follows: Chris Gecas, Joan Markus, Carol Ward, and Janette Matezi. We're certainly happy to welcome them as our sisters.

It was wonderful to meet our sisters from Butler University in Indianapolis at the Regional Meeting held on October 12 and 13. The accommodations were the best, as was the program planned by our hostesses, Sharon Vavrik and Barbara Bungert were our delegates, and ten of our other girls attended. Thanks again to our sisters in Indianapolis for their wonderful hospitality. We are looking forward to the time when we can have the opportunity to be the hostesses here at the Medical Center in Chicago. It is a fine thing to meet other girls in the sorority, and the Regional Meeting is one of the best places to do this.

At the Meeting, it was decided to renew our Round Robin letter. We have received the letter from Nu Chapter, and we sent this plus our contribution on to Phi Chapter.

The Founder's Day Ceremony was memorized by the girls in Gamma Collegiate and presented to Gamma Alumnae on October 16, in the Illini Room of the LaSalle Hotel. Some of us stayed for their business meeting which followed.

Our formal pledging began on November 7, and we have 7 pledges. They are Marilyn Burke, Danute Mockus, Judy Prisby, Marsha Probis, Regina Savickas, Penny Simons, and Vicki Wilson. Previous to this, we had 3 rush functions; a pancake dinner, a gym night, and a Halloween party complete with costumes. Hell Week is scheduled for February 17-21, climaxing on February 27, with our formal initiation.

Recently Gamma Chapter voted to support the merger of the Illinois Pharmaceutical Association and the American Pharmaceutical Association on this campus. There is still much discussion about this in our school, and as yet nothing definite has been decided.

On February 14, we are holding our annual dance. This year it is at the Shoreland and is appropriately named Valentine D'Amour (Valentine of Love). This is the highlight of the year, and we are expecting a large attendance.

Congratulations to Mrs. Fu, our faculty advisor, on the birth of a baby boy on October 31.

This is the extent of our news up 'til now. See you next issue!

Fraternally yours,
Connie Mudd, Historian

ZETA COLLEGIATE CHAPTER

Hi Lambs,

Unfortunately, we missed the fall issue of the Blue and Gold Triangle, but we haven't been idle.

We started out the fall semester of 1963 with renewed zest and vigor from a short but enjoyable summer. During the summer we initiated a "big and little sister" program for the prospective freshman girls, not only for the purpose of getting more girls into the sorority but also to get them acquainted with pharmacy school in general. Our best wishes goes to Betty Chu who became Mrs. Allen Woo during the summer.

Our activities began with a picnic for the freshman girls as well as a "Bunko Night" where everyone had a lot of fun. The rushing period lasted for 2 weeks

and 15 girls were initiated as pledges. They are Judith Broock, Phyllis Jung, Nancy Lowe, Paula Mendenhall, Barbara Requa, Mary Sheehan, Amelia Sikora, Barbara Slinker, Christine Sue, Carol Tsuneta, Phyllis Urata, Barbara Williams, Donna Wong, Ruth Woo and Tsuki Yamato.

We celebrated Founder's Day with a demonstration and talk by a representative from Merle Norman cosmetics.

A volley ball team was organized by Roxene Harrison, and we won our first game against the nursing students in the first game in the interschool tournament on campus.



ZETA PLEDGES

Raplee, announced her engagement to Mr. Paul Quinn with the traditional passing of a beautifully decorated candle and a box of chocolates.

May we extend our best wishes for a Happy New Year to each of you.

Fraternally,
Kay Yamagata, Secretary

ETA COLLEGIATE CHAPTER

Dear Sisters,

Sorority activities, since our last article, have been steadily on the rise. Our first party at which we entertained twenty-eight freshmen, was completed in the theme, The Garden of Eden, and later we were invited to a party given by our brother fraternity, Kappa Psi. All concerned enjoyed the evening and many sisters' costumes could certainly take prizes for originality.

Our fund raising campaign started on its way by the sewing of names on labcoats for the student body. The sisters also sold novelty hats crocheted in various colors.

To promote our profession, many sisters offered their pharmaceutical services to the polio campaign by dispensing the oral vaccine. Professionalism was also emphasized at Eta Chapter by the forming of a Professional Committee to advance the ideals of pharmacy in its many aspects and to engage the Lambs in offering their services to worthy causes. One of these projects is to speak about pharmacy at various high schools.

Mrs. Julia Pishalski honored Eta Chapter with her presence at one of our

meetings and all the sisters thank her for taking an interest in our chapter hoping she enjoyed her visit even though short-lived.

The fiftieth anniversary of Lambda Kappa Sigma was celebrated at the Philadelphia College of Pharmacy and Science with a reunion dinner at which the newly elected president of the college, Dr. Arthur Osol, was the guest speaker. In his speech were many surprises, including the announcement of a new student union building and cafeteria to be added next fall.

Congratulations are in order to sister Pat Yingling who became Mrs. Anthony Patane this previous summer, Miss Gay Grove, who became Mrs. Robert Stefanowicz last month. Miss Anita Koenig, now president of Eta Chapter is also in store for congratulations due to her engagement to Jordan Abowitz.

Fraternally,
Cynthia Swantkowski

LAMBDA COLLEGIATE CHAPTER

Greetings from Lambda Chapter:

We began a busy fall semester by initiating thirteen pledges at the Grand Star Restaurant in Chinatown. The pledges in return, invited the actives to a delicious homecooked dinner.

Our Christmas bake sale was a success and the proceeds were given to charity.

Again, we will hope for snow at the mountains during our semester break, when we make our yearly trip there, since we seldom see snow in sunny Los Angeles.

Many activities are planned for the Spring semester-exchanges with the three pharmacy fraternities at U.S.C., our annual Spring Dinner-Dance, and perhaps a mother-daughter tea. We are looking forward to another successful year.

Special thanks to Dorothy Neely, who graduates in February, for all her contributions to Lambdas.

Best wishes to all in '64!

Sincerely,
Marlene Seu, Corresponding Secretary

MU COLLEGIATE CHAPTER

Dear Lambs,

This year at the annual Pharmacy Mix, Mu Chapter presented its usual \$25 scholarship to the woman student in the second professional year with the highest cumulative grade point average. This went to Patricia A. McIntyre, a member of Lambda Kappa Sigma. We also presented for the first time a \$75 scholarship to a deserving girl in pharmacy based on need and grades. This scholarship went to Janet M. Long, also a member of Lambda Kappa Sigma.

Members of Lambda Kappa Sigma who received other scholarships were:

Julia J. Puterbaugh, from Spokane Women's Auxiliary, WSPhA.

Kaye F. Synder, from Seattle Women's Auxiliary, WSPhA.

Joan E. Downing, from Snohomish County Women's Auxiliary, WWSPhA.

Joan Rohrback, Whatcom County Women's Auxiliary, WSPhA.

Janet P. Foster, American Foundation for Pharmaceutical Education.

Margaret P. Krogh, American Foundation for Pharmaceutical Education.

Mu Chapter was the hostess to the Western Regional Meeting held in Portland, Oregon.

Fraternally,
Janet Foster

NU COLLEGIATE CHAPTER

Greetings from Nu Chapter!

We now have five new sisters. These five girls were activated in a ceremony at the Hotel Kirkwood. At this time, six girls were pledged. A banquet followed in the beautiful Garden Room. Our new "Lambs" entertained us with two original songs and a very clever skit.

Shortly before the holidays, we used Omicron's idea for a money-making project. The candy was delicious, and went on sale in the pharmacy building after much was requested in the dorm. We have some bags left, and supplies for another batch. So, it looks as if we will continue with this venture.

This year, we had a Christmas breakfast rather than a banquet. It was held on a Sunday morning in December. Our guests were the wives of our faculty members. Following breakfast, gifts were exchanged and all received lovely pen and pencil sets from Miss Mote. Our Christmas kindness will be volunteer work for the Heart Center in February during National Heart Week.

Thanks to everyone for the lovely Christmas cards. Hope you all had a very wonderful vacation. Hasn't time gone quickly? Here we are preparing for final exams already!

Best wishes to all of our sisters everywhere for a very happy and prosperous New Year!

Fraternally,
Naomi Hinz

OMICRON COLLEGIATE CHAPTER

Dear Lambs,

Omicron Chapter has been saddened by the death of Dr. Stephen Wilson, Dean of the Wayne State University College of Pharmacy. Dean Wilson died very suddenly of a heart attack at his home on December 17. Because he made a continual effort to be close to his students, Dr. Wilson will always be remembered by us. The sorority intends to make a donation towards a memorial in his honor.

The winter quarter will begin our pledging for this school year. As of now we have a total of four prospective pledges. While we were planning a rush party, it was decided that we would make it a night of bowling with a pizza date afterwards.

One of our inactive sisters, Betty Koroscil, visited home during this Christmas vacation. Betty left Detroit this fall for Arizona due to health reasons. Unfortunately, at the University of Arizona there is no LKS chapter — Kappa Epsilon dominates that campus. However, Betty still wears her sorority pin; Betty intends to come back to Wayne next fall. Betty unsuccessfully attempted to bring back two gallons of Vodka for her dad — they both broke in her suitcase. However, Betty's mom claims she had the cleanest wash ever.

Fraternally,
Barbara Pavich

TAU COLLEGIATE CHAPTER

Hi Lambs!

Tau Chapter would like to share a Christmas song with everyone: The Twelve Days of Christmas

On the first day of Christmas my true love gave to me a mortar and a pestle.

2nd day: 2 graduate cylinders
3rd: 3 pill tiles
4th: 4 Bunsen burners
5th: 5 stirring rods
6th: 6 blenders blending
7th: 7 funnels filtering
8th: 8 balances balancing
9th: 9 prescription blanks
10th: 10 reference books
11th: 11 gelatin capsules
12th: 12 tranquilizers

At our Christmas party we sang this parody as well as every other Christmas

song we knew. Besides cookies, cupcakes, candy, and coffee, we celebrated with champagne — pharmaceutical champagne, that is (it is served in beakers!)

It is traditional to decorate the pharmacy floor of Canevin Hall for Christmas and this year the sisters of LKS took over Kelly Pharmacy (our model pharmacy). We decorated the window on the basis of the theme "Commercialism versus Spirituality." In the center was a balance with a Santa on the left pan and an angel on the right, lower than the Santa. A creche filled the right of the window and a sleigh and reindeer the left.

Currently we are planning our rushing and pledging for the spring semester. We hope to see an increase in our membership in 1964.

Twenty percent of Tau Chapter is engaged: Carolyn Simcoke received a ring for Christmas. Our other 4 members are still unattached.

Fraternally,
Germaine Hyber

CHI COLLEGIATE CHAPTER

Greetings Lambs:

We have enjoyed a busy and active fall quarter. On October 8, we had an occasion to get together at an annual dessert held at the home of Dean and Mrs. Orr. Here, we had an opportunity to meet many freshmen whom we hope will become future members. There is a surprisingly large number of freshmen girls this year.

We participated in several pledge activities. A barbeque was held at a member's home which turned out very successful. Instead of the usual pledge dinner, this year we held an ice-cream social and served delicious ice cream and a variety of luscious toppings.

On the less social side, we spent a very rewarding evening helping Medicine for Missions, an organization which makes use of unused physician's samples, by gathering and sorting them to send overseas to the underdeveloped countries. Besides the service it provides, we felt it helpful to ourselves, because it gave us an opportunity to see and handle a variety of drugs.

A great deal of work was done by our secretary, Helen Chin, in preparing for Pharmacy Week this year. A showcase and displays were set up in the main branch Seattle library and displays were set up in most of the Seattle high schools to inform students of Pharmacy as a profession.

We have initiated eight members into our group, our formal initiation banquet and ceremony is planned for January.

One additional event which occurred this fall was the birth of a beautiful daughter to our president, Mrs. Linda Lang.

Best Wishes in the New Year.

Judy Miyata
Historian

ALPHA EPSILON COLLEGIATE CHAPTER

Greetings from Alpha Epsilon,

We are just beginning to get back into the swing of things after our Christmas vacation.

The sorority was hostess for the annual faculty luncheon which was held in the University Student Center, December 12, 1963. This gave us all a chance to become better acquainted with the professors and their families.

Winter quarter began with Alpha Epsilon entertaining the rushees, January 3, 1964, with a Bridge-Bingo Party. The rush party was held at the home of Mrs. Marion Seageron. We hope to have twelve new pledges within the next few weeks.

We are very happy to announce that the winner of Lambda Kappa Sigma's Cora E. Craven Educational Grant is a member of this chapter — Miss Ann Crockett.

Candy is still being sold for the purpose of raising money for the convention. The convention plans are still progressing. We hope to see everyone here in June.

Fraternally,
Lynn Meredith
Editor

ALPHA ZETA COLLEGIATE CHAPTER

Hi Sisters,

We celebrated our 50th Anniversary with a birthday party in the school auditorium — complete with a birthday cake and candles. The pledges of the various fraternities sang "Happy Birthday" to us.

Sorry we were unable to have a Southern Regional Meeting, but as you may know our school is in the process of celebrating our 100th Anniversary. We are proud to be taking such an active part in the celebration.

School sweatshirt sales are booming! We also have sorority sweatshirts — if interested, contact us.

Two of our members have been elected to high offices in school organizations. Diane Rhein was elected President of the Intrafraternal Council. Mary Alice Schwinke is now Secretary of A. Ph. A., Student Branch.

Fraternally,
Norma C. Heckemeyer
President

ALPHA IOTA COLLEGIATE CHAPTER

Dear Lambs,

Ferris State College located in the heart of Michigan's Winter Wonderland is now experiencing the full effects of winter upon it. The wind is whistling around the buildings and bringing with it quite often a fresh, white blanket of soft snow to cover the already thick blanket covering the campus. But winter can't halt or even slow down the activities of a college campus and its organizations.

With Winter Term in full swing Alpha Iota Chapter has and will participate in a full schedule of activities.

Early in November sisters of Alpha Iota Chapter along with other pharmacy students traveled to Grand Rapids, Michigan, to lend a helping hand to the pharmacists with a KO oral polio vaccine clinic which was necessitated due to an outbreak of polio in Kent County.

As Winter Term began so did Winter Rush. On December 15, we held our rotating rush parties at which time we had the opportunity to meet all the sorority rushees on campus. The week of January 6-12 is when the closed rush parties will be held. Only eligible pharmacy students will attend our closed rush party. On January 13 pledging will begin for Winter Term.

In December with the holiday season drawing near it was a time for parties. On December 13, our brother fraternity, Phi Delta Chi, held a house party with a theme of "Ski Lodge" to which we were all invited. On December 17, Lambda Kappa Sigma and Phi Delta Chi had a Christmas caroling party. At this time our brothers presented us with a very unexpected Christmas gift, a beautiful desk which they designed and built themselves for our newly acquired hall.

On January 6, we are planning a tea for the other sororities on campus. This is giving an opportunity to hold our first open house in our hall.

Of course with Winter Term comes the annual Snow Carnival. This is a time when everyone goes out in the cold and freezes their fingers off, but has a good time trying to shape a pile of snow into something that this year will represent "Greek Mythology", the theme of the Carnival. We have chosen for our statue to build a huge disc and carve on it the caduceus as the symbol of peace. Also during

the week-end which is January 25 we will participate in the ice-skating relays, the snow shovel pull, and a new contest — that of a race on barrel stays.

Our last scheduled activity for the term is a record dance which we will sponsor on February 29. And then comes time for everyone to really buckle down and study for those finals.

Alpha Iota Chapter would like to wish everyone best of luck on their projects and activities of the winter.

Fraternally,
Lyn Mayne, Historian

ALPHA KAPPA COLLEGIATE CHAPTER

Hello and Happy New Year from Alpha Kappa,

The new year has brought many exciting and good gifts to the University of Georgia. Our four pledges made their averages, and we are very proud to increase our number to eight.

We are planning a coke party for the prospective new members, and are anticipating pledging some new students. Alpha Kappa is growing by leaps and bounds!

Our main project now is raising money for convention. We have several ideas cooking, but would appreciate suggestions you have found successful.

Thank you for all the thoughtful and unusual Christmas cards that we received.

Fraternally,
Harriet Varn

ALPHA MU COLLEGIATE CHAPTER

Hi Sisters,

With the very beginning of this school year we were quite busy. We won the display contest for National Pharmacy Week for the third consecutive year. If we don't have any better competition next year, the trophy may be ours to keep. At the close of National Pharmacy Week, we arranged a party to which the faculty and students of the college were invited. A pre-party corn-cob football game showed that besides brains and beauty we also have a touch of brawn in our group. As the party progressed we organized a game of charades in which students imitated faculty members from the University. Our advisor, Mrs. Marcey Roll, received a very large charge when she recognized one of the caricatures as her husband.

In November we received an opportunity to show our civic-mindedness by distributing literature at the polls which discussed the benefits which the University might reap if an issue was passed to appropriate funds from the cigarette tax to be used for building and administration of public schools. It was a windy, rainy day, but was worth all the discomfort because the issue passed.

October 16, we held our first professional meeting of the year. It was a rather informal gathering at which some of our fellow students, who had spent the

summer in Columbus working on research projects, told us of their experiences.

November 3, a get-acquainted party was held to which the freshman girls were invited. The dress for the party was hobo-ish.

December 8, we inducted a new active, Mary Ann Rolf. At our Christmas Party, December 15, we were pleased to see our alums. They still tell us that these are the best years of our lives, but we won't appreciate them until they're over and the real problems begin.

Fraternally,
Gerri Lapinski

ALPHA XI COLLEGIATE CHAPTER

Hi Lambs!

First of all, Alpha Xi Chapter wants to extend best wishes and success to all sister chapters in this year of 1964!

The fun, excitement and adventures of 1963 have become memories while we start another profitable and enjoyable year in the Alpha Xi Chapter. Our undertakings this past semester has been of both an educational and social nature. Recalling the days of 1963, we still have memories of all our group activities — the barbecue in September at Mrs. Kihara's home for all the girls in pharmacy at which we saw the pictures Mrs. Kihara, our advisor, took while on vacation in Africa; the celebration of Founder's Day by a candle-lighting ceremony in the Gold Room after which we had a special pledging ceremony for our only pledge, Lee Ann Loechler; Lee Ann's formal initiation after which we served as hostesses for one of a series of lectures on pharmacy by outstanding professors on our campus to a group of local pharmacists; and last but not least our annual Christmas party where gifts were exchanged and fun was enjoyed by all. This was our fall semester, 1963.

We lost two members this semester — Marilyn McAtee Shilve and Carole Lindquest — who graduated last June. A belated congratulations to our president, Ria Outland Sutton, who was married last August.

We are looking forward to a successful year with the thought in mind that success and happiness will be a part of every sister chapter.

Fraternally,
Sharon Wong, Historian

HAD YOU HEARD?

THAT, Dr. Arthur Osol, husband of Virginia Osol (Eta Alum), has been promoted from Dean of Sciences to President of P.C.P. & S.

THAT, Donna Drinkard (Rho Collegiate) received the Kilmer Prize for outstanding research in pharmacognosy,

THAT, Mary Gilbert (former Grand Officer) is Chairlady of the Professional Committee of the Connecticut Pharmaceutical Association, and that Pat Karlack (Alpha Beta Alum) is on her committee,

THAT, Dr. George L. Webster, dean of the University of Illinois College of Pharmacy (and husband of Gamma Alum's Anna Webster) has been elected to the executive committee of the American Association of Colleges of Pharmacy?

PHARMACEUTICAL SCIENCES PROJECT HANDBOOK PUBLISHED

A new publication to assist high school students in developing pharmacy research projects is now available.

The booklet entitled "Pharmaceutical Science Project Handbook", offers projects in pharmacy, pharmaceutical chemistry, pharmacognosy and pharmacology as guides to young people who wish to conduct high school projects.

It is available at 25 cents per copy, and in quantity at \$15.00 per hundred. Orders should be sent with remittance to Careers, American Pharmaceutical Association, 2215 Constitution Avenue, N.W., Washington D.C. 20037.

ALPHA PI COLLEGIATE CHAPTER

Greetings!

This semester has been a very busy one for Alpha Pi.

On November 19, we proudly inducted six eager and anxious pledges. Our new sisters are Harriett Ellis, Mary Gadowski, Alice Jessup, Betty Keans, Caroline Torpey, and Joan Penrose.

Our dance, Autumn Twilight, was very successful, and everybody had an enjoyable evening.

Also our annual Women in Science fair went off very well.

Good luck this semester.

Fraternally,
Gloria Brown

OMICRON ALUMNAE CHAPTER

Greetings from Omicron Alumnae, Detroit:

This year the chapter plans to have professional movies at our meetings, The first movie was on the various professional services contributed by the non-doctor professional team at the hospital. The movie was shown by a Squibb representative. Also, we are establishing a telephone tree for the rapid spread of news to our members.

The Founder's Day Ritual was held at Virginia Budden's home and was well attended.

The chapter is fortunate in having Katie Lim as one of our members. Our Christmas party was a very pleasant dinner at Victor Lim's Restaurant.
Marguerite R. Zielesch

CHI ALUMNAE CHAPTER

Greetings of the New Year from Chi Alums,

We want to report that Donna Massie, whom many of you met in Boston, was married to Michael Herb on November 29th.

To start the Holiday Season we shared our favorite Christmas ideas having to do with decorating and baking during our November meeting. In December we sent gaily wrapped gifts and individual boxes of cookies to a local tuberculosis sanitarium. Our Christmas cards were purchased from the Children's Orthopedic Hospital. Our annual gift exchange was fun too!

Now we shall work toward our rummage sale scheduled for April . . . then on to Memphis in June. Will we see you there?

Fraternally,
Pat Tanac, Secretary

ALPHA THETA ALUMNAE CHAPTER

Greetings from Buffalo!

Most recent activity here was a Christmas party hosted by Rose Mary Crimaldi Madejski. The traditional egg nog was very much enjoyed, though it was a bit on the foamy side.

At present the married sisters are keeping busy with home and family — when not working — while the single girls and one Mrs.; Ann Lipacis, formerly of Albany, are expending their energy skiing. Three of them, Joan Kurch, June Farinech and Marie Gruber are planning to visit Europe (Switzerland and Austria) on a ski tour with the Lederhosen International Ski Club.

Currently we are investigating the Medical Self-Help program which is just being established in Erie County here. We hope to get it underway soon.

Also planned for the future is celebration of Hygeia Day with a professional. This will be in conjunction with our collegiate chapter as usual.

Fraternally,
Marie Gruber

COLLEGIATE CHAPTER DIRECTORY

1963 - 1964

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 Secretary: Judith Cambal, 179 Longwood Avenue, Boston 15, Massachusetts
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 Secretary: Janina Krepa, 83 Locust Park, Albany 5, New York
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 Secretary: Mary Koyder, 619 Holland Hall, 3955 Forbes Avenue, Pittsburgh 13, Pennsylvania
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 Secretary: Alice Till, 4205 Chester Avenue, Philadelphia, Pennsylvania 19104
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 Secretary: Peggy Brook
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 President: Germaine Hyber, 1347 Bluff Street, Pittsburgh 19, Pennsylvania
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MIDWESTERN REGION

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 President: Donna Osincup, 2842 Forest Avenue, Des Moines 11, Iowa
 Secretary: Naomi Hinz, 2842 Forest Avenue, Des Moines 11, Iowa

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 Secretary: Charma Smith, 417 West Fourth Street, Royal Oak, Michigan
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 Secretary: Mary Sweitzer, Women's Residence Hall, 750 West Hampton Drive, Indianapolis, Indiana
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 Secretary: Holly Parmentier, 408 Betsy Barbour, Ann Arbor, Michigan
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 President: Peggy Kaluz, 110 Carlisle Hall, Big Rapids, Michigan
 Secretary: Roxie Desy, 218 Carlisle Hall, Big Rapids, Michigan
- ALPHA MU — University of Toledo, College of Pharmacy, Toledo 6, Ohio
 President: Veletta Stitak, 3544 Harley, Toledo, Ohio
 Secretary: Carole Foley, 537 St. Louis St., Toledo 5, Ohio

SOUTHERN REGION

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- OMEGA — Medical College of South Carolina, School of Pharmacy, Charleston 16, South Carolina
- ALPHA GAMMA — Howard College, Division of Pharmacy, Birmingham 9, Alabama
 President: Peggy Kimbrough, 1436 43rd Street, Belview Heights, Birmingham 8, Alabama
 Secretary: Ruth Barlow, WB 359 A Howard College, Birmingham 9, Alabama
- ALPHA EPSILON: University of Tennessee, College of Pharmacy, Memphis 3, Tenn.
 President: Kay Segerson Shough, 1073 Poplar, Apartment 6, Memphis, Tenn.
 Secretary: Catherine Green, 885 Jefferson Avenue, Box 76, Memphis, Tenn.
- ALPHA ZETA — St. Louis College of Pharmacy, St. Louis 10, Missouri
 President: Norma C. Heckemeyer, 1645 Macklind Avenue, St. Louis 10, Missouri
 Secretary: Louise Neff, Miller House, 4530 Parkview Place, St. Louis 8, Mo.
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- ALPHA NU — University of Kentucky, College of Pharmacy, Lexington, Kentucky
- ALPHA OMICRON — West Virginia University, School of Pharmacy, Morgantown, West Virginia

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President: Ria Sutton, Covell Hall 260, University of the Pacific,
Stockton 4, California
Secretary: Joan Baccala, University of the Pacific, School of Pharmacy,
Stockton 4, California

ALUMNAE CHAPTER DIRECTORY

1963 - 1964

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