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SPRING 1975

Blue & Gold Triangle

LAMBDA KAPPA SIGMA -- INTERNATIONAL PROFESSIONAL FRATERNITY FOR WOMEN IN PHARMACY



First row left to right, Patty Giese, Ann Dinardi, Alice Bennett, Norma Hammons, Vi Husat and Judy Riffée. Second row Mary Guido, Anne Everly, Virginia Gaston, Elaine Tokarz, Irma Anido, Susan Meredith, Judy Owens, Helen Pavelich and Beth Mentzer.

A O alum chartered

March 13, 1975, will long be remembered by Alpha Omicron as an exciting day, for it marks the official founding of Alpha Omicron Alumnae Chapter of Lambda Kappa Sigma. The occasion was celebrated at the Hygeia Day Banquet with the Alpha Omicron collegiate chapter. It was a dual celebration, for it was the 15th Anniversary of the founding of Alpha Omicron Collegiate Chapter. A cocktail hour and dinner party at Lackeview Country Club in Morgantown, West Virginia, highlighted the festivities. All Alpha Omicron Alumni were invited to attend, and many were present. Judy Martin Riffée, Midwestern Regional Supervisor, presented the Charter and an Engraved Gavel to our chapter. This was especially thrilling for us because Judy was a member of our Alumnae Chapter. We were pleased to have Mary Grear, Southern Regional Supervisor, as guest speaker at the banquet. Also present were charter members of the Collegiate Chapter: Norma DeMary Hammons, 1st president of Alpha Omicron, and Mary Guico, charter member.

Judy Riffée conducted the ceremony and presented the charter to Judy Hickman Owens, our enthusiastic president, who accepted on behalf of our chapter. It was thrilling for all who attended: Judy Hickman Owens, President; Virginia Gaston, Vice-President; Patty Fox Giese, Secretary; Irma Anido, Treasurer; Mary Guido, Collegiate Advisor; Helen Pavelich, Assistant Collegiate Advisor; Anne Kremer Everly, Susan Payne Meredith, Beth Snider Mentzer, Elaine Tokarz, Norma DeMary Hammons, Alice Bennett, Ann Dinardi, Vaelia Karnoupakis Husat, and Judy Martin Riffée. Other guests included Mary Greer, Southern Regional Supervisor, Dean and Mrs. Louis Luzzi, Dr. and Mrs. Alfred Wojcik. Dr. Wojcik, LKS Patron very instrumental in founding the collegiate chapter, was presented a Plaque for this 15 years of dedication to Alpha Omicron.

Alpha Omicron Alumnae Chapter proudly boasts 15 charter members and a total of 25 dues paying members thus far. We are working hard to contact other Alpha Omicron Alumnae in hopes that they will join us.

President Judy Owens read congratulatory messages and presented the collegiate chapter with a 7 foot banner with the sorority emblem on behalf of the Alumnae Chapter. Judy Riffée, chartering officer, was also presented a gift of appreciation.

This marks the beginning of a long and active life for Alpha Omicron Alumnae Chapter. Already the Alumnae have hosted the collegiate chapter at an informal dinner at Judy Owens' house in September. Fund raising projects and other activities are being discussed. We are looking forward to attending the Biennial Convention in 1976. We hope the enthusiasm and support we have seen thus far will continue and that a bright future is in store for Alpha Omicron Alumnae Chapter of Lambda Kappa Sigma.

Husband dies

Many of us were saddened by the news of the recent death of Donald Luchtman, husband of former Grand Editor, Donna Luchtman. We extend our sympathy to Donna and her small children.

Adele's nostalgia

Founder told of beginning

ETHEL J. HEATH

June 6, 1875-Dec. 31, 1945

Have you often wondered how we really had our beginning? We sometimes wonder just what our Founder must have thought as she set about creating this wonderful organization of ours. Certainly she would be more than proud of us today and completely overwhelmed by the size of her beloved Lambda Kappa Sigma. Ethel J. Heath would have been 100 years old on June 6, 1975. What better way could we honor her 100th year than to tell you a little bit about this lovable lady.

She attended public schools in Malden, Massachusetts, and then enrolled in the College of Liberal Arts of Boston University, graduating in 1897 with a degree of Bachelor of Arts. Briefly she taught school but went into training at the Medford Public Library. She then joined the staff of the Brookline Public Library.

She was a Reference Librarian in charge of the Branch Libraries, one of which was near the drug store of a Trustee of the Massachusetts College of Pharmacy. In 1913 the College of Pharmacy was seeking a librarian and she was recommended for the position. Ethel Heath proved to be much more than a librarian. One of her first attainments was to lay the foundation of the organization known to us as Lambda Kappa Sigma.

At the 1932 convention in Philadelphia, Miss Heath was asked to talk about the history of Lambda Kappa Sigma and her ideals for its future. It is with great pride and respect that I relate to you the history just as she told it to the convention that night.

'I shall take you back with me now to the early fall of 1913. The Massachusetts College of Pharmacy was then still

occupying the old building in Boston which was erected for it away back in 1886. It was less than five minutes walk from the up-town railroad station and our famous Copley Square where the great Public Library and the huge Trinity Church face each other across the green.

On the main floor of the old cottage building two small connecting rooms, an ante-room with a Study beyond, were set aside for the use of the women students. Fifteen girls were registered for the session of 1913-14, but two of the seniors had already completed the course except for certain examinations, so only thirteen girls were actually in attendance, three seniors and ten juniors. Those were the days of the two-year course in pharmacy schools, but the Massachusetts College included in its catalog that year for the first time a schedule for a three-year arrangement of the subjects of the two-year course. That year and for 10 years thereafter many matriculants, both boys and girls, registered for this three year arrangement, thereby gaining extra time for practical work in the stores.

Chapters of two pharmaceutical fraternities--Phi Delta Chi and Kappa Psi were established at the College some years before the session of 1913-14, but there was no organization among the girls. Years before that, back in the 'gay nineties', in fact when there were sometimes more girls in the school, there had flourished a society called the 'Women's Club' which was still alive in the earliest years of the twentieth century, and then somehow had gone out of existence. It was probably that club which put in place most of the things the girls of 1913 found in the Study: a round oak dining-table of the extension type, an oak china cabinet well filled with dishes in floral design, a leather covered couch with large rocker to match, a 'morriss chair', several leather-seated side chairs, and, in an alcove at the end of the room two huge

wooden chests for storing utensils, party decorations, etc. The College added several small arm chairs. The ante-room boasted an ice chest and a kitchen table with a two-burner gas plate on it.

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I would like to thank the Grant Committee, my many friends, and members of Lambda Kappa Sigma for honoring me as the 1974-75 recipient of the Dr. B. Olive Cole Graduate Educational Grant. I am very happy to have been chosen for this award.

I have been practicing as a Community Pharmacist and attending classes at St. John's University. In May I will receive my Master's degree in Pharmacy Administration. I would like to pursue a career in Marketing Research within the pharmaceutical industry and also hope to teach Pharmacy Administration in college.

Again, thank you to all my friends in Lambda Kappa Sigma, Alpha Pi Alumnae Chapter and St. John's University for making this possible.

VIRGINIA J. GALIZIA
Alpha Pi Alumnae Chapter

Cora E. Craven Educational Grant Recipients



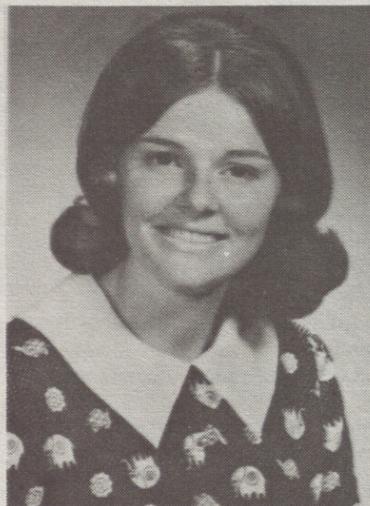
GAYLE ANN HERRIT: A member of Tau Chapter is paying for her own education by means of work and borrowing money from various Educational Loan Funds. She has been on the Dean's list while at Duquesne having previously attended Clarion State College with an Excellent Academic record. At present she has been awarded the responsible job of Resident Assistant in one of the residence halls. She is President of Interdorm Council, Vice President of Residential Affairs, President of Senior Women's Honorary (Sigma Lambda Delta) on Program and Social Committee of Lambda Kappa Sigma and Chairwoman of Publicity Committee of S.A. Ph.A.

To the Educational Grant Committee:

I would like to take this opportunity to thank the Fraternity for the Cora E. Craven Educational Grant which I received. It is an honor to receive such a grant as a member of Lambda Kappa Sigma.

I shall put the Grant to good use in this coming semester for tuition and books. It will be used to further the goals of our fraternity in the pharmacy profession.

Fraternally,
GAYLE ANN HERRIT, Tau



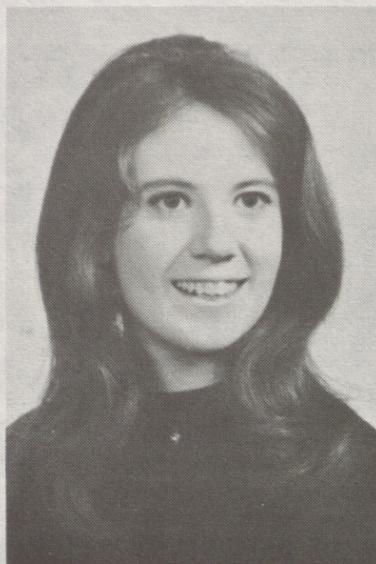
PATRICIA ANNETTE REED from Alpha Kappa Chapter was elected Vice President, but at present is serving as president since the elected president is not on campus this quarter. She has done an excellent job in this capacity and is so enthusiastic about the Fraternity. Patricia's family have financed her education by raising 20-25 head of beef cattle. Due to the slump in cattle prices, high cost of feed, baling wire and grain, they have taken a high loss. Disease entered the herd and this has depleted her educational funds. She is working during her school year for added income but continues to maintain an above average academic record.

To the Educational Grant Committee:

I would like to express my sincere gratitude and appreciation to the Cora E. Craven Educational Grant Committee for selecting me as one of the recipients. The arrival of your decision will be a day well remembered for many years to come. This grant for tuition and books is a great help. The fine leadership of the Grand

Council Officers and the increasing number of women in pharmacy offer a bright and rewarding future for the LKS Fraternity. I am very proud to be a member of this organization and will continue to give the fraternity the very best of my efforts in the years to come.

Fraternally,
ANNETTE REED, Alpha Kappa



DEBORAH SUSAN HART from Rho Chapter has financed most of her own education. She is a senior in the 5 year pharmacy program. She has been a most active lady in many functions and organizations of the school of Pharmacy over the last three years. She was active in the Lambda Kappa Sigma Cancer Drive in 1973-74, she was chairwoman in 1974, she is very active in S.A. Ph.A. Red Cross blood drives and other pharmacy activities.

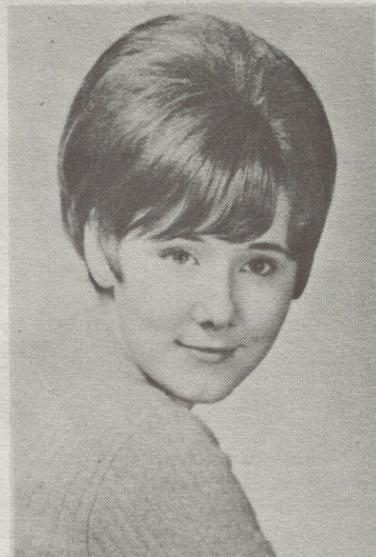
To the Educational Grant Committee,

I wish to express my appreciation in being one of those awarded the Cora E. Craven Educational Grant. It is truly an honor for me as I know there are so many active LKS members across the nation from which to make a selection. The grant has helped me in my efforts to finance my education without placing a strain upon my family's financial position.

I will always uphold my ideals and principles as a member of LKS, so that the fraternity may always be proud of bestowing this award upon me. I hope to continue in the spirited efforts and fine traditions of Lambda Kappa Sigma in my future to further the contribution by women to the field of pharmacy.

Thank you again.

Fraternally,
DEBORAH S. HART



WANDA MILLA from Alpha Zeta Chapter is a fourth year student who is working to defray college expenses. Due to the serious illness of her father she must depend on other sources for money. She is active in school and Fraternity activities including the student-faculty liason committee, class secretary, Fund raising and civic projects of Lambda Kappa Sigma.

To the Educational Grant Committee:

I would like to thank everyone on the committee as well as every member of Lambda Kappa Sigma for honoring me with the Cora E. Craven Educational Grant. The award came as quite a surprise

and a wonderful Christmas present. It will be a great help financially for the coming semester, and I will never forget the generosity shown to me.

Fraternally,
WANDA MILLA, Alpha Zeta



JAMIE RAE ROSSANO from Alpha Omicron calls New Castle, PA. her home so she must pay out-of-state tuition to West Virginia Medical Center and University. She will have accumulated \$10,000 in loans when she has completed her education, because she has had to depend upon herself for the acquisition of college money. She has obtained a 4.0 average in pharmacy school. She is devoting some time to S.A. Ph.A Drug Abuse Committee.

To the Educational Grant Committee:

I feel very honored to have been selected a recipient of the Cora E. Craven Educational Grant. I would like to personally thank Lambda Kappa Sigma and the Cora E. Craven Educational Grant Committee for awarding me this grant. I will strive to continue to uphold the honor of this award and my enthusiasm in pharmacy throughout my schooling and throughout my entire career as a pharmacist.

Thank you very much for your kindness and help. I am proud to be a member of LKS and I am proud to be a woman in pharmacy!

Fraternally,
JAMIE ROSSANO, Alpha Omicron



MARSHA MAKAREWICZ from Alpha Pi Chapter is an above average student at St. John's University. Marsha is earning her education by working and applying for Health Profession Loans. She was a 1973-74 Historian for Alpha Pi Chapter, has worked on several fund-raising activities, and on several committees for the upcoming dinner-dance.

To the Educational Grant Committee:

I would like to send my many thanks to you and to our Fraternity for choosing me as one of the recipients of the Cora E. Craven Educational Grants. I will be using the Grant in the spring to help pay the high cost of books needed to pursue our profession.

Thank you again and may God help you to continue your work of charitably helping others.

Fraternally,
MARSHA MAKAREWICZ, Alpha Pi

MARGIT HARRISON
Chairman of Cora E. Craven
Educational Grant Committee



Regional meetings

THE EASTERN REGIONAL MEETING

The Eastern Regional Meeting will be held in Philadelphia the weekend of September 26th, 27th and 28th at the Holiday Inn near Independence Mall. Penny Holl, chairperson, may be contacted c/o of Eta Chapter, Philadelphia College of Pharmacy and Science, 43rd St. and Kingsessing Mall, Philadelphia, PA 19104. The registration fee will be \$17.50 which will include brunch and dinner on Saturday as well as some "hospitality." Both Provinces of the Region are cooperating in one meeting, and Alpha Alpha and Eta chapters are co-hosting the weekend. Come and enjoy the pre-bicen events in LKS and in Philadelphia. Hotel information will be sent to the Eastern Chapters at a later date.

SOUTHERN REGIONAL MEETING

Plans are now being made for the Southern Regional Meeting at the University of Kentucky. The regional meeting will be held October 17, 18 and 19. Due to the Keeneland Fall horse races being scheduled for the month of October, the hotels are hesitant to commit themselves so far in advance until regular visitors reservations are confirmed. A decision will be made in the next couple of weeks.

Committees have been established to set up an agenda for the regional and to collect monies that will be needed for activities for that weekend. We have tentatively agreed upon a \$15.00 registration fee pending the information we find regarding rooms. Some of the activities we are considering include a trip to the races, a tour of a Bluegrass horse farm, panel discussions concerning some topic on pharmacy and women, and a keynote speaker.

The tentative program is as follows:

October 17, 1975 Friday: arrival of girls --registration --meeting with speaker --social hour.

October 18, 1975 Saturday: breakfast --meeting with panel discussion --lunch --trip to Keeneland horse races --banquet with speaker --party.

October 19, 1975 Sunday: breakfast --informal meeting --departure.

Well Sister Lambs, the Alpha Nu Chapter hopes all the members in our region will try to make the trip. It will be worth your while!!! Information will be sent out to our region members concerning the details of the convention. We also would like to extend a little southern hospitality to not only sisters of the Southern Region but to ALL SISTERS!!! "You all come."

**WESTERN REGIONAL MEETING
SOUTHERN AREA**

The Western Regional Meeting will be held in sunny California on June 6-8th (Fri.-thru Sun.), in Los Angeles. We are looking forward to seeing all girls from the Alpha Xi Collegiate and Alumnae, Zeta Collegiate, and Phoenix Alumnae, and of course anyone else wishing to attend. The girls attending will be guests at the Holiday Inn-LA, 1640 Marengo, Los Angeles, Calif. 90033. This is right across the street from USC's School of Pharmacy where we will be holding the meetings and workshops. The hotel rates are \$25.44 per night for a room with two double beds which two or four girls may share. Lambda Chapter will be on hand to provide transportation on Friday for the guests arriving at LA International Airport, so please notify us as to your time of arrival and flight number. Maps will be sent to each chapter for those wishing to drive into LA. The hotel is just off the San Bernardino FWY.

Lambda Chapter has set-up the following schedule for the meeting:

Fri.: Arrival of guests, hospitality, registration.

Sat.: 9:30 a.m. Registration; 10-12 Meeting; 12-1 p.m. Lunch; 1:30-2:30 p.m. Tour of Pharmacy Campus; 2:30-4:30 p.m. Meeting; 6:30-8:30 p.m. Dinner provided by Lambda Chapter; 8:30-9 p.m. Professional speaker; 9 p.m. Photos-free time.

Sun.: Departure of guests.
We are asking a \$10.00 registration fee to cover the cost of dinner, speaker, photographer, hospitality, coffee & doughnuts, and related expenses. We will also

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News from Our Chapters



ALPHA

It's hard to believe that the year is once again half over. Alpha Chapter has managed to fill the time since September to capacity.

We've managed to get closer to our fellow fraternities this year. Phi Chi has asked our aid in developing a rather extensive VD program to be presented in local colleges and high schools. This program has been presented successfully a few times with more presentations planned. Also, LKS, Phi Chi, KAPPA PSI, and the Rhopes sponsored a dance for the whole school to initiate some fraternity fun. Dee Ducharme, one of our alumnae members played in the band that got everyone dancing.

Pledge period went well this year. We had 10 enthusiastic pledges this year who good-naturedly wore blue & gold beanies. After a rather rigorous hell night, they now are adding their talents and energy to the fraternity.

During the year, we had 3 meetings with the alumnae--once for bingo, once for business, and once to see a movie on drug overdose treatment sponsored by Lilly.

Our money-making projects were a slave auction, and our traditional sub sale. Our subs have such a good reputation that Phi Chi asked us to feed them on their "hell night".

PAM OWENS

DELTA CHAPTER

To celebrate Valentine's Day, the sisters of the Delta Chapter held their Annual Dinner-Dance at the Duquesne Golf Club in Pittsburgh. The record attendance by the sisters and the faculty was quite a reward for the time and effort made by them to make the event enjoyable for everyone.



The sisters of Delta Chapter hard at work making their delicious "Hoagies".

All of the sisters worked so diligently this past year, slicing onions and tomatoes and all of the other ingredients for our traditional "Hoagie" sale, and selling raffle tickets by the bushels. We worked very hard, but the amount of cooperation among the sisters was the most important factor for our success.

Presently, we're planning a display for Pitt's annual Pharmacy School Open House which is held for prospective pharmacy students. And our topic is "Women in Pharmacy", of course!

KAREN FISCHER

ETA CHAPTER

With the sisters well into another semester, Eta Chapter is busy organizing many activities. In February, we have plans for our Parent's Day, with Mrs. Edith Pawling as our guest speaker. She is one of Eta Chapter's Fifty Year Initiates. All of our sisters are looking forward to Kappa Epsilon's Sweetheart Dance because one of our sisters, Ann Ghilardi, has been chosen as Kappa Psi's Sweetheart. Best of luck to Ann.

In March, the sisters will be jumping rope from dawn to dusk for a week as a fund raising project for Cystic Fibrosis. Also in March, we will be celebrating Hygeia Day with a speaker from Women Organized Against Rape. Our alumni chapter is helping us in sponsoring this project.

Many of the sisters are looking forward to Kappa Epsilon's Sweetheart Dance.

Many of the sisters are looking forward to our Dinner Dance in April, to be held at the Latin Casino, in New Jersey. Also in April, the senior, besides looking forward

to graduation, will also be awaiting the senior dance.

Our adopted little sister, Melissa, celebrated her seventh birthday in December, and is writing to us of what she is doing.

Participating in all of these activities will be our 13 pledges, best of luck to them.

Eta Chapter is happy to announce the nominations of these sisters to Who's Who Among American Students; Patricia Hedrick, and Betty Harris.

We hope to meet with many sisters at the SAPHa convention in San Francisco. See you then.

BETTY HARRIS

TAU CHAPTER

Greeting from Tau Collegiate Chapter! This spring semester has been busy but a lot of fun. We started off the new year by attending the Tau Alumnae's Third Annual Scholarship Banquet. They generously gave three scholarships to members of our Tau Collegiate Chapter. The recipients were: Sylvia Petrassevich, Diane Morris, and Antonietta Sculimbrenne. We are also proud of Gayle Herrit, a recipient of the Cora E. Craven Award. Congratulations Gayle! We also installed the new officers elected in December, who are: Diane Morris, President; Mary Ann Redznak, Vice President; Vicki Dancha, Treasurer; Vicki Gould, Secretary; Gayle Herrit, Pledge Mistress; and Janice Low, Historian.

The following week we held a hoagie sale to help us finance future projects. The last week in January we held two rush parties. The first was an ice cream party and the second was a formal rush. Pledging started the following week. Our pledges sold Penny Candy and Hot Pretzels to help finance their pledge fees.

During the month of February we elected a new sweetheart, John De'Balko. We also nominated Gayle Herrit as a candidate for Military Ball Queen. To vote for the candidate money is collected with each penny representing one vote. All of this money is used for McClosky Scholarship Fund. Late in the month we're all looking forward to a Wine Tasting Party sponsored by the Tau Alumnae.

March will be an extremely busy month. On March 6, we're hosting a professional program entitled "The Role of Women in Pharmacy". Its purpose is to familiarize female pharmacy and high school students with the many different aspects of our profession. Later in the week we will be acting as hostesses for the School of Pharmacy's Open House. Soon afterwards we're having a combined initiation and Senior Dinner. Our two new sisters are Mary Perrine and Martha Sibert. We're excited that they've joined but we're sad to see our graduating sisters leave our flock. Good luck to them in the future!

In the middle of March we will be attending a Hygeia Day program sponsored by the Tau Alumnae. Mr. John Hickton, the District Attorney, will be speaking on rape. Soon afterwards we are holding a Sweetheart dinner date dance, at the Hospitality Motor Inn. Finally in April we will hold a raffle for project HOPE. The afghan to be raffled was made and donated by Gerri Manzione. The end of April will find us busy with finals and looking forward to a vacation. So best wishes to all from the sisters of Tau.

PHI CHAPTER

The women of Phi Chapter extend a fond greeting to their sister "Lambs". We have been very busy organizing and carrying out activities for this new semester.

We had formal pledging on Sunday, February 2, and welcomed six potential "Lambs". We've set a date in March for initiation and the pledge class is busily underway learning their lessons.

We sponsored a book sale for the Antibiotics class and it turned out to be a very profitable money making project. Another project under way is selling tee shirts to the College of Pharmacy. The shirts will sport the renown and true (?) saying of "Pharmacists Do It Better!". We feel sure this will go over big especially with the guys.

For Hygeia Day we plan to have the people from the American Cancer Society present another talk on breast cancer. We're sure we will have a better turn out this time.

The Fourth Year class is to visit the Parke-Davis Co. at the beginning of March and we are all looking forward to the trip and the break away for a few days.

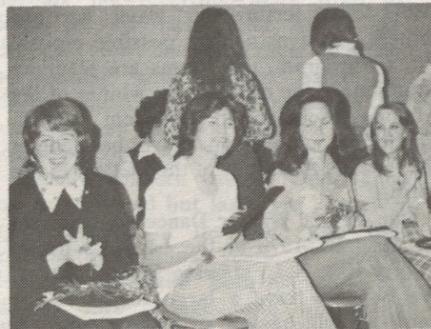
We hope everyone has a nice Valentine's Day and we'll talk to you later.

NICKIE HUBER

ALPHA ZETA CHAPTER

Our new officers: President, Barb Mollerus; Vice President, Charlie Porter; Treasurer, Marsha Powers; Recording Secretary, Michelle Bonino; Corresponding Secretary, Cathy Paynic; Chaplain, Deby Roby; and Historian, Char Schluter; got the second semester rolling and did a good job moving into their offices.

With Smoker getting close we had a get together of prospective pledges at the Ground Round and managed to eat dinner between flying peanut shells and popcorn seeds. A few of us spent a Sunday afternoon making favors from old ring toss discs and dried flowers for our Smoker. We did not know we could be so creative in flower arranging. We held our Smoker at The Sheraton-Jefferson West Port Inn with 25 prospective pledges attending. Our speakers and actives must have been effective because we had 14 girls attending our Bid Ceremony. Afterward, we took our little sisters to Cyrano's to put a little fat on their bones with those huge desserts.



Several Alpha Zeta Pledges receiving their pledge material, LKS Tams and a yellow rose.



Alpha Zeta pledges smiling and waiting in line because they just "Can't Wait" to start pledging!

The pledges got to know each other better by working together on two Bagel sales and a Carnation sale on Valentine's Day. They also had a surprise birthday party for all the sisters whose birthdays were in February, but especially for Mrs. Haberle's birthday. They ended their pledge meetings on the Sunday before initiation with a spaghetti dinner at their pledge Mother's house. And finally all pledging ended on Feb. 21st when we initiated our new members and each girl received her lamb and pin.

Our professional program for Hygeia Day is going to consist of a poster contest pertaining to Poison Prevention Week. The posters will be displayed the week before Poison Prevention Week at school and will be judged by faculty members. We will distribute the posters among Pharmacies in the area for display during Poison Prevention Week and will provide one large question and answer poster for our school. It will contain a poison and its antidote and we will add a new poison and antidote each day for the five days of Poison Prevention Week.

The biggest project this semester is our house. This is our first house and it is located about 4 houses from the dorm. So far, we have only been able to order our paint and wall paper because the maintenance man has not finished his work, but everyone is excited and anxious to get working so we can move in by May. We can finally say we have a place that is just ours.

CHAR SCHLUETER,

ALPHA NU

Greetings Sister Lambs!!! Well, the Alpha Nu Chapter once again has started the year off busy as bees. After our long Christmas Break, we all came back to school ready to work hard. First of all, we initiated our 19 pledges as members at an initiation party which we ended up having in our Pharmacy Library. Secondly, we had our election of officers in which the following people were elected:

President, Rosie Chapin Cochran; 1st V.P., Lisa Flener; 2nd V.P., Sharon Stevens; Rec. Sec., Pat Hargrove; Cor. Sec., Susan Haws; Treasurer, Marilyn J. Howard; Historian, Debbie Smith; Chaplain, Kristy Gregory.

Congratulations to our new officers!!! Our new officers officially took office on February 6 at our annual steak banquet where we celebrated our change of officers.

At our February 12 meeting we started our Poison Prevention Committee. They are working with our other 2 fraternities on various projects involving the elementary schools in the Lexington area. We also planned our Hygeia Day Program, and we have decided to make Easter baskets for the little children's ward at our Medical Center which we will distribute a couple days before Easter. Also, we are donating \$20.00 each to Project Hope, March of Dimes, and our Cancer Fund here at the University of Kentucky. Last, but most important of all is that we have really been working on our Southern Region Convention Plans. Well here it is Sister Lambs--a tentative schedule of our Southern Region Convention included in this Triangle.

Our best wishes to our Sister Lambs.
ROSIE CHAPIN COCHRAN

ALPHA XI

The Alpha Xi chapter of Lambda Kappa Sigma has had one of its busiest semesters this winter. It started off with the installation of four new officers: Anne Gardoni, President; Joan Hartsough, Corresponding Secretary; Janette Kimoto, Historian; and Nona Berry, Recording Secretary.

We held two major rush functions--a macrame party and a fondue and Valentine's Day party. At the first rush function everyone made small wall hangings to be donated to a convalescent home in Stockton. At our Valentine party the rushees made two large valentines, one for each of the pharmacy fraternities.

Our pledge pinning was held on February 19 when we welcomed 23 new girls, one of the largest pledge classes this chapter has seen. Initiation will be held on March 16, right after our annual senior breakfast.

During March we held two OTC Awareness booths. The first one, held on March 1st and 2nd, was set up at Weberstown Mall, a large enclosed shopping center here. The second one was set up at the University Student Center on the main University of the Pacific campus. The purpose of these booths is the counsel people on the non-prescription drugs they are taking and to advise them of certain side effects or drug reactions they should watch for, etc.

For Hygeia Day, we set up a convocation at which Beverly Blum, President of San Joaquin County Planned Parenthood, will speak. This will be held on March 13 so that more people can attend.

This year we are also starting an annual Women's Convocation, entitled "Women in the Profession of Pharmacy." This year we have Mrs. Harriet Catania speaking representing hospital pharmacy, Dr. Jean Matuszak and Mrs. Jolean Lakso representing research and teaching, and Ms. Mary Munson, CPhA (California Pharmaceutical Association) President representing the political-organizational aspect of pharmacy. We hope to get women from all different fields, with different types of experience for these convocations in the future.

Finally, we would like to congratulate Fan Lau, this year's recipient of the Ethel J. Heath Key.

JANETTE KIMOTO
Historian

MOVED? NEWLY MARRIED?

If you change your address or name please notify The Grand Editor before the change is made so you will be sure to receive your Blue & Gold Triangle. Send your Address or Name change to:

Pamela Ehlers
406 Friendly Dr.
Red Bud, IL 62278

ALPHA ALUMNAE

Greetings and best wishes that the New Year is filled with blessings for all of you.

Several Alpha Alumnae sisters enjoyed Christmas far from home. Ruth Flaherty spent the holidays in Rochester, Minnesota, where her nephew Alan Sessler and his wife are doctors at the Mayo Clinic. Chris Gosselin and her husband Ray vacationed in beautiful Hawaii. Those at home gathered for our traditional celebration and Yankee Gift Swap at Elsie Gassiraro's home. During the February vacation Lorraine du Bois and Janet Kelly O'Grady will be skiing in Vermont. Barbara Fitzpatrick was a guest on the Sonya Hamlin television program on January 10. She participated on a panel on the Rehabilitation of the Mastectomy patient, discussing types of prostheses.



Alpha Alumnae, Barbara Fitzpatrick (left) and Pat Pentleton (right) the guest speakers at the Annual Post Christmas Party.



Alpha Alumnae attending the annual Post Christmas Party on January 7, 1975.

Barbara will also be teaching a class on Rehabilitation at the Boston University School of Nursing and the Shephard Gill School of Practical Nursing. Gloria Alvino and Barbara are active members of the American College of Apothecaries, and attended their recent convention in St. Louis. I was privileged to be able to attend the ASHP Midyear Clinical Conference in Miami in December.

Our sympathy is extended to the family of Dorothea Ohmart, a honorary member, for her recent death. Dot was the wife of Leslie Ohmart who for many years was the Chairman of the Department of Pharmacy at M.C.P.

Plans have been made for a joint meeting with the collegiate chapter in February with a film on the Treatment of Acute Drug Overdose to be shown. In March we are looking forward to a fine gathering for a theatre party at the Farmingham Chateau de Ville.

Let me in on any news you would like to share! I would be happy to hear from you.

MARY ELIZABETH SLACK

ETA ALUMNAE

Greetings Sisters:

On December 3, 1974, the Eta Alumnae held a Christmas Party for the Eta collegiate seniors at the Philadelphia College of Pharmacy and Science (PCP&S). Eleven collegiates attended. The Alumnae baked their favorite Christmas desserts and enjoyed putting on the calories. We also raffled off a ceramic Christmas Tree donated to us by Marian Ricardo.

On January 8, 1975, we had an executive dinner meeting at the home of our secretary, Marie Tice. It also gave the Alums a chance to participate in the "conserve-energy car pool". We sent the pictures on our Christmas cards to a Children's Mission in India which they will use to make gifts to raise money for the mission.

At our February meeting, we plan to have Dr. Mirman lecture on the various methods and procedures of taking and detecting hypertension. This meeting is in preparation for our professional program



Installation of ETA's Alumnae Officers. Left to right Treas.: Carolyn Jushchysyn; Sec.: Marie Tice, V.P. Gerry Barnes, Pres.: Ruth Brown.



Christmas Raffle. Picking winning ticket Marion Ricardo and President Ruth Brown.

which we intend to implement this Spring to be called High Blood Pressure Educational Program to be conducted in conjunction with the Eastern Pennsylvania Heart Association.

Our March 12, 1975 Hygeia Day Program will be co-sponsored with the collegiates. We will have a representative of the Women Organized Against Rape (W.O.A.R.) lecture on ways we can protect ourselves against possible rapists. At this program, the Alums are planning to announce the name of the winner of the Alumnae Scholarship Recipient Award. The formal announcement will be made at the Awards Assembly of the PCP&S in the spring.

Our Annual Dinner Dance will be held on April 12, 1975 at the Latin Casino in Cherry Hill, N.J., starring Robert Goulet. We hope to have a large turn-out. We know we will have a swinging time.

Don't forget the Yard Sale on June 7, 1975!!!

GERRY BARNES

OMICRON ALUMNAE

Greetings from your Motor City sisters. In January 40 Alums and friends attended Wayne State's Hillberry Theatre to see the very funny "The Magistrate". It was a mini money-raising event, too. Our January business meeting was at Nina Krasity's and a Pfizer representative showed a film about acupuncture.

We all enjoy a dinner meeting and Marguerite Ziesch is planning one for us the end of February at Shephard's Inn. Our Hygeia Day program is usually well attended and Muriel Frasier is hosting it at Harper Hospital.

The program will include a tour of their new section and we hope to have a guest speaker.

Since the next Biennial will be in our area I am sure that future meetings will center around it. Good health to all of our sisters and good luck in all your activities.

GEORGIA RANDINITIS



Pictured from left to right are: Rosetta Manzone, President, Tau Alumnae Chapter; Silvia Petrassevich, Scholarship winner; Dean Bruce Martin, Duquesne University, School of Pharmacy; Diane Morris, President Tau Collegiate Chapter and Scholarship winner; Toni Sculimbrene, Scholarship winner.

TAU ALUMNAE

Hello from the Golden Triangle, Pittsburgh, Pa. On January 14th Tau Alums had their annual banquet to award three scholarships to undergraduate members chosen to be recipients by Dr. Bruce Martin, Dean of Duquesne University School of Pharmacy. The money for these scholarships was raised at our November card party. The winners this year were Silvia Petrassevich,

Antoinetta Sculimbrene and Diane Morris, who is also the new president of the Collegiate Chapter. Antoinetta (Toni) is the younger sister of one of our Graduate sisters, Mitzi. Silvia is a fifth year student having come to this country from Romania with the aid of Dr. William F. Mattox, Chancellor of the Lubbock Christian College in Lubbock, Texas. Dr. Mattox also is responsible for Silvia's first year scholarship which helped her in Pre-Med.

Our long suffering treasurer, Sally Corey spent the brunt of the winter in Sunny Florida. She took off in January for three weeks using her own funds, naturally, for a combined rail and auto trip.

A few of our sisters, led by our fearless leader, Rosetta, have been helping the Duquesne University School of Pharmacy Phone-A-Thon to raise money to fund a chair in Pharmacy. So far Rosetta and her real life sister, Gerrie Manzone have done a lion's size job manning the phones on the various nights of the Phone-A-Thon.

We are next looking forward to a wine tasting party at the end of February sponsored by the Christian Brothers and a talk by the Allegheny County District Attorney, John Hickton in March. The D.A.'s topic will be "Rape and What You Should Do". In April, the alumnae chapter will honor the collegiate with a Senior Banquet, and, in May we plan to go to the Meadows Race Track.

LYNN F. SOLTIS

PHI ALUMNAE

The sisters of Phi Alumnae Chapter send our greetings to you, as we share some of our activities of the year. After individually busy and interesting summers, we held our first meeting in September; we discussed the convention happenings and also the plans and accomplishments of various committees.

To our October meeting, we invited all women students at Butler University College of Pharmacy to attend a "Dessert Fling." Everyone had a pleasant evening --- alums, collegiates, and prospective pledges --- then members held a short Founder's Day ceremony.

Other fall and winter meetings featured programs on such topics as: Wine Tasting, A Pharmacist's Role in the VD Problem, and Continuing Education Requirements.

For the Hygeia Day celebration, we have arranged a program on campus, open to the public, to provide information on emergency life-saving techniques for cardiac or respiratory crises.

Remaining for this year are several more important functions and pleasurable occasions. The chapter elects and installs new officers this spring. We plan to honor the graduating collegiates at a banquet. Then, the final meeting of the year will feature our popular annual "Salad Treat" pitch-in dinner, to be followed by a travelogue given by two of our members who recently visited Moscow.

We alums of Phi Chapter also wish to extend a hearty welcome for any Lambs who attend the Indy 500 to get in touch while they are visiting our locale.

KAREN ROBERTS

CHI ALUMNAE

We began the new year with election of officers. They are: President, Phyllis Henneberry; Vice-President, Mary Kuehn; Secretary, Nancy Horst; Treasurer, Sandra Mattson. Also several alums attended Chi Collegiates' initiation of 16 girls and the dinner following at the Spaghetti Factory.

Since continuing education for pharmacists is now mandatory in the state of Washington, we have been putting more emphasis on professional programs that can be used for C. E. credit for our members. In November Christine Deliganis, Master of Hospital Pharmacy spoke on "A Pharmacist's Role in a Hospital Centered Family Practice Clinic". She was the first pharmacist in this clinic sponsored by Doctors Hospital, and set up pharmacy and the clinical pharmacist's role with outpatients. The pharmacist also does clinical work in the hospital when the outpatients become inpatients.

Our program in February featured Dr. Mike MacCamy (a pharmaceutical chemist) who spoke on "Nuclear Medicine" as practiced at Seattle's Swedish Hospital. This is an area with which most of us are not familiar, and his talk and slide presentation explained it very clearly. Radioactivity tagged chemicals are put into the body and "Scanned" by a special machine which then draws a computer

picture of the particular body area under study. These pictures are of great help in diagnosis. The radio-chemicals are rarely used for therapeutic purposes.

In March we will have a film on depression. We'll be busy with our annual rummage sale, presentation of a scholarship to a Chi collegiate sister and our dinner for graduating Chi girls, and Hygeia Day program.

Wishing all Lambs a happy spring and summer.

NANCY HORST

ALPHA ZETA ALUMNAE

Since the last news, the collegiate and alums gathered on the riverfront at the Goldenrod Showboat with their husbands and dates for a night out. The villain show was quite hilarious and the food delicious. It was a great chance to get acquainted with the collegiates.

The Smoker was held at Sheraton Westport on January 15th. We were really excited that the collegiates were instrumental in getting 14 of us together with the prospective pledges. Karen Kuchner topped the evening off with an award to Dr. J. E. Haberle, naming him an official patron of Lambda Kappa Sigma. Dr. Haberle, Marilyn's husband, is head of the Pharmacy Department at the St. Louis College of Pharmacy. His help with the National Convention and aftermath thereof has been invaluable to the chapter.

An Alum-Collegiate Get-together in April with our husbands and dates will give us a chance to try different covered dishes and get acquainted with the newly initiated collegiate members. We are looking forward to the Mother-Daughter banquet on April 13th at Trader Vic's.

We also had a shower for our "Mother-to-be-President" after the last meeting. Sheri (Whiting) was totally surprised!

Many of us attended initiation of our new collegiate members. In fact Sheri was present and had her baby, Luesa Lynn, the next morning at 11:30 a.m. Congratulations Jim and Sheri!

KEVEN LYNCH

ALPHA PI ALUMNAE

Sunday, January 5, we attended the matinee of the "Nutcracker" at Lincoln Center. The sisters, relatives and friends who were present just loved the performance. Good luck to the undergraduate chapter of Alpha Pi who will be holding a dinner dance at the Jericho Manor on February 15.

Ginny Galizia and I plan on attending the Annual meeting of the American Society of Hospital Pharmacists and the American Pharmaceutical Association in San Francisco in April. I attended the ninth Annual Midyear Clinical Meeting of the American Society of Hospital Pharmacists in Bal Harbour, Florida in December. It was a very enjoyable and educational trip. After the convention, I spent a fun-filled day at Disneyworld in Orlando, Florida. Pat Harris Hemmer was in New York City for a visit with her husband Carl, when he spoke at a meeting of the American Academy for the Advancement of Science on January 29. Diane Thilman recently visited Memphis, Tennessee for a few days. The week of Washington's Birthday, Mary Agnes Lenahan and her husband and children will vacation in the Caribbean.

We extend our sympathy to Ann McIntosh Case, whose husband Lloyd, died of a heart attack. Congratulations to Natalie Myron, who will be married on March 8. St. John's University will hold its 17th Annual Pharmacy Congress on March 17. As usual many of our members plan on attending. In addition this year one of our members will be speaking. Harriet Ellis Edmonds, the newly appointed Chief Pharmacist of Harlem Hospital, will be speaking on "Information for the Patient on a Low-Sodium Diet."

We are very proud of Dr. Elvera Richardson, our collegiate liason. Dr. Richardson was just appointed Assistant Dean of St. John's University College of Pharmacy and Allied Health Professions. Dr. Richardson, Associate Professor of Pharmacology, is also a consultant for the New York City Department of Health's Medicaid Program and Editorial Consultant for the journal "Hospital Formulary Management." In her new position, Dr. Richardson, will be responsible for the administration of the graduate programs in the College of Pharmacy and working with the faculty in developing the evolving undergraduate programs.

TURN TO PAGE FOUR

--Alpha Pi

Congratulations to Ginny Galizia who has been awarded the B. Olive Cole Graduate Educational Grant. Ginny will graduate in June with a Masters in Pharmacy Administration. Ginny is now the second member of our chapter to be awarded this grant.

Hope everyone in Lambda Kappa Sigma has a wonderful summer.

MARGARET McKENNA

ALPHA EPSILON

The Alpha Epsilon Chapter of Lambda Kappa Sigma is in the middle of one of the best years our chapters has known. During Fall Quarter, several informal parties were given for the prospective pledges, which allowed the new students and the active members to become better acquainted.

Winter Quarter began with the formal rush party held Jan. 11, at the American Legion Club. A tea was given for the sophomore girls preceding the formal. As a positive result of our efforts, we had 22 new members initiated into our chapter on Feb. 26. As a project, the members of this pledge class held a bake sale, which was a great success. Part of the money raised was given to help with the Senior Banquet, and the rest was donated to the National Cancer Institute in memory of the late Seldon D. Feurt, Dean of the College of Pharmacy here at U.T. from 1959 to 1975.

Our annual Senior Banquet was held Mar. 7 at the Holiday Inn Rivermont. After the meal, Kathy Hale was presented the Outstanding Senior Award, and Ann Moudy was presented the Best Pledge award. New officers were installed at the Banquet. Congratulations are extended to: President, Barbara Thompson; Vice-President, Ann Moudy; Treasurer, Deborah Stanfill; Recording Secretary, Claire Wiseman; Corresponding Secretary, Dottie Daniel; Historian, Alexis Hill; Parliamentarian, Kay McCurdy; and Reporter, Janet Ketner.

Several of our sisters received awards during the Awards Presentation. Those receiving Ethel J. Heath Keys were Amanda DeLaney, Betty Hazlewood, Kay Puryear, Nancy Norris, and Elaine Weller. Harriet Behm received the Bristol Award. Amanda DeLaney received the Medicinal Chemistry Award. Paula Butler received the Johnson and Johnson Award. We are also pleased to note that several of our sisters are members of Rho Chi Honorary Society.

As a project for Hygeia Day, we set up a pharmacy display in the campus library. This display consisted of articles such as old mortar and pestles, old tablet molds, and etc.

In the coming months we are looking forward to such projects as participating in Pharmacy Day and starting an Alumni Chapter. We are looking for and working toward a successful year and would like to wish all other chapters the same.

JANET KETNER

ALPHA OMICRON

We had our annual Hygeia Banquet on March 13th and the turnout was very gratifying. It also had a bit of historical significance for our chapter as fifteen years ago on March 13th, Alpha Omicron Chapter was chartered, and best of all, this year at our banquet Alpha Omicron Alumni Chapter was chartered. Judy Riffie, the Midwestern Regional Supervisor and alumna of West Virginia's School of Pharmacy, graciously accepted our invitation to charter the Alumni Chapter. Many of the faculty and pre-pharmacy women accepted our invitations and all enjoyed our guest speaker, Mary Gear, who spoke on Women in Pharmacy.

I look forward to corresponding with you in the coming year.

Love in LKS,
MARY RYAN



A LAMB IS...
thinking up
nice things to do...
and doing them.
AZ Collegiate

Lamb's Tales



Emily Cooper, Alpha Omicron chapter's president, will be the official LKS delegate to the International Pharmaceutical Students Federation Congress in Finland this summer. She will accompany her husband, John Cooper, who will be the official SAPHa delegate as he is currently the (incoming) president of SAPHa.

Sharon M. Murphy, an alumnae of Alpha Beta chapter, has been named Director of Membership Services in the American Society of Hospital Pharmacists Bureau of Administrative and Membership Services. She will be responsible for monitoring the organizational needs of ASHP members and recommending programs to meet those needs identified. Sharon graduated from the University of Connecticut in 1972 and completed a residency training program in hospital pharmacy at the Yale-New Haven Hospital. Her new position is an interesting approach for women in pharmacy to take - organizational work.

Terry Sherwin, Alpha Xi collegiate chapter, reported that the OTC Awareness Project of the chapter includes such drugs as analgesics, antacids, antihistamines and vitamins.

Congratulations to all the recipients of the Cora E. Craven Grants this year. I would like to encourage many more members to apply for the Grant next year; only 21 applications were received this year from 14 chapters.

SAPHa listed the following Lambs as members or chairpersons of a variety of committees and projects including: Shelia M. Hughes, NU; Carla Jean Geier, MU; Frances Joan Lada, OMICRON; Rosemary C. Leon, ZETA; and from ETA chapter - Beverly Ann Sees, Andrea L. Pugh, Betty Jean Harris, Patricia J. Hedrick, Vicki J. Urbon (national Vice President), and Annette Daniels.

"Rush is making friends, and that can happen anytime two or more people get together, discover they have something in common, and decide they'd enjoy getting together again. If this is your chapter's philosophy about rush, then really all the members in the chapter need to do is go out of their way to meet people." From the TKE Magazine.

Western Regional Supervisor, Toni Farrell, has moved; her new address is: 6566 Friars Road, #101, San Diego, CA 92108 and her phone number is (714) 295-9484. She will be a hostess at the LKS Coffee at the Hyatt on Union Square in San Francisco.

Dean Chikataro Kawasaki of Kobe Gakuin University, Kobe, Japan, is interested in having LKS chapters in Japan. If any member who is familiar with Japan would write to me, I would like to set up some contacts with Dr. Kawasaki in addition to my correspondence.

Mary Wills, GVP, Marian Ricardo, ERS II and Frances Curran, GS, drove from Philadelphia to Pittsburgh in November to attend the annual card party and fashion show produced by Tau Alumnae chapter for the benefit of their scholarship fund; the scholarships are awarded to Tau collegiate members. The event was a smashing success; in attendance among the large crowd were sisters from Delta chapters and Tau chapters, including Sylvia Mulvihill, our Award of Merit 1974 winner. In the evening, the Tau Alumnae chapter entertained the visiting Grand Council members for dinner at an elegant Pittsburgh restaurant - it was a delightful affair.

The Bicentennial theme this year and next will make a great jumping off place for chapter events. In addition to 1976 being the 200th anniversary of our nation, it is also the 200th anniversary of the founding of the fraternity system. Phi Beta Kappa was begun way back then and still survives today, although it is now an honorary fraternity. If you would like more information on the history of the fraternity system, drop your Grand Secretary a line. The 50th anniversary of the founding of the Professional Panhellenic Association will be celebrated at the PPA's convention in Milwaukee this year (October 22nd to the 26th) and all are welcome to attend. Every fraternity is making plans to celebrate both bicentennials so we would like to be active in participation of these events.

FRANCES CURRAN,
Grand Secretary



Our fearless Grand President makes friends with everyone!



Attention Alumnae! This is YOUR news column and we are trying to get the news from you to your sisters everywhere. Part of the "Stray Lamb" program is keeping in contact with our sisters who may be located away from an area where there is an alumnae chapter. This is where we need your help. If you know of any sisters who are not receiving news from us, please let me have their names and addresses so we can reach them. We need the maiden and married name and address, plus the chapter from which they came. It is so nice when we are able to locate someone. An example below...

Helen C. Osborn wrote, "Don't know how it happened but last time I received my first copy of the Blue and Gold Triangle after nine years. I was so pleasantly surprised. Both my name and address have changed and we live at 13802 Marianna Drive, Rockville, Maryland. (My husband, Tom, and I and our 2 year old son, David.) I work part time at Montgomery General Hospital. Tom is a graduate of U. of Penn. in both undergraduate and graduate schools of Architecture. He works for P. H. S. Division of Indian Health as a staff architect; but is presently serving a residency for a Masters degree in Health Care Administration from George Washington U. Hope to receive the Blue and Gold Triangle regularly now that I've been found."

Nedra Hollar Downing is at 808 N. Grand Traverse, Flint, Michigan 48503 at Consultant Pharmacy. She owns and manages her own clinic pharmacy there serving Genesee County Community Mental Health and nursing home accts. She employs a lady R. Ph for part-time work and was looking for a lady pharmacy intern. Now how about that for loyalty?

Let's hear from you...and find this column growing to a page.

ADELE V. LOWE (Mrs. A. S.)
Member-at-large

HISTORICALLY SPEAKING DID YOU KNOW THAT----????

Way back in the "fabulous forties", Lambda chapter had a sorority house of their very own on the campus of the University of Southern California.

In 1936 the retiring Grand President, Norma Wells, presented the Grand Council with a gavel, bearing the Lambda Kappa Sigma crest, and made of California redwood, as a token of her appreciation and loyalty to the fraternity. The "new" Grand President who first used it was Cora Craven. It is still used today at every convention.

--Regional meetings

need the first night's deposit for the hotel to assure everyone of a place to stay. Registration forms will be mailed to the individual chapters. The **Deadline For The Registration Fee And The Hotel Deposit Is Monday, April 28, 1975.** The second night's room charges will be taken care of by each girl individually at the hotel when she leaves.

There are lots of activities in LA to keep busy during free time. We have shopping centers, the Santa Monica Beach, and we might even go out for a Tommy's Burger! Please make plans now to come to LA and enjoy your Lambda sisters.

VICKI BEAN

MIDWESTERN REGIONAL MEETING

The sisters of Nu Chapter, Drake University, Des Moines, Iowa cordially invite the chapters of the Midwestern Region of Lambda Kappa Sigma to the regional meeting to be held on the Drake campus on Oct. 17, 18, and 19, 1975. All of the activities will be held in the Olmsted Center on campus. Out-of-town members will be housed with Nu members, in order to minimize expenses to members attending. Transportation and housing while in Des Moines will be taken care of by Nu chapter. The registration fee for the event will be \$15.00...this will cover all meals and expenses while in Des Moines.

The tentative program includes:
Friday, Oct. 17...Arrival, informal registration, and get-acquainted session.
Saturday, Oct. 18...Final registration with Coffee and Donuts. Formal welcome and Business meeting. Break for lunch with tour of the Drake campus. Afternoon workshop and 1976 Convention Planning Session. Buffet with Group Picture and Guest Speaker.

Sunday, Oct. 19...Farewells with Coffee and Donuts.

Further details on the regional meeting will be forthcoming from Nu chapter in the spring. Now is the time to mark your calendars...set aside this weekend for LKS. Plan for your chapter to send a large delegation to Des Moines. We Need YOU and YOU need us!!!

A KEY TO BETTER LIVING

Bobbie Brown, Guest Author
National President, ALPHA EPSILON PHI

The locked door serves two purposes. Either it keeps us outside or confines us inside. If we are denied entrance we remain ignorant; if we are locked inside we become stagnant. Life has numerous doors opening to enriching experiences.

As young women meeting the challenges of a complex society, seeking a better life for themselves and others through education - by communication, we must open many of life's doors.

The fraternity experience gives us a key to unlock many doors. It is our responsibility to use this key, and use it well and often. The fraternity key opens to understanding, friendship and maturity by offering the opportunity to practice tolerance and mutual respect, to share ideas and criticism, to learn cooperation and unification, to offer and receive help and understanding, and to know the love of different kinds of people.

In the winter home, the college campus, fraternity extends a family to you, a devoted family of sisters - sisters for a lifetime. But we must do more than enter the fraternity sisterhood to truly benefit from its experiences. We must give; everyone must participate, actively participate.

Active participation is more than attending a chapter meeting once a week, having rush once or twice a year, and wearing a pin. It is more than just reading about the goals and ideals of your fraternity in the manual, fulfilling some, half-heartedly attempting others and ignoring the rest. It is attempting to fulfill all these goals. None are trite, none are unimportant, none are impossible.

The strength of your fraternity rests on the fulfillment of six basic obligations; academic, financial, social, campus activities, fraternity activities and sisterhood. In order for a chapter to exist, every member must fulfill these obligations. A chapter of a fraternity advances and credits itself in the National fraternity advances and credits itself in the National fraternity when each member not only fulfills each obligation but excels in at least one of them.

Fulfillment of and surpassing of these obligations has earned many a high rating. Words such as "top", "number one", "great" and "the best" are gifts. They are earned and we must continuously work hard to maintain them. Since each member shares the label, each member must share the obligation.

But it is not all work. Along with the work and perhaps because of it, we find pleasure, fun, lasting friendship and true sisterhood.

Fraternity membership, properly filled, gives the key to doors which prepare us for a more meaningful, worthwhile, rewarding existence; or better yet, prepare not a way to exist but a true means for living.

Do not remain too long behind or in front of locked doors. Appreciate and wisely use your fraternity key - the key to better living.

Adele's nostalgia

It seemed advisable to make all this equipment of more use to the girls than it appeared to be at the beginning of the session of 1913-14, and it also seemed advisable to create some sort of organization for them. And so the suggestion was made to them that a little club be organized, for social purposes in general, but in particular for the purpose of having luncheons together in the Study regularly. Several of the girls decided that they did not care to participate in such a project. The other eight girls however, and the Librarian of the College, banded together. At their first meeting, in that far away October, a definite plan for club luncheons was worked out. By the college schedule of those years, some subjects did not come until afternoon. Thus, on Tuesdays the seniors were in class all the forenoon while the juniors had their first recitation at 1:30 o'clock. On Thursdays this program was reversed. And so those two days of the week were selected for the club meetings, the juniors preparing the luncheon on Tuesdays and the seniors cleaning it away, with the procedure just the opposite on Thursdays. The main course, was hot and cooked right there, and the luncheons were all appetizing and inexpensive.

A regular arrangement of service was written out and usually adhered to, with certain juniors scheduled for one week's work on both days, others to be on duty the following week; the seniors were placed accordingly, (this being possible because some of those still rated as juniors had finished part of the junior subjects the year before and were taking the senior work in those same subjects). The whole Scheme worked out rather well (ran like clock work much of the time) and was productive of much good fellowship. The frequent changes in cooks provided a variety of food; the memory of some of those hot dishes is still with us.

Our little society was named Lambda Kapp, the Greek initials for Luncheon Club (there being no "c" in Greek). As its meetings the first two years were always in the form of these informal lunches twice a week (except for an occasional more elaborate affair for special occasions, as the Christmas Spread before the winter holidays) no definite records were kept. We little guessed then what its later development was to be.

The fall of 1915 brought a change. The schedules of the members were different so that it did not seem practical to continue the regular luncheons. And so the Club voted to change its methods and become an open society to which all girls in attendance at the College should belong. A different form of organization was established at that time, officers being elected, time of regular meetings appointed, etc. From then on definite records of procedures were kept. Two of the chapter members, seniors in 1915, became the first officers, Annabel Carter being elected president and Mary Conolly, secretary-treasurer.

As we were no longer a luncheon club it was necessary to give new meanings to our initials. We owe all these meanings, which you have learned about in our beautiful initiation ceremony, to Mildred Follensby of the Class of 1917, of whom I shall speak later on. It was her suggestion that we needed to add Sigma to our name to make it complete, and it was voted to do so in April, 1916. At that meeting it was also voted to have a badge, and a special committee on the badge was appointed. They reported later on a pleasing design of which we are all so proud. It was approved and adopted and is the badge we still have today. The motto, the flower, and the colors were chosen at about that time, also.

On the last Friday before the finals of 1916 the juniors entertained the seniors at a luncheon in the Study. At Commencement, that year, the president and the secretary-treasurer were graduated.

In September of 1916 Bertha Sugden was elected president, Gertrude O'Neil vice-president, and Mildred Follensby secretary-treasurer. Initiation of the new girls took place in October followed by a supper in the Study. A CONSTITUTION AND BY-LAWS was formulated in the fall and adopted, and a Council was elected. This was composed of the three officers and three members-at-large, elected one for one year, one for two years, and one for three years. It was voted that those members of the original club who desired, be elected graduate members of the present society.

A committee was appointed to see

whether or not there was any national sorority in the colleges of pharmacy, and if not to take steps to establish one as the Lambda Kappa Sigma sorority with the M. C. P. chapter as Alpha Chapter. During the fall of 1916 the president, Bertha Sugden, composed a song for which the vice-president, Gertrude O'Neil, composed the music. It was printed and from then on was sung at various chapter festivities. Bertha Sugden was graduated in 1917 but was re-elected president for the ensuing year, as she returned to school for the graduate course. The vice-president was Helena Zilg; secretary, Ruth Davies; and treasurer, Mildred Gilmore. The committee on making the sorority a national one reported progress in the fall, and later on in the session was able to report as a result of its efforts the organizing of chapters in four other colleges of pharmacy, Beta at Albany, Gamma at Chicago, Delta at Pittsburgh, and Epsilon at the Brooklyn College of Pharmacy.

During the following session the sorority was made a secret and selective one and has been so ever since. When the colleges opened in the fall of 1918, the Great War was still going on, you remember, and many more girls than usual were entering pharmacy schools to prepare to fill the places of the absent men. We had forty-six girls that year and fifty-two the next. Of course there were many types among them, some far more desirable for sorority membership than others. This is what precipitated the change from open to secret. Gertrude O'Neil was president that year, and Cora Craven was corresponding secretary. In the winter suggestions for a seal were called for and a committee on seal was appointed. Of the designs submitted for approval the one made by Cora Craven was selected for adoption and ever since has been our official seal. The CONSTITUTION AND BY-LAWS, which had existed in the form of typed sheets only, were revised and amended during that same session, and were printed in pamphlet form with the seal reproduced on the cover. This was the edition of 1919, and copies were distributed to all member chapters.

During all the years from the establishment of Beta Chapter until the first Graduate Grand Council was organized in May, 1922, the Council of Alpha was the National Council and as much governed the sorority. Three more chapters were added (during 1919-20) Zeta, Eta and Theta, and the next session brought Kappa and Lambda. In 1921-22 Nu was added. During that session on the National Council had the Amendments to the Constitution and By-laws printed and distributed to every chapter, and sent out a number of Council letters. Then in May, 1922, the first graduate Grand Council was organized and took over the management of the sorority. From this point on the records of Alpha Chapter and the records of the Grand Council are entirely separate.

Perhaps I am mistaken, but it has sometimes seemed to me that the sorority nowadays stresses the founding back in 1913 and reveres the founders of that little luncheon club so much that it rather loses sight of how much it owes to the first Grand Council. Your founders of 1913 would have been amazed and incredulous had they gazed into a crystal ball and seen this convention of 1932. But the members of that first graduate Council would have considered it only a logical development of what they were trying to do for the sorority.

And so now let us consider that Council, its personnel and its accomplishments.

From May, 1922, it served through the Boston convention of August, 1926--over four years. The Grand President was Annabel Carter who was Alpha's first president, you remember; there were four vice-presidents, the first one was Bertha Sugden, Alpha's second president; the chapters were asked to report to her on all activities; the other three were district superintendents--for the East, Mildred Carlisle of Eta; for the Middle West, Pearl Corbett of Iota at first and after a year or so, Katherine Graham, also of Iota; for the Far West, Lorena Bigelow of Zeta; the Grand Secretary was Jacqueline Davis for a year or so and then Georgia Moreland; the Grand Treasurer was Mrs. Jennie E. Thompson, a former vice-president of Alpha. The auditor was Mabel E. Jennison, long an honorary member of Alpha; the advisory member was Ethel Heath, and two members at large were Ruth Davies (a former president of Alpha) and Mildred Follensby, also a former Alpha officer, the one who gave our name

its meaning. She has proved over and over that she can do more constructive thinking in a half hour than most of us can do in a month.

This Council did a considerable amount of work of lasting value. Consultation with the three out-of-state members was by correspondence, but the nine Alpha members of it held regular meetings every single month of the year in some years and for at least ten months of the other years.

FIRST, they took the Constitution and By-Laws of 1919 with its amendments, thoroughly revised it, added a brief historical sketch at the end and had it reprinted; this was the edition of 1924.

SECOND, it tackled the initiation ceremony. They did not write this. It came to us originally from Iota Chapter, Oklahoma, and was so beautiful that it was immediately accepted and took the place of the simple form we had used previously. Although already in use for some time when the Council set to work on it, it was typewritten only on loose sheets, such typed copies having been sent to the chapters. In this first form some of the names were Greek and some Roman. In revising, the Council substituted the recognized Greek for the Roman, so that these references to mythology were uniform throughout. A few changes were made in the position of some parts of the service.

THIRD, one Council member prepared the installation service. Then these two ceremonies were printed in the RITUAL you now have.

FOURTH, it devised the form of our CHARTERS, had them prepared and engrossed with the names of the chapters. Then the names of the charter members were inserted, and each chapter's charter was dated as of the date of its founding. Then they were distributed, the Council having previously purchased an embossing stamp for affixing the sorority seal to them.

FIFTH, the Council decided that a national convention must be held. In the past the sorority had been too poor to have any, and the Council did not see how it could finance one, even in 1926. But after many discussions it was decided to take the chance and have one of some sort in Boston. A portable typewriter had been purchased for the better handling of correspondence with the chapters, and this was put to good use in sending our convention announcements and notices. An Alpha member just graduated was engaged to use it in making a lot of stencils of the chapter reports on activities, general sorority statistics, problems for consideration by the convention, and various other material. These sheets were then bound together by a hasting machine, and formed the first edition of the BLUE AND GOLD TRIANGLE which was distributed at the convention.

Although the Grand Treasurer held little wealth in that summer of 1926, the Council managed to pay the railroad fares of its district superintendents from California and Oklahoma (to Boston) and would have done so for the one from Philadelphia had she been able to attend. It also took the Council members and chapter delegates on a "Sight Seeing of Boston" bus tour which included an inspection of the frigate CONSTITUTION, and it paid for their tickets for the banquet which ended the convention. These expenditures were all that the exchequer would allow. At the first convention these chapters were represented: Alpha, Gamma, Zeta, Theta, Iota. Although small, it was productive of much good for the sorority; it started the ball rolling so well that conventions have followed regularly ever since.

SIXTH, that first Grand Council made the sorority national in more than name alone. We Boston members felt that Alpha had been in control long enough; that, although some of its procedures may have left much to be desired, nevertheless it had succeeded in establishing a dozen chapters in recognized schools in various parts of the country, had provided them with charters, Constitutions, Rituals, and regalia. It had staged the first convention. So it seemed wise to rest on its laurels and let other chapters have much more voice than heretofore in the government of the sorority. The Gamma members present intimated that their Chapter would like the next convention to be in Chicago. And so, partly for financial reasons, we chose most of the members of the new Grand Council from the Middle West.

That second convention in Chicago in 1928 was a great success, as you all know. Then came the one in San Francisco in

1930, also an inspiring one of which to be proud. And now here we are in 1932, back in the East once more. Our little luncheon club of 1913 certainly "buided better than it knew."

And so she ended her "little bit of history" speech. We certainly can realize from this report just how much devotion, tenacity, cooperation, and willingness to get ahead it took for Miss Heath and her little luncheon club in 1913 to succeed and grow into our beloved organization today. May we continue to progress and honor them.

ADELE LOWE

Baa - - - Baa

Where, Oh Where Can These Lambs Be?

Will You lend a helping hand and aid in locating the following Life Subscribers whose whereabouts are Unknown? Please send the information to Pamela Ehlers, Grand Editor, 406 Friendly Dr., Red Bud, IL 62278.

CHI CHAPTER

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ALPHA DELTA
Shirley Worrell
Sandra Forbes
ALPHA EPSILON
Peggy Fuson
Virginia Ann Manuel
Carol Martin
Phyllis Michael
Linda Poole
Mary Jane Shutt
Linda Speich
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ALPHA PI
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ALPHA SIGMA
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LAMBDA KAPPA SIGMA

International Professional
Fraternity for Women in Pharmacy

Announces the Installation of

ALPHA OMICRON
ALUMNAE CHAPTER
in
Morgantown, West Virginia
March 13, 1975
Greetings may be sent to:
Mrs. Judy Owens, President
1132 Cloverhill Road
Fairmont, WV 26554

PROFESSIONAL PANHELLENIC ASSOCIATION

50th Anniversary Convention
October 22-25, 1975
at the MARC PLAZA HOTEL
Milwaukee, Wisconsin
All sisters in the area are invited to attend
this Convention. Details of registration
may be obtained from
Grand Secretary, Frances Curran

LAMBDA KAPPA SIGMA at the AMERICAN PHARMACEUTICAL ASSOCIATION ANNUAL MEETING

The traditional Coffee Hour will be held
on Monday, April 21, 1975 from 8:00 a.m.
until 10:30 a.m. in the San Miguel Room
of the Hyatt on Union Square. All sisters
are invited to be guests of LKS.



THREE GENERATIONS! Looking at the National scrap books. (l to r) Norma Wells, Julia Pishalski, Judy Riffec.

THE DR. B. OLIVE COLE GRADUATE EDUCATIONAL GRANT

The Dr. B. Olive Cole Educational Grant is being offered to financially assist a member who is enrolled in a program of graduate study and research which will advance her career in the pharmaceutical sciences. The applicant must have successfully completed one year of graduate study, must be current in her dues and her chapter must be in good financial standing with the Grand Treasurer. The Grant must be applied for by November 15th; the award will be made by January 15th; the decision of the Grant Committee is final. The Grant may be used for tuition, books, living expenses as well as thesis expenses. It is currently worth \$250.00 each year. Applications will be mailed to collegiate and alumnae chapters in the fall of each year.

The LAMBDA KAPPA SIGMA EDUCATIONAL TRUST FUND was written into the Constitution. A "foundation" has been under discussion in the Grand Council and in Convention for a number of years. With the aid of expert legal advice, the ETF is being arranged to meet our needs (financing of Cora Craven Grants, B. Olive Cole Grants and possibly other kinds of scholarship grants in the future). As additional plans are finalized, details will be made available to members.

The Efficiency Cup was earned by Eta Chapter for the third time (and the second successive biennium) and the Chapter now has permanent possession of the Cup. First Honorable Mention was awarded to Chi Chapter and Second Honorable Mention was awarded to Omicron Chapter.

The Efficiency Gavel was earned by Eta Alumnae Chapter for the 2nd time. Runners-up were Phi and Chi Alumnae Chapters.

The 1974 Convention "Miss Personality", elected by all members present, was Penny Holl of Eta Chapter. Penny also received a trophy for first prize in the miniature golf contest.

Mrs. Elivira Lemkau (Zeta) received a 50-year member certificate in person. Other certificates awarded in absentia were prepared for Belle Dirstine (Mu), Bertha Tuttle (Alpha) and Ruth Miller (Eta).

A gold certificate for 50 years of chapter service was awarded to Nu Chapter and the delegate present accepted it. Silver certificates for 25 years of chapter service were awarded to Alpha Alpha Collegiate, Alpha Beta Collegiate, Alpha Gamma Collegiate and Chi Alumnae Chapters.

A new piece of jewelry will soon be offered for sale to members. Currently called the "Hygeia Design," it was proposed by Eta Chapter. More information will be available at a later date.

Project HOPE will be continued as a fraternity project for the biennium. While the HOPE ship will no longer go to sea because of greatly increasing costs of repair and maintenance, many projects of health care will be continued and expanded.

There was only one application for the Dr. B. Olive Cole Graduate Educational Grant this year. There must be more than one member in graduate school who would be eligible to apply for the Grant. Contact the Grand Secretary for information.

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**Salute to "LAMBDA CHAPTER"
[tune of It's a Small Small World]**

As we say good bye
To old friends and new,
We enjoyed our stay
In the west with you.
Lambda girls have no-fears,
We will wear our Mickey ears.
It's a small world after all.

We are sisters after all,
Helping others when they call,
Professionals practicing to the tee
Great in Pharmacy!

California lambs we are grateful ones,
For the time we spent in your tropic suns.
Disneyland made us cheer
To come here convention year.
It's a small world after all.

We are sisters after all
Helping others when they call.
Professionals practicing to the tee
Great in Pharmacy!

TWO YEAR SECRETARY PLANNING CALENDARS

A royal blue plastic cover with the crest embossed on the cover in gold holds a 2 year calendar for 1975-1976 in the front and a note pad in the back.

Ideal for all Lambs...and an excellent gift for all pledges.

Cost: \$1.50 (plus \$.20 for postage).

Please send the below order form for your Two Year Secretary Planning Calendar, today, to: Charleta Porter Alpha Zeta Chapter, 2129 Maury, St. Louis, Mo. 63110.

Name _____

Chapter _____

Address _____

Number of Calendars _____

Amount enclosed _____

SEPTEMBER 30
DEADLINE for TRIANGLE Material.

OCTOBER 14
Founder's Day

NOVEMBER 1
DEADLINE for Applications for Cora E. Craven Educational Grants

NOVEMBER 15
DEADLINE for Applications for Dr. B. Olive Cole Graduate Educational Grant

DECEMBER 5
DEADLINE for TRIANGLE Material

JANUARY 1
Announcement of the recipients of the Cora E. Craven Educational Grants

JANUARY 15
Announcement of the recipient of the Dr. B. Olive Cole Graduate Educational Grant

FEBRUARY 15
DEADLINE for TRIANGLE Material

MARCH 1
Send National Dues, Convention Fund, Triangle Assessments, Life Subscriptions for THE BLUE AND GOLD TRIANGLE and Contributions for Project HOPE to: Mrs. Shirley McCloskey, 77-29th Avenue N.E., Fargo, ND 58102

NOTICE TO CONTRIBUTORS

All manuscripts (chapter reports, articles, notices, announcements, other material) submitted to the Editor should be ready for publication, typewritten, double spaced on good quality paper 8 1/2 x 11" and with 1" margins. All pages should be numbered consecutively. Each manuscript should be identified with the author's name and chapter. Photographs should be protected from bending and possible damage in the mails; do not roll photographs. Do not write on the back of photographs; identify individuals in the photographs on a separate sheet of paper.

**APPLICATION
THE DR. B. OLIVE COLE
GRADUATE EDUCATIONAL GRANT**

NAME..... CHAPTER.....

ADDRESS.....

MARITAL STATUSNO. OF CHILDREN

DATE AND PLACE OF BIRTH

DATE OF GRADUATIONB.Sc.

Pharm. D. fromCol. or University.

Graduate Program Major

AtCol. or University.

M.Sc.Date degree anticipated or received.

Ph. D.Date degree anticipated.

Financial assistance:

- Graduate assistantship
- Tuition waiver
- A.F.P.E. Grant
- Other.....

Anticipated expenses \$.....(attach a tentative budget)

I AM A MEMBER IN GOOD STANDING OF LAMBDA KAPPA SIGMA:

Signature of Applicant

The Applicant's Dues Are Current inChapter.

Signature of Chapter Treasurer

The applicant has successfully completed one academic year of study and research in my department and is continuing her work:

Signature of Department Director

Date Submitted

Attach a Recent Photograph.

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Blue & Gold Triangle

LAMBDA KAPPA SIGMA - INTERNATIONAL PROFESSIONAL FRATERNITY FOR WOMEN IN PHARMACY

The Blue and Gold Triangle is the Official Publication of Lambda Kappa Sigma, International Professional Fraternity for Women in Pharmacy. Published quarterly by Lambda Kappa Sigma.

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