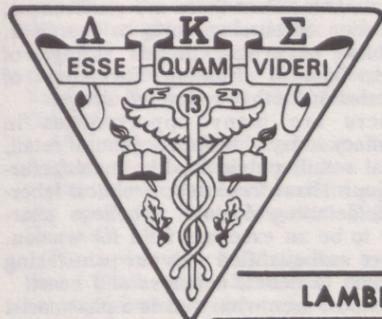


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SPRING 1974

# Blue & Gold Triangle

LAMBDA KAPPA SIGMA -- INTERNATIONAL PROFESSIONAL FRATERNITY FOR WOMEN IN PHARMACY

## PRESIDENT'S CORNER



ADELE LOWE

Since the last issue of the Blue and Gold Triangle, your president has done some traveling to the West making three important stopovers, first in Denver, Colorado to attend the PPA convention; second, on to Los Angeles to meet with the convention committee; and third, to install the first Metropolitan Alumnae chapter of Lambda Kappa Sigma in Phoenix, Arizona. I might add that all three stops were memorable ones.

At the Professional Panhellenic Association convention in Denver, it was a pleasure to see one of our own members, Grand Secretary, Frances Curran, installed as Secretary of PPA. It was also a pleasure to have Marian Ricardo, Eastern Regional Supervisor, Province II with us to help celebrate this happy occasion. Our association with the other professional fraternities brought us closer together as we met and discussed our most common problems. Many were identical to ours. An important issue, the topic of which was "Co-ed Fraternities", was discussed and voted down. An excellent speech by Caroline Hoff Harmon, Phi Chi Theta National President, "Coed or Not Coed" gave us a broad outlook on how this very problem would affect us.

Former Miss America, Marilyn Van Derbur, Pi Beta Phi, and Phi Beta Kappa held our attention for one hour while she talked about "Goals and Dreams". She stressed that everyone should have a goal and a dream, and that both has an absolute possibility of coming true. It is up to us.

Mr. Jack Anson, Executive Director of the National Interfraternity Conference, Inc., remarked, "The leaders of the fraternal groups are their spokesmen, and their members ask, 'What have you done for me today?'. His speech was entitled, "Our Similar Differences -- Our Different Similarities." It is through the backing and strength from our fraternity organizations such as PPA, NIC, and NPC that we are able to accomplish as much as we do. We could not do it all alone.

The Career Achievement Award was won by M. Jane Kay, Phi Gamma Nu. Her very impressive speech was, "Women-power Prediction". Being a very successful business woman herself she pointed out that an attractive, charming woman can achieve so much success in the world today, yet maintain the role of womanhood.

Ordry Ray, President of IRAC (Interfraternity Research and Advisory Council, Inc.), gave us the "History of IRAC". Incidentally the IRAC meeting will be held April 26th, and 27th in Indianapolis. Lambda Kappa Sigma will be serving with the other fraternities to make this a very successful meeting.

The most remarkable and remembered  
--turn to page 3

## Energy crisis? Combine vacation with trip to national convention

### Thanks

The Phoenix Metro Alums wish to thank the many chapters who so graciously sent letters of congratulations and good wishes on our installation as the first Metropolitan chapter of LKS.

With such expressions of genuine concern from our sisters we must surely become yet another strong link in the chain of fellowship built by LKS throughout these many years.

We were so very pleased and honored to have our Grand President, Adele Lowe as our installing officer who so warmly extended the welcome of LKS to us. Her enthusiasm and charm are indelibly imprinted in our memories.

My personal thanks go to Mary Wills for her many letters of inspiration and guidance during the initial stages of our organization and for her continued interest, and to Pat Tannac for her encouragement.

Again, sincere thanks to all of you. We are looking forward to seeing many of our new friends and old at the 1974 Convention.

STELLA LECHKUN

### Second Cole grant to Eta member



MARGARET SZYMCZAK

### Second generation

Chi Collegiate Chapter at the University of Washington is proud to inform you that there are three second generation sisters in their membership at the present time. Janice Sakai is a new initiate while Joyce Tanac, and Evelyn Arrigoni will graduate in June.

Coincidentally the three mothers entered the University the same year. Grace Matsumoto Sakai graduated from the St. Louis College of Pharmacy before Alpha Zeta Chapter was established. Upon her return to Seattle she joined Chi Collegiate chapter and has affiliated with Chi Alums since.

Two earlier second generation sisters of Chi Chapter are Carolyn Stoll Pierson, daughter of Mildred Stoll Evans, and Nancy Arrigoni Pursley, elder daughter of Evelyn Pierson Arrigoni.

The second Dr. B. Olive Cole Graduate Educational Grant has been awarded to Margaret Szymczak, a member of Eta Alumnae Chapter. Peggy is majoring in Physical Pharmacy at Purdue University where she is completing her second year of study. She anticipates receiving her Ph.D. degree early in 1976. She earned her B.Sc. in pharmacy at the Philadelphia College of Pharmacy and Science in 1972. She served as President of Eta Collegiate Chapter, she represented Lambda Kappa Sigma at the International Pharmaceutical Students' Federation Congress in Denmark in 1971 and she was a recipient of the Cora E. Craven Educational Grant.

The awarding of the Cole Grant was announced on January 15, 1974 by the Grant Committee which was composed of Mrs. Betty Tusa, Mrs. Cisco Kihara and Mrs. Frances Curran - Chairperson.



Chi Chapter's three second generation members at one time. First row; Janice Sakai, Joyce Tanac, Evelyn Arrigoni; second row; Grace Matsumoto Sakai, Pat Hornall Tanac, and Evelyn Pierson Arrigoni.

Is the Energy Crisis hampering your vacation plans? Combine your vacation with a trip to the 1974 Lambda Kappa Sigma National Convention! Bring your family to see Southern California, while you make new friends and renew old acquaintances at the convention. Our convention facilities are located right in the middle of the major tourist attractions in the Southern California area. Public transportation travels frequently to all the spots of interest, even to our beautiful new shopping centers. Knott's Berry Farm and Ghost Town, Lion Country Safari, the Movieland Wax Museum, and Disneyland are all only a few minutes away from the Grand Hotel in Anaheim, where the convention is being held.

July is a beautiful month in Southern California. Our climate is warm and our atmosphere is casual. Temperatures range from the low 70's to the mid-80's. Best of all, our humidity stays LOW! Plan on wearing light summer clothing, but bring a sweater or a jacket for our cooler evenings. (No hot, muggy nights here!) We'll be visiting Disneyland - so bring comfortable walking shoes. Don't forget your swimsuit for our beach party, and for sunning by the pool. And don't forget your outfit for the closing banquet, which will be formal.

Our schedule is going to be a busy one. No time for extra napping at this convention!

**FRIDAY, July 19:**  
6 p.m. - ? Registration - Refreshments

**SATURDAY, July 20:**  
8:00 a.m. Breakfast  
9:00 a.m. Opening meeting  
12:00 a.m. Break  
12:00 p.m. Break  
1:30 p.m. Chapter reports and Conferences  
6:00 p.m. Dinner - Professional speaker  
7:30 p.m. Free Time - sightseeing

**SUNDAY, July 21:**  
8:30 a.m. Busses leave for Beach  
12:00 p.m. Hot dog roast  
3:00 p.m. Return to Hotel - Free time for miniature golf tournament. Continuing education lecture on Dermatology.  
5:00 p.m. Break for dinner  
6:30 p.m. Business meeting

**MONDAY, July 22:**  
9:00 a.m. Business meeting  
11:00 a.m. Slide show of the new USC Pharmaceutical Sciences Center  
12:00 p.m. Professional Panhellenic Luncheon - Speaker  
1:30 p.m. Workshops  
5:00 p.m. Break - Free time - Plan to go to Disneyland

**TUESDAY, July 23:**  
8:00 a.m. Breakfast  
9:00 a.m. Business meeting  
12:00 p.m. Adjournment of convention - Free time - Return to Disneyland or other attraction  
6:00 p.m. Official picture taking  
7:00 p.m. Wine tasting party  
8:00 p.m. Closing Banquet

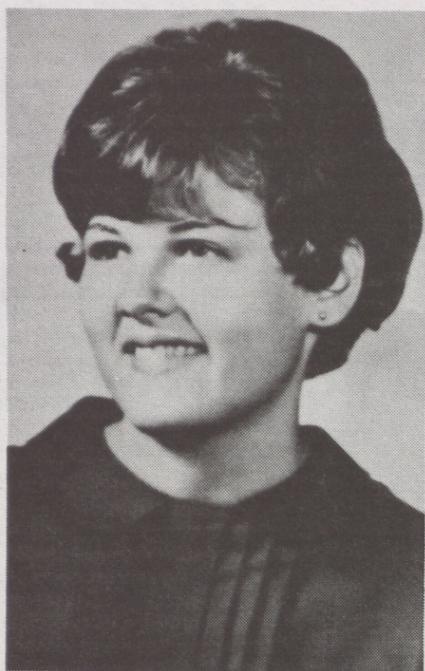
A LAMB IS...

Going  
"WOOLY"  
OVER THE  
NATIONAL  
CONVENTION



(from Alpha Omicron)

## Cora E. Craven Educational Grant Recipients



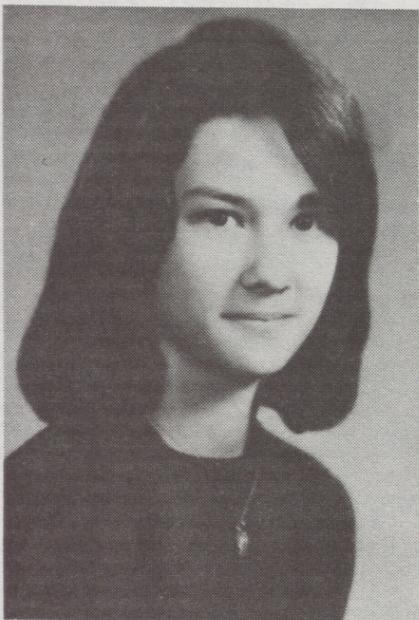
MINDY SUE BOWMAN, is a member of Eta located at Philadelphia College of Pharmacy and Science. Even though Mindy works part time she is very active in extra-curricular activities. She has been active in drug abuse education team, member SAPHa, President of Eta Chapter, Sargeant-At-Arms (Eta Chapter) and member of Rho Chi Society. This past semester she had the misfortune of having to undergo major surgery which added to her expenses and has resulted in Mindy not being able to work for several months. She ranks in the upper ten per cent of her class.

To the Educational Grant Committee:

I wish to thank all of you for the great honor bestowed upon me. The award came as quite a surprise and a wonderful Christmas gift. The Cora E. Craven Educational Grant will be a great help with my financial burden for the coming semester.

May each of you find the happiness and fulfillment that has been mine in the past. Once again, thank you.

Fraternally,  
MINDY SUE BOWMAN, Eta



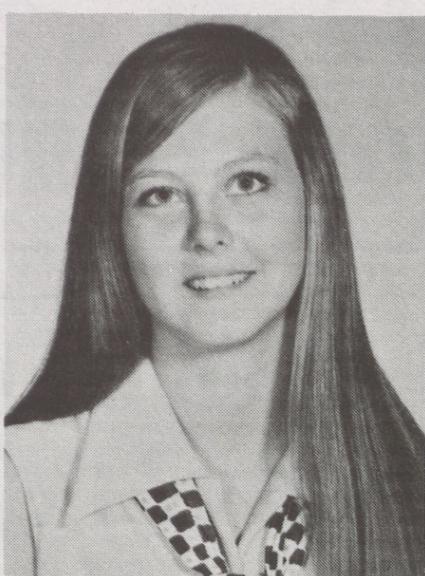
ANN MARIE KELLY, a member of Alpha Omicron located at West Virginia University is a graduating senior. Ann Marie is a straight "A" student but still remains very active in School activities. She is a member of SAPHa and Secretary (1970-71), Vice-President of Alpha Omicron and Vice-President of Rho Chi. Her husband is a dental student and Ann's summer earnings and college part-time employment is their only income. She is always ready to help her chapter in any way, which was quite evident at the Southern Regional Meeting.

To the Educational Grant Committee:

1973 has indeed been a good year for me. You cannot imagine what a warm surprise it was to end it by receiving one of the Cora E. Craven Educational Grants. The new year of 1974 will always be a reminder that just as the sisters of LKS are devoted to the organization, LKS is loyal and responsive to its members.

Thank you very much for this treasured honor and your financial support in this already propitious new year.

Fraternally,  
ANN MARIE KELLY, Alpha Omicron



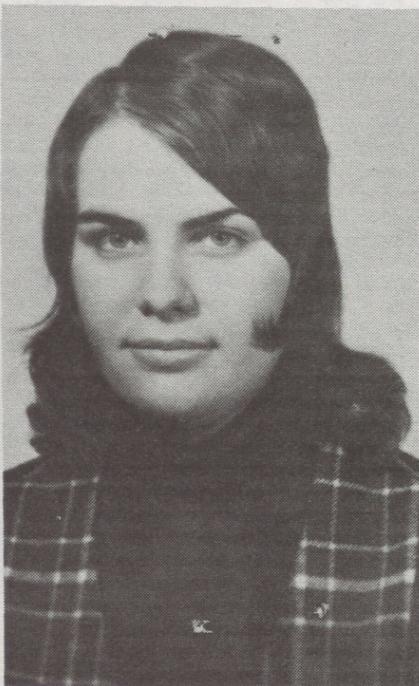
REGINA ANN SKEES, is a member of Alpha Zeta at St. Louis College of Pharmacy. Regina is not receiving any financial aid and comes from a family of seven children. Her summer employment and part time employment at St. Mary's Health Center is her only means of earning her own way through pharmacy school. Besides working twenty-four to thirty hours per week, Regina is very active in extra-curricular activities; Interfraternity Council representative and currently secretary, active roles in the Little Theater productions and chorus, Vice-President of Alpha Zeta and Pledge Trainer. She represented Alpha Zeta at Regional. She is noted for always being a volunteer who will see a task through to the end.

To the Educational Grant Committee:

I would like to thank everyone on the committee as well as every member of Lambda Kappa Sigma for honoring me with the Cora E. Craven Educational Grant. It will help me very much in financing my last year.

I am very grateful to the fraternity in providing such aid for members, and will never forget the generosity shown to me.

Fraternally,  
REGINA SKEES, Alpha Zeta



THERESA MARY YASI, is a junior at Duquesne University School of Pharmacy. She has been very active in Tau Chapter, presently serving as treasurer. She is also an active member of SAPHa, AED PreMed Society, Student American Chemical Society and Duquesne University Scholar. She has maintained a 3.6 Q.P.A. on a four-point System. For the past three years she has paid nearly full tuition; only this year receiving a Health Professions Loan.

To the Educational Grant Committee:

I had just arrived home in Connecticut for the Christmas holidays when I received the letter naming me a recipient of the Cora E. Craven Educational Grant. It was really a wonderful Christmas present for me and for my father who has to commute to work in Massachusetts weekly.

I am truly grateful for receiving this award and the honor that it brings to myself, Tau Chapter, and Duquesne University School of Pharmacy. Thank you all so much.

Fraternally,  
THERESA M. YASI, Tau



ANNA TSANG, is a graduating senior of Phi at Butler University. Anna has supported herself entirely through school and hasn't received any financial aid. She is ranked 4th in her class. She is a Rho Chi member and held offices of secretary and treasurer. She is also a member of Honorary Women Chemistry Society. Anna is enrolled in Externship Program which leaves her little if any time to work to make ends meet.

To the Educational Grant Committee:

It is a very big surprise and I am very happy to learn that I was one of the Cora E. Craven Educational Grant recipients. It indeed eases my financial needs and allows me to spend more time on studies and other activities.

Words can not express my gratitude. All that I can say is thank you very much.

Sincerely,  
ANNA TSANG, Phi

MINDY SUE BOWMAN, Eta

### *I am a hospital pharmacist*

by Priscilla Cutler  
Alpha Alumnae Chapter

Let's take those two words, "hospital pharmacist." Let's take them separately. We all know that a hospital is a quiet, rather awesome place where a group of professional people work together to try to preserve life which they cannot give. The French College of Physicians and Surgeons expresses it very well when it inscribed over its door these words, "I dressed his wounds, God healed them." Pharmacists are of that professional group. I like to think of a hospital as a place where doors open. It's a place where we are apt to be born. Doors open and we are ushered into a big, beautiful, bright world. And a hospital is a place where we are apt to die. Once again, doors open and we enter another world, bigger, more beautiful and brighter. Set up not with the neon lights which usher us in at birth, but set up with the radiance of the quiet face of God. And somewhere in between those two, birth and death, this same group of professional people is working to preserve life which they cannot give. May they open another door to return us to our homes with renewed life and hope. All along the way, birth, death and in between, pharmacists are of that professional group.

What makes a pharmacist? All of you have a much better idea today with an ever increasing number of open prescription desks of what goes on there than they did in the old days when our grandparents handed their prescriptions to the pharmacist, then waited and waited and in many cases, so I am told, kept on waiting and wondering all the time where in the world he had gone and if and when he would be back. But there was a reason for those "waits" for then the pharmacist made most of his preparations. There were infusions, decoctions, tinctures, waters, essences, tablets, ointments, suppositories, etc. In fact, some of our large manufacturing drug houses had their beginnings in the small prescription room of a small retail pharmacy. Then it was not unusual for a prescription to contain 15 or so different ingredients. Only recently I was surprised to read, while perusing a copy of "Boswell's Life of Samuel Johnson" that "Pharmacy is now made much more simple -- a prescription which is now compounded of five ingredients had formerly fifty in it." But what specifically makes a pharmacist? First, I say generally, the desire to be one; then years of college with chemistry, physics, physiology, pharmacology, pharmacy and therapeutics, botany, zoology, pharmacognosy, clinical pharmacy, clinical practice and many other subjects; then the diploma and B.Sc. degree followed by

State Board examinations. Pharmacists are the only retail merchants required to be college graduates!

I am a hospital pharmacist. My day begins at eight in the morning filling requirements for floor, supplying information to nursing, medical and X-ray departments. Then there are conferences, inspection of nursing units on the floor, purchase of drugs, proper storage of drugs, and a running inventory of narcotics and other restricted drugs.

There are many opportunities in pharmacy today -- hospital, general retail, ethical retail, public health, manufacturing, journalism, research, chemical laboratory, detailing doctors. I believe pharmacy to be an excellent field for women. We are well qualified with our painstaking attention to detail, neatness and heart.

We have seen what makes a pharmacist - study, practice, examinations, etc. But there is another side which interests me greatly. It is the human side. There is a comparatively recent pharmacist's prayer which many pharmacists have read. In this prayer, the authoress, who is also a pharmacist, mentions several times the pharmacist's hands. She uses such expressions as, "Thy generous Providence held within my trembling hands," and "Make skilled my finger tips," and "Bless these slow unwilling hands."

This set me to thinking about my hands. I've had my hands for a long, long time, but have never done much thinking about them. It is the hands that are outstretched to save the drowning man, it is the hands that dispense gifts to the needy. Only recently I heard Marian Anderson sing, "He's got the whole world in his hands." And I am sure all of you are familiar with the picture of just two hands, tired and work-worn, gnarled and veined lifted palm to palm in prayer. And again, in Boswells' "Life of Samuel Johnson," he states, "Give me your hand. I have taken a liking to you." And so began one of the world's most famous friendships. And again, recently, I heard the story of the American soldiers rebuilding of a French village. After the war some of our soldiers decide they would rebuild a French village. In rebuilding the church, they found parts of a statue of Christ. They put them all together but discovered that the hands were missing. So across the bottom of the statue they wrote, "I have no hands but yours." All kinds of hands. But what have hands to do with pharmacy? It is with these hands that we mix and weigh, shake and count that we may deliver health and happiness and hope to the ailing and still the anguished cries of sick children.

Another human side to pharmacy is our direct contact with our fellow man. A few years ago I thought I wanted a white bedroom because it would look so cool in the summertime. I furnished it completely in white - drapes, spread, rug - everything and when it was done I didn't want to go near it. It had lost its human, personal touch. It was like stepping into a sterile hospital room. It needed warmth. Our pharmacies are lovely - well stocked, well equipped, well managed and very clean. We all realize that times have changed and there are fewer neighborhood pharmacies, but just perhaps each day a good many of us can apply that human touch by an understanding voice, a smile, a wave of the hand, perhaps by simply listening. This may seem like lighting a very little candle, but what's wrong with each of us continuing to light a very little candle.

But if, as Kipling says in his "Recessional," "We loose wild tongues that have not thee in awe," I remind myself that it is not the hands or the medications that effect the cure. They are only the instruments (like the electric cord). They are the channels. Our so-called wonder drugs, our Sputniks and rockets, are in a way wonderful but as far as we are concerned, only to a limited degree. We did not create them. We have only used the things that are already here. We created nothing. They were created by the One referred to by the mother of the Machabees who watched her sons being martyred cried, "I know not how you were formed in my womb. I neither gave you breath or soul or life, neither did I form the limbs of everyone of you." She, too, is the instrument. The health we renew to the live we preserve comes from Him who said, "Behold I make all things new."

Priscilla Cutler has been a member of Lambda Kappa Sigma since 1918. She has been a practicing pharmacist for more than 50 years. She has been an active member of Alpha Alumnae chapter all this time; has attended many conventions and regional meetings. The remarks above were presented informally at the Eastern Regional Meeting held in Boston, Massachusetts in October, 1973.

#### CALL TO CONVENTION

The 23rd Biennial Convention of Lambda Kappa Sigma will be held at the Grand Hotel in Anaheim, California from July 20th to July 23rd, 1974. The delegates and Grand Council will meet to carry on the business of the fraternity. All members are cordially invited to attend. Lambda Chapter will be hostess.

**President's Corner**

quote from the whole PPA convention, at least to me was; "We are brought into the world with innate talents; the thanks at the end of your life are what you have done. There are three kinds of people in this world. We have the doers, the onlookers, the uninterested. Let us ponder these thoughts and decide where we belong." These words were part of the greeting of welcome by Mrs. Merrie Lynn Vanderhoof, wife of the Governor of Colorado.

At the closing luncheon, Ann Richards Angelo, an actress, poet and lecturer presented some of her beautiful poetry as she spoke on "Our Haunted Hollywood House."

We had every intermission and rest time filled with beautiful music by accomplished performers in the arts from our music fraternities.

The new officers of PPA are: President, Mary Ellin Frohmader, Phi Beta; Vice President, Ruth Gould, Sigma Alpha Iota; Secretary, Frances Curran, Lambda Kappa Sigma; Treasurer, M. Gleyne Nicholson, Phi Chi Theta. May I congratulate all of them and wish them much success in their term. It was an honor to be representing Lambda Kappa Sigma and discuss accomplishments, ideas, and advancements with our sister organizations. Each has its own purpose and goal, and aren't we really all headed in the same direction? The most remembered support given today to our colleges and universities is by women and men in the fraternity world.

From the snow in Denver I landed in Los Angeles where the weather was perfect. Annette met me at the airport and I saw the UCLA campus and USC campus by night, while we awaited meeting with Lynn and talking over convention. The convention discussion took place far into the night, and all I can say is IT IS A MUST TO GO TO CONVENTION IN JULY!! Lambda chapter has a super program lined up for your enjoyment, education, and participation. So lets line up that vacation and spend it in sunny California. Can you imagine being in Disneyland? Pure enjoyment ahead when we are taking a break from fraternity business, workshops etc. They have a few outside activities like going to the beach, a miniature golf tournament, Knott's Berry Farm, and many activities right at Disneyland. It was a pleasure to stay with Lynn West, president of Lambda Chapter and to be able to discuss convention with her. Before plane time the next day both Diane and Lynn took me to Marina del Rey and introduced me to the finest Mexican food I ever ate. A quick trip from there, and I might add it was much too short a time to be spending in Los Angeles, and I was on my way to Phoenix, Arizona.

What a pleasure it was to get off the plane and see three smiling, familiar faces waiting there to pick me up. Stella Lechkun, Cecelia Furmaniak, both from Gamma chapter and Thelma Murphy from my own chapter, Phi. I stayed at Sun City with Ina Pearson, a gracious hostess and lovely person who believes in showing you the beauty of Arizona. I cannot blame them for wanting to live there and it made me so happy to know there were so many Lambda Kappa Sigma members in the area that it was possible to form our first Metropolitan Area chapter.

The chapter was installed at a banquet at Beefeaters with 15 members present. It was a great pleasure for me to install this wonderful group and present them with their charter. They have representatives from ten Lambda Kappa Sigma chapters. They are Gamma, Phi, Mu, Alpha Iota, Alpha Zeta, Alpha Xi, Epsilon, Omicron, Alpha Kappa, and Nu. They are very active already and I shall never forget the many courtesies extended to me by them. I even found extra hidden talent from Helen Brownlie, who besides being an excellent luncheon hostess, is a "rock hound" who puts the rocks together in the most exquisite jewelry anywhere. Her silver jewelry artistry would make the American Indian very jealous.

I would like to list the members of the new Phoenix Metropolitan Area chapter; They are Stella Lechkun, President; Vice-President, Patricia Hoyt; Secretary, Cecelia Furmaniak, and Treasurer, Thelma Murphy. The others are; Helen Brownlie, Wanda Cook, Nina Foushi, Janet Hegenderfer, Virginia Howe, Dorothy Jaeger, Vivian Jeras, Sylvia Lazear, Norma McConnell, Ann Nugent, and Ina Pearson. To all of you, Lambda Kappa Sigma is proud of its newest and unique chapter. May you always have the greatest bond of fraternalism through members of the various chapters represented by you!

As we close the last issue of the Blue and Gold Triangle before convention, let me say what a great privilege it has been to serve as your President. It has been a learning experience and a challenge during these changing times. I am proud of all of you especially those who have had the courage and leadership to drive ahead and use your abilities to make our lives

**LAMBDA KAPPA SIGMA**

**1974 CONVENTION REGISTRATION FORM**

NAME.....CHAPTER.....

HOME ADDRESS.....TELEPHONE.....

CHECK APPROPRIATE SPACES:

DELEGATE.....NON-DELEGATE.....NONE-MEMBER.....

Room accommodations: Rates per person, per night. Subject to 6% tax.

Single \$18.00.....Double \$11.00.....Triple \$11.34.....Quad \$10.00.....

Accommodations required for:

Friday.....Saturday.....Sunday.....Monday.....Tuesday.....nights.

Names of roommates in multiple occupancy rooms:

.....  
.....

Complete registration: \$40.00.....

Partial registration: Saturday \$12.50.....Sunday \$15.00.....Monday

\$15.00.....Tuesday \$18.50.....

Accommodations will be available for friends and families of our sister Lambdas. If you are planning to bring non-members with you to the convention, advance registration will be required. Non-members will be invited to attend all of our functions, except the business

meetings. They will be subject to the same registration fees as the members.

We are looking forward to seeing many of you and your families and friends here in July. Plan to beat the Energy Crisis by coming to the 1974 Bi-ennial Convention!!

GAIL ASKEW, Chairman

Please send all registration information to Lynn West  
2268 N. Gower Apt. 3  
Hollywood, California 90068

Deposit for first night room accommodations is required. Please make checks payable to Lambda Kappa Sigma. Registration forms must reach Lambda by May 1.

**Regional meetings**

**EASTERN REGIONAL MEETING**

The Eastern Regional Meeting for Province I and II was held October 19, 20 and 21, at the Statler Hilton Hotel in Boston, Mass. Alpha Chapters were hostesses. Registration and refreshments were available for early arrivals on Friday night.

The business meeting started at 10:00 a.m. Saturday morning; Debbie Pearson, Chaplain of Alpha, led us in the Fraternity Prayer and Peggy Frazier, President of Tau Chapter, led us in the Pledge of Allegiance. Denise Ducharme, President of Alpha collegiate chapter, welcomed all present. Collegiate chapters represented were Alpha, Delta, Eta, Tau and Alpha Pi. Alumnae chapters represented were Alpha, Eta and Tau. The total number present was 38. Grand Council members present were Frances Curran, Grand Secretary; Mary Wills, Member-At-Large; Rosetta Manzione, Eastern Regional Supervisor Province I; Marian Ricardo, Eastern Regional Supervisor Province II; Ruth Flaherty, past Grand President; and Marie Tice, Former Eastern Regional Supervisor. A fifty year member of the fraternity was introduced Priscilla Cutler.

Eastern Regional Supervisor Province I, Rosetta Manzione, presided at the morning meeting. She chose as the three secretaries; Mary Ann May, Tau collegiate, for the morning meeting; Patti Clancy, Eta collegiate, for the afternoon meeting and Lorraine DuBois, Alumnae secretary for the afternoon Alumnae Meeting.

The chapter reports were excellent and well received. A lively discussion followed concerning the Award of Merit, whose deadline is April 30, 1974; a brief discussion of the highlights of convention of 1974 from Saturday, July 2; to Tuesday, July 23, at Anaheim, California; the correct use of record cards; professional programs; money making projects; Anti Fraternity feeling on Campus and the attitude toward Co-Ed Fraternities. Patti Clancy gave a report on I.P.S.F.

The group then adjourned for lunch in Parlor A. It was a delicious cold plate and

better and our world a better place in which to live. We are in constant need of your kind. The professional woman today has the world in her hands. We have shown that our concern for others, determination for a better, happier, healthier existence for those around us has demonstrated our acceptance of responsibility. We cannot do it alone. Courage, participation, unity, and love for one another are the ingredients for a successful, productive organization.

ADELE LOWE, President  
Lambda Kappa Sigma

at this time Caroline Gassiraro, former Grand Council member, joined us for the rest of the day. The afternoon began with the group breaking into two sections the alumnae and collegiate.

Each group had their rap section with the collegiate chapters being led by Eastern Regional Supervisor Province II Marian Ricardo. Their discussion concerned the following: the blue cards with a full explanation; the importance of the school calendar being sent to the regional supervisors, so that scheduling may be arranged; petitions to the Grand Council concerning Honorary members and patrons were shown and told 14 copies must be sent to the Grand Secretary; financial obligations with explanations of Income Tax forms; the scoring of the efficiency cup was explained.

About 3:00 p.m. the two groups convened to take part in the Founders Day Ceremony and Memorial service for one of the Founders Willette McKeever Cheever as the hostess chapter was her chapter. Rosetta Manzione and Marian Ricardo read the service. The true unity of the Eastern Regional Province was shown by the impressive Founders Day ceremony. Each of the chapters present were represented by Margaret Barker, Alpha; Denise Ducharme, Alpha; Elsie Galgani, Alpha Alum; Debbie Croux, Delta; Ruth Brown, Eta Alum; Dianne Morris, Tau; and Louise Szutowicz, Alpha Pi.

The group picture was taken at 6:30 p.m. in the lovely banquet hall of the Statler Hilton Hotel. We were all inspired with our dinner speaker Raymond A. Gosselin, President of Massachusetts College of Pharmacy.

ROSETTA L. Manzione  
Eastern Regional Supervisor, Province I

**ALUMNAE REPORT OF EASTERN REGIONAL**

The Alumnae section of LKS Eastern Regional convened about 1:15 p.m. in the hospitality suite of the Statler Hilton Hotel in Boston under the guidance of Member-At-Large Mary Wills. Alpha, Eta and Tau Alumnae were present.

First discussion was on the reports which the Alumnae chapter has to send, especially the new treasurer's report. This must be done to keep the chapter in good standing since this coming year will be the convention in Anaheim, California.

Eta representatives told us about their Alumnae initiate and how she went through the same pledge period as the collegiate sisters.

Ways to encourage alumnae members and graduating seniors to become Life Subscribers were discussed. We started to discuss the subject of municipal Alumnae chapters. During the discussion, it was tossed around that the cities that have two active collegiate chapters could not form a municipal chapter because of ties to the

collegiate chapters. Cities that do not have a collegiate chapter could form an active municipal chapter. Do to the time limit set on the time, we postponed this discussion until the Convention in Anaheim, California.

GERALDINE MANZIONE

**SOUTHERN REGIONAL MEETING**

Southern Regional Meeting convened on the evening of Oct. 19, 1973 at the Mountaineer Motel at Morgantown, West Virginia with Alpha Omicron Chapter as the hostess chapter. After registration and a look at our goody bags, we departed for the Towers, one of the residences on the campus. We met in one of the social rooms for a pizza party. This was a time for meeting new sisters and for renewing former friendships. Our good time was interrupted by the late arrival of the St. Louis delegation. They were delayed by a slight airline mishap and a brief visit to the emergency room at the Medical Center. It was too early for some of the girls to turn in after the pizza party so rounds of the student places were made. Things were awfully quiet and we ended up at Chico's where several of the girls did battle with a 'Mighty Mountaineer.' This is a 10 scoop concoction of ice cream, syrups, whipped cream and nuts -- forgot the cherry. Then it really was time to get back to our rooms.

Saturday started with an early breakfast. After breakfast, we settled down to a cosy business meeting. I say cosy because there were only 13 people in attendance. Pam Ehlers gave a full report of her activities including some of the problems in getting the TRIANGLE printed and to the membership. She had some suggestions for the girls and the collegiates had several questions for her to answer. We also discussed the apathy problem within the various chapters. We talked about ways to make all Southern Regional Lambs more interested in the Fraternity, and ways to improve communications between chapters and Grand Council were discussed. We decided that individual motivation and a real personal commitment to our Fraternity were the only ways to solve the problems. The need for current addresses was stressed. There were 9 collegiate members present for the discussion and 4 alums. Alpha Kappa, Alpha Omicron and Alpha Zeta Chapters were represented. The alums were represented by Alpha Zeta Alumnae and Alpha Gamma Alumnae Chapters. After the meeting, we went to a local park for a picnic with fried chicken and the rest of the fixin's. The favor for the picnic was a glass apothecary jar filled with penny candy -- a nostalgic touch. Before we went back to the motel, we made detours to a couple of the glass factory outlets to hunt for bargains.

The day ended on a formal note. There was a lot of picture taking before the banquet and a social hour. The banquet was lovely with a delicious meal and an informative talk on the history of birth control. The banquet favor was a mortar and pestle that was made from molded coal dust, a very appropriate reminder of the Southern Regional Meeting at Morgantown.

There was an 'after the party' party at the apartment complex where two of the Alpha Omicron sisters live. The Kappa Psi boys joined us for an evening of fun.

Sunday morning came too early with many things to do. Mostly pack and try to get ourselves to the airport with our extra bundles that we had acquired over the weekend. We made a quick dash to the Medical Center for donuts and coffee and a last word with Irma Anido, Alpha Omicron advisor. We missed the sisters who could not be with us for the meeting. Those of us, who were fortunate to be there, were further enriched by the splendid hospitality of Alpha Omicron sisters and the opportunity to share a weekend of business and fun.

MARILYN HABERLE  
Southern Regional Supervisor



**LAMBDA KAPPA SIGMA at the A. Ph. A. ANNUAL MEETING**

There will be a get together of Lambs in Chicago during the A. Ph. A. Annual Meeting. We will have a "coffee" on Monday morning, August 5th in a hospitality room at the Pick Congress from 8:00 a.m. to noon. Collegiate and Alumnae members are invited to drop in before going off to meetings or during breaks. Collegiates especially are invited to stop in and meet their sisters from across the country and to meet Grand Council officers. Mrs. Elizabeth Raiman, Gamma Alumnae and Grand Vice President will be the chairperson for this annual event. Check the Pick Congress bulletin board for location of the room.

# News from Our Chapters



## ALPHA

Alpha Chapter hopes that all had an enjoyable summer. Much of Alpha's summer was spent planning for the upcoming year and the Eastern Regional Convention to be held in Boston this year.

For the most part things have been hectic. The changes in the curriculum have made it impossible to hold day meetings, so we have been having mostly officer's meetings.

Many of the girls attended the A.Ph.A. Convention in July at Boston. Also we attended the LKS Breakfast held by the Alpha Alumnae.

On September 13th we held an Interfraternal Mixer with Kappa Psi and Phi Delta Chi. It was more of a getting-to-know you party. It helped to introduce everyone to the fraternities.

On October 11th we held another famous LKS Sub-Sale. We received a very good response and calls for more Sub-Sales. We also made a very good profit.

We have many projects in the making, such as LKS vs Phi Delta Chi Football Game, Stereo Raffle for Project Hope, and many more. Watch Alpha for further developments. It should prove to be a good year.

MAUREEN ELLIS



## BETA

HELLO from Beta Chapter at Albany College of Pharmacy. We finished off 1973 with a successful Thanksgiving Benefit and Christmas Bazaar. In November, canned food was raised from a Triple-feature film and was packed and donated as Thanksgiving baskets to the families of Big Brother-Big Sister of Albany. The Christmas Bazaar took place the 2nd week in December, starting off with a Bake Sale and continuing throughout the week with the sale of homemade items made by the sisters. It was a great success financially and the Spirit of Christmas was widely spread throughout the school.

For National Pharmacy Week, this year LKS participated in the school display at the Colonic Mall in Albany. Our display was entitled Family Planning and Contraception. The purpose was to better inform the public and was greatly enjoyed.

Upon returning to the new semester in January the Rush Party was organized. This year maintained the tradition of pizza and beverage at the get-together, with quite a few prospective members attending. The number accepting the bids total 10, so it looks like a fairly good year for pledging. Activities for pledging are set and include for the first time our running the treasure hunt with the pledges of our fraternity brothers in Kappa Psi. Pledging will close with a formal induction dinner.

The spring holds for us our annual formal weekend. Plans for this will follow sometime in March. On April 30 the Senior party will be held with the induction of the new officers. This will almost close the year as finals will be just around the corner. Good Luck To All.

GERRI CLARY



## ETA

The sisters of Eta Chapter have been amazingly busy since the last Blue and Gold publication. We inducted three new sisters-Bonnie Coyle, Gloria DelloBuano and Debbie Brandimier. By the looks of their skit and gifts to their Big Sisters these three new sisters are quite talented and will definitely contribute a great deal to our fraternity. (Congratulations SISTERS!)

In addition to holding two bake sales and two Spaghetti Dinners, Eta Chapter also co-sponsored a Cosmetic Symposium with Kappa Epsilon Fraternity. The Symposium was quite informative and displayed a great deal of interest by the students and faculty on campus. (Liz Tao was chairwoman from Lambda).

In October Eta Chapter celebrated their Founder's Day. The collegiate and alumni chapters jointly commemorated their founding with a dinner and Lisa Richette (Assist. Dist. Attorney) as our guest speaker. The evening was quite successful in every aspect.

Eta Members were quite active at a recent SAPHa convention held in Champion Pa. At this convention Vicki Urbon was elected as the regional delegate, and Pat Hedrick was elected Co-Regional Coordi-

nator of the region. Pat Clancy, Beej Harris, Pat Ryan and Fran Sica were other Eta sisters who attended the convention. (Beej and Fran co-chaired a workshop on "Woman in Pharmacy" at the convention).

Speaking of Conventions Pat Clancy was Eta's representative at the Eastern Regional Convention of Lambda in Boston. Eta was quite happy to have Pat as our delegate.

Eta held their First Rush Party on October 30th. The theme was "Outer Space" - the sisters truly do appreciate the work of Beej Harris for the great job she did as chairwoman. Over 75 students and sisters attended the Rush. It proved to be a great success.

Eta would like to take the time now to congratulate Mrs. Curran - our faculty advisor who has been selected secretary of the National P.P.A. Mrs. Curran spends a great deal of her time assisting us in the many functions we participate in. We would like to thank her for sincere help and devotion.

Our second Rush Party was held at the PUB in New Jersey. The evenings preparations were made by Kate Rosenberg, Pat Ryan, Karen Santo and Joanie Scopelitti. Over 40 girls were invited to attend the Rush.

Eta Chapter was quite proud of Joanie Scopelitti (our Chapters Sargent-At-Arms) when she was selected as Kappa Psi's Sweetheart for '74.

The college announced that fifteen students on campus were selected into Who's Who Among Students in American Universities and Colleges. Five of the fifteen were Lambda members. Mindy Bowman (fifth year), Pat Clancy (fourth year), Annette Daniels (fourth year), Fran Sica (fourth year), and Vicki Urbon (also fourth year).

Eta Chapter was quite pleased to hear that an Eta Alumnae Peggy Szymczak had received the B. Olive Cole Educational Grant. The sisters of Eta wish her the best of luck in her Graduate studies of Purdue University.

Mindy Bowman (Eta's President) has received a Cora E. Craven Educational Grant - the sisters shared with her the enthusiasm after she received the grant.

On January 1st Pat Clancy became engaged to a recent P.C.P. graduate. We wish Pat a great deal of luck in her future plans.

The sisters of Eta Chapter would like to welcome Fyllis Etter of Alpha Alpha Chapter to our campus. Fyllis is presently studying for her Pharm D. (It was great to see a new sister on campus).

Ann Hoffman a sister studying for her B.S. degree in Biology received her degree in Biology a semester ahead of time! (Congratulations Ann and Best of Luck).

The sisters of Eta Chapter recently sponsored the annual S.S. Hope Raffle sales. The students and faculty supported the Raffle with a great deal of interest in making the sales a success. Marilyn Olson a fifth year sister was the chairwoman of the raffle and should be congratulated on the excellent job she did!

Two members of Eta Chapter were selected as the I.P.S.F. representatives this year. Pat Ryan and Fran Sica will be leaving in August for South Africa! The convention appears to be quite exciting.

As far as Professional Projects are concerned the sisters have become actively involved in a drug abuse clinic in the Philadelphia area. We also became members of the WIBG community Club Awards Campaign (an effort by all sisters to raise over \$500.00 for our Chapter's treasury).

The sisters are quite proud to announce that we have fourteen pledges: LuAnn Byers, Anna Chung, Kathy Chung, Gerrie Coyle, Ann Finemore, Valerie George, Jaye Kraus, Diane Lazer, Lucretia Marconi, Marie Moreken, Susanne Quinn, Judy Jurman, Marie Prewitt, and Nancy Stock.

The sisters are looking forward to the next several months. We are planning one more Spaghetti Dinner, a Sister Get-Together, a special presentation for Hygeia Day, Chapter Elections, our Dinner Dance and of Course 14 new sisters.

To all sisters everywhere take care and have a successful school year.

FRAN SICA



## LAMBDA

As the old year ends, the sisters of Lambda chapter wish to extend warmest greetings for a healthy and happy New

Year.

We began our rush this year in September with a free luncheon for all the girls and faculty. The following week a cupcake and coffee bake sale was held which was a tremendous success. Following the bake sale the next rush function was a cosmetic demonstration, thanks to the kindness of Gail Alsen, the representative for D'Biana cosmetics.

The month of October found our sisters preparing for another bake sale with a Halloween theme.

November was kicked off with the pledge ceremony, combined with a "Bring your own Banana Party." Twenty pledges received their pledge pins.

Plans for the end of November include a dinner with Phi Delta Chi.

In early December the new pledges will be installed as active members at a Mother-Daughter dinner at one of the local restaurants.

We would like to remind you to start making plans to attend the convention at Disneyland in July. We have all been working very hard for the convention and hope that we will have a large turnout.

Looking forward to seeing you all.

SHELLEY M. GABLER



## NU

January 25 Nu Chapter had activation ceremony for the eleven fall pledges. It was followed by a dinner prepared by the advisors.

In February, LKS held spring rush for all eligible first-year women. We received eleven more pledges into the chapter.

Again this year, Nu Chapter will be working in tiger crews to collect for the Cancer Drive. We are involved with the Epilepsy Foundation putting together packets of information and working the epilepsy booth at the Iowa State Teachers Convention. Arrangements are now being made with Kappa Psi to hold Poison Prevention Week in late March. At this time, the pharmacy students will go to area schools and speak to the students on preventing poisonings in their families. We are also working in conjunction with Kappa Psi to establish a VD instruction program in the Des Moines school system.

The chapter observed Hygeia Day with an all-university presentation on cardiopulmonary resuscitation.

SUE HARMS



## OMICRON

Spring greetings to all our sister Lambs!

This year started out by celebrating Founder's Day in October with our alumni chapter at Lynn Hospital. Also during this time we are proud to state that approximately one-third of our membership was able to attend the LKS Midwestern Convention in Indianapolis. At the same time of the convention WSU was host of the Midwestern SAPHa convention. Our chapter had a luncheon scheduled during the convention so that we could share our views and plans about professional organization, not only with fellow Lambs but with other women attending the convention. Late in October rushing got under way along with our money raising projects with our proceeds going to the orphans at the Sara Fisher Home for Christmas gifts.

Formal initiation was held at the Northland Inn on Dec. 9 pledging in seven new sisters, congratulations to Laurie Keeth, Maria Kuziemko, Barbara Mackey, Pamela Porter, Sandy Pezzin, Roberta White, and Mary Taylor.

During the Christmas break two of our new sisters got married. Best wishes to Roberta (White) Skinner and Pamela (Porter) McKinnon in your new marriages.

Early this year plans were made for two bake sales during the winter quarter (one to fall on Valentine's Day) and an Easter Project which would entail treating several needy families to an Easter Dinner.

Looking ahead to spring, tentative plans were made for a road rally, 50/50 raffle, a spring banquet-formal initiation and a new service project which would involve us with spending some of our time with senior citizens that live in a "home for the aged."

In all it looks like a busy and fulfilling year!

BABBIE HOLMAN

## UPSILON

Once again Upsilon chapter wishes to send greetings and best wishes to all our sister Lambs for a happy and productive year.

Beginning the year's activities was our annual ice cream social, held to rush prospective new members. We added seven girls to our chapter. After a short period of pledging, the girls were initiated in a candlelight December ceremony. The new Lambs were Mary Ann Abernathy, Debby Bacon, Ellie Evans, Dale Hayle, Gwen Medford, Debby Moyer, and Sally Skinner. A new sister from the Lambda chapter at USC, JoAnn LaForce, was also welcomed as an affiliate member of our chapter. To celebrate Founder's Day on November 15th, our chapter had a pot-luck dinner. We also continued to sell coffee and candy bars at the Pharmacy Building. Besides being a service project for the pharmacy students and faculty it also serves to raise funds for our chapter. Selling popcorn at campus movies also helped fill our piggy bank.

The fall of 1973 proved to be a season of travel as Mary Wheatley, and two of our alumns, Debbie Olsen and Paula Blair journeyed to Sun Valley. They attended a student nursing convention and led a discussion on the cooperation needed between hospital pharmacy and nursing personnel. Kay Keffer and Mary Wheatley represented the sorority at the SAPHa regional convention in Seattle, Washington.

Other pharmacy clubs were also honored by the membership of our sisters. The Rho Chi Club president was Kay Keffer, and the historian was Mary Wheatley. Vicki Pott's was a member as well as being the SAPHa secretary.

Charlotte Oberst was the treasurer for the Little Sisters organization for Phi Delta Chi, the campus professional pharmacy fraternity.

Many of our members received awards honoring their hardwork and dedication. Mary Wheatley and Kay Keffer were named to "Who's Who Among Students in American Colleges and Universities." Martha Welty became a member of Mortar Board, a national senior women's honorary organization. We were proud to find that twelve of our members had been named on the Dean's List.

Due to our clinical pharmacy program that is an 8-week course 300 miles away, we decided it would be necessary to make the presidency a dual position. The two girls elected to serve in the presidency were Susie Cline and Hirley Fender. Our vice-president - president elect is Sally Skinner. Jo Ann LaForce is our recording and social secretary with Mary Ann Abernathy as our corresponding secretary. Charlotte Oberst is to be our treasurer and our historians are Debby Bacon and Debby Moyer.

We are looking forward to the coming year and we hope that all of you will have as happy a year as we hope to have.

CHARLOTTE OBERST



## ALPHA KAPPA

Alpha Kappa chapter started the year with a combination reception-rush party for all women pharmacy students. On Halloween there was another rush party with games, good refreshments, and even a fortune teller!

Samee Ellerbee and Marsha Rikard went to the Southern Regional in Morgantown, West Virginia. They brought back many new ideas for projects and activities which will be used in the upcoming months.

We observed Founders' Day by wearing corsages and eating supper together at Morrison's Cafeteria.

Several of the senior sisters visited Adele Lowe, Grand President, while they were in Indianapolis on the senior trip. We had a lot of fun talking with her, and she even gave us a souvenir of our visit -- a favor from their regional.

We have a new advisor, Miss Ruth Whitlow. She is ready to help us in any way possible.

We are happy to announce that this quarter we pledged our largest class ever -- 28 girls! They are a real enthusiastic group of girls and all the sisters are excited over the large number -- it will more than double our membership!

All the Lambs here at the University of Georgia wish all other Lambs a very successful winter and rest of the year!

MELANIE FAWCETT

**PHI CHAPTER**

Phi Chapter extends warmest greetings to our sister Lambs. Second semester just began here at Butler, but the work is coming on strong! We just had our third rush activity, a fondue party, and we will hopefully have quite a few new pledges soon.

This semester we should be kept busy with money making projects. We are now planning a Baby Picture Contest in which pharmacy students are challenged to identify Lambs' baby pictures. There will also undoubtedly be another now famous (or maybe infamous) sloppy joe sale.

The spring for Butler Lambs will mark not only the return of the birds and flowers, but also of the annual faculty dinner and senior party. The faculty dinner is usually a pot-luck Sunday supper held for the pharmacy faculty and staff and their families shortly before finals. Lambs parents have also been invited for the past few years, and it has always proven to be a good time for all concerned. A party for the senior Lambs is also held shortly before finals, usually at the home of one of our advisors or Lambs.

We are still discussing the fun we had and the ideas we shared at the Midwestern Regional Convention. We hope to see you in Disneyland!

**ANGELICA FARINELLI**



**ALPHA ZETA**

The St. Louis Lambs have really been keeping extra busy. We started meeting "little sisters" during the summer by writing letters to the new girls. After corresponding for almost a whole summer, we finally got to meet the girls in the flesh at a patio barbeque, at the college dorm. Our alums did all the cooking while the rest of us socialized. Soon after that, we had another party at Mrs. Haberle's lovely home. A twilight volleyball game and a beautifully decorated cake highlighted the evening.

As school got underway, money-making projects were in the way of having successful bake sales. Also, on request of the parents, we baked birthday cakes for the students in the dorm.

Speaking of birthday cakes, everyone in school was invited for cake to help us celebrate our 60th birthday.

About mid-semester we sponsored a hay-ride for any girl at school with or without a date. That must have been the coldest day of October, but the people were warm.

Soon after that, it was time for the Southern Regional Convention. Several of our collegiates and alums joined their sisters in Morgantown, West Virginia. They came back tired, but very enthusiastic.



Charter member of Alpha Zeta Chapter, Mrs. Phyllis Sarich, being honored on Founder's Day.

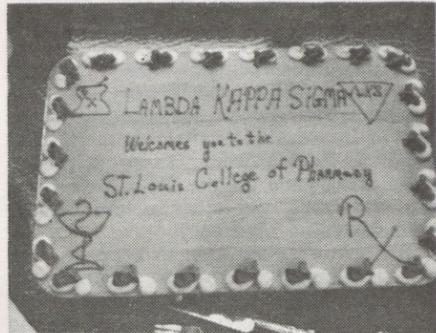
At our December meeting, we elected our new officers for this year. We also elected a new fraternity advisor, Jane Tennis, who graduated only two years ago. Our former advisor, Mrs. Haberle is still very much a part of us. We felt that she deserved a rest - between her family, her job, and being Southern Regional Supervisor she keeps very busy and yet has plenty of time for us. We also have a new faculty advisor, Mrs. Lynn Tillack. She is one of the liberal arts teachers. Her young ideas and talents add a lot to our group.

Rush week is always exciting at our college, especially when it results in a number of pledges. We have 14 extra-special girls, who are more than willing to work and more than anxious to be initiated on February 23. Our money making projects now include mostly bake sales and a bagle sale to be planned soon. Also, our service of selling T-shirts, sweatshirts and jackets with the college emblem is very much in demand. Many dorm kids are shocked when they receive their home-made birthday cakes from their parents in care of us. The pledges are going to have a Valentine's

Day carnation sale and candy sale. Early last week they wallpapered the walls at school advertising this event. They think they might have time for another project sometime soon.

Just recently we received our Certificate of Merit for taking part in raising money for Muscular Dystrophy. This was a project started last spring by a fraternity at University of Missouri at St. Louis. Any professional fraternal organization in the St. Louis area was asked to attend. We never knew we could have so much fun working. We raised money by having "toll booths" on some of the busy streets in St. Louis one weekend. Another weekend we had a dance marathon. The participants had worked previously to have people sponsor them at \$ an hour. We also took up collections in school. Then one Sunday afternoon, Greek spirit reigned as everyone gathered for a relaxing picnic and a bike race. We've been asked to participate again this year, and we are really looking forward to that.

Service projects include our "Drug of the Week Board" in the main lobby at school. It also got a new coat or two of paint.



Alpha Zeta Chapter's treat at their "getting to know you" party at Mrs. Haberle's in September for all new incoming girls.

We have just finished taking up a collection for the T.B. Foundation. We just started a new project. There is a school for disabled children one block from school and we have volunteered our services there. The children whose ages range from 5 - 18 all are afflicted with some sort of mental or physical disorder, but they are just as sweet and happy as can be. Their teachers are also very nice and their enthusiasm is really contagious.

Our school Pharmacy Department is planning to set up a drug information center. Whenever they start, we are going to help with that. We are especially excited about that, because its in our chosen profession. We might take on another project after initiation.

Two of our Lambs have received financial aid through LKS. A graduate last spring, Edith Gramkow received the Ethel J. Heath Key and just this year, Jeannie Skees received the Cora E. Craven Grant and our chapter's Donna Neff Memorial Scholarship.

Last Tuesday, we had a surprise birthday party for Mrs. Haberle. She answered her front door to the tune of "Happy Birthday," a giant cake and pink champagne.

This spring two of our graduation sisters, Maureen Dettenmeier and Tammy Kuenkel will be getting married.

Last of all, we are really looking forward to the Convention in Los Angeles this summer. It hardly seems like two years since the last one. I guess the "Spirit of St. Louis" is still with us.

**LAURA STANZAK**



**ALPHA IOTA**

Whew! The '74 weeks are flying by just as fast as '73 did. Fall term started us out at a fast pace, planning for the oncoming year and plotting our rush. Parent's Day was a relaxing break and gave our sisters a chance to get to know parents, husbands, boyfriends, etc.

The Xmas spirit really hit Alpha Iota Chapter this year. Caroling at the Senior Citizens Home not only got the sisters in the spirit of the season but gained us many friends. Santa's visit was a highspot in our party for the local underprivileged children. Each sister furnished a gift plus the chapter donated mittens to each child. The kids were really proud of their Santa banks, which they made from Pringle's cans and filled with candy. Xmas break caught us in midterm, and also in the middle of plans for our Bridal Fair. We had to move the date up and things got a bit hectic after break but 'Bridal Illusions', our second annual bridal show, was well received by students and the community. It was also alot of fun since sisters and fellow pharemics served as models. Getting the hang of moving with a train on a small runway took a little practice though.

Pre-Seniors will be off for a trip to Eli Lilly--then plans for spring rush will be put into action. We're hoping to gain

many more actives like our fall pledges--now actives; Emily Cramer and Elizabeth Hodde. A new slate of officers will soon be initiated. A retreat is planned to get Ferris Lambs well organized and to inform new officers of their duties.

Well-that's Alpha Iota News--

**MARIBETH BOON**



Alpha Nu Chapter members preparing for our Luau.

**ALPHA NU**

Greetings sister lambs from Alpha Nu chapter. We have had a very active chapter again this school year although a number of our senior members have been off campus participating in a community clerkship each semester. Since September we have had a community service project. For Halloween we made candy treats and took them to a convalescent home. On Founder's Day we had a nice ceremony followed with a reception. In November we had a Thanksgiving dinner for our members. We had a couple of bake sales fall semester to raise money for our Christmas formal. This year the pharmacy wives club helped us plan and give the Christmas formal for the college of pharmacy. Everyone enjoyed themselves; we had good faculty participation as well as student participation. Since the beginning of this semester we have been busy with rush. Our first rush function was a trip to McDowell Historic Apothecary in Danville, Kentucky followed by refreshments at the home of a member. The second rush function was a chili supper at the home of our faculty advisor. Professor Doughty, a real gourmet cook, made the chili and Mrs. Doughty entertained with pharmacy related games. For the final rush function we had a three course progressive dinner. This week we sent bids to almost forty girls. At the present we are making plans for our Hygeia Day program and also plans for money making projects to send girls to the national convention. Alpha Nu wishes all other chapters a successful year.

**RHONDA BROWN**



**ALPHA XI**

This second trimester for the girls of the Alpha Xi chapter of Lambda Kappa Sigma started with quite a bit of planning. The rush functions this semester are really getting the girls together in the meaning of true sisterhood. Last December the numerous new girls plus the actives resulted in a very striking combination. Working together this semester has added new meaning.

On the 2nd of February, a Pot-Luck took place with our chapter and the Alpha Xi alumnae chapter. This event was marked for through it we met with Cathi Boyle, Western Regional Supervisor.

Numerous projects have been initiated in the Professional Affairs area. 'Pharmacy for Women' postures were sent out to numerous high schools' counseling offices promoting pharmacy as a possible career for women; a major project involving OTC drug items is rolling along very well; participation in open house; plus other activities will greet us before the semester is through.

**LOURDES CALVO**



**ALPHA OMICRON**

The sisters of Alpha Omicron would like to extend a cheerful hello to all sister Lambs! We have been very busy here at W.V.U. and there is still more activities to come.

On Halloween last fall Alpha Omicron held a costume party for the children of the faculty. We had all sorts of different guests. Everyone had a great time. Then on the first of Nov. Dr. Nora Gutrecht, from the Mothers and Infants Clinic, gave us a lecture on certain aspects of the program. Right now we are working a few

hours during the week at the hospital nursery or at the clinic. We hope that Alpha Omicron will have an opportunity to continue this service project in years to come. It has been very educational and rewarding.

Our annual Christmas party was held in the early part of December, gifts were exchanged between big and little sisters. Each of our 16 pledges received a Christmas stocking filled with such things as aspirins, key chains, bath oil beads and many other little goodies.

The weekend before we left for our Christmas break we got together and held a Christmas party at Suncrest Nursing Home. Words just cannot describe the joy we all experienced that evening.

Our money making projects have been quite successful this year. The tee shirt, lab coat and lab weights sales have helped our financial status somewhat.

Alpha Omicron would like to congratulate Ann Marie Kelly on receiving the Cora E. Craven Grant. We are very proud of her and wish her the best of success in the future.

Alpha Omicron held a reception for our new Dean, Louis Luzzi, on Feb. 1.

Sixteen new pledges were inducted on Nov. 16th and initiated as sisters Feb. 6th. The girls are: Mayme Barbery, Margaret Brosh, Audrey Camili, Emily Cooper, Milinda Crawford, Debra Hardy, Marsha Hodges, Kay Farr, Eugenie Morris, Sandy Propst, Rhonda Rodheaver, Jamie Rosano, Marcia Smargie, Diane Turner, Sandra Turner and Linda Wills. They are an enthusiastic group and we know they'll be a great asset to the chapter.



Alpha Omicron Chapter's Pledge Trainer, Fae Teter; Fearless Advisor, Irma Anido; and Cool President, Michele Vigneault.

The Hygeia Day Banquet will be held at the Old Mill Club on March 19th. This year we plan to have our installation of new officers at the banquet.

Early in April we hope to hold a cover-dish dinner for the faculty. Kappa Psi plans to help.

We are all looking forward to a great summer and wish each of you a vacation full of fun. Best of luck to LKS seniors!

**JOANNE WEINGARTNER**



**ETA ALUMNAE**

Eta alumnae chapter has always prided itself on being one of the largest and most active chapters in the fraternity. Our record for 1973 shows that we are justifiably proud and we look forward to 1974 with the same enthusiasm. On October 29, 1973 Eta alums elected the following to office: Marie Tice, Pres., Ruth 'Foof' Brown, V. Pres., Virginia 'Jeannie' Sica, Treas., Caroline Jushchynshyn, Sec. The new officers wasted no time in getting things started. Our immediate plans include a yard sale to initiate our scholarship fund and a panel discussion concerning the options available to women in pharmacy as well as constitution and by-laws revisions.



Geri Barnes is presented with her badge by "big sister" Marie Tice following her initiation as Eta's alumnae initiate. Looking on are Frances Curran and Virginia Osol.

On behalf of all Eta alums I would like to introduce and officially welcome Geri Barnes to our fraternity. On October 16, 1973, after completing a four week pledge period with the collegiate pledge class, Geri became Eta's first alumnae initiate. We are proud to call Geri our sister. After

initiation we joined the collegiates for a Founder's Day celebration at which Judge Lisa Richette was the guest speaker. Judge Richette is an outspoken defender of the rights of women and children. Her views gave each of us an enriched pride in



Eta alumnae officers elected on October 29 (left to right) Ruth Brown - V. Pres.; Marie Tice - Pres.; Jeannie Sica - Treas.; Caroline Jushchshyn - Sec.

ourselves and our profession. Congratulations to Peggy Szymczak on being a B. Olive Cole grant. Peg is currently doing graduate work at Purdue University but keeps in close touch with Eta alumnae.

Now that the busy holiday season is over the Eta alums are rolling up their sleeves preparing for the busy year ahead. Several sisters are planning a trip to Disneyland for the convention - hope to see you there.

RUTH BROWN



TAU ALUMNAE

Hi, from the Golden Triangle, Pittsburgh, PA. Tau Alums started the new year with a scholarship party held at Duquesne University Student Union for the winners of our annual under-graduate scholarship. This year's winners are Peggy Frazier, Tau undergraduate president for 1973, Mary Ann May, the new president and Theresa Gnjatovich. Our Alumnae president, Rosetta Manzione awarded each of the young ladies the scholarship with the help of the Dean of Duquesne's School of Pharmacy, Bruce Martin, who selects the winners. A lovely buffet table was provided by Pfizer for us with catering by Duquesne University. Dean Martin spoke briefly to the guests who included the families of the winners, the undergraduate chapter members and their advisors, Marilyn Harris and Gayle Cochran, the fashion co-ordinators from Grant City and our Alumnae members.



TAU Alumnae participating in the style show. First row, (l to r) Vincent Arabia - Son of Rosemarie Arabia, Tau Alum; Terri Einloth - Daughter of Arleen Einloch, Tau Alum's Secretary; Elaine Soltis - Daughter of Lynne Soltis, Tau Alum's Veep. Second row (l to r) Mary Ann May - Tau Collegiate Chapter President, 1974; Karen Puhan - Tau Collegiate Chapter; Joan Ansberry - Tau Alum; Peggy Frazier - Tau Collegiate Chapter President, 1973. Third row (l to r) Rosetta Manzione - Tau Alumnae Chapter President; Theresa Yasi - Tau Collegiate Chapter; Theresa Gnjatovich - Tau Collegiate Chapter.

The money for the scholarship was obtained from the profits of our annual card party held this past year in November. The Grant City Fashion Show took place while our guests played cards. The models are actually members of Tau Chapters and three children of alumnae members.

In February, Tau Alums are planning a testimonial dinner for one of our honorary members, Helen Adams. Miss Adams has been a secretary in the School of Pharmacy at Duquesne for nearly 20 years and has been the backbone of L.K.S. She has done so much "busy work" for us that space does not permit to mention. She has been our liaison with the campus since none of us are directly connected with Duquesne. She is a sweetheart and a gem. Our fortunes were blessed the day we made her an honorary member back in



TAU CHAPTERS (l to r): Rosetta Manzione - President Tau Alumnae Chapter; Peggy Frazier - President Tau Collegiate Chapter, 1973; Dean Bruce Martin - Duquesne Univ. School of Pharmacy; Mary Ann May - President Tau Collegiate Chapter, 1974; Theresa Gnjatovich - Tau Collegiate Chapter member.

1959. She's been a God-send. In March, we plan a very informative Hygeia Day celebration with the appearance of the Allegheny County sheriff, Eugene Coon, as speaker. More about Sheriff Coon's address in our next installment.

LYNNE F. SOLTIS



OMICRON ALUMNAE

Here in Detroit, with close to 12 inches of snow, it's hard to remember how nice the weather was just back in October in Indianapolis at the Midwest Regional Meeting. Such wonderful hostesses, the Phi Chapter girls were at Butler University. Another new, enjoyable, and educational experience for me. Thanks Phi Sisters, especially Jeanne Hawkins, chairman for the meeting.

At the regional meeting, a memorial service was conducted for Willette McKeever Cheever, a charter member of LKS, and Virginia Budden who both passed away during the past year. Virginia Budden was very active in all levels of our fraternity, and we were proud to have had her as a member of our Omicron Alumnae Chapter. Our chapter has donated \$100 to the Wayne State University College of Pharmacy Audio Visual Equipment Center in memory of Virginia Budden.

On a little lighter note, our reunion dinner was successful with 4 of the 5 new graduates of Wayne State Omicron Chapter in attendance. These are now the newest members welcomed into the Alumnae Chapter. Each was presented with our traditional gift of a wooden mortar and pestle.

In October, we had our meeting at the Lynn Hospital in Lincoln Park, a suburb just southwest of Detroit. Our hostess Gwen Smith is the Chief Pharmacist at the 100 bed general hospital. She was quite informative, in her tour of the pharmacy, with respect to their unit-dose program, as well as the general operation of the hospital. It was there that we conducted the traditional candlelight Founder's Day Ceremony.

In November, we learned quite a bit about estates, inheritances, and trusts from Mr. Fred Metry, attorney. Mary Murray arranged for Mr. Metry to speak to our group and answer questions we asked concerning these matters. It was another very informative meeting.

We are in the process of revising our by-laws, so our last meeting was concerned mainly with business, but we gladly took the time to hear about the trip around the world just completed by Julia Pishalski. What a good time she must have had, judging from the things she told us, to the envy of many of us. Her trip took her from Detroit, through Alaska, to the Orient. She told us about the cultural and entertaining highlights of Toyko, Hong Kong, and Macao. Then on to India and Kenya, and the variety of sights, including close-ups of animals native to these areas. Then on to South America, and 25 days and 25,000 miles later--home. It sure sounded exciting.

Well, back to shoveling snow.

JUDY PAUL



PHI ALUMNAE CHAPTER

The Phi Alums extend greetings to all of our collegiate and Alum sisters. As usual, we spent a busy fall and winter, with several long-range projects dominating the scene. Member Lambs donated their time and talents to help the Phi collegiates host the 1973 Midwestern Regional; we prepared an interesting all-salad luncheon, constructed some of the favors, and provided some of the guest transportation.

An alternate fund-raising idea is being implemented this April. For several

months, through outside committee work and during part of each meeting, we have assembled various handcraft items for sale in a boutique at a local shopping center mall. Many finished articles are materializing, however, we have much work ahead in order to completely fill a booth on schedule.

Planned for the upcoming celebration of Hygeia Day, is a joint program with our collegiates. We look forward to the speaker's topic of discussion, Forensic Medicine.

Best wishes to all from the Phi Alums - we hope to see many of our friends next summer at the convention in California.

KAREN GEISLER



ALPHA PI ALUMNAE

In a few short weeks on March 3, we will be holding our next meeting at Diane Thilman's house. I hope everyone can get enough gas to be able to come.

Some of our sisters who are hospital pharmacists in the city have been attending the meetings of the New York City Society of Hospital Pharmacists. This month on February 21, the meeting will be held at Roosevelt Hospital where Harriett Ellis and I both work. There will be a panel discussion on the New York State Narcotic Laws and other recent regulations involving pharmacy.

We haven't been able to keep up with our traveling record of last summer but the winter is not yet over. Diane Thilman spent a week in Mexico in November and will be going to Miami later this month. In December, Harriett Ellis attended the Mid-Year Clinical Meeting of the American Society of Hospital Pharmacists in New Orleans.

Congratulations to Harriett Ellis who just became engaged and plans to be married in August. Also to Yolanda Gyuricza Barbagallo upon the birth of her second daughter, Michelle. Yolanda and her family will soon be moving into the new house they are building in Pennsylvania. Patricia Harris Hemmer and her family just bought a new home in Oakton, Virginia. Our sympathy is extended to Mary Agnes Classen upon the death of her mother.

Hope that 1974 is a very good year for all the sisters of Lambda Kappa Sigma.

MARGARET McKENNA



Frances Curran with the plaque presented to her by Adele Lowe and Marian Ricardo in honor of her election as National Secretary of the PPA.

PPA

The Philadelphia Area Chapter of the Professional Panhellenic Association met at the Phila. College of Pharmacy on October 24, 1973 with Mr. Les Willson of the Dupont Corporation as the guest speaker. Mr. Willson gave a delightfully entertaining and informative talk on communication and the important role it plays in our lives. Fraternities represented included Lambda Kappa Sigma, Kappa Epsilon, Alpha Delta Theta, and Kappa



Adele Lowe - Grand Pres. and Frances Curran - Grand Sec. with the LKS display at the National PPA Convention in Denver (Nov. 1973).

Delta Epsilon.

Eta alumnae sister Marian Ricardo, President of the local chapter, reported on the difficulties encountered while trying to revitalize our area chapter. Marian and Frances Curran were our representatives at the national PPA convention held in Denver, Colo. in November. They brought back some information and ideas that might answer our questions and, with a little luck, we will again breathe life into the Philadelphia PPA. We were proud to learn that Frances Curran, LKS Grand Sec., was elected secretary for the national PPA.

RUTH BROWN



Lamb's Tales

LAMBDA chapter is asking you to put the 1974 Convention at the top of your calendar - make plans to attend from July 20th to the 23rd. See full information elsewhere in the TRIANGLE.

The LKS event at the APhA Meeting in Chicago this summer is in the planning stage. Liz Raiman, Grand Vice President, is in charge of arrangements. We hope to have either a breakfast or coffee time at which both collegiate and alumnae members can meet and eat. Watch the Journal of the APhA for final time and place. The NEWSLETTER will also bring you final plans. GAMMA alumnae and the collegiates of the newly reactivated GAMMA collegiate chapter will be co-hosting.

ALPHA IOTA chapter has just sent Shirley McCloskey, the Grand Treasurer, its quarterly contribution to Project HOPE of \$100, raised through their morning coffee hour project. How's that for a project!!! Congratulations.

The total number of initiates into LKS, as of February 4th, 1974, is 7882. By the time all chapters have completed Spring pledging (and sent in their blue cards) we will surpass the 8,000 mark of initiates since our founding. Your chapter could be the one to cross the 8,000 threshold. ETA chapter will have its 500th initiate this season.

TAU alumnae sponsored a dinner for TAU collegiates in January and awarded three scholarships. The recipients were Peggy Frazier, Mary Ann May and Theresa Gnjatovich. The alums devote a great deal of time and love in raising the funds for these scholarships.

CHI chapter has three sets of mother-daughter Lambs - Joyce Tanac and mother Pat (our Past Grand President and current Honorary Advisor), Evvie Arogonie and her mother and new initiate Janice Sakai and her mother. Has any other chapter as proud a record as this?

ALPHA EPSILON chapter had a very profitable Tupperware party to raise funds for their new house. They are working hard to get it in shape and furnish it.

NU chapter will be deeply involved in "Poison Prevention Week" this year. Be sure to do your part in your corner of the world to prevent accidental poisoning, especially in children.

Despite some competition from Rho Phi Phi on the Temple University campus, ALPHA ALPHA chapter initiated seven new members and the Ropes did not initiate any women members.

ALPHA LAMBDA chapter's Initiation Banquet had an especially interesting speaker - Dr. Szasz whose topic was "Sexual Therapy." They initiated six new members.

ALPHA GAMMA's advisor, Betty Susina, is just back from a vacation trip to Germany. In the past year she has also flown off to India and to Israel.

GAMMA collegiate chapter has been reactivated after several years in the doldrums. Welcome back, all you gals in Chicago.

LKS will be represented by ETA's Pat Ryan and Fran Sica at the IPSF (International Pharmaceutical Students Federation) Congress in Capetown, South Africa.

The 1973 Lilly Achievement Awards went to Rebecca Parker, ALPHA XI; Sandra Soucek, PHI; Pamela Fogle, ALPHA ZETA; Mary DeFrancisco, ALPHA ALPHA; Mary Helene Barto, DELTA; Mary Lynne Etter, XI and Barbara Taylor, MU. We're proud of you.

FRANCES F. CURRAN  
Grand Secretary

Register now for the Convention



# ALUMNAE-AT-LARGE

## ALPHA CHAPTER

In this age of rising costs, gas lines, conservation of energy and changing systems, it is a welcomed relief to know that fraternal love makes LKS try harder. It has been a hectic year for Alpha. We have found ourselves caught in a transition year. MCP has converted from the semester system to the quarter system. With these changes we have found that the sisters are never on campus at the same time and many are not there on the same day. Through the efforts of many of our officers, we have overcome all of these obstacles so that LKS has had a very busy year.

We started off the year with an Interfraternal Function held on September 13th. This proved to be a great success and helped to break down the walls of segregation between all of the fraternities.

In October Alpha was the hostess for the Eastern Regional held in Boston at the Statler Hilton. The business meetings proved to be a great success. There were many ideas exchanged between chapters. All of the sisters had a very enjoyable time.

In November and again in February we held our famous Sub-Sales. As always these were very successful.

December brought our annual LKS Christmas Party. This year it was held at Nancy Clark's apartment. All of the freshman and transfer girls were invited so that LKS could be explained to them. The party turned out so well that Dee Ducharme's apartment had to be used also.

LKS and Phi Delta Chi had a combined Christmas Semi-Formal. As always there was a good turnout and a good time was had by all.

In December we also raffled off a stereo for Project Hope. We sent \$100.00 to Project Hope. The remainder of the profits were given to a family in Maine, whose father had died three weeks before Christmas.

Alpha now has a basketball team and a softball team. These teams are also helping to create an interest in LKS.

Alpha has also taken over the MCP Bookstore. We are selling shirts, jackets and other articles.

We had a pledge period in February. We pledged thirteen girls. We welcome these new sisters with open arms.

The remainder of the year is not without events. MCP is having Open House on March 31st. LKS has an information booth set up and many of the sisters have volunteered to be at Open House.

LKS is also sponsoring a Drug Fair in late April. Also in the list of coming events is our annual banquet. As soon as possible we are going to have two professional speakers.

It has been a difficult year, but when you are LKS you try harder.

MAUREEN ELLIS



## ALPHA EPSILON

The Alpha Epsilon Chapter of Lambda Kappa Sigma started off the 1973-74 year with many plans and expectations. In September we acquired a long-awaited house. A large part of fall quarter was spent readying the new house for our meetings and activities.

Fall quarter also provided an opportune time for us to have various functions allowing us to meet the new pharmacy students. We sponsored a fashion show, modeling lab coats from several local uniform shops. This gave the sophomore students a little preview of the styles. A Halloween costume party sponsored by Lambda Kappa Sigma proved to have a great turn out. Everyone there sported their newly acquired costumes and sipped on the "witches' brew". A Christmas party was given honoring the sophomores. This was the last time we were all together before the formal rush. Every sophomore received LKS favors and refreshments. For our nice Christmas project, we collected canned food and gave them to a blind lady.

The winter quarter began with a great flourish of activity. The members held a well-reviewed rush party at the Xanadu Club. A tea was given for the sophomore girls preceding the formal. This formal rush party proved to be a great success. On February 25, thirty-three pledges were initiated into the Alpha Epsilon Chapter. The pledges had paddles signed by the active members thus getting to know the active members of Lambda Kappa Sigma. As a pledge project, the pledge class presented the Chapter with LKS letters to be hung outside on the house.

Our annual Senior Banquet was held at St. Clair's. During our "feast", Liz Stima was presented the Outstanding Senior Award. Brenda Beshears and Linda Wooten were awarded Ethel J. Heath Keys.

We have had several money making projects thus far. Besides our annual "pill

## NEWS FROM ALUMNAE

Amelia Shibley Whigham - Alpha Epsilon, met her husband while in the Pharm D program at the University of Tennessee and married December 29, 1973. They are now living in Charleston, South Carolina, where Bill is a resident in hospital pharmacy at the Medical University Hospital in Charleston.

Janet McKenna Alexandrow - Tau, now lives in Fairbanks, Alaska, with her husband Nick, a Captain in the Air Force. Nich received his M.S. in Nuclear Engineering from the University of Virginia.

Send news of yourself and family for

count" we sold daisies on Valentine's Day. This spring we are planning to sell LKS T-shirts and gym shorts.

The spring quarter is one we all look forward to. It is during this quarter that we help with the Pharmacy Weekend for prospective students. Also, the All-Pharmacy Picnic is in the spring.

With these plans in mind we are really excited about the upcoming quarter. We hope all of our sister Lambs are just as enthusiastic. Best wishes to you all.

DEBORAH STANFILL



## CHI ALUMNAE

We celebrated Founder's Day with Chi Collegiate November 19, 1973, and attended their pledging held the same night. Alums provided the refreshments.

Our School of Pharmacy at the University of Washington has begun a Drug Information Center for the use of physicians and pharmacists in our state. The director, Dr. Gary Smith, was the speaker at our November meeting, and asked the alums who had some time to volunteer at the Center, to answer the telephone and help prepare written answers to questions received. Pat Tanac has volunteered several times and reports that it's very educational for the alum as well as helping out the Center.

Our Christmas project this year was providing a gaily wrapped bag of oranges and home-made cookies and candies for 60 nursing home patients.

Chi Collegiate initiation on January 15 was attended by several alumnae. We are especially proud to have 3 second-generation sisters now in Chi Collegiate: Janice Sakai, daughter of Grace Sakai, Evelyn Arrigone, daughter of Evelyn Arrigone, and Joyce Tanac, daughter of Pat Tanac.

Chi Alumnae officers elected in January are: President, Beverly Schaefer; Vice-President, Donna Fey; Secretary, Nancy Horst; and Treasurer, Sandra Mattson.

Spring events include celebrating Hygeia Day with the Collegiate chapter, our rummage sale in April, senior dinner honoring the Chi graduates, and awarding a scholarship to a collegiate member.

We are also making plans to celebrate the 25th anniversary of our chapter founding in October, and several members will be going to convention in July. See you all there!

NANCY HORST



## ALPHA ZETA ALUMNAE

Hi to all sisters from Alpha Zeta Alums. This semester we have devoted most of our efforts to helping the collegiates increase their membership. Many of us attended the smoker for the eligible pledges. Several of our members: Marilyn Haberle, Southern Regional Supervisor; Jane Tennis, Fraternity Advisor and Pam Ehlers, Grand Editor gave a few "pep talks" to the new prospective pledges. The collegiates initiated fourteen new sisters. Also many of us attended the formal initiation of the fourteen new sisters who we are also proud to have as sisters.

Alpha Zeta Alum is preparing for the convention. Several people are planning to go, but the final tally will depend on jobs and the gas shortage. Since we were worried about the shortage, some of us may take Amtrack. If we could start on the east coast, we could have enough people to take over an entire bubble car. We are looking into the possibilities now.

The snow fizzled our plans for the Gourmet night, so it has been replanned for May. I hope nothing comes up this time.

We are hoping to see as many of you as possible this summer.

ALPHA ZETA ALUM

this column -- use the questionnaire.

The Convention this year is in Anaheim, California. Our meeting place, The Grand Hotel, is across the street from Disneyland. Make your plans now to join us. Dates are July 19-23, 1974, over a weekend. Lambda Chapters (Los Angeles) hope that the weekend convention will

make attendance more easy for you who are working. Write Lynn West, 2268 N. Gower, Apt. 3, Hollywood, Calif., 90068 for reservations or use the registration form on page 3.

If you have moved or changed your name, please fill out the questionnaire so we can keep our files up-to-date. Life Subscriber or Stray Lamb - we do not want to lose any of our "Lambs".

Fraternally,  
MARY A. WILLS  
Member-at-Large

## Changes of Address and Comments

MAIL TO: MRS. MARY A WILLS  
342 Old State Road  
Berwyn, Pa. 19312

NAME .....  
First Maiden Married

NEW ADDRESS .....  
Street City State Zip

Old Address .....

CHAPTER ..... YEAR GRADUATED .....

PRESENT AFFILIATION .....

LIFE SUBSCRIBER .....YES.....NO

DO YOU PAY DUES THROUGH AN ALUMNAE CHAPTER..... YES..... NO

WHICH?.....

(Dues for 1973-74 now payable. Make check out to Lambda Kappa Sigma. Member \$7.00 per year. Life subscriber \$6.00 per year.)

.... I would like information about a chapter near me.

..... is the metropolitan area in which I could attend meetings if an Alumnae Chapter were started there.

News for the BLUE & GOLD TRIANGLE about yourself and your family.

## THE AWARD OF MERIT

The Award of Merit was established to recognize alumnae and associate members of Lambda Kappa Sigma who have distinguished themselves by reason of academic achievement, professional advancement, community service, in pharmaceutical organizations or in commercial endeavors. Each chapter may submit a nominee for consideration of the Award of

Merit Committee. Nominations must be postmarked by April 30th. Incumbent Grand Council officers should not be considered as nominees. The Award of merit has been presented to: Dr. B. Olive Cole (1960), Barbara Hartman Johnson (1962), Dr. Muriel C. Vincent (1968), Lorraine Gribbens (1970), Betty Hart Tusa (1972). The Award is presented at the biennial Convention.

## AWARD OF MERIT

### NOMINATION

Name .....

Home address .....

Business address .....

Degrees received, school, date .....

Honors and awards .....

Professional, social, community associations .....

Professional experience and activities .....

Lambda Kappa Sigma membership: Chapter and date of initiation .....

Chapter and date of graduation .....

Current chapter.....Sponsoring chapter.....

Member to contact for further information.....

Address.....

A statement in support of the nomination should be submitted on a separate page. It should include any additional information not detailed above which would emphasize the achievements of the nominee.

Incumbent Grand Council officers are not eligible for nomination.

The complete nomination must be postmarked by April 30th of the convention year.

The decision of the committee shall be final by May 31.

All candidates for the award shall be dues paid members of the fraternity as certified by the Grand Treasurer.

The report of the committee shall contain the name of the recipient. The hostess chapter for the biennial convention shall be notified of the name of the recipient in sufficient time that the name shall appear on the official convention program.

MARILYN HABERLE, Ch.  
JUDY RIFFEE  
ROSEMARY FOX

# LAMBS ENJOY REGIONAL MEETINGS



ALPHA CHAPTER HOSTED THE EASTERN REGIONAL MEETING WHICH WAS HELD IN BOSTON IN OCTOBER



LAMBS ATTENDING THE MIDWESTERN REGIONAL MEETING WHICH WAS HELD IN INDIANAPOLIS. PHI COLLEGIATES AND PHI ALUMNAE WERE THE GRACIOUS HOSTESSES.



Alpha Omicron Collegiate members attending formal banquet with their regional supervisor, Marilyn Haberle.



Alpha Zeta Collegiate and Alumnae members at Southern Regional, which includes two Grand Council officers; Marilyn Haberle, Southern Regional Supervisor and Pam Ehlers, Grand Editor.



Marilyn Haberle, Southern Regional Supervisor with Alpha Omicron Alumnae attending Formal Banquet at Southern Regional.

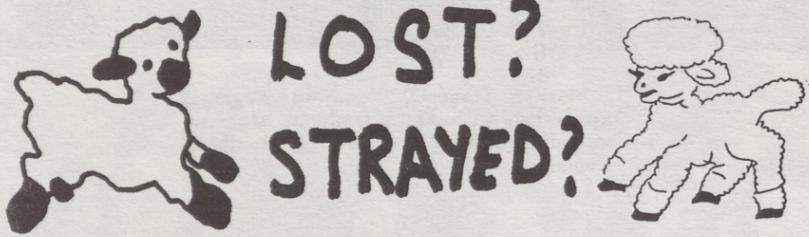
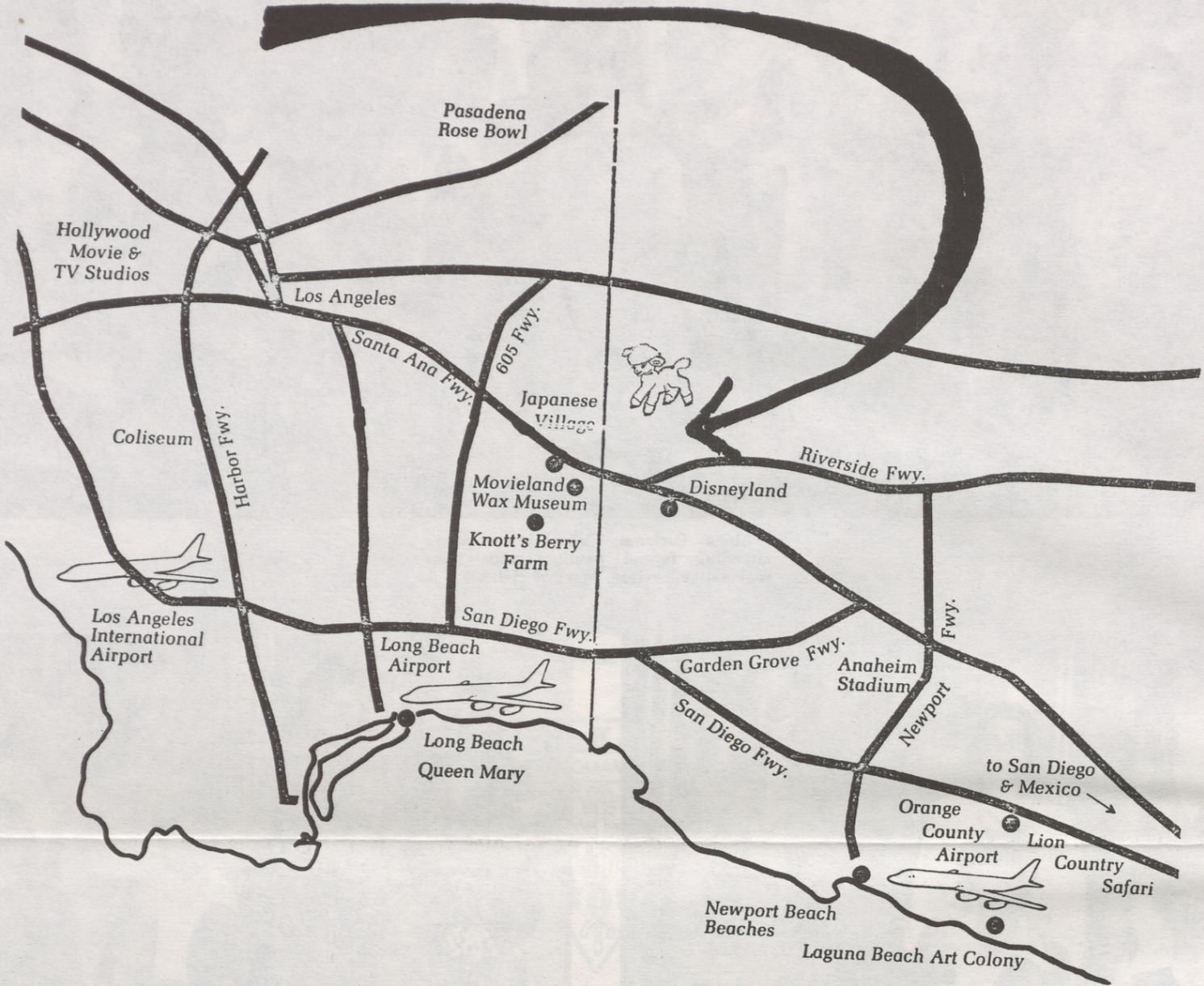


Marilyn Haberle, Southern Regional Supervisor and Mary Elsie Stripling, Alpha Gamma Alumnae delegate attending Southern Regional.



Southern Regional Supervisor, Marilyn Haberle and Alpha Kappa delegate at Southern Regional.

# SEE YOU AT DISNEYLAND



### Where, Oh Where Can These Lambs Be?

Will you lend a helping hand and aid in locating the following Life Subscribers whose whereabouts are Unknown? Please send the information to Pamela Ehlers, Grand Editor, 406 Friendly Dr., Red Bud, IL 62278.

- Barbara Jean Akins - Mu
- Mrs. Ruth Alton - Chi
- Elizabeth Baird - Mu
- Helen Bode - Pi
- Mrs. Carlin - Pi
- Mrs. Iris Zeltzer - Alpha Eta
- Mrs. Lynne (Yellin) Cohn - Alpha Eta
- Mrs. Marlys (Breckle) Coker - Nu
- Eleanor Coutrucci - Pi
- Ida Cubero - Alpha Eta
- Roberta Davis - Alpha Eta
- Carmen Anne Delana - Mu
- Dorothy (Kerr) Eubank - Psi
- Sandra Mae (Van Doren) Forbes, Jr. - Alpha Delta
- Ulla Forsstrom - Chi
- Lana Freeburg - Gamma
- Mrs. Bat (Harris) Fullerton - Alpha Nu
- Jeannette Galasoff - Pi
- Sue Carolyn Goldman - Epsilon
- Mrs. Claudia Jo (Cummins) Hanna - Alpha Xi
- Harriette Harris - Alpha Omicron
- Jane Elizabeth Hong - Alpha Kappa
- Barbara Anne Huffman - Alpha Omicron
- Helen Kutza - Gamma

- Roberta Lorea - Alpha Eta
- Lavonne (Spry) Linnenburger - Nu
- Barbara Sax Long - Rho
- Dorothy McGovern - Beta
- Ardith McKinny - Mu
- Carol Martin - Alpha Epsilon
- Phyllis Michael - Alpha Epsilon
- Anna (Muktepavels) Motivans - Phi
- Pamela Joan Nelson - Phi
- Florence Ness - Mu
- Mildred (Das) Norris - Omicron
- Linda Poole - Alpha Epsilon
- Johanna Poprzan - Psi
- Margaret (Lynch) Prokop - Phi
- Gloria (Bergman) Richter - Alpha Eta
- Shirley Roeder - Rho
- Lynn (Richmond) Rook - Alpha
- Sylvia Schmidt - Phi
- Patricia Shultice - Nu
- Mary Jane Shutt - Alpha Epsilon
- Linda Speich - Alpha Epsilon
- Sandra (Banfield) Stitt - Alpha Iota
- May Alice Taylor - Iota
- Joan (Rohrback) Telfer - Mu
- Bonnie (Kail) Wagner - Alpha Mu
- Lee West - Gamma
- Sharon Lynn Whiffen - Alpha Omicron
- Dr. Mary Wiczorek - Gamma
- Sarah (Best) Williams - Alpha Iota
- Melba Wilson - Alpha Epsilon
- Shirley Worrell - Alpha Delta
- Janet (Cychler) Zaugg - Alpha Mu
- Kathy Swanson - Alpha Zeta

### A LITTLE POEM BY ADELE

This little poem is what happens when yours truly is weary and the electric typewriter is just about ready to blow a fuse. It shows how the fingers keep working automatically ahead of the mind:

Whether you have a BS, MS or PhD  
Or hold another job working B.I.D.

Or pour from the bottle a mixture old  
Be it for cramps or the common cold,

Or work in a lab to discover the new  
knowing that life depends upon you,

Or teaching some students the proper  
prognosis  
so he doesn't mix his p.c's with his dentur  
tales doses,

And finally you hear, "Who's this impres-  
sionable SHE?"  
She must be a LAMB, she's ALL  
PHARMACY.

Have you wondered why you receive a  
copy of the Blue & Gold Triangle and then  
do not receive one again for some time?  
The Blue & Gold Triangle is published  
only four times a year.

If you are a Life Subscriber you, of  
course, do not miss an issue. If you are  
not a Life Subscriber, you are a "Stray  
Lamb". As a "Stray Lamb" you may have  
received only one or two issues this  
biennium. We would like all our sisters to  
receive every issue of the Blue & Gold  
Triangle. Become a Life Subscriber now  
and be assured of every issue of the Blue  
& Gold Triangle! Send your check or  
money order for \$15.00 with your Chapter,  
School, and year of initiation and year of  
graduation to me and you will be added to  
the Life Subscriber list. With costs  
increasing, \$15.00 is really a bargain. Act  
today while it's still a bargain. Be assured  
of a Blue & Gold Triangle with news of  
your fraternity, Lambda Kappa Sigma, the  
rest of your life.

### DEADLINES

OCTOBER 14

Founder's Day

NOVEMBER 1

DEADLINE for Applications for Cora E. Craven Educational Grants

NOVEMBER 15

DEADLINE for Applications for Dr. B. Olive Cole Graduate Educational Grant

JANUARY 1

Announcement of the recipients of the Cora E. Craven Educational Grants

JANUARY 15

Announcement of the recipient of the Dr. B. Olive Cole Graduate Educational Grant

FEBRUARY 15

DEADLINE for TRIANGLE Material

MARCH 1

Send National Dues, Convention Fund, Triangle Assessments, Life Subscriptions for THE BLUE AND GOLD TRIANGLE and Contributions for Project HOPE to: Mrs. Shirley McCloskey, 77-29th Avenue N.E., Fargo, ND 58102

MARCH 15

Hygeia Day, Professional Program

### NOTICE TO CONTRIBUTORS

All manuscripts (chapter reports, articles, notices, announcements, other material) submitted to the Editor should be ready for publication, typewritten, double spaced on good quality paper 8 1/2 x 11" and with 1" margins. All pages should be numbered consecutively. Each manuscript should be identified with the author's name and chapter. Photographs should be protected from bending and possible damage in the mails; do not roll photographs. Do not write on the back of photographs; identify individuals in the photographs on a separate sheet of paper.

## Past ten year chapter reports

### HISTORY OF THE ALPHA NU CHAPTER

Alpha Nu, the thirty-fifth collegiate chapter of Lambda Kappa Sigma was installed at the University of Kentucky College of Pharmacy at Lexington, Kentucky on December 6, 1958 by the Grand President, Julia Pishalski. In 1964, however, due to the lack of girls in the college, the chapter went inactive. During the period of inactivation a local organization, the Ring of Hygeia, was formed. The Ring of Hygeia had activities and service projects similar to LKS, a few being Poison Prevention Week, parties for children at hospitals, and National Pharmacy Week.

The Alpha Nu chapter was reactivated in the centennial year of the college. On September 27, 1970 Judy Owens, Southern Regional Supervisor, pledged twenty-three girls. The ceremony was held at the apartment of the president, Ann Patterson. On October 25, 1970 Judy Owens and Judy Riffie, Grand Treasurer, traveled to Lexington and were joined by Betty Hart, former Southern Regional Supervisor. A reception followed the initiation ceremony. Attending the reception were faculty and officers of Kappa Psi, Phi Delta Chi, and SAPHa. Three charter members of the chapter; Patricia Fullerton Harris, Patricia Anne Donahue, and Laura Webb Stone, also attended.

During the remainder of the 1970-71 school year there were several service projects and a fund raising project. The money making project was to test OTC cold capsules for side effects at the rate of \$10 per person. On Halloween, children at the Medical Center were entertained with a party and given treats. For Christmas a tree was decorated in front of the pharmacy school and members helped the Phi Delta Chi's with a party for the handicapped children at Cardinal Hill Hospital. During final's week, survival kits were made for third year girls. After Christmas, rush began. Rush parties included a bowling party, wiener roast, and a Mexican party. On January 31, 1971 eleven girls were pledged--100% of the third year girls! The ceremony was held at the home of the fraternity advisors, Professor and Mrs. Doughty. Again our regional supervisor, Mrs. Judy Owens attended. At a spring banquet the eleven girls were initiated.

Alpha Nu had two members that were Heath Key recipients for the 70-71 school year. Contributions to USS HOPE was \$25.

The 1971-72 school year started out with rush. Three rush functions were: a cookout, miniature golf, and a trip to Danville, Kentucky to tour the Ephraim McDowell House and Apothecary Shop, followed by a picnic at Fort Harrod in Harrodsburg. The biggest function was a Hawaiian Luau, at which the girls tried their hand at preparing Hawaiian food. Attending the function were not only prospective members, but also the whole pharmacy school. On October 10, twenty-eight girls were pledged at a buffet dinner held at the pharmacy school.

As a service project, members in the chapter answered phones for the Jerry Lewis Muscular Dystrophy Telethon. Others were Thanksgiving baskets and also a \$50 donation to the Funds for Fun Telethon for recreation for children in the hospitals of Lexington. A contribution of \$25 was made to USS HOPE.

University of Kentucky hosted the Region 4 SAPHa convention on October 21-24. Alpha Nu hosted a breakfast on Saturday October 24 for all the sister Lambs attending the convention.

The chapter had as fund raising projects, selling sandwiches to students at lunch time and a raffle for a gift certificate. The chapter had programs in grade schools in the Lexington area on poison prevention during Poison Prevention Week.

Twenty pledges were initiated at a ceremony on February 15 in the President's Room at the Student Center. On May 4 a farewell party was given for the fifth year girls. The party was a buffet followed by a program the Doughty's gave on their European trip. This completed the 1971-72 year. We had two members that were Heath Key recipients. At the annual College of Pharmacy Honors Banquet, Professor Doughty, our chapter advisor, was made a patron.

The 1972-73 school year began with a picnic in the Doughty's backyard to meet the new third year girls. For the fall semester, service projects were Halloween treats, Thanksgiving baskets, and participation in the Mini-Telethon for the children's ward. Our big money making project was a carwash held on the parking lot of the College of Pharmacy. The chapter sponsored a formal Christmas dance, December 9, at the University's alumni house, for the whole College of Pharmacy.

## Living Charter Members

Mrs. Emma McDonnell Cronin  
96 Billings Road  
Quincy, Massachusetts 02171

Mrs. Annabel Carter Jones  
3 Rumford Avenue  
Waltham, Massachusetts 02154

Mrs. Mary C. Livingston  
P.O. Box 218  
Orleans, Massachusetts 02653

## Professional Panhellenic Association

President . . . . . Mary Ellin Frohmader, Phi Beta  
514 LeRoy Road, Madison, WI 53704

Vice President. . . . . Ruth Gould, Sigma Alpha Iota  
841 Oleander Dr. S.E., Winter Haven, FL 33880

Treasurer. . . . . M. Gleyne Nicholson, Phi Chi Theta  
7431 Penfield Ct., Pittsburgh, PA 15208

Secretary. . . . . Frances F. Curran, Lambda Kappa Sigma  
4509 Regent Street, Philadelphia, PA 19143

## Grand Council

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GRAND VICE PRESIDENT . . . . . MRS. ELIZABETH RAIMAN  
6971 North Tonty Avenue, Chicago, Illinois 60646

GRAND SECRETARY . . . . . MRS. FRANCES CURRAN  
4509 Regent Street, Philadelphia, Pennsylvania 19143

GRAND TREASURER . . . . . MRS. SHIRLEY McCLOSKEY  
77-29th Avenue N.E., Fargo, North Dakota 58102

GRAND EDITOR . . . . . MRS. PAMELA EHLERS  
406 Friendly Dr., Red Bud, Illinois 62278

MEMBER-AT-LARGE . . . . . MRS. MARY WILLS  
342 Old State Road, Berwyn, Pennsylvania 19312

EASTERN REGIONAL SUPERVISOR [Province I] . . . . . MISS ROSETTA MANZIONE  
5317 White Oak Drive, Verona, Pennsylvania 15147

EASTERN REGIONAL SUPERVISOR [Province II] . . . . . MISS MARIAN RICARDO  
625 South Avenue, B105, Secane, Pennsylvania 19018

MIDWESTERN REGIONAL SUPERVISOR . . . . . MRS. JUDITH RIFFEE  
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WESTERN REGIONAL SUPERVISOR . . . . . MRS. CATHRYN BOYLE  
10609 Des Moines Way S, #1, Seattle, Washington 98168

SOUTHERN REGIONAL SUPERVISOR . . . . . MRS. MARILYN HABERLE  
12543 Elaine Drive, Des Peres, Missouri 63131

### HONORARY ADVISORS

MRS. MARGIT HARRISON, Route 1, Box 50, Pasco, Washington 99301  
MRS. JULIA PISHALSKI, 316 Ridgemont Road, Grosse Point Farms, Mich. 48336  
MRS. PAT TANAC, 18533 Burke Avenue North, Seattle, Washington 98133

Second semester began with rush functions. January 20, the rushees were taken to Danville to tour the Ephraim McDowell House and Apothecary Shop. Upon returning to Lexington, the Doughty's invited us to their home for refreshments. January 26, we had a slumber party and on January 29, we had a progressive dinner. On February 13, a pledge ceremony was held, and thirteen girls pledged. At a combined LKS activation and Hygeia Day program the thirteen girls were initiated. For the professional project, the chapter had displays on poison prevention at two of the shopping malls and presented talks to elementary school children. Also, a donation of fifty dollars was given to USS HOPE. The annual spring banquet was held April 19 with installation of officers, and chapter awards being given. The final event of the year was an ice cream social given in honor of graduating members and held on April 25.

The number of Heath Key recipients for the year 1972-73 was four.

Since reactivation the total initiated members are sixty-seven and total contribution to the USS HOPE is \$125.

### DELTA CHAPTER

Delta Chapter was formed at the University of Pittsburgh School of Pharmacy on April 18, 1918 when fifteen women students pledged themselves to be faithful members of Lambda Kappa Sigma. Dean Koch acted as chairman for the meeting. The charter members were Grace Porch, president; Belle Perkins Smith, vice-president; Virginia Frank, secretary; Thelma Webber, treasurer; Esther R. Parsons, Pauline M. Polinchuk, Edna M. Jacobson, Alice K. Heimlick, Goldie E. Snyder, Stella C. Bejenkowski, Courtayne B. White, Ethel M. Swan,

Margaret J. Fogarty, Elizabeth W. Hurst, and Annabell Gardell. They have since that time initiated over 300 women. They assisted in the installation of Tau chapter at Duquesne University in Pittsburgh in 1932. For lack of members they were inactive during 1934-1935. Christine Clement and Mary Wills are two Delta alumnae who served on the Grand Council, the former as Grand 3rd Vice-President and Grand Auditor during the early 30's and the latter as Grand Vice-President and as Member-At-Large during the 70's. In 1957 the School of Pharmacy at the University of Pittsburgh was fortunate to move into a new building. It is now part of the combined school of the Health Professions. The 50th anniversary of the Delta chapter in 1968 was celebrated with a dinner. In 1971 the curriculum was changed from 2 years pre-pharmacy and 3 years pharmacy to 1 year and 4 years. Thus two classes entered the school in the same year and Delta chapter had 55 members. In recent years, the fall term begins with rush parties and the "build-your-own-sundae" party has become quite a tradition. The celebration of Founder's Day is often shared with the Tau chapter at Duquesne University. The pledging ceremony is soon followed by the combined pledge project and major fund-raising activity, the LKS hoagie sale. Sales have been constantly on the increase and over one thousand 18-inch hoagies are made for each sale. It's held once each term and as it turns out, hoagie sales are as much a social event as a fund-raising event, involving virtually everyone in the pharmacy school, whether it's through making the hoagies or eating them. At least once a year the sisters put on their LKS T-shirts and challenge either one of the pharmacy fraternities or the Medicinal Chemistry Department to volleyball. The T-shirts

have also been worn for the past three years by about eight of the sisters who are Pitt's Womens Intramural Basketball Champions and who stand undefeated. The initiation dinner is always an enjoyable event, held just before final exams and Christmas vacation. The second term includes two professional programs: first Hygeia Day and then the University of Pittsburgh School of Pharmacy's Open House. The latter is an annual event for which the members of Delta chapter serve in every capacity ranging from chairwoman of the entire program to servers of refreshments. It is during this open house that prospective students are given a tour of the pharmacy school by the LKS members and other upperclassmen. Each year this chapter celebrates the year's end and honors graduating seniors at a student-faculty dinner-dance. Money is donated to Project Hope and also to the Christian Children's Fund, through which Delta chapter fosters a little Mexican girl. Pitt hosted the SAPHa regional convention in 1973 with most of the sisters attending. Now approaching its 56th anniversary, the Delta chapter is a happy group of Women in Pharmacy.

NANCY TWIGGER



### NO TIME FOR BROODING

"We seem to have made a litany of our troubles, a monotonous chant permeates our society ... This self-staged wake is disturbing because it is so untypical of Americans. We have been in worse trouble before, but never before have we taken it so hard. We are not a stoic people, but neither are we cry babies. Not until now, that is. The truth about the matter is we really don't have that much to cry about. Our country has never been and never will be perfect. We had a violent birth and have lived from crisis to crisis ever since. In the process of growing up, we invented a way of life that is the envy of the rest of the world ... This is all another way of saying that we should put down the crying towel, stop scourging ourselves, and look around. The rest of the world would settle for our problems in a flash. We may not be at the peak of our form but we are not falling apart, either. We have much to do and no time for brooding."

--West Columbia (S.C.) Journal



## LETTERS

### Dear Sisters of Lambda Kappa Sigma

I received a lovely chrysanthemum plant, a real golden color with a blue bow on the side of the container. It is lovely, and through you, I wish to thank the members and the Grand Council for it. It is certainly an unexpected gift, and will remind me for a long time of the thoughtfulness of friends in Lambda Kappa Sigma.

Fraternally,  
MARY LIVINGSTON

### Dear Sisters of Lambda Kappa Sigma

You are indeed very kind to be so nice to me who has not, to say the least been an active member. All my interest over the many years has been with my church and family and I'm afraid that's my only excuse.

Thank you so much for the many cards, etc. and for the beautiful chrysanthemum plant you sent recently. I love it.

I think you are contributing very much to elevating the profession of Pharmacy.

Gratefully,  
EMMA MacDONNELL CRONIN

### Dear Sisters of Lambda Kappa Sigma

I know that I am late in sending you all a "Thank You". I had difficulty in finding to whom to write. I didn't even write an article for the 60th anniversary bulletin. I have never been active in any lodge, not even Lambda Kappa Sigma. I did a little traveling up until two years ago when I fell in St. Croix and have never been up to par since. I do want to thank you, one and all, for the very lovely yellow chrysanthemum which was left at my door on Saturday, October 14, 1973, "Founders' Day". I know I did not deserve it, but many thanks anyhow.

Fraternally,  
ANNABEL C. JONES

# Collegiate Directory

## EASTERN REGION, PROVINCE I

- ALPHA** - Massachusetts College of Pharmacy, 179 Longwood Ave., Boston, MA 02215  
Pres: Denise A. Ducharme, 28 Arthur Ave., Dracut, MA 01826  
Sec: Nancy Lee Clark, 394 Riverway, Apt. 2, Boston, MA
- BETA** - Albany College of Pharmacy, New Scotland Ave., Albany, NY 12202  
Pres: Denise Williford, 366 Delaware Ave., Albany, NY 12209  
Sec: Nancy Tuthill, 181 Ridgefield St., Albany, NY 12208
- DELTA** - University of Pittsburgh, School of Pharmacy, Pittsburgh, PA 15213  
Pres: Patricia Weiss, 300 Craft Ave. Apt. #5, Pittsburgh, PA 15213  
Sec: Diann DeSantis, Box 1783, 3900 Forbes Ave., Pittsburgh, PA 15213
- XI** - University of Rhode Island, School of Pharmacy, Kingston, RI 02881  
Pres: Lynne Miller, Fogarty Hall-Main Office, U of Rhode Island, Kingston, RI 02881  
Sec:
- TAU** - Duquesne University, School of Pharmacy, Pittsburgh, PA 15219  
Pres: Mary Ann May, 540 Aspen St., Pittsburgh, PA 15224  
Sec: Diane Morris, S.M.C. 499 1345 Vickroy St., Pittsburgh, PA 15219
- ALPHA BETA** - University of Connecticut, School of Pharmacy, Storrs, CT 06268  
Pres: Karen Bergeson, Shippee Hall Box 9, U of Conn., Storrs, CT 06268  
Sec: Holly Martin, Hanks B, Rm 201, U of Conn., Storrs, CT 06268
- ALPHA THETA** - State University of N.Y. at Buffalo, School of Pharmacy, Buffalo, NY 14226  
Pres: Linda Kendziora, 181 Nadine Dr., Chektowaga, NY 14225  
Sec: Wendy Conover, 302 Montrose Ave., Buffalo, NY 14223
- ALPHA RHO** - Northeastern University, College of Pharmacy, Boston, MA 02115

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Sec: Ann Ghilardi, 516 S. 42nd St., Apt. C6, Philadelphia, PA 19104
- PI** - Rutgers University, College of Pharmacy, New Brunswick, NJ 08903  
Pres: Sandra Ann Ricci, 924 W. Front St., Plainfield, NJ 07063  
Sec: Linda Hancox, 7223 Fifth Ave., North Bergen, NJ 07047
- ALPHA ALPHA** - Temple University, School of Pharmacy, Philadelphia, PA 19140  
Pres: Deborah Strozeski, 100 Glenside Ave., Wyncote, PA 19095  
Sec: Judy Karns, Box 238 Jones Hall, Park Ave., Philadelphia, PA 19140
- ALPHA PI** - St. Johns University, College of Pharmacy, Jamaica, NY 11439  
Pres: Louise Szutowicz, 169-56 25th Ave., Whitestone, NY 11357  
Sec: Rosemary Leyden, 218-78 98th Ave., Queens Village, NY 11429

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- NU** - Drake University, College of Pharmacy, Des Moines, IA 50311  
Pres: Sally Lehman, 2201 26th St., Apt. 28, Des Moines, IA 50310  
Sec: Sue Harms, 1300 34th St., Des Moines, IA 50311
- OMICRON** - Wayne State University, College of Pharmacy, Detroit, MI 48202  
Pres: Joan Ballentine, 5001 Harding, Wayne, MI 48184  
Sec: Lucy Wilczynski, 33642 Colfax, Sterling Hts., MI 48077
- PHI** - Butler University, 4600 Sunset Ave., Indianapolis, IN 46208  
Pres: Annette Etter, 10975 Beechwood Dr., Indianapolis, IN 46280  
Sec: Angel Farinelli, 526 Blue Ridge Rd., Indianapolis, IN 46208
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Pres: Christy Lacy, 136 Travis Hall F.S.C., Big Rapids, MI 49307  
Sec: Mary Ann Van Bergen, 134 Travis Hall F.S.C., Big Rapids, MI 49307
- ALPHA MU** - University of Toledo, College of Pharmacy, Toledo, OH 43606  
Pres: Sandra Oberdier, 4306 Onondaga Rd., Toledo, OH 43611  
Sec: Kit Cramer, 2533 Drummond, Toledo, OH 43606

## SOUTHERN REGION

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Sec: Brenda Guy, 4260 Montevallo Rd., Birmingham, AL 35213
- ALPHA EPSILON** - University of Tennessee, College of Pharmacy, Memphis, TN 38103  
Pres: Cheryl Ann Smith, 810 Washington, #618, Memphis, TN 38105  
Sec: Mary Thomson, Box 289, 790 Madison Ave., Memphis, TN 38103
- ALPHA ZETA** - St. Louis College of Pharmacy, 4588 Parkview Pl., St. Louis, MO 63110  
Pres: Michelle Gaydos, 4109 Germania, St. Louis, MO 63116  
Sec: Regina Skees, 2131 Yale, St. Louis, MO 63143
- ALPHA KAPPA** - University of Georgia, School of Pharmacy, Athens, GA 30601  
Pres: Samee Ellerbee, 160 Chalfont Dr. #12, Athens, GA 30601  
Sec: Margaret Baker, Central Meyers Rm 314, U of GA, Athens, GA 30602
- ALPHA NU** - University of Kentucky, College of Pharmacy, Lexington, KY 40506  
Pres: Carolyn Wilson, 456 East Maxwell, Lexington, KY 40508  
Sec: Rhonda Brown, Box 16, Blanding I, U of Kentucky, Lexington, KY 40506
- ALPHA OMICRON** - West Virginia University, School of Pharmacy, Morgantown, WV 26506  
Pres: Michele Vigneault, P.O. Box 1234 Medical Ctr., Morgantown, WV 26506  
Sec: Paula Rocovich, P.O. Box 1011 Medical Ctr., Morgantown, WV 26506
- ALPHA SIGMA** - Texas Southern University, School of Pharmacy, Houston, TX 77004  
Pres: Willie Faye Myers, 3413 Vintage, Houston, TX 77026  
Sec: Doris Perry, 3201 Wheeler, Houston, TX 77004

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Pres: Patricia Gee, 555 - 34th Ave., San Francisco, CA 94121  
Sec: Connie Yang, 13185 Clairepointe Way, Oakland, CA 94619

- LAMBDA** - University of Southern California, School of Pharmacy, Los Angeles, CA 90007  
Pres: Lynn Ann West, 2268 N. Gower #3, Hollywood, CA 90068  
Sec: Vicki Bjorklund, Cardinal & Gold 747 W. 30th St., Los Angeles, CA 90007
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Pres: Nancy Gerstad, College of Pharmacy, Pullman, WA 99163  
Sec: Betsy Sharp, College of Pharmacy, Pullman, WA 99163

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Pres: Barbara Hobe, 1185 N.E. Lake Shore Dr., Corvallis, OR 97330  
Sec: Deborah Hart, 1813 N.W. Harrison, Corvallis, OR 97330

- UPSILON** - Idaho State University, College of Pharmacy, Pocatello, ID 83201  
Pres: Mary Wheatley, P.O. Box 570 I.S.U., Pocatello, ID 83201  
Sec: Charlotte Oberst, 607 Garrison House, Pocatello, ID 83201

- CHI** - University of Washington, College of Pharmacy, Seattle, WA 98105  
Pres: Joyce Tanac, 18533 Burke Ave. N., Seattle, WA 98125  
Sec: Sue Kent, 902 N.E. 93rd, #9, Seattle, WA 98105

- ALPHA LAMBDA** - University of British Columbia, Faculty of Pharmacy, Vancouver 8, British Columbia, Canada  
Pres: Linda Hensman, 6389 McCleery St., Vancouver 13, BC, Canada  
Sec: Margaret Dayton, 5389 Manson St., Vancouver, BC, Canada

- ALPHA XI** - University of the Pacific, School of Pharmacy, Stockton, CA 95207  
Pres: Marilyn Miller, 1305 W. El Monte #15, Stockton, CA 95204  
Sec: Lynn Marie Jensen, 850 W. Stadium Dr. #3, Stockton, CA 95204



# Alumnae Directory

## ALPHA - Boston, Massachusetts

- Pres: Mrs. Elsie Galgani, 271 Weston Rd., Wellesley, MA 02181  
Sec: Lorraine DuBois, 10 Liberty Ave., Lawrence, MA 08140

## GAMMA - Chicago, Illinois

- Pres: Mrs. Susan Mendelewski, 355 S. Bluff, 3D, LaGrange, IL 60525  
Sec: Kathleen Kaczowski, 1724 E. 48th St., Chicago, IL 60609

## EPSILON - Baltimore, Maryland

- Pres: Mrs. Shirley Greenberg, 3311 Smith Ave., Baltimore, MD 21208  
Sec: Mary Connelly, 6407 Liberty Rd., Baltimore, MD 21207

## ETA - Philadelphia, Pennsylvania

- Pres: Mrs. Marie Tice, 253 DiMarco Dr., Philadelphia, PA 19154  
Sec: Mrs. Caroline Jushchychyn, 504 Montana Ave., Aldan, PA 19018

## OMICRON - Detroit, Michigan

- Pres: Mrs. Mall Kionka, 42320 Malbeck Dr., Sterling Hts., MI 48078  
Sec: Mrs. Mildred Postlethwaite, 1719 Cresthill, Royal Oak, MI 48073

## TAU - Pittsburgh, Pennsylvania

- Pres: Miss Rosetta Manzione, 5317 White Oak Dr., Verona, PA 15147  
Sec: Mrs. Arleen Einloth, 117 Drexel Lane, Pittsburgh, PA 15214

## PHI - Indianapolis, Indiana

- Pres: Mrs. Linda Bray, 5918 Lindwood Ave., Indianapolis, IN 46227  
Sec: Mrs. Sharon Wilson, 5210 N. Park, Indianapolis, IN 46220

## CHI - Seattle, Washington

- Pres: Mrs. Beverly Schaefer, 8741 Seward Park, Ave. S. Seattle, WA 98118  
Sec: Mrs. Nancy Horst, 17404 Ashworth, Ave. N. Seattle, WA 98133

## ALPHA ALPHA - Philadelphia, Pennsylvania

- Pres: Mrs. Oksana Novitsky, 527 Northern Blvd., Box 219, Chinchilla, PA 18410  
Sec: Diane Jandl, 2517 Dunkerry Rd Apt. D-307, Cornwells Hts., PA 19020

## ALPHA BETA - New Haven, Connecticut

- Pres: Mrs. Gertrude Hintz, 70 Andrews St., New Britain, CT 06051  
Sec: Mrs. Dolores Schuster, 30 Colonial Lane, Wallingford, CT 06492

## ALPHA GAMMA - Birmingham, Alabama

- Pres: Mrs. Jane Patterson, 1223 Fairfax Ave., Bessemer, AL 35020  
Sec: Mrs. Kay Twilley, 1916 Old Creek Trail, Birmingham, AL 35216

## ALPHA LAMBDA - Vancouver, British Columbia, Canada

- Pres: Marguerite Yee, #204 - 5890 Balsam St., Vancouver 13, BC, Canada  
Sec: Barbara Hollins, #315 - 2125 West 2nd, Vancouver 9, BC, Canada

## ALPHA PI - Jamaica, New York

- Pres: Mrs. Edmonia Evans, 5605 Chimney Rock #6, Houston, TX 77036  
Sec: Margaret McKenna, 1570 First Ave., New York City, NY 10028

## ALPHA SIGMA - Houston, Texas

- Pres: Irma Mckinney, 8803 Scott St., Houston, TX 77051  
Sec: Delois Earle, 5151 Richmond, #124, Houston, TX 77027

## ALPHA XI - Stockton, California

- Pres: Katherine Owyong, 1628 Portola Ave., Stockton, CA 95207  
Sec: Sally Lee, 302 W. Benjamin Holt, #78, Stockton, CA 95207

## ALPHA ZETA - St. Louis, Missouri

- Pres: Betty Nyhof, 68 Weis Dr., Ellisville, MO 63011  
Sec: Mrs. Pamela Ehlers, 406 Friendly Dr., Red Bud, IL 62278

## PHOENIX - Phoenix, Arizona

- Pres: Stella Lechkun, 1504 W. Rovey, Phoenix, AR 85015  
Sec: Cecelia W. Furmaniak, 701 E. State Ave., Phoenix, AR 85020



## Blue & Gold Triangle

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MRS. LARRY EHLERS, GRAND EDITOR  
406 Friendly Dr., Red Bud, IL 62278