

# Blue & Gold Triangle

LAMBDA KAPPA SIGMA - - INTERNATIONAL PHARMACY FRATERNITY

## ANNOUNCING

The International Office of Lambda Kappa Sigma opened officially September 1, 1980 at 2025 Andrew, Cape Girardeau, Missouri 63701. We are now equipped to handle membership information and certificates, supplies to chapters, serve as a communication center, prepare chapter rosters and handle jewelry processing with Balfour. We are computerizing our membership files and updating Lambda Kappa Sigma membership lists and records.

The office is a busy, an exciting and an informative place. Please, let us help you!

Donna and Mary

### Meet

## Donna Magwitz

Donna graduated cum laude in August, 1962 from Southeast Missouri State University with a B.S. in Education (H.S.). She has a major in History and minors in Political Science, Social Science and English. While in school, she was a member of Kappa Delta Pi, Honorary History Fraternity.

After four years of teaching, Donna married Don Magwitz a pharmacist currently employed at St. Francis Medical Center in Cape Girardeau. They have two children: Dirk, who is eleven, and Gretchen, who is nine. Family activities such as being a Den Mother, Girl Scout Leader, Sunday School Teacher, Swim Team Committee Chairman, family cook and all around chauffeur keep her hopping!

Donna is also serving as Alter Crafts Chairman at St. Andrew Lutheran Church and member and past president of Coalesce, MFWC, GFWC. Most craft and needlework projects have been tried by Donna and her family will agree, she is currently addicted to counted cross-stitch embroidery and reading historical novels.

The Magwitz's spend most free time out of doors enjoying either family camping, hiking or other recreational activities.



Donna Magwitz processing orders

## LKS COOKBOOK

As some of you may have heard LKS is going to publish a cookbook. At the International Convention this summer, Toni Farrell suggested publishing a cookbook to raise money. With the propensity most chapters have regarding food, it was quickly agreed upon.

The question was raised what should we do with the money. That was easily solved. Seattle will host the International Convention in 1984, allowing us more time to raise money, since we could not afford to send sisters to the west coast in 1982. It was decided to put all of the proceeds from the cookbook aside to help offset the high airfare.

The format and price have not been decided upon. We are checking around the country to come up with the best deal. The cookbook will be of a general nature, so any type of recipe may be submitted. You may begin submitting recipes to any of the committee members. Recipes should include your name, address and chapter affiliation.

The committee members and their addresses are as follows:

Toni Farrell, 10886 Macouba Pl., San Diego, California 92124

Marlene Fichter, 32739 White Oaks Tr., Birmingham, Michigan 48010

Sandra McCoy, 724 Cross Creek Ct., Birmingham, Alabama 35229

Brenda Brown, 1479 Burns Dr., Gainsville, Georgia 30501

Denise Schrickel, 4227 Jackman Rd., Toledo, Ohio 43612

Toni and Marlene are co-chairmen of the committee.

Submitted by  
Denise Schrickel

## WANTED: Aspiring Composer

Are you a budding Carole King? Could you "write the songs" like Barry Manilow? Does your chapter have the collaborating potential of a Lerner & Lowe or a Lennon & McCartney? Well here is your big chance. As you probably have heard by now, LKS is looking for another Fraternity Song to be used at all official conventions and meetings. A song committee has been selected to judge all entries. You may either be a real musical genius and write an original song and lyrics or you may take an already known composition and put appropriate words to it.

**PLEASE REMEMBER:** Even though "Stairway to Heaven" is your favorite song, take into consideration that the song should be relatively easy to teach everyone and appropriate for all occasions.

The rules are easy:

1. All entries must be submitted to the committee by April 15, 1981.

2. All entries must be accompanied by a cassette tape of the song being played and sung as well as sheet music with words.

3. All entries must be sent to:  
Denise D. Adams  
237 Dracut Street  
Dracut, MA. 01826

4. The decision will be made by the committee with assistance from Grand Council.

5. All entries will become property of LKS and are not returnable.

6. The new song will be introduced in Pittsburgh at the 1982 Convention and the winner announced.

**GOOD LUCK - Just think, you could become a part of LKS HISTORY!**



Our new copying machine in action

# Chapter Reports

## Western Region

The women at UBC, (Alpha Lambda), have already had several events including their annual bowling and BYOB parties where the potential new members looked promising. "We went through a ton of ice cream and bananas." The annual faculty tea, which is open to all women in pharmacy, had about 50 girls in attendance which was much higher than previous years. Initiation is tentatively set for the early spring and they hope to have about 15 new pledges which will help the chapter stay active after this years class graduates.

Rho is doing much of their planning well in advance in order to allow those members doing externships off campus adequate time to plan their LKS activities. They have already had an informal meeting for anyone interested in learning about LKS, followed by a trip to the local ice cream parlor. Later in the term, they are going to sponsor a lecture on how to interview and how to write a good resume. They have also prepared a slide and tape presentation on pharmacy as a career to be taken to local schools initially and potentially statewide. The program emphasizes the opportunities of women in our profession. They are also busy compiling an all-pharmacy directory which lists names, addresses, and phone numbers for members of each class and the faculty. (Not only does this provide valuable information, but they are sold for 25¢ each and make a little money). Cookie sales, bagel sales, hot spiced cider, etc., are also planned as money making projects.

The women at ISU have already sped up their programs this year. Pledging was completed by mid October in order to have initiation when the Regional supervisor came to town in late October. There were 5 new pledges bringing Upsilon chapter total to 12 members. After the ceremony, the entire group adjourned to Cookies house for a pot luck dinner (Yum Yum!!!) In addition to pledging activities, they have already been busy doing an antique pharmacy display window, birth control lectures in the dorm and a special project for project HOPE. But the really BIG news is that they are arranging for Greg D'Angelo to come out from New York to speak to the college and Idaho pharmacists for state-wide continuing education. Greg is a consulting pharmacist in Rockway, New York and promises a very interesting seminar.

Pledging was held earlier than usual this year at UW (Chi chapter), in hopes to gain a larger membership. They now have an active membership of 16 with 9 of these being new pledges. Initiation was held on November 12th followed by the initiation banquet that evening held

at Greenstreets (a casual type of eatery) where we were entertained by Doonie the clown who made balloon animals for us. Other activities included the annual LKS Dessert party held at Mrs. Pat Tanac's house to introduce women in pharmacy to LKS. It was an enjoyable night for those who attended. Some of the members joined the alums for their annual Christmas party where we had Founders Day and lots of fun.

At Washington State University, President Mary Sargent came back from convention filled with enthusiasm and ideas for Mu chapter. Not wanting the sisters to miss out on all of the convention fun, Mary had been giving out her momentos as door prizes at their meetings this fall. First on the agenda was rushing of new members. Two rush functions, a wine and cheese tasting party and a 'build your own' pizza party, were successful in pledging 14 new members. The first fund-raising project of the year was the annual selling of lab jackets to the second professional year students. Kim Bryan and her fund-raising committee are busily planning several other projects that should make the year a financial success.

## Midwestern Region

Greetings from the Midwest! We hope all of you had a nice summer. We would like to thank Alpha Gamma Collegiate and Alumnae Chapters for their "southern hospitality" which made our convention in Birmingham complete.

All chapters are on their way to another exciting year. Rushing is underway for many of our chapters. Nu presented their slide show to prospective pledges and then answered questions concerning LKS. Also, a spaghetti dinner was co-sponsored with SAPHa, Rho Chi, Kappa Psi and Phi Delta Chi. Theta Chapter helped sponsor a get acquainted kegger for all pharmacy students and faculty which gave them an opportunity to talk with the first-year students. Theta also held a luncheon for all pharmacy women and then their big event was a salad/wine and cheese party. Alpha Zeta will be hosting a B.Y.O.B. party. Gamma Lambs included a Dime-a-Dip, a Tea and a Lunch Swap in their rushing activities.

Our chapters are busy with money-making projects. Alpha Zeta will be selling bagels and some of the girls from Nu came back early to help with registration for fall classes. Omicron Chapter is busy having bake sales along with selling T-shirts which read: Love Your Pharmacist HS and PRN. The colors are french blue with white writing and red with white writing. The "rock bottom" price is \$6.00. Send your address, size and color along

with your \$6.00 to:

Omicron Chapter  
c/o Pam Geboski  
23555 Buckingham  
Dearborn, Michigan 48128

Alpha Zeta Chapter will be selling buttons to raise money for the Ronald McDonald House along with Kappa Epsilon and they will also be selling pins for the Lung Association. Nu Chapter will be participating in the annual Health Fair at Merle Hay Mall. In November they will be organizing a food drive for those in the community to be used for the holidays. Nu Chapter, Alpha Zeta Chapter and Alpha Mu are planning on sponsoring a "Hopscotch for Hope". If you have any questions concerning "Hopscotch for Hope" please contact:

Hopscotch for Hope  
Lambda Kappa Sigma  
Drake University College of Pharmacy  
25th and University  
Des Moines, Iowa 50311

Nu Chapter will be hosting a dinner for the faculty in October. On September 23, Omicron Collegiate and Alumnae Chapters held a banquet in honor of their 50th Anniversary. Congratulations Omicron!

The Midwestern Region would like to wish all of our sisters an enjoyable and successful year.

## Northeastern Region

Greetings from the Northeast! Like everyone else, rushing activities are on every campus. Xi chapter at the University of Rhode Island had a wine and cheese rush party. The girls who attended were exposed to a small part of what LKS is all about at the sisters' meeting and the rush party was very successful. They now have 15 new pledges to be initiated in the spring. Alpha Pi had a pizza party and a smoker at a local bar. A Chinese Dinner party in September was extra special with authentic chinese food at the home of Jane Leung.

Raising money by washing windows at the homes of faculty members kept Xi busy. Their first customer was Dr. John Lausier, their faculty advisor. Alpha chapter had buttons made for sale - "Pharmacists are Indispensible".

Thanks to Dee Adams, Northeast Supervisor for the past two bienniums, and congratulations to Michele for her election. Alpha Pi would like to announce the election of Carleen Kelly to the Executive Board of Student Government as Secretary. She is the first pharmacy student ever to have been elected to the Executive Board at St. John's.

The Northeast is looking forward to new ideas and activities during the year.

# Southern Region

Hi ya'll,

The Southern Region would like to wish all its sisters the best as we start out this new biennium. Omega chapter would like to welcome aboard their new alumni advisor, Dr. Alice Paysinger. She was a member of the 1978 class responsible for reactivating the Omega chapter. Congratulations to Sandra Harley and Lynne Landan for becoming new members in the Rho Chi Honor Fraternity. Omega chapter hosted a keg party in September with Kappa Psi. They also had a special party to welcome the girls of the incoming class.

At the University of Kentucky, the Alpha Nu lambs have been busy with the fall's rush activities. With 15 girls signed up to rush, they have had a Sack lunch exchange (sisters and pledges exchanged a picnic lunch and then got to know one another while eating), and a B.Y.O.B. party. Also, an "Urban Cowboy" theme activity is planned, complete with cowboy hats, bandanas, and kegs. The atmosphere should be full of sparks!

Look for some great things upcoming in the Southern Region. Hope everyone is wishing the best out of their region too.

# Mideastern Region

The Mid-Eastern Region is busy planning their school activities. Reports were brought back with the delegates from Alabama with enthusiasm for the new year.

Congratulations to Michele DeBalko, new Northeast Regional Supervisor, and Frances Curran, recipient of the Distinguished Service Citation.

Rush parties were many. Alpha Theta had a barbeque and swimming party with Kappa Psi, a coffee and donut breakfast, and a Chicken Wing party. Eta also used the barbeque theme for one of their activities. Tau chapter had their pledges selling mugs to help defray the pledging costs.

Alpha Omicron had a "Basket of Booze" raffle as a money-raising project in September. The winner was chosen right before the first football game at their new Mountaineer Stadium.

Other activities planned for the future include a Walk-a-thon, Dinner Dance, and "Capsule Count". Keep smiling sisters and enjoy this coming year's events!

# Alumnae News

Birmingham convention well-attended by alums . . . 12 chapters represented, as well as a number of stray lambs . . . CE seminars at the Convention were a smash! . . . 43 LKS alumnae attended programs which awarded 5½ hours of ACPE-accredited continuing education . . . topics included Anxiety and Depression, Drug Nutrient Interactions, Pharmacological Principles of Geriatric Therapeutics,

Research and Development in the Pharmaceutical Industry, and the Treatment of Cancer Chemotherapy Toxicities . . . kudos to all presenters (including Ruth Brown, Mideastern Regional Supervisor), Mary Lancaster (Alpha Gamma alumnae, our convention CE coordinator), and Dr. Stanley Susina (Samford University, our arranger of CE credit) . . . the success of the CE makes certain our own application to the American Council on Pharmaceutical Education this year to make Lambda Kappa Sigma an ACPE-accredited provider of continuing education . . . Eta alumnae chapter was awarded the Efficiency Gavel for the 4th time . . . only 3½ points separated the top three alumnae chapters; Alpha Zeta alumnae and Chi alumnae also deserve special recognition . . . two LKS alumnae members were recipients of awards: Dr. Gail Bellward of the University of British Columbia received the Award of Merit and Frances

Curran, past Grand Secretary, received the Distinguished Service Citation . . . Eta alumnae chapter had a fantastic 50th anniversary party of their chapter on October 18; among the guests were many charter members of the chapter and our Grand President, Judy Riffie . . . if you live in the Detroit area, contact Phi alumnae about their CE program early in 1981 that they are co-sponsoring with the Michigan Pharmacists Association . . . look for more information in the next newsletter . . . 1982 convention will be held in Pittsburgh . . . please note the establishment of a central office for Lambda Kappa Sigma . . . 2025 Andrew, Cape Girardeau, MO 63701 is now the place to send name and address changes . . . watch for information in future Blue and Golds about the official LKS cookbook - the idea generated lots of support at the convention . . .

## (U.S.) JEWELRY PRICE LIST

September 1, 1980

All official jewelry listed below must be ordered from the Grand Treasurer on the official order form. Each order must be accompanied by a check or money order payable to LAMBDA KAPPA SIGMA for the correct amount including all extra charges. If an order is not received within 60 days, notify the Grand Treasurer. Badges, guards, and pins are offered in 10 karat gold (10K) and Balclad (B) gold plated styles. Order by code number which also indicates cost. Chapters will be notified in case of a price revision.

ITEM	10K	CODE #	BALCLAD	
Plain gold badge	PGB	30.95	B-PGB	7.55
Close set pearl badge	CLB	61.95	B-CLB	27.75
Crown set pearl badge	CRB	89.80	B-CRB	41.00
Plain gold single letter guard	PGSLG	17.05	B-PGSLG	8.65
Close set pearl single letter guard	CLSLG	35.45	B-CLSLG	18.65
Crown set pearl single letter guard	CRSLG	38.85	B-CRSLG	22.05
Plain gold double letter guard	PGDLG	22.05	B-PGDLG	9.45
Close set pearl double letter guard	CLDLG	53.05	B-CLDLG	27.85
Crown set pearl double letter guard	CRDLG	58.25	B-CRDLG	33.05
Chapter president's badge	CPB	117.75	B-CPB	52.15
Ethel J. Heath Key			B-EJHK	15.90
Honorary Member Pin	HM	34.25	B-HM	8.80
Pledge Pin - gold electroplate	PP	4.20		
Identification pin - Balfour golden finish	IP	4.10		

In addition to the cost of the jewelry, the following charges must be added where applicable:

- Engraving charge of \$2.00 per item (includes chapter letter(s) and initiates initials).
- Add \$1.50 for postage and handling on all orders over \$15.00.
- Add \$2.00 minimum order charge on all orders under \$15.00.
- Add \$1.00 for each individual shipment from a group order.

The Grand Treasurer orders the Membership Certificate AND Badge for new members directly from Balfour after she has received the initiation fee of \$25.00, jewelry charges AND a complete blue Master Member Input Sheet. Officer's dangles, glass and ceramic ware with LKS crest, etc. may be ordered directly from Balfour. Request the Blue Book from L.G. Balfour Company, Attleboro, Mass. 02703; there is no charge for the book.

Notify the Grand Treasurer of any errors on membership Certificates or jewelry orders BUT be sure to type orders and spell names correctly. Send jewelry order form and check payable to Lambda Kappa Sigma to:

Mrs. Mary Grear, 2025 Andrew, Cape Girardeau, MO. 63701.

Please use the standard jewelry order form as illustrated in the MANUAL FOR CHAPTER OPERATIONS. These forms are available from the International Office.

### HYGEIA DESIGN JEWELRY

The Hygeia Design jewelry is available from the Grand Treasurer. The jewelry is "non-official" which means that it may be worn by non-members. A chapter or a member may purchase any of the listed items as a special gift for presentation to Patrons, Faculty Advisors, Honorary Members, parents, etc. Permission is not required to make these presentations.

ITEM	10K	BALCLAD	
Pendant with 18" chain	HDP	68.65	B-HDP 20.20
Charm with jump ring	HDC	60.50	B-HDC 14.40
Ring (state ring size)	HDR	129.10	
Pin	HDPIN	60.45	B-HDPIN 14.40
	White Gold	Sterling Silver	
Ring (state ring size)	HDRWG	134.60	HDRSS 66.90
Charm with jump ring	HDCWG	66.00	HDCSS 24.35
Pendant with 18" chain	HDPWG	74.15	HDPSS 31.30

In addition to the cost of the jewelry, the following charges must be added where applicable:

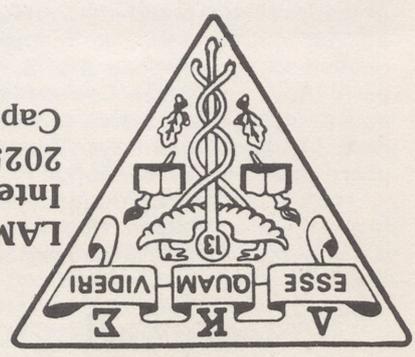
- Engraving\* charge of \$2.00 per item (includes chapter letter(s) and owner's initials).
- Add \$1.50 postage and handling on all orders over \$15.00.
- Add \$2.00 minimum order charge on all orders under \$15.00.
- Add \$1.00 for each individual shipment from a group order.

\*The Grand Treasurer is stocking some items that will be available for immediate shipment; these cannot be engraved before shipment.

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 International Pharmacy Fraternity  
 2025 Andrew  
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## LETTERS

Dear Sister Avis,

Thank you so much for the beautiful pot of golden chrysanthemum. They are lovely. It is so kind of the sisters to remember me at Founders Day. I enjoy their cards and notes.

Fraternally yours,  
 Mary C. Livingston

Dear Sisters of Lambda Kappa Sigma,

I am Annabel Jones' sister, writing to thank you for the lovely plant you sent her. She has not been well the past two years and was in the hospital when they arrived. She was delighted with them and their bright yellow flowers brightened up the room. She was taken sick with an ulcer in her esophagus caused from the medicine her doctor gave her for arthritis in both knees. She loves hearing from every one of you.

Sincerely,  
 Mrs. Harriet C. Filson

The Blue and Gold Triangle is the Official Publication of Lambda Kappa Sigma, International Pharmacy Fraternity published quarterly by Lambda Kappa Sigma.

Ms. Sue Corkum, Grand Editor  
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