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May 1980

Blue & Gold Triangle

LAMBDA KAPPA SIGMA -- INTERNATIONAL PROFESSIONAL FRATERNITY FOR WOMEN IN PHARMACY

It's Convention Time

1980 CONVENTION OF SOUTHERN HOSPITALITY

If you have never been exposed to Southern hospitality, here is your chance. The 1980 Biennial Convention will be held August 4-8 in Birmingham, Alabama, right in the "Heart of Dixie."

Birmingham is a picturesque city located between two mountain ridges. Our convention will be headquartered "over the mountain" in the Homewood area, which is also the site of the Samford University School of Pharmacy.

We have been busy making plans so that

you will be able to see some of our points of interest while you are here. We will be touring the Arlington Antebellum Home and will be visiting the Red Mountain Museum which houses rocks, fossils, and minerals exposed by the Red Mountain cut. One evening we will enjoy a Southern barbecue on the lawn at Samford University.

Registration will be \$60.00. We expect to have some C. E. credit each day. We hope to see you August 4-8 in Birmingham.

Jane Landers
Alpha Gamma

Convention Travel News

Airfares have increased more than 35% during this biennium. In an attempt to find the lowest fares possible to get us to convention, the Grand Council has made a number of contacts. The most promising of our contacts has been Delta Airlines which is offering us the following: SUPREME SUPER SAVER FARES at a savings of up to 35% day coach and more for night coach.

TOLL FREE convention assistance number to call Monday through Friday, from 9 a.m. until 5 p.m. is 1-800-241-6760 in the continental U.S. or 1-800-282-8536 in Georgia only.

It is imperative that we call as soon as

possible to make our reservations. The numbers of Supreme Super Saver seats is limited. To qualify you must be staying past Friday, August the 8th. This is the night of our final banquet. When calling Delta, the number you reach will be acquainted with the details of our convention. If travel on Delta is not convenient or more costly, the convention desk is prepared to issue another ticket on another airline to get us the best service at the most reasonable rates. Please make it a priority to call for your reservations as soon as possible to help us cash in on the super saver fares.

Mary Grear
Grand Treasurer

Leadership: A Privilege and a Responsibility

By Dean C. Granberg
Drake University

Leadership is essential to any profession and the individual's responsibility toward this goal is very important to his or her fulfillment.

Change is the order of the day; or change is the disorder of the day, depending upon your point of view. We have found that many of our old styles, our old systems, don't work the way they used to.

We don't see in the old systems some of the sense which we used to see there—whether that system is applied to economics, to government, to society, to education, to business, or even to our personal lives. Unfortunately, all of the replacement "new

styles" have not yet been developed, so we have concern, confusion, conflict, and sometimes, even confrontation.

This is not a new picture on the world scene. Change has been the most constant of all worldly things. Although a poet has written: "The changes that are sure to come, I do not fear to see," I doubt that this is true for most of us: for what we do fear are the changes which are sure to come. Or, perhaps what we fear most is the insecurity which comes from not knowing exactly what the change will bring or how it will affect us personally. None of us, however, would want to live in a changeless world. Suppose we possessed the power to freeze our lives and all of society into static immobility, would we really want to create a changeless society? Would we want to go on living day after day exactly as we are living this day? Would we want to commit some people to a life of perpetual childhood without ever the possibility to grow into adolescents and adults? Would we want to consign some people to a life of perpetual poverty, pain or despair?

Would we want a world in which war rages incessantly, a world where famine, pestilence, crime, discrimination, and disease would have no possibility of being overcome? Would we want to face life each morning knowing that there was not hope for professional growth and development? Indeed not. We would not dare to use such power even if we had it.

Every day we arise to an unknown future, certain only that today was different from yesterday and will be different tomorrow. Change may be our enemy, but change can also be our friend. It can destroy our peace of mind, but we cannot live without it.

There are changes—vast and troubling—which face each of us. Our challenge is not so much in the changes but in how to learn to live in a changing world, how to make change work for us, and how to provide the leadership which will be necessary to direct change to our benefit as well as to the common good.

We know that the student who enters college is an aggregate of characteristics. We know that many of these qualities will be altered during the collegiate career of the student, altered by experiences both within and without the classroom. Often these changes will be by design of the student—other modifying changes will be unintentional.

These traits which an entering student brings to college include aspirations and

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President's Corner

Judith Riffée

Dear Sisters,

I'm delighted to hear that nearly all of our chapters will be represented at convention this coming August in Birmingham. Convention is a great experience for everyone! It's a time for meeting new friends and renewing old acquaintances—a time for relaxation and fun—and a time for actively participating in the business of our fraternity. In all of these respects, convention is an exciting and worthwhile adventure!

I'm looking forward to seeing you all there, and between now and convention I'd like for you to do some thinking: What would you like to see as the direction and image of LKS as we move into the 80's?

Let me share some of my thoughts with you. We are experiencing a period of exciting growth and visibility. This brings us to a dynamic, yet critical time in our history.

Our fraternity is very different from the Lambda Kappa Sigma of 67 years ago—our needs and our challenges have changed with the times. Yet, in many ways, the fraternity operates much as it did in those early years. If we are to continue to effectively serve our members and remain a vibrant force in the development of women in pharmacy, then I believe we simply have to get in step with the times!

I have three major areas of concern for



Grand President Judy Riffée

LKS and our future direction:

CONCERN: We now have our fraternity records and supplies distributed about the country in the homes of our various volunteer officers. With each election we incur great expense and danger of loss with the shipping of these materials, and we

(Continued on Page 2)



Debbi Waldron, President of Alpha Gamma Chapter

WELCOME TO THE DEEP SOUTH

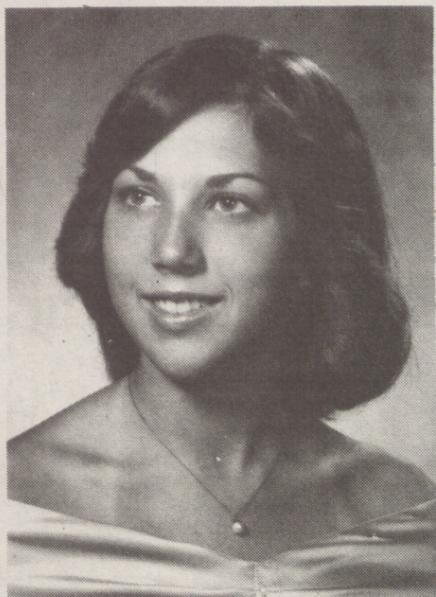
The Alpha Gamma chapter would like to extend to everyone a hearty welcome to the "Deep South." Our collegiate chapter along with the alumnae chapter, has been working and planning very diligently for this big event and want to encourage all of you to attend. There are lots of activities planned including a night on the town discoing as well as professional fellowship. Looking forward to meeting all of my sisters. SEE YA'LL THIS SUMMER!

Debbie Waldron
President of Alpha Gamma Chapter



Robert I. Ingalls Pharmacy Building, Samford University. The Alpha Gams will host a barbecue on the lawn.

Cora E. Craven Educational Grant Recipients



CATHLEEN M. MARRON, Alpha Pi Chapter, has earned a 3.92 grade point average during her four years at St. John's University. She has served Alpha Pi as Treasurer and is currently President. Cathy resides at home, commutes to school, and is employed part-time during the school year at Crest Chemists. She has been active in SAPHa, serving as Treasurer this year, and has served as a Dean's student leadership representative for the 1979-80 school year.

To the Educational Grant Committee:

I was thrilled to hear that I had been awarded the Cora E. Craven Educational Grant. I would like to thank the committee for having selected me for this honor. This grant will enable me to continue my activities in Lambda Kappa Sigma, as well as participate in St. John's University's other pharmacy programs.

I am hoping to attend the Biennial Convention in Alabama this summer.

Fraternally,
CATHLEEN M. MARRON
Alpha Pi



CELESTE MARIE BERMEL, Vice President of Alpha Theta Chapter at State University of New York at Buffalo, ranks in the top third of her class. She has taken an active part in the formulation of the Constitution and By-Laws of the recently re-activated Alpha Theta Chapter. Celeste has taken care of pledging and initiation arrangements and served as chairman of Alpha Theta's Hygeia Day Parent-Daughter Banquet. She is employed part-time at a local pharmacy. Throughout the year, Celeste, her twin sister, and her brother reside at home and commute to classes at the University. An avid snow and water skier, Celeste is a member of the girls' bowling team and enjoys racquetball and softball.

To the Educational Grant Committee:

I would like to extend my sincere thanks to you for my selection as a recipient of a Cora E. Craven Educational Grant. It is quite an honor for me and the grant couldn't have come at a better time, as my tuition is soon due.

Once again, thank you very much.

Fraternally,
CELESTE BERMEL
Alpha Theta



SUSAN MAHONEY, Alpha Iota Chapter, has served as the Vice President of her junior class and Dorm Council Representative at Ferris State College. She has been active in SAPHa serving as an alternate delegate to the '78 Midyear meeting, and as Treasurer and co-chairman of registration for the SAPHa Region IV Convention held at Ferris earlier this year. Sue has served as Alpha Iota's Vice President, Panhellenic Delegate, and jewelry chairman. She was instrumental in producing the Mid-Western Regional Convention in Big Rapids and has served as chairman of organization of the Alpha Iota Alumnae Chapter.

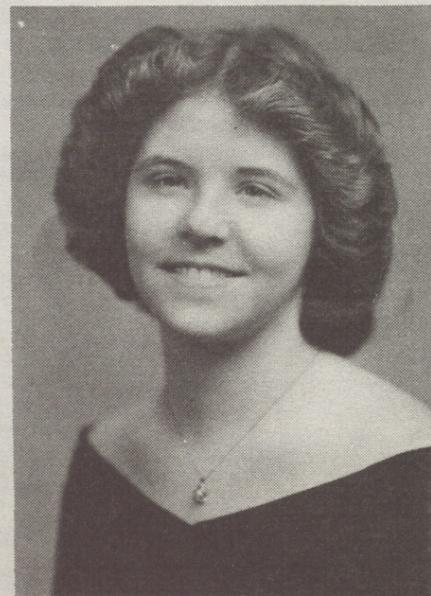
Besides being in the top third of her class scholastically, Sue has been a cheerleader, member of Phi Eta Sigma (national honorary society) and Omicron Delta Kappa. She has also worked part-time during the past two school years in the Antaomy and Physiology Labs at Ferris. Sue comes from a family of eight children; of which two are attending college.

To the Educational Grant Committee:

I am very pleased and honored to be a recipient of the Cora E. Craven Educational Grant and would like to extend to all my fellow fraternity sisters as well as the Cora E. Craven Educational Grant Committee my most sincere gratitude and appreciation. This is **ONE** of the greatest opportunities I've had as a sister of Lambda Kappa Sigma and I'm sure there's more to come! The grant will be of great financial assistance and support as I confront my fifth year of school.

Again I'd like to thank everyone who has made this possible and the honor it has bestowed upon me.

Fraternally,
SUSAN K. MAHONEY
Alpha Iota



MARGARET PRECHTL, Tau Chapter, is a fourth year student with a 3.04 grade point average at Duquesne University. She is presently Secretary of her class, feature editor for the school journal, "The Phorum," board member for the selection of senior awards, and staff member for Freshman Orientation. As an active member of SAPHa, Margaret has participated in that organization's drug abuse education program. Her name has appeared on the Dean's List and she is a member of Omicron Delta Kappa and secretary of Little Sisters of Phi Delta Chi. Margaret has served as

President and Historian of Tau as well as serving on the Professional Financial, Academic, and Hoagie Sale Committees. She has participated in the Alumnae Card Party and the Alumnae Annual Fund Phonathon. Margaret worked during the summer as an intern in a local pharmacy. She also has a brother and sister who will be in college this fall.

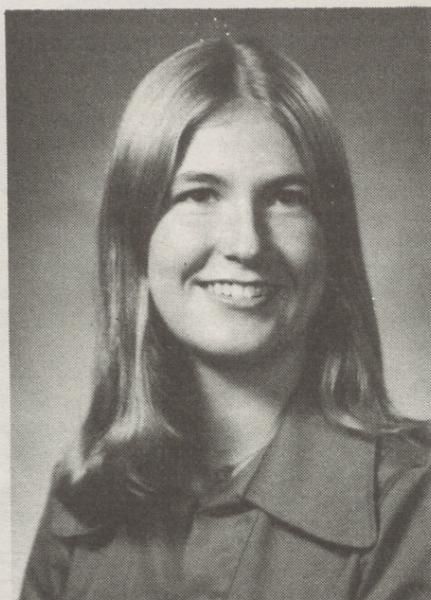
To The Educational Grant Committee:

Thank you for the privilege of being selected as a recipient of the Cora E. Craven Educational Grant. It is truly an honor to receive this grant and it will definitely be of assistance financially for my fifth year.

I would especially like to thank the committee for all the time and effort involved in selecting the recipients for this grant. Without their work and interest, this award would not be possible.

Again thank you for this grant which is greatly appreciated.

Fraternally,
MARGARET DIANE PRECHTL
Tau



ALISON KIMBALL, Alpha Chapter, is in the top ten percent of her fourth year class at Massachusetts College of Pharmacy and is on the Dean's List. She has served Alpha Chapter as Treasurer and is currently President. Alison is employed part-time during the school year in pharmacy at Sidney Farber Cancer Institute and during the summer worked at a local retail pharmacy as an intern, besides selling Avon products. She has been active in SAPHa, serving as membership coordinator and is presently news editor of "The Dispenser," the student newspaper at the Massachusetts College of Pharmacy and Allied Sciences. Alison also has a sister attending secretarial school in Boston.

To The Educational Grant Committee:

What a pleasant surprise to receive the news of being awarded one of the Cora E. Craven Grants! It is a prestigious award and I feel honored to have been chosen as a recipient. I extend my sincere thanks to the Cora E. Craven Grant Committee for awarding me this scholarship.

Being an active sister of Lambda Kappa Sigma has been one of the most rewarding experiences of my college years. The warmth and comradery within our fraternity, both locally and nationally, are values to be cherished. The fond memories of times spent with my LKS sisters will be with me always.

Fraternally,
ALISON J. KIMBALL
Alpha



LYNN MARIE KONITZER, Theta Chapter, is a fourth year student at Creighton University in Omaha, Nebraska. She has served as Theta's Recording Secretary for the past two years. An active member of SAPHa at Creighton, she has served on the Project Speed Committee. She has also participated in the intramural volleyball and basketball sports programs. Lynn also has two other sisters attending college and a younger brother at home. Lynn's academic background is a 3.2 and she ranks among the top in her class. She is highly motivated, participates well in group activities, and is considered among the leaders of the students of the school.

To the Educational Grant Committee:

I would like to thank the members of the grant committee for selecting me as a recipient of the Cora E. Craven Educational Grant and wish to graciously accept. The award is greatly appreciated and will make this semester's financial burdens easier to deal with.

I am proud to belong to an organization that is concerned with helping its members in reaching the goals they have set for themselves.

Fraternally,
LYNN MARIE KONITZER
Theta

President's Corner (Continued from Page 1)

always have very limited accessibility. **SUGGEST:** We need to centralize the operation of our fraternity from a single location with the support of clerical help to efficiently manage the office.

CONCERN: Our record keeping is being done by cumbersome, manual methods and our communication possibilities are very limited by our outdated procedures.

SUGGEST: We need to utilize the latest computer technology for storage of information, easy retrieval and accessibility to the information, and improvement of our communication skills.

CONCERN: Inflationary trends constantly force the cost of running our fraternity upwards (even to maintain a status quo operation), while the dues and fee structure has remained unaltered for eight years.

SUGGEST: Adjust dues and fees to ease the financial pinch and allow LKS to keep pace in today's world.

Before we meet in Birmingham, do some thinking about where LKS should be heading in the next 25 years and how our operation should adjust for our new growth and challenges. If we all direct our efforts toward the best interests of LKS, we really can accomplish great things together.

Thank you for being concerned about our fraternity, and I look forward to seeing you in Birmingham!

Fraternally,
Judith M. Riffée
Grand President



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MRS. LARRY EHLERS, GRAND EDITOR
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Proposed Constitutional Changes

by Patti Kienle

The Biennial Convention this summer in Birmingham is vital to our fraternity. A number of crucial items, including our philosophy and our continued and future growth as an organization will be dealt with in the form of constitutional amendments.

Early in March, 29 proposed constitutional changes were sent to each chapter—collegiate and alumnae. They were sent at that time to assure that all of the chapters would have sufficient time to thoroughly discuss them before the summer break. The only time that any constitutional change can be voted upon is the Biennial Convention.

The proposals can be split into several types, and they will be discussed by section.

ORGANIZATIONAL

1980-1 discusses our Articles of Incorporation. Many organizations have either Articles of Incorporation or a Constitution—we have both. Additional information will be received before the Convention for us to make an appropriate decision on this. 1980-3 discussed the deletion of specific dollar amounts in the Constitution. As we have a finance policy, it may be more appropriate to include these amounts in these. 1980-6 concerns a change in the mention of the Professional Penhellenic Association to the Professional Fraternity Association. This change has taken place since the last convention. 1980-11 concerns coordination of fraternity and chapter fiscal years. 1980-12 discusses the start of an annual financial report of the chapters to the Grand Treasurer. 1980-13 qualifies the current mention of the chapters to the Grand Treasurer. 1980-13 qualifies the current mention of IRS returns, which every chapter does not have to complete. 1980-28 defines a dissolution clause, which we do not have now.

PHILOSOPHICAL

Three proposals deal with the question of our future as a women's professional fraternity. These three proposals are not placed before you to necessarily adopt them. In order for any proposal to be discussed at the Convention, the chapters and members must have had them distributed in this manner. Therefore, the primary reason for listing these three proposals is so that they may be discussed on the floor of the meeting. This is also the reason for the apparent conflict of these items: that all of our options are listed and, thus, able to be discussed. 1980-2 discusses the deletion of the female gender from our publications. 1980-4 discusses LKS becoming a coeducational fraternity. 1980-5 discusses LKS becoming a general (social) fraternity. It is imperative that all delegates present at the convention know all of the details of these issues and that they have full knowledge of how their chapter wants them to vote. Any questions concerning this can be referred to any Grand Council member.

MONETARY

We are also at a crossroads in a business sense. Our organization has now far exceeded 10,000 initiated members. Due to the complexity of running this large an organization, it may be time to begin a central office and paid staff. This cannot be done with our present dues structure. 1980-8 discusses a dues increase. 1980-10 discusses a change in the initiation fee.

SCHEDULE CHANGES

The traditional college year of October to June no longer exists in most schools. The advent of clinical clerkships, trimesters, summer sessions and the like have wrecked havoc with our due dates for finances. 1980-7 discusses changing our listings from semester to term. 1980-9 discusses changing the due date of our financial obligations.

Leadership: A Privilege and a Responsibility

(Continued from Page 1)

vocational plans, political and aesthetic preferences, and knowledge and skills. A great deal of attention is paid to knowledge and skills during the collegian's career, but very little attention is devoted to others. Yet, social and philosophical attitudes, moral and ethical conduct and other such attributes are as important to the making of professionals as are knowledge and skills.

Any group resolves into purposeless wandering and ultimately into anarchy without leadership. Leaders are necessary because it is difficult for a group to speak or to act except through an individual. Someone must verbalize the necessity for order and someone must articulate the goals and policies of the group in terms which will render their matter of universal commitment.

Leaders are an indispensable part of our academic lives, of our profession, of our culture, yes, even of our civilization; yet, there is no specific course of study, through which one can learn to be a leader. There is no job description for a leader. No one has ever written a bill of specifications for a leader. Certainly, there is no Ph.D. requirement for a leader.

Leaders can spring from anywhere and they appear in many guises. If we were to identify a leader by personality traits and by physical characteristics, we might say that a leader should be knowledgeable, enthusiastic, alert, original, patient, sympathetic, industrious, dependable, honest, and emotionally stable. A leader should have initiative, self-confidence, a sense of humor, humility and a desire to excel. A leader ought to be loyal, persistent, sociable, cooperative, adaptable, and amenable to criticism. It helps if he or she is imposing of stature, of good appearance, and fluent of speech.

Do you know of any person who has all of these characteristics? Do you know of any person who has all of these qualities? Of course not. Such a person does not exist, and if there were such an individual, he or she would probably soon turn from the ideal leader into a despot.

Americans, for some reason, whether in their political lives or in their professional life seem always to be searching for the ideal leader, for the white knight, for the saviour who will solve all of their problems, will answer all of their questions, and will lead them into a promised land.

That's a cop-out, my friends, an admission that we do not want and will not accept the personal responsibility of guiding—I didn't say mastering—our own destinies.

But it really doesn't matter that there is no perfect leader, because the capacity for the kind of leadership of which I speak resides within each one of us—we need only to recognize it and use it.

Leadership is giving—giving of oneself. Each and every person has talents, gifts, and a potential which are all his or hers. Each is a person with abilities all his own. There is no one else in the world just like you. So be yourself. Capitalize on those assets you do have. Don't be conceited, but be proud. Don't think more highly of yourself than you ought to think, but try to have a sane estimate of your capabilities.

Don't short-change yourself: there is no other person in the world just like you. Don't blame your parents, your friends, your environment, your circumstance, your bad luck, your frailties, your foolishness, your mistakes or the animosities of others for the fact that you don't always get what you want.

Don't spend your time envying others the gifts they have while you fail or refuse to use the gifts which you have. It could be that you don't have the gifts of others because you have not cultivated them. It could be that you will never have their gifts because you have your very own. In other words, whatever gift you have, invest it, spend it, not on yourself but on others.

Don't say the price is too high, the sacrifices too great, the time not right, the results too small and not worth the effort. The amazing thing is that the more you spend on yourself, your gifts, talents, the more will come your way in joy, in satisfaction, even in wealth and the world around will not be without the competent leadership which it so desperately will need.

Throughout the history of the nation, the watchword has been freedom—the liberty of self-determination and self-fulfillment. Nowhere on this planet and at no time in history have people been as free as in America today, and yet there is not a corresponding degree of happiness.

Because people have forgotten that the coin of freedom does not have the word privilege written on both sides: rather, it has privilege on one side and responsibility on the other.

I hope that you are willing to accept the responsibility of individual leadership which your profession needs to meet the challenge of change. Your profession doesn't need men and women of experience as much as it needs leaders who can—or will do things that have never been done before. I hope you fit into that category.

News from Our Chapters



ETA

"Hi, Sisters." Hope everyone had a very enjoyable holiday, and is ready for the upcoming year. Eta Chapter was busy with a variety of events.

Second Rush was held on November 5th in Norristown, Pa. We had a lovely time and are proud to announce that over thirty prospective pledges joined us. We feel that the event went well and hope this semester will prove it.

The Ways and Means Committee held two fund raisers and collected a total of over \$250.00. Not bad for two days work!

In December, Eta Chapter presented a \$100.00 check to The Home of the Merciful Saviour for Crippled Children. The money will be used in the Music Satellite Program at the home.

Also: for one of our projects, we went to the home and spent a few hours with the children singing and playing games with them. We met many children and Suzanne Salansky, our Historian, took many pictures to help us remember the day.

This coming semester Eta Chapter will install our new officers who were elected in December. Also, along with our pledge class, we will hold two more fund raisers, our annual carnival for Cystic Fibrosis and Fraternity Review.

Well, here's to a successful year.

Renee Brandell
Vice President

THETA

GREETINGS from Omaha, Nebraska!

The Lambs of Theta Chapter have been working hard this semester. We honored Valentine's Day by selling various colored sweetheart roses, with delivery and pick-up involving the whole campus. We sold a total of 235 roses over a four day period. All proceeds are being donated to Project Hope.

On Monday, February 25, we held a bake sale in the Health Sciences Building. Everybody indulged in such goodies as baklava (a Greek pastry) and cupcakes, cookies, and brownies.

On Tuesday, March 20, a formal meeting was held at active Darlene Howard's. Nominations for officers were taken at this time and each member provided a dish for dinner later.

At a meeting on the following Thursday, Mr. Ken Krueger, chairman of the SAPHA Hypertension Committee, gave a demonstration on the proper use of the blood pressure cuff.

Our chapter, along with members of pharmacy faculty, have been invited by Kappa Psi Fraternity to attend an awards banquet. Cocktails and dinner at Mr. C's Restaurant will be at 6 o'clock April 15. Induction of new officers will take place at this time.

Leisa Sitroneto
Corresponding Secretary

MU

Greetings from Mu Chapter at Washington State University! Our members have been very busy this winter with fund raising activities. Wednesday, Feb. 27, we had a bake sale in the Pharmacy student lounge. It was a great success. We are presently involved in a T-shirt sale with Kappa Psi. We are hoping it will be profitable as well as fun.

December found us busy with the election of new officers. Installed were President, Mary Sargent; Vice President, Kathy Merlino; Secretary, Joanne Meldrich; Treasurer, Emily Wildermuth and Historian, Lisa Olson. Occupying our time in mid-December was the annual Christmas Party. The children of the faculty and pharmacy students were invited. Seventeen children attended and brought their parents. The afternoon's activities included playing "Pin the Fluff on Santa's Hat," Christmas carols and decorating the Christmas tree. Bill Mich, a fellow pharmacy student, was our jolly Santa. He coordinated the gift exchange while taking requests for Christmas Eve deliveries. The afternoon was a joy to members and guests alike.

Mu Chapter will celebrate Hygeia Day, Friday, March 14, with poison prevention information and a poisonous plant display in the Compton Union Building. This has become an annual tradition and is received with much enthusiasm on campus.

Mom's Weekend is coming up in May. LKS-Mu Chapter is planning blood pressure screening for those who tour the College of Pharmacy. On that healthy note the Mu

Lambs wish all of you "Happy Spring Fever."

Lisa Olson,
Historian

NU

Nu Chapter sends its greetings to all our sisters.

We have been busy this semester. The activities started out even before classes did this semester. As part of our fund raising, we worked at registration. The part we played was that of pulling class cards and manning the check out points. This two day activity allowed us to raise over five hundred dollars for the use of the chapter. This has not stopped our fund-raising committee. They have planned a mortar and pestle sale, a raffle of dinners, and they are looking into selling PDR's.

We have spent most of our time this semester getting ready for Project HOPE. We decided to keep Hopscotching for HOPE, since it was so successful last year. On February 9th we headed out to the mall with our tennis shoes and pledge cards in hand. After six hours of hopping, we raised over fifteen hundred dollars for Project HOPE. A special thanks goes to Nancy Saltzstein who has taken this project under her wing.

We hope all our sisters have had a good semester.

Since this is the last issue of the year, we want to congratulate all those members who are graduating. May everyone have an enjoyable summer. We will be waiting to hear from you again in the Fall.

Ann Wildman
Corresponding Secretary

NU

Nu Chapter again sends its greetings to all our sisters. We want to extend our congratulations to any December graduates.

We had an exciting semester professionally as well as socially. We managed to find things to keep us active.

Professionally we participated in a Bike-a-Thon for Diabetes. We manned "check-point" stations located around the city. We also participated in a "Vial of Life" program. This involved encouraging families to have a medical history form filled out for every member of the household. It is used to help aid emergency medical treatment. We also assigned each month a topic and invited speakers to tell us more about the subject. Some of the talks included childhood immunization and mental health. We ended the semester by participating in a Food Pantry. It is a program to assist families in need during the Holidays. Each member donated a food item and the chapter purchased a ham. This was given to a local church for distribution.

Socially our semester began with a football warm-up party with Kappa Psi. We also took part in an All College of Pharmacy Dinner Dance. It is becoming an annual event, sponsored mainly by SAPHA with some help from Kappa Psi, Rho Chi and Lambda Kappa Sigma. We ended the semester with a small party for the graduating Fifth Year students. The chapter gave each member an etched LKS vase. This was just our way of showing them how much we appreciated all that they did for the chapter.

We are now deep in planning an exciting semester. Nu Chapter sends its best wishes to all our sister chapters for the coming semester.

Ann Wildman
Nu Chapter

OMICRON

Hello from Omicron Collegiate!

The 1980 year is already upon us and we are full of warm wishes for the coming decade to all our sisters. We have been very busy here at Wayne State. Fall quarter we initiated a record number, 13 new members! And what a great group of pledges! They prepared a luncheon for the collegiate members and we gorged to our heart's delight on the specialties presented to us. Truly a feast fit for a queen. The newly installed members celebrated at fall quarter end at the lovely Shores Club.

A bake sale brought \$\$ to our eyes to fatten up our funds with specialties galore. The bake sale was a real success!

Founders Day was celebrated at the home of our new faculty advisor, Geri Smith. The occasion brought sisters

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News from Our Chapters

(Continued from Page 3)

together with warm reminders of the strong ties of our sisterhood.

Halloween brought lambs together to celebrate in our favorite masquerades.

We, the members of LKS Omicron, would like to wish all our sisters a prosperous new year.

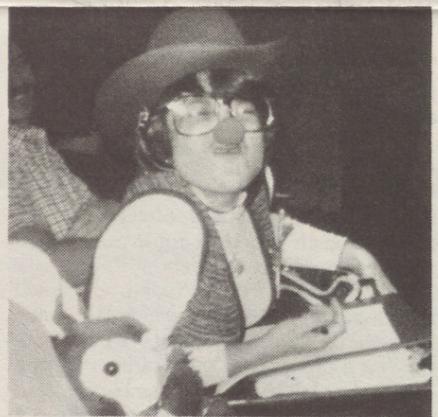
Regina Sears



Omicron sisters dress for Halloween (l to r) R. Sears, C. Miller, C. Tomlin, S. Gates, B. Serling.



V. Cappelletti and D. Vandermeij, Omicron sisters are dressed for Halloween as their favorite characters.



C. Tomlin clowns around dressed for Omicron Halloween celebration.

OMICRON

Hello from Omicron Collegiate!

Members of Wayne would like to extend warm congratulations and best wishes to all "nineteen eighty" graduating "sisters."

February 29, 1980, our regional supervisor Gloria Bernstein flew in from Iowa to spend a weekend with us. Officers got together Friday night with Gloria to discuss affairs at hand and relax with pizza and beer. Saturday was sight-seeing at Detroit's fabulous "Ren-Cen" and a grand tour of the city by air. Sunday, we conducted a meeting and discussed ways to improve our professional and social status on campus. We were greatly inspired by her presence and look forward to seeing her again soon.

We are going to celebrate Hygeia Day with a presentation demonstrating the Heimlich Maneuver of saving a choking victim with a film included. This program will be open to students at Wayne as well as to the public.

We are presently trying to strengthen our treasury to send more members to the national convention, by selling monogrammed mortars and pestles and also a "faculty baby picture raffle!"

Fraternally yours,
Regina Sears

TAU

Hello and Happy New Year from Tau Chapter at Duquesne University in Pittsburgh, Pennsylvania! The end of 1979 held many projects and special events for Tau sisters.

October brought an end to our Fall pledge period which included a scavenger hunt as the pledges final feat before hell night. Following the "harrowing" hell night the sisters offered congratulations to our new sisters: Joyce Foster, Karen Hayes, Sue Schwab, Libby Smolarek, Linda Wielo, Terri Yoho, and Debbie Zanetti.

To defray their pledging costs the pledges sold "Pharmacists Fill Your Needs" bumper stickers. Pledge Initiation was held "Italian Style" at Lombardozzi's restaurant. We hope that our new sisters find much reward and enjoyment in LKS now and in coming years.

On October 11 Tau chapter celebrated Founder's Day and served cake and punch following the traditional ceremony. The weekend of October 12-14 held an exciting event for some of our sisters. The regional convention hosted by the sisters at West Virginia University was held. Numerous workshops and events such as a hoedown gave everyone the opportunity to get to know one another and exchange ideas among chapters. Our thanks to Alpha Omicron chapter for an enlightening and fun-filled experience.

A new project undertaken by Tau chapter was a Mother-Daughter Tea. Invitations were sent to the mothers of all sisters and any interested friends and relatives were invited to R.S.V.P. also. Homemade cookies were donated by sisters and tea sandwiches, punch and coffee were also served. This project invited the opportunity for our Breast Cancer Program to be presented. We hope to continue this project yearly as meeting new people and bringing "mom" into an event was enjoyed by all.

Tau Alumni Chapter held its annual card party on November 3. Several sisters volunteered to model outfits for a fashion show during the card party. Good Luck to our alumni in the new year!

Our professional meeting brought an insight into project H.O.P.E. to our chapter. Dr. Marilyn Harris, professor at Duquesne and LKS advisor, presented slides and comments on her recent return from Barbados and her involvement with H.O.P.E. On November 8 sisters "dialed for dollars" at a Phonathon sponsored by Duquesne University. Sisters raised over \$400.00 for our school. The weekend of November 9-11 saw a dance marathon for muscular dystrophy held in the Duquesne University ballroom. Congratulations to sister Brenda Ling for lasting the entire marathon as a representative for LKS. The Blarney Stone Restaurant was the site of our Fall dinner dance. "Shamrocks" and dancing were enjoyed by all.

On November 28 Election of Officers was held. Congratulations and good luck to our new "cabinet:" President, Renee LaPorte, Vice President, Deanne Klingensmith; Secretary, Linda Biagiatti; Treasurer, Barb Fazio; Historian, Debbie Petretich; Pledge Mistress, Jeanine Matsukas.

December 6 was chosen as the date for our Christmas party. Ice cream, cake, cookies, punch and carols were enjoyed by all. A gift exchange was conducted by Santa (Deanne Klingensmith) and her elves (Joy Gangey and Sue Valentich).

Pen Pal letters have been received from several chapters and we are looking forward to hearing from everyone. Several lobby sales including bagels and doughboys were held. Our biennial hoagie sale was once again a big success. A special sale of silk ornaments obtained from China by the daughter of a professor at Duquesne was held during the Christmas season.

Tau chapter would like to extend special thanks to our Advisors, Dr. E. Lovstead and Dr. M. Harris for their help in the past year. A big welcome goes to new faculty member Dr. T. Porrier and thanks to her for her interest in LKS. Once again Tau extends good luck in the new year to all chapters and looks eagerly to an exciting 1980 with LKS.

Debbie Petretich
Historian

TAU

Greetings from Tau chapter at Duquesne University in Pittsburgh, Pa. 1980 has brought much to do at Tau. On January 24 we hosted the first of two rush parties. It was a "toyland" theme and gingerbread men provided the food for all. The next week the second rush was held. Pledge mistress Jeanine Matsukas chose a "winter wonderland" theme and hosted about twelve prospective pledges. On February 3 we formally welcomed ten pledges at our traditional pledge acceptance ceremony and they began their pledging on February 4. The next four weeks included special events like Blue and Gold Day, Professor Appreciation, Button Day and a Scavenger Hunt. These events

and more brought the sisters and pledges closer together and held fun for all.

Big-Little Day was held with pizza and a shower of lambs and mortars and pestles were exchanged. On Friday, February 29, the pledges completed their final feat as "pledge night" concluded the pledge period. A big welcome is extended to our ten new sisters: Mary Ann Borata, Becky Bracken, Rita Bruno, Beth Church, Beverly Franks, Maureen Kondler, Niki Pappada, Tracy Payne, Kenna Raymond, Betsy Kerr.

Throughout this semester we have held several lobby sales with most of the money going toward Convention expenses for August. Our first sale was a "Sweetheart French Waffle Sale" held near Valentine's Day. Another sale idea was that of "Cosmic French Fries." Both sales were very successful and fun for all those who helped.

Our professional projects, "Breast Cancer" and "What is a Pharmacist," are currently being revised and improved. A special group from the city of Pittsburgh as well as professors at Duquesne have offered to help us improve our "Breast Cancer" program. The "What is a Pharmacist" program is currently being presented by various sisters in city schools, with at least one program being given per week.

On Saturday, March 1, LKS at Duquesne concurrently hosted a mixer with the Duquesne chapters of Phi Delta Chi and Kappa Psi and the pharmacy fraternities at the University of Pittsburgh. It was held at Shales Cafe in Pittsburgh and was a great success. A good time was had by all those who attended.

March 9 will host a pharmacy open house for Duquesne University. Tau chapter will have an information table and several sisters will act as tour guides for the afternoon.

Everyone in the chapter is currently looking forward to our Sweetheart Dinner Dance to be held on March 15. Recently elected sweetheart was David Grisknik. Congratulations, Dave!

Mortars and pestles brought from Greece by one of our sisters will serve as favors for the ladies, while their dates will receive mugs with the LKS crest on them.

We at Tau wish everyone good luck in the rest of the semester and a happy summer. As we know, like everyone here, all sisters are waiting for the summer sun.

Debbie Petretich
Historian

PHI

Greetings from the lambs of Phi chapter. Since the fall issue was published we had two more rush parties in October and pledged twenty new lambs. While in town to tour Lilly's, the lambs of the St. Louis-Alpha Zeta chapter and the lambs here got together at the Teller's Cage atop the Indiana National Bank for a fun filled evening. On December 3, we celebrated Christmas with our annual alumnae-collegiate Christmas party. Fund raising this semester was helped through the selling of pharmacy text books needed by the fourth year class.

With the start of the new semester and a new year, we are busy planning the spring activities. Included in this are election of new officers, initiation, and our spring picnic with the other pharmacy fraternities. We also are planning a project with the members of Sapha for poison prevention week.

We hope all our sister lambs have a successful school year and every happiness in 1980.

Nancy Snyder
Corresponding Secretary

CHI

Hi everyone! Finals are fast approaching for us here at CHI chapter. It's really amazing how quickly time flies when you're studying. To get on to happier subjects, Spring is coming! And with it Spring Break. Several of us here at Chi Chapter along with other Pharmacy students, are planning to visit Syntex Laboratories in Palo Alto, California during spring break. Since we've never been to a manufacturing plant, it should be interesting, fun, and of course, educational.

Last month, February, CHI held a raffle during our school's annual Pharmacy Day. This year there were detailmen, lecturers, free eats, a CPR training and a "social" hour. We planned our raffle a few weeks in advance of the actual day, February 28th, and decided on donating all the money to Project HOPE. The Grand (and only) Prize was a metal sculpture, donated and made by one of the pharmacy students. The sculpture resembled an eagle with its wings spread, which was set in a base of marble. We sold tickets both before and during Pharmacy Day so as to raise the maximum amount of money. We even got some detailmen to buy tickets. By the time of the drawing, which was at the end of the "social" hour, we had raised a total of \$109.95 for

Project HOPE. The raffle was a big success both to the person who won the prize (a 5th year student) and for Project HOPE.

This month and next month we'll be concentrating on our major money-making project, selling Pharmacy T-shirts. This year we held a T-shirt design contest with the prize for the best design being a free T-shirt. We got several good designs and slogans from which we selected two. One, a slogan, reading, "RPh without scruples aren't worth a dram," and the other being a design, "U.W." with the "U" made into a mortar and pestle. Judging from initial responses from the various classes this should prove to be a great success.

As our University is based on the Quarter system some of our 5th years with enough credits are able to graduate at the end of the Winter Quarter. One of our sisters, Cheryl Park, will be leaving us in March to return home to practice in Hawaii. We'll really miss her and wish her much success.

Sandra Arakaki

CHI

Hi! We here in Seattle have started off the New Year with a record snowfall. That might not seem like much to people in the East or Midwest but up here in Seattle snow is almost unknown. I hope that everyone has had a wonderful holiday from school, and I know that you can hardly wait to get back. (?)

The past quarter was a very busy one for us at Chi Chapter filled with fun and fellowship. It all started on the first day of school with a beer bash at Seattle's own Rainier Beer Brewery. It was a joint function with Kappa Psi with them providing the dip and everyone else bringing chips, nuts, vegetables and other edibles. This was a great way to start off the quarter and to talk to new prospects about LKS. Later in the month, we held our annual Dessert Party which was graciously hosted by our past Dean's wife. This was a big success supplemented with luscious candies and pastries all hand made by our hostess. To keep the interest and response up we followed up our Dessert Party with another more informal one with Kappa Psi the next week. This was well attended by both the Chi Chapter and Kappa Psi with a good time had by all. Before we knew it exams and Thanksgiving holidays were upon us and looming close behind, Christmas.

To get into the mood for Christmas we cooked up this idea to "surprise" the Dean and his staff by decorating his office during the night. And next morning when they come in... surprise! It was decided to combine other projects we had going with this one and hold this last rush function before the girls pledged. So we had a wine and cheese party (with cheese crackers), made posters for our annual canned food drive, and made plans on how and what to decorate the office. Even we weren't sure how the windows and doors were to be decorated at that point but we made up a whole bunch of stuff along the way. After finishing up everything we marched over to the office, one girl on roller skates, singing Christmas Carols. We ended up with a snowman with a real knitted scarf, candy canes hanging from the doorframe, and snowflakes on the door; a mortar and pestle with fake capsules hanging out and LKS written on the front and more snowflakes on the window; and four little red and white stockings hanging on the railing with candy canes and fake capsules stuffed into them. Each of the stockings had the name of the Dean, the Assistant Dean and their secretary. Surrounding the window and door were red and white twisted crepe paper that gave an "air" to the entire area. The next morning the Dean and his staff were surprised and pleased with their Christmas decorations.

December came all too soon with getting ready for Finals and the Christmas rush. We decided to squeeze in our pledging ceremonies before the end of the quarter. This was combined with our last project for the year, baking cookies. This year it was decided that we would donate the cookies to a nursing home. I'm sure they got almost as much pleasure eating them as we had making them. A very belated Happy New Year to all!

Sandra Arakaki

ALPHA ZETA

Although it seems like the last pledging period has just finished, Alpha Zeta chapter is busy planning this year's pledge activities. Our smoker this year is being held on January 23rd at the Flaming Pit Banquet Center in Hazelwood, Missouri. Games of chance will highlight the traditional Casino Night which will follow our smoker. After the bids are dropped on January 28th, we will have our bids ceremony on January 30th to welcome our pledges.

In December we elected our new officers



Sisters of Alpha Zeta Chapter digging into a great lunch at the summer meeting.

for 1980. Congratulations are extended to them and we hope they will do as good a job as our last officers. The new officers are: Debbie Kanne, President; Denise Fell, Vice President; Debbie Mann, Treasurer; Patty Sanders, Corresponding Secretary; Shelly Liszewski, Recording Secretary; Chris Ettl, Historian; Nancy Harres, Chaplain; and Beth Ann Graves, Parliamentarian.

Also, very belated congratulations go to two of our sisters who got married in the summer of 1979. They are Julie (Jensen) Langefeld and Bert (Moorhous) Clark. Best of wishes, girls! Sister Peggy Rehmer has a new alarm clock this semester, a new baby girl born in August, 1979. We're sure Peggy doesn't mind the extra noise!

Alpha Zeta chapter held a summer meeting in July at a lakeside house near Okawville, Illinois. All who attended will attest to the good food and fun. We were also very fortunate to have Pam Ehlers, Grand Editor, present. The meeting was a great way to get activities underway for the fall semester of 1979.

Alpha Zeta chapter has been extremely active with fund raising this semester. We hold bagel sales regularly to support our foster child, Jessie Begay. We also held a St. Nick's Bazaar on December 6th with all the profits going to Project HOPE. As for social life, we held a BYOB (banana, not bottle) in October where we made our own banana splits and had a restaurant party at the Old Spaghetti Factory in downtown St. Louis. The freshmen and transfer girls were invited to both and everyone had a great time getting fat on ice cream and spaghetti!

We held a closed Christmas party on November 30th and really got into the spirit (or should I say spirits?) of the season. It was a perfect way to celebrate before finals started!

Good luck to everyone in the spring semester and best wishes from Alpha Zeta chapter at the St. Louis College of Pharmacy!

Chris Ettl
Historian

ALPHA ZETA

We recently held our initiation and inducted eleven new girls. We congratulate them on their hard work. The new actives are: Sharon Bailey, Mary Barnes, Laura Beiter, Mary Jo Byrne, Gayla Ethridge, Linda Head, Christi Hood, Stacy Mullen, Rhonda Rosenberg, Lesley Watson, and Elaine Williams. They are a hard working group and we're glad to have them with us!

Two of the sisters recently announced their engagements, or as some say, they are finally biting the dust. Congratulations to Debbie Kanne and Sally Quinn on their forthcoming weddings!

In February, Midwestern Regional Supervisor Gloria Bernstein visited our chapter for the weekend. We held a party for her on Friday evening and lots of the sisters got to meet Gloria. The rest of the weekend was spent sight-seeing and going to see a movie. The sisters really enjoyed the opportunity to get to meet a Grand Council officer and find out what a great person she is.

March 8 was our Four Walls Party. We couldn't decide what to celebrate, so we decorated each of the four walls of the room with a different theme. So, in one evening, we celebrated St. Patrick's Day, Hygeia Day, Spring's Coming, and welcomed the new actives. Everyone had a fantastic time and can hardly wait for another occasion to celebrate!

Spring Break is just around the corner, and the sisters can hardly wait for this long-incoming break. But finals are just after that, and soon following is the summer meeting in July!

Best wishes to all sisters.

Chris Ettl
Historian

ALPHA THETA

Hello from Alpha Theta Chapter in Buffalo! Much has been happening since our last letter. On November 15th our pledge class of nineteen was initiated at a ceremony held at the school of pharmacy. The ceremony was preceded by a dinner to honor the new initiates which was held at a nearby restaurant. The evening proved to be a memorable one for both the old sisters and the new.

Since Thanksgiving much progress has been made on our newest professional program concerning the Breast Self Examination. Six of our members attended a program sponsored by the Erie County Chapter of the American Cancer Society. After they had learned all about BSE they were able to present a program on BSE to the rest of our chapter. Next semester we will be making our program available to any organizations on campus or in the community which would be interested in having us do a presentation on BSE.

December was our money making month. The hungry staff and students in the Pharmacy School here helped to make another bake sale a huge success. Plans were also laid down for a slave auction early next semester LKS sisters would be auctioned off to the highest bidder who could then "put them to work." A design was also put together for a Pharmacy School button which will be available next semester.

For the new year we are planning our 2nd annual Parent-Daughter Dinner after last year's was such a huge success. Also the search is on to find an LKS entrant for the annual University of Buffalo dance marathon for Muscular Dystrophy. Also planned are Project HOPE Fund Raisers, an ice-skating party and possibly a toboggan party.

Finally, Alpha Theta extends its congratulations to three outstanding members. Fourth year students Rita Conti and Adrienne Block were selected for membership in Rho Chi Honor Fraternity. Also, congratulations to Hynde Haberer whose hard work enabled her to graduate in January after only 2½ years in pharmacy school.

Best wishes to all three girls for their con-



Several of the pledges of Alpha Theta showing they can work together.



Several of Alpha Theta Pledges clowning around together.



The Alpha Iota Senior "Flock" at Winter Formal Traverse City. Front row: (l to r) Sue McDonald, Aimee Luea, Nancy Peterson, Carrie Neville. Back row: Andrea Tomaszewski, Marilyn Keating, Joanne Perry, Jane Searle, Marianne Defever, Liz Dey.

tinued success in pharmacy.

Beth Maurer
Historian

ALPHA IOTA

The women of Alpha Iota chapter send greetings to our fellow Lambs.

We started the year off by sponsoring a Pharmacy Tea to welcome transfer students and freshmen to Ferris, and to present to them the basic ideals and goals of Lambda Kappa Sigma. It was a tremendous success, and we are planning to make this an annual event.

Our annual Mum Sale for Project HOPE during Homecoming Week kept all of us busy taking orders, preparing the mums, and delivering them. We also sold mums during the Homecoming parade. After the parade, we hosted an Alumnae Tea with Irish coffee and doughnuts.

We celebrated Halloween by Trick-or-Treating for UNICEF, and then joining the men of Kappa Psi for a costume party.

Parents' Day was also in October. Parents were given a tour of the Pharmacy building, followed by a buffet dinner at Rankin Public Cafeteria. Guest speaker was Dr. Leon Keyes. The Pledge of the Year Award was given to Sue Abramovich.

November 1-4 Ferris hosted SAPHa regionals, the women of Alpha Iota were able to enjoy the company of sisters from Alpha Nu chapter of Kentucky and Gamma chapter of Illinois.

Also in the fall, we visited the Living and Learning Center to take the blood pressures of the elderly and to answer any questions they might have had on their prescription drugs. Later that afternoon, seniors Kallie Becker and Carrie Neville presented a program on laxatives, followed by a question and answer session. We were delighted to receive an invitation from the center co-ordinators to return soon, and are planning to return in February, and also in Spring quarter.

On December 12, we helped the men of Kappa Psi prepare for the Christmas season with a combination rush-house decorating party.

On December 15, the women of Alpha Iota joined with the men of Phi Delta Chi in giving a Christmas Party for underprivileged children of the area. Approximately 35 children were entertained with cartoons, a magic show, and a Christmas Carol sing-a-long. After lunch was served, Santa Claus distributed the gifts. It was truly a heartwarming experience.

We are currently making plans and final preparations for our Annual Winter Formal dinner-dance, which will be held this year at the Holiday Inn in Traverse City on February 3. The day will be spent skiing, sledding, or shopping, followed by a formal buffet in the evening, and dancing with music provided by an area DJ.

We initiated six women at the end of fall quarter, and one of these new members, Patti Sauve, is currently an Associated Student Government representative. We are currently pledging 8 women in this quarter.

We continue to offer Hypertension Screening clinics twice a year. Screening centers are set up on campus and in area businesses. Special congratulations go out to:

Joanne Perry — Associated Student Government Woman of the Year, 1978-79.

Engagements: Kallie Becker to Paul Jensen; Bonnie Jo Vincent to Joe Vito; Carrie Neville to Rick Germaine; Sue Armbruster



Maureen Doyle of Alpha Iota chapter looks over some of the mums of their annual Homecoming Mum Sale.

to Dave Johnson; Ellen Barton to Greg VanStee.

Marriages: Cindy (Richlie) Barnes; Cathy (Marazita) Beach; Sue (Bemis) McDonald; Ellen (Hynek) Cummings; Michelle (Everts) Wills, Cindy (Plemmons) Schinzel

Elected to Omicron Delta Kappa, National Leadership Honor Society: Sue Abramovich, Sue Mahoney.

Lamb of the Year, Alpha Iota chapter: Carrie Neville.

Our best wishes to all of our sisters for a bright and prosperous 1980!

Sharon Craig
Historian

ALPHA IOTA

Greetings from Alpha Iota Chapter at Ferris State College!

The highlight of Winter Quarter was our annual Winter Formal, held in Traverse City, Michigan, at the Holiday Inn, on Saturday, February 2nd. A delicious buffet dinner and DJ music set the mood for a memorable evening for those who came.

End of Winter Quarter we elected and installed new officers:

President, Sue Mahoney; Vice President, Sharon Craig; Treasurer, Patti Mason; Secretary, Karen Vedder.

Spring Term, our highlight will be a visit from Gloria Bernstein, Midwestern Regional Supervisor from Des Moines, Iowa. Gloria will be in Big Rapids the weekend of March 21st-23rd. I know all the girls are looking forward to meeting Gloria.

Our Spring plans include a Wine and Cheese Party with the men of Kappa Psi, March 13th a Pajama Party, and a St. Patrick's Day Scavenger Hunt.

For Hygeia Day, our chapter will be sponsoring the film "Poisonous Plants," which will be open to the community of Big Rapids. Hopefully, we'll have a good turnout.

Fund raising projects this quarter include selling T-shirts, buttons, Bic pens for Project HOPE and ceramic mortar and pestles that we made ourselves.

Spring sports!! It looks like we will have enough gals participating this year for two softball leagues and a bowling team. Go Lambs!!

If any of you gals happen to be wandering up in the Northern part of Michigan . . . Drop In!!!

That's all for now,

Nancy Lind
Historian

ALPHA KAPPA

Since Winter Quarter had only 10 weeks, we have been running at full steam regardless of the two sleet and snow storms. Several dates were set and committees were

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(Continued from Page 5)

formed.

During the week of February 25-29, the Mr. Legs Contest for Project Hope was held. We especially appreciated the faculty member (whose legs remained nameless), the brave independent students, and the representatives of our two pharmacy fraternities, Kappa Psi and Phi Delta Chi. Donations were made by everyone. These donations helped us raise \$75 for Project Hope. Our special thanks go to Rob Orchard and Nany Houle who organized the photography sessions and developed the breathtaking photos.

We would also like to congratulate our new Big Brothers, Steve Glass and Jim Reed. We feel lucky to have such wonderful men to step in the shoes of our big brothers graduating at the end of Winter Quarter.

Chapter Elections were held and the new officers will take office during Spring Quarter. The new officers are: Jan Parrott, President; Erni Griffin, Vice President; Rhonda Latiff, Recording Secretary; Betsy Tennent, Treasurer; Rhonda Johnson, Corresponding Secretary; Renee McClelland, Historian; Pam Younger, Social Chairman; Tricia Gaultrey, Pledge Trainer; and Jan Rogers, Chaplain. Congratulations to these girls and we wish them a very productive year.

We have been working on other projects including Dental Hygiene, Hygeia Day and Poison Prevention Week.

Best wishes to our sister chapters. We hope everyone can incorporate the freshness of the coming spring into their professional work and into the soul of Lambda Kappa Sigma.

Brenda B. Brown, Historian

ALPHA KAPPA

The Alpha Kappa Lambs had a fantastic fall quarter. We started the quarter with several rush parties that were great opportunities to meet the first year students and to renew old friendships after the summer break. These gatherings included an enjoyable evening of wine and cheese, later followed by a covered dish supper. The big brothers were evidently appreciative of the latter activity since there was practically no reason to wash the platters after we finished!

The new pledges wore lab coats and carried paddles for two weeks and then — on November 12 the Alpha Kappa sisters initiated thirty new sisters in the traditional formal ceremony. Donna Spear was elected the pledge class president. This new group of sisters have been active already and have a bright future in LKS.

The sisters have been working on various types of projects. Everyone's enthusiasm grew when our girls returned from the October Regional meeting in Memphis. One money-raising project, a raffle for dinners from local restaurants, was a suggestion from the convention and resulted in a well received effort among the students and faculty members.

Several Sisters made a trip to Auburn, Georgia, to teach first graders how to brush their teeth. The Dental Hygiene project has existed for several years and has proven to be a rewarding service project. These lambs have participated in so many areas it is hard to mention them all — like our winning volleyball season.

We are looking forward to an exciting new decade — the 80's. The Alpha Kappa sisters wish everyone a happy and rewarding New Year.

Brenda D. Brown
Historian**ALPHA MU**

Winter quarter proved to be a busy quarter for Alpha Mu chapter at the University of Toledo.

The quarter was ushered in with "Lambda Kappa Sigma Night" at the Brass Bell, a popular campus tavern. Lambies manned the taps for this fund raiser and the pledge class cleaned up at the end of the evening. Live entertainment was provided by a versatile rock band called The Best, which seemed to live up to its name. There was a good turnout of students which probably goes to show that there couldn't have been a better way to start off the quarter. It was a good time for all.

The Scavenger Hunt, the highlight of the pledging ritual also took place during the early part of winter quarter. Much time and effort was expended by the active members in planning for the hunt. A list of over 100 items was compiled and pledges had to come up with these items, using imagination and wit for those things impossible to find. This year's scavenger hunt was unique in that it began in a dark and "woodsy" graveyard, where the pledges were to pick up initial clues before separating into smaller groups to begin the hunt. While clambering up the hill to the largest tombstone, where the clues lay in a sealed envelope, the

pledges were surprised by a "ghost rider." They were relieved to find out that the ghost was active Michele Nathaniel on horseback. The evening ended at pledge Sherry Ayres' mom's apartment, when three hours later and countless miles around the city, the pledges were welcomed back by the fraternity. This same evening they received their "Lambs" and big sisters.

In the early dawn of February 12th, sleepy pledges were hustled up from their beds by stealthy kidnapers and were taken to breakfast at active members Liz Salas and Cheryl Weible's apartment.

The pledging period was brought to a close at the activation dinner on February 19th at Dominic's, a Toledo restaurant. The initiation ceremony of the pledge class and the activation of new officers were performed at this time. Alpha Mu can boast of its largest pledge class ever, and introducing these new actives. . . .

Joyce Asamoto, Mary Bohland, Barb Hanudel, Ellen Hopper, Kathy Kresja, Jackie Lanni, Lori Loshbough, Cyndi Luft, Reem Sabbagh, Kim Snyder, Shirley Suita, Sue Waldecker, Lisa Wilkes.

Welcome to Lambda Kappa Sigma!
The new officers for the 1980 school year are. . . .

President, Jean Sanzenbacher
Vice President, Patty Evans
Corresponding Secretary, Debbie Martin
Recording Secretary, Jackie Lanni
Treasurer, Sue Elekonich
Historian, Mry Ann Piascik
Chaplain, Lori Loshbough

In addition to fund raisers, Alpha Mu was able to raise money for Project Hope. A hopscotch marathon ("Hop for Hope") accomplished this. "Hop for Hope" was held on February 20th during the SAPHA drug fair. Four hopscotch boards were laid out for an afternoon of hopping. Pledges per game and donations were accepted with all earnings going to Project Hope. Altogether, over 200 games of hopscotch were played. Thanks to all who contributed.

Two professional meetings were held during winter quarter. On January 14th, Dr. Cullen from the Medical College of Ohio at Toledo addressed the fraternity on child abuse. On March 4th, Jim Calcumuggio R.Ph. (alias "Quincy" Calcumuggio) discussed his job at the crime lab for the Metro Police Force in Lucas County and drug abuse.

Many activities are being planned for spring quarter.

There will be another pledge class this Spring, due to an interest by many to join.

With the success of selling poinsettias at Christmas time, it was decided that Easter Lilies would go over big as a fund raiser for the spring.

Senior appreciation night is scheduled for April 2nd at Little Caesar's Pizza Parlour, and in appreciation each senior will be presented with a goblet engraved with an LKS emblem. Congratulations to these grads. . . .

Sherry Ayres, Lynne Baumker, Gayle Brazeau, Mary Glavan, Londa Jue, Julie McCoy, Jan Middaugh, Laura Rath, Jamie Rudiger, Liz Salas, Cheryl Weible, Deanna Woodruff, Connie Yeager.

A composite is now being assembled that is solely an LKS accomplishment, since Connie Yager is putting her talent to use as studio photographer. She doesn't even charge a sitting fee, all she asks is that everyone show up for their appointment times. The composite should be finished some time early spring quarter.

A softball team is on the agenda for springtime for intermural competition with other campus teams. A softball game is already scheduled on May 18th with the guys from Kappa Psi in the college of Pharmacy.

It is also hoped that we can bring home the trophy again this year in the raft races of the Spring Festival held on campus each year.

Lori Loshbough

ALPHA NU

Greetings from Alpha Nu!
With the start of the New Year, it is good to look back and see how strong our chapter is becoming. Our membership has swelled by twenty-nine pledges and our Alums now have an Alumnae chapter.

The beginning of the Fall 1979 semester brought three rush functions with a large turnout of sisters and prospective pledges. Our hayride was the first planned function but due to rain (for the second year in a row) the function became a cookies and punch gathering in the student lounge. The second function was the ever popular B.Y.O.B. held at Mrs. Doughty's home. The third function was a college wide party. Bids were sent and twenty-nine women who accepted were treated to a salad supper and were given their pledge pins by their Big Sisters.

The pledge class has sold Rx plaques for their money making project. The money

they earn will be donated to Project Hope as their service project.

The Southern Regional was October 19, 20, 21 at Memphis with Alpha Nu Collegiate represented by Janice Farley, Gay Pennington and Patty Gregory. The forming Alumnae chapter was represented by Becky Hunter, Lorene Gibbens and Gloria Doughty. We all had a lot of fun and wish to thank Alpha Epsilon for doing such a great job at putting together a regional.

Our Christmas Dance was held December 7, at the Tates Creek Country Club and was especially important to the chapter since the Alpha Nu Alumnae chapter was installed by Judy Riffée. We were also happy to have Betty Susina and Husband and Marilyn Haberle at this special occasion.

January will bring about the activation of our pledge class and the election of new officers who will be able to further strengthen LKS at the University of Kentucky.

Patty S. Gregory
Corresponding Secretary**ALPHA XI**

Greetings from the Ladies of Alpha Xi Chapter,

Alpha Xi has been keeping busy during the early part of the New Year by holding two rush functions. The first was a pot luck dinner, and the second, a fondue during which a sample of one of our professional projects was presented to the rushees. Both rushes were well attended by more than thirty prospective rushees.

This year's pledge class was Alpha Xi's largest!, 32 young and eager women! Pledge activities included helping out on our annual Valentine's Day dance and presenting a professional project (Drug Use in Pregnancy).

We are currently involved in several professional projects. We are working in conjunction with the American Cancer Society in a two year "BSE Banking" project in which we will visit each branch of the five major banks in the San Joaquin County, giving BSE programs to their employees and customers. We are also in the process of getting certified to teach CPR classes by the American Heart Association.

During early February, we attempted a new fund raising idea which turned out to be a smashing success. Our ideas consisted of selling Valentine "cookie-grams" to the students. All the members contributed baked goods which were then bagged and decorated with a Valentine card and a sweet pink bow! Valentine cards were read upon request when the cookie grams were delivered during classes. We'd encourage any chapter who would like to try doing this project next year as it is easy and fun to do, and very well received.

Our seniors were honored at our annual LKS Senior Brunch. It was held on March 9, 1980. They will be graduating on May 4, 1980. Alpha Xi would just like to take this opportunity to wish our sisters around the country who are also graduating this year, congratulations and God's blessing for the future.

Maryanne Loo
Historian**ALPHA OMICRON**

Hi! I hope your holiday was a happy one and that all you LKS lambs are ready to start the new semester.

Our chapter has been very active this year and we are excited about our projects. During the Thanksgiving break LKS visited several high schools throughout the state to present our breast cancer display. Our "team" of girls included Lee Anne Norris, our chapter president; Carol Workman, Kathy Smith, Kathy Conrad, Leslie Souan, and Kathy McDonough. In addition to going to Wayne, Parkersburg, and Parkersburg South high schools, the girls toured local pharmacies and health clinics. It was a rewarding experience and well worth giving

up a small part of the Thanksgiving vacation for.

We began a canned food drive for the Rape and Domestic Violence Shelter for Battered Women. We are really pleased with our involvement with this organization. They appreciate anything we can do and they send us their monthly newsletter to keep us up to date. We visited the Shelter December 12th and took a Christmas tree to them. We took along some decorations but when we got there we found that the seven children at the shelter had spent the entire day making construction paper chains and popcorn strings. We sang Christmas carols with the children and their mothers and, believe it or not, while we were there Santa Claus came with a toy-filled stocking for each child! We also took the two boxes of canned food we had collected from our food drive to stock their kitchen. Of all the things we have done, this has been the most rewarding. We all were glad that we had taken time to share ourselves with them. Sometimes we tend to forget how much we really have to be thankful for.

During the week we also went to the children's ward at the Medical Center Hospital. Cub Patton, a third year student, played Santa and 11 LKS elves helped pass out stockings to all the children, including the infants.

On December 13th the active members put together Finals Packets for the pledges, we included this poem and all the things called for in it.

Finals are here, I'm sorry to say.
Here's a special Final Pack to help you through these days.

A pencil helps check final "pick a winners"

Candy satisfies the growling of your inners.

An aspirin stops the headaches from increased concentrations.

A pin in the arm limits snooze inclinations.

If this door sign for quiet doesn't stop noise in your room,

Then this cotton in your ears will make it sound like a tomb.

When tests are over, a match will burn your notes with cheer.

And to celebrate, this penny will pay the tax on a beer.

We groan and we grunt, we stew and we bother,

When it's all over, we run home to Mother.

We're joyous, we're merry. We forget all our tests were here.

Just think, the same thing happens with the coming New Year!

They were really surprised and I think it helped them to know that we were thinking about them.

The Christmas Party came on Friday, December 14th. Kathy Smith, our Social Chairman, organized it and, as usual, did a fantastic job. LKS donated the turkeys and everyone brought a covered dish. There was enough food for an army! The seniors were out in full force and we gave the graduating girls pewter bud vases with Lambda Kappa Sigma engraved in block letters. We also presented gifts to our advisor and sponsor and had our annual Big Sis-Little Sis cookie exchange. Everyone had a great time and it was a nice break from studying.

We are now preparing to take part in Pharmacy Week, a time during which our school tries to promote the profession of pharmacy to the entire University and to the public. This year's Pharmacy Week will be organized by an LKS member, Nancy White. In addition to our displays on birth control and breast cancer, we are arranging a Drug Fair to be held at the Medical Center.

As you can see, we had an active November and December and are looking with anticipation toward a busy spring semester.

Nancy Lou White
Historian

Eta alumnae annual Christmas party: (l to r) M. Olson, F. Curran, M. A. Strembo, M. Prewitt, C. Jushchychyn.

ETA ALUM

Following the regional meeting in Morgantown, W. Va. this fall Eta alumnae celebrated Founder's Day at PCP&S in conjunction with the college's open house. It was an excellent opportunity for sisters to visit our alma mater and renew fraternity friendships at the same time.

Even during the whirlwind holiday season we managed to squeeze in a little fraternity fun. As is our tradition we gathered together with the collegiate seniors for our annual Christmas party.

Our biggest project for 1980 will be the preparations for our 60th anniversary celebration to be held in October. In order to make it a very special event lots of money has to be raised and all the sisters involved in some way — selling LKS pens, peddling raffle chances, creating homemade items for a crafts sale, contacting drug companies, calling hotels, contacting all Eta alums and stray Lambs, and anything else that needs to be done. We're really trying to make it something special; anyone interested in attending should contact Marian Ricardo.

Springtime plans also include some continuing education programs with local drug company reps.

Hoping the new year and new decade brings us all happiness. . .

Ruth Brown
Vice President

place in October when Eta alumnae will celebrate its 50th Anniversary. We're working hard for a super turnout. The sale of LKS pens that we are conducting will help defray the cost of the anniversary festivities.

On the drawing board now are plans for a day long CE program to be held at the college in November. More details later.

See you in Birmingham.

Ruth Brown
Vice President

NU ALUM

The Nu Alumnae chapter of Lambda Kappa Sigma has been rather busy this past fall. Many projects and activities have been undertaken, and new ideas have been presented for consideration.

To kick off the fall semester with the collegiates, the alums sponsored a hobo stew. Hamburger and garlic bread were provided by the alums and everyone contributed a type of canned vegetables. Even though we had an abundance of green beans, the event was quite a success! Another social project involving the collegiates and alums is a proposed bowling party for next semester. During the holidays, the alums enjoyed getting together and making candy bags which were delivered at the last collegiate chapter meeting before Christmas.

The Nu alum chapter has also been involved with professional, service, and fund raising projects. We contributed a ham to the Thanksgiving basket which the collegiates gave to a family of the community. The alums are planning to participate with the collegiates in "Hopscotch for Hope" by hopping and obtaining pledges. This fund raising activity for Project Hope will be held at a shopping mall in February.

Also, our chapter has found a profitable fund raising project in the sale of shot glasses with the initials of LKS, and we are planning a Tupperware party as a combined social and fund raising project. Included in our professional projects, members of the Nu alumnae group are working on a project concerning generic drugs on the geriatric patient, and a program for Hygeia Day is being planned tentatively involving an obstetrics-gynecology specialist.

At our Homecoming meeting, we discussed and finalized many plans including a new "Nu" alumnae award to be presented to an outstanding collegiate member who has greatly contributed to her chapter. The award, A Merck Manual, will be presented at the senior picnic. At the Homecoming meeting we also made plans for our Drake Relays meeting in the spring and hope that many Nu chapter alums will be able to attend.

Linn Stalnaker

PHI ALUM

Phi Alums have been enjoying good fellowship with our collegiates. In October we treated the collegiates to a wiener roast at Rosie Hider's home. An impressive Founders Day ceremony was the highlight of this meeting.

In December collegiates and alums got together to share some Christmas Spirit. Everyone brought her favorite hors d'oeuvre to go along with the holiday punch. In January we alums went back to school for an evening. We had a continuing education program on Therapeutic Considerations of Angina Pectoris. In February we'll be eating again! Our meeting is going to be held at Benihana of Tokyo.

Besides having a good time at our meetings, we've also been busy with several money making projects. Prior to Christmas we sold Current Stationery and gift items. We're now busy collecting "treasures" for our May garage sale.

Several of our members are active in the

National WONARD. Anita Meek is Second Vice President and Adele Lowe is serving as Credentials Chairman.

Sherry Wagoner
Vice President

ALPHA ZETA ALUMS

Why are Alpha Zeta Alums making 500 buttonholes? For the answer to this question and others like it, come to the 1980 Biennial Convention this summer. Curious? Here's a hint. It has something to do with favors.

Other than working on our project for the convention, we have also managed to support several of the collegiate events in the past several months. These include smoker and initiation. Congratulations to our new collegiate members! We're happy to have you with us.

The alums are also looking forward to the

Parent-Daughter Luncheon and the third annual spring formal in April.

Hope to see many of you in Birmingham in August for the Convention!

LKS PENS FOR SALE

Eta Alumnae are selling ballpoint pens. They are blue and gold imprinted with "Lambda Kappa Sigma." They are selling at 50¢ apiece. They can be ordered by contacting the following:

Marian Ricardo, 707 Mitchell Ave., Morton, PA 19070

Ruth Brown, 525 Chester Pike, Ridley Park, PA 19078

The proceeds from the sale are going to help fund our 50th anniversary celebration of Eta Alumnae Chapter.

We would really appreciate any orders. Thanks.

Ruth Brown

BIRMINGHAM CONVENTION

Tentative Schedule — August 4-August 8

- Saturday, August 2 thru Monday, August 4
Grand Council Preconvention Days
Grand Council & Collegiate Region Representatives
- Monday, August 4
Registration at hotel
Reception at pool
Dixie Land Music
- Tuesday, August 5
8:00 A.M. Welcome Breakfast
10:00 A.M. Opening Business Session
12:30 P.M. Luncheon
1:30— 4:30 P.M. Collegiate and Alumnae Conferences
CE for Alumnae (1 hour)
6:00 P.M. Buffet at Samford—Barbecue on lawn
10:00 P.M. Back to Hotel
- Wednesday, August 6
8:00 A.M. Continental Breakfast
9 A.M.—12:30 P.M. Business Session
Business for Delegates
CE for Alumnae (2 hours)
1:00— 2:30 P.M. PFA Luncheon
Guest of Honor Marilyn Haberle
2:30— 6:00 P.M. Tour of City
Visit Arlington House
Visit Red Mountain Museum
8:00 P.M. Free Evening
Tennis Tournament
Let's Talk it Over Again . . . Hospitality Suite
Out on the Town . . . for those who are so inclined
- Thursday, August 7
8:00 A.M. Orange Juice and Coffee
8:30 A.M. Business Meeting
10:30 A.M. Southern Brunch—Sponsored by Southern Region
12:30 P.M. Business Meeting
6:00 P.M. Salad Bar at pool
8 P.M.—10:00 P.M. Business Meeting
- Friday, August 8
8:30 A.M. Continental Breakfast
9:30 A.M.—12:30 Business Meeting
Free Afternoon
CE Alumnae (2 hours)
5:00 P.M. Photographer
6:30 P.M. Hospitality Hour
7:30 P.M. Final Banquet

CONVENTION AND HOTEL REGISTRATION

I hope you are anticipating convention as much as our chapter and are planning to attend. I am enclosing registration forms and hotel reservation forms. The registration fee for biennial convention is \$60.00. This goes toward payment for food, favors, tours, etc. Room charges are given on room reservation forms. If you plan to double, triple or quadruple with someone, please indicate all occupants of the room. If you do not have enough girls coming from your chapter to fill your room, please tell us, and we will try to fill it with members from another chapter. Our room rates are guaranteed only until June 1, 1980, so please make reservations early. Both forms are to be returned to me as soon as possible, preferably before June 1. Do not return them to the Sheraton Hotel.

Please mark **arrival time, departure time, mode of transportation.** We will pick you up at the train or air terminal upon arrival.

I am looking forward to meeting each of you. If I can be of help, please let me know

Sincerely,
Mildred Hollyhan, Housing Chairman

**1980 LAMBDA KAPPA SIGMA CONVENTION
AUGUST 4—AUGUST 8**

Name _____
 School or Home Address _____
 Phone _____
 LKS Chapter _____
 ___ Collegiate ___ Alumni ___ Delegate
 Registration Fee Enclosed ___ Hotel Reservation Enclosed ___
 Mode of Transportation _____
 Arrival Time _____
 Departure Time _____

*Dates have been changed so that you may take advantage of Super Saver Air Fare. This expires in July, so if you plan to come by plane, please buy your tickets and make reservation sometime in June. The final banquet will be on Friday night, August 8, so do not plan to depart Birmingham until late that night or Saturday.

Return to: Mildred Hollyhan, Assistant Professor
School of Pharmacy, Samford University
800 Lakeshore Drive
Birmingham, AL 35209



Eta alums at Mid-Eastern Regional meeting: (l to r) M. Ricardo, F. Curran, P. Kienle, R. Brown.

ETA ALUM

Ah, spring at last! The Eta Alums are in full swing again. While work still continues on our arts and craft projects we've got lots of plans for new activities.

As is our custom, we saved our Christmas cards and sent them to a mission in India. The cards are used to make gifts which are sold to raise money for the mission.

In honor of the goddess Hgeia we held a professional program with a local representative of the Roche Company. Several sisters participated in the antibiotic therapy test.

The collegiates invited us to attend Parents' Day on March 16 at the college. At that time, Denise Mercuri, a fifth year sister, was presented with the alumnae chapter educational grant. Our congratulations and our thanks for a job well done, Denise!

Our chapter will be chancing off a super 8 mm camera, the proceeds going to the educational grant fund.

Summertime plans include a yard sale in July, the biennial convention in August, and a group excursion to a Phillies game in September.

The gala event of the entire year will take



Christmas Party at Alumnae Pam Dryden's house for annual Alumnae-Collegiate Christmas Party of the Phi Chapter in Indianapolis.

CONVENTIONS AND MEETINGS

Because the only time that a constitutional change can be done is during the Biennial Convention, a suggestion has been received to allow for an emergency convention if necessary. 1980-14 discusses this possibility. 1980-23 concerns submitting of written motions at Convention. 1980-24 discusses coordination of Regional Meetings.

GRAND COUNCIL

A number of Grand Council changes are being considered. 1980-15 concerns consolidation of offices of Grand Vice President and Member-at-Large. This would more coordinate alumnae services. 1980-16 concerns the use of a Director of Chapter Activities to coordinate fraternity and chapter relations. 1980-17 discusses the current honoraria for three Grand Council members. A paid staff member would change some of the duties for these officers. 1980-18 discusses an appointed editor's position. 1980-19 discusses a proposal of reimbursing the Honorary Advisors for their Grand Council travel. 1980-25 concerns officers attending the PFA convention.

COMMITTEES

In an effort to include more members in committee activities, 1980-22 discusses committee participation. 1980-21 concerns specific Grand President committee duties and 1980-29 concerns date changes for the Rules and Constitution committee. Expansion of the Nominating Committee is discussed in 1980-20.

MONIES

Several years ago, the LKS Educational Trust was created. This is a separate corporation from the fraternity and exists to appropriate funds for our grant programs. Because this Trust now distributes the monies for our Cora Craven and B. Olive Cole grants, 1980-26 and 1980-27 discuss these changes.

As you can see, many facets of our fraternity will be affected by any of these changes. Be sure to let your feelings on these matters be known to your delegates who will be attending the convention. Hopefully, you will be there in person to let your ideas help us all. See you in Birmingham!

STRAY LAMBS

by Cheryl Whiting

It's time to start planning your trip to Birmingham! August 4 thru August 8 is the time for the next convention. You will get a chance to see the best of Southern hospitality.

We need your help in letting everyone know when and where the Convention is going to be held. If you know of an LKS member who does not receive the Blue and Gold Triangle, just send us her address and

we will send out some information. If you would like more information for yourself, please feel free to write also.

We are always looking for lost lambs, so send us any information you have. If you move, be sure to let Pam Ehlers know. Send your inquiries to Cheryl Whiting, 9303 Ingalls, Westminster, Co 80030 or Pattie Kienle, Bellefonte Apts., Venezia C-4, Scranton, Pa. 18505.

Name _____ FIRST _____ MAIDEN _____ MARRIED _____

Address _____ STREET _____ CITY _____ STATE _____ ZIP _____

_____ Chapter into which initiated _____ year.

_____ Present chapter affiliation.

_____ Graduation year.

_____ I am affiliated with a chapter, but would like to receive a newsletter.

_____ I would like information about a chapter near me.

_____ I am in a metropolitan area and would like to be in contact with other members in my area.

News I would like to share _____

Information I would like _____

Return to Cheryl Whiting
 Member-at-Large
 1645 Keeven
 Florissant, MO 63031

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EXECUTIVE ____ 1 Person ____ 2 Persons

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I UNDERSTAND THIS RESERVATION WILL BE HELD FOR ME UNTIL 6 P.M. AND A DEPOSIT IS REQUIRED FOR ARRIVAL AFTER 6 P.M.

SIGNED _____

Return to: Mildred Hollyhan, Assistant Professor
 School of Pharmacy, Samford University
 800 Lakeshore Drive
 Birmingham, AL 35209

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