



Blue & Gold Triangle

DECEMBER 1985

Grand President's Message

An exciting event has occurred! The four Regional Meetings have been completed and a renewed interest in Lambda Kappa Sigma is evident.

Several hundred women participated in a variety of workshops, discussion groups and continuing education seminars. The enthusiasm generated by these women has been carried back to the chapters and to the areas where alumnae not affiliated with chapters reside. Now comes the hard part—reaching out and generating enthusiasm in each member so that she may become a part of this effort.

Problem solving sessions were a part of the discussion group considerations. These were helpful to the collegiate chapter members, who were able to obtain answers to their questions and select the best from suggestions offered as solutions.

The alumnae participated on a level never before seen! In the Regional Meetings, the alumnae held significant discussions, specifically addressing current issues; and importantly, looking into the future to see where LKS should be in the year 2000. Goal setting sessions were held, and it is from these discussions that our short and long-term plans will develop. The attendees participated in selecting our fraternity's priorities for the next biennium. These ideas and ideals will become our Strategic Organizational Plan for 1986 to 1988.

Further participation in this effort is crucial. If you attended one of the meetings in Stockton, Des Moines, New York City or Houston, you participated in the enthusiasm generated. You, then, must serve as a conveyor of this spirit to your chapter and to the alumnae in your area. Chapter members, please listen to this sister, as her thoughts include those of our members from across the U.S. and Canada.

A new Lambda Kappa Sigma is being born! The futuristic views, coupled with the solid, practical organizational aspects of the present, will serve LKS well as we look to the 21st century. We are in a position to continue the

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Ann Dinardi, Alpha Omicron, has been described as enthusiastic, energetic and persistent and most importantly a friend to pharmacy and its students.

OUTSTANDING ALUMNA

Enthusiastic, energetic, and persistent . . . just a few of the many positive words which describe our featured LKS alum, Ann Dinardi, who is an alum of West Virginia University and a charter member of both Alpha Omicron collegiate and Alpha Omicron alumnae chapters.

Persistence can be recognized in Ann's background as she rose to the heights of a woman professional against almost insurmountable odds, at a time when women professionals were few and far between. She is the daughter of Italian immigrants, one of 14 children, who, when reflecting on why she chose to pursue pharmacy as a career, simply concludes that "it was God's will for me." She has no close family ties to the profession, although she does recall her mother speaking of a relative in Italy who was a pharmacist. She reminisces that in "the old country" the pharmacist is regarded as being equally important to the well-being of the people as the physician. In Italy, as in this country today, many people come to the pharmacy for help and advice on matters of health. She remembers with fondness in her home town of Mt. Union, Pennsylvania, there was a friendly neighborhood drug store with a huge beveled mirror, behind which the "druggist" disappeared to do his mys-

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LKS Involved at PFA Meeting

There was no lack of ΔΚΣ presence at the September, 1985, Professional Fraternity Association meeting! Executive Director Mary Gear planned the meeting held in Dallas and was elected PFA President while Mary Jo Reilly was awarded PFA's highest honor, the Career Achievement Award. Patricia Kienle, Grand President, also attended the PFA meeting representing Lambda Kappa Sigma.

As 1984-1985 PFA Vice President, Mary Gear developed a "back to basics" approach for the meeting program "No Man(ager) is an Island." Panel discussions on publications, non-dues sources of income, the central office, use of computers in the central office, convention planning and resources were included in the program.

Mary Jo Reilly, Senior Vice President of the American Society of Hospital Pharmacists and an initiate of Tau Chapter at Duquesne University in Pittsburgh, was awarded the Career Achievement Award for sustained professional achievement. Her acceptance speech emphasized the need for consumers to participate in health care decisions. Excerpts of this well-received talk appear in this issue of the TRIANGLE. Mary Jo was featured as an outstanding alumnae in the September, 1984, issue of the TRIANGLE.

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Career Achievement Award Recipients Mary Jo Reilly, Lambda Kappa Sigma, and Margaret Holland, Kappa Delta Epsilon, were in attendance at the 1985 PFA Annual Meeting in Dallas.



Pharmacy fraternity representatives gathered at the PFA Annual Meeting in September. Pictured (l. to r.) are Patricia Kienle— $\Delta\kappa\Sigma$, Daryl Hendrix— $\kappa\epsilon$, Mary Grear— $\Delta\kappa\Sigma$, Dewey Garner— $\kappa\Psi$, Greg Berry— $\rho\Pi\Phi$, Ron Corey— $\Phi\Delta X$, Bernard Brody— $\rho\Pi\Phi$, Glenn Boyles— $\kappa\Psi$, Patrick Wells— $\kappa\Psi$, Ralph Saroyan— $\Phi\Delta X$, Michael Posey— $\Phi\Delta X$. Not pictured is Robert Heyman— $\rho\Pi\Phi$, our photographer.

HEALTH CARE: DILEMMAS AND THE FUTURE

by Mary Jo Reilly

(Excerpted from the presentation given to the Professional Fraternity Association at the Career Achievement Award Luncheon, September 13, 1985 in Dallas, Texas)

As we move toward the 1990's, one of the issues of particular concern to all our nation's citizens is the entire spectrum of challenges involving health: changing roles of health professionals, the cost of health care, the role of government in health care delivery, the impact of computers and high technology, and the numerous problems in biomedical ethics resulting from high technology and escalating costs.

I'd like to describe in the broadest terms some of the changes occurring in our nation's system of health care delivery and to challenge you to influence those changes for the good of our people. Even those of us in the health professions are "consumers" of health care services as well as providers of care.

In 1985, health care is definitely on the move. Articles on health care are prominent in today's newspapers. They concern physician advertising, the growth of ambulatory care or urgent centers and HMOs, and multi-billion dollar business ventures. If we try to distill the flood of news stories about changes in health care today down to the essentials in terms of their impact on our daily lives, I think

that one factor stands out most prominently.

The profound change in health care financing.

Over the past several decades, American health care has gone through a period of unparalleled growth. An era of federally funded expansion of hospitals in the 1950's was followed in the 1960's by the passage of Medicare and Medicaid legislation, which ensured greater access to health care for the poor and the elderly. During the 1970's, demand for services grew. Costs rose rapidly, unchecked by regulation or market forces. A cost-based reimbursement system and growth of third party payment, increased consumption of services by an aging population, expensive new technology, and fear of malpractice liability contributed to the general inflationary trend.

Legislators of the 1980's have had to come to terms with the skyrocketing costs of health care. Their most effective solution to date has been prospective pricing for Medicare hospital services. The primary objective of this new financing mechanism is to control hospital costs. Some have predicted that this type of reimbursement will spell doom to many hospitals. Clearly, prospective payment and increased competition among hospitals already are having an undeniable impact on health care delivery.

But, we must not become so preoccupied with cost containment mechanisms that we create health care policy on an ad hoc basis.

Every attempt to contain costs has its own special thrust but there are a

In 1984 she received the Harvey A. K. Whitney Award from ASHP.

During the meeting the 5 PFA member pharmacy fraternities, Kappa Epsilon, Kappa Psi, Phi Delta Chi, Rho Pi Phi and Lambda Kappa Sigma, met to discuss areas of mutual interest. Topics included the anti-hazing statement, little sister groups, impact of senior clerkships on fraternity involvement and leadership activities including Phi Lambda Sigma, the pharmacy leadership society.

At the concluding business session, Mary Grear was unanimously elected president of the PFA for the 1985-1986 year. This follows her service as a Director, Secretary and Vice President of PFA. Mary joins two other LKS women who have led this interfraternal group. Julia Pishalski served as president of the Professional Panhellenic Association, one of the two fraternity councils from which PFA was formed. Marilyn Haberle served as president in 1979-1980 of the Professional Fraternity Association.

$\Delta\kappa\Sigma$ continues to benefit from the experience of the PFA and from contacts developed from the group. It is exciting to know that Lambda Kappa Sigma is recognized not only within pharmacy circles but within the entire professional fraternity system as well.



Elected to the 1985-1986 Professional Fraternity Association Board of Directors as President is Executive Director Mary Grear (center).

. . . HEALTH CARE

few features that are common to most of the new methods of finance and reimbursement. First, the changes in financing are typically designed to lower costs for specific payors. Second, payments for individual tests, visits, or days in the hospital, are being replaced by a global payment (one fixed payment) for an illness episode, a hospital admission or for a year of care regardless of services used. Third, reimbursement rates are set prospectively—in advance—rather than retrospectively. The payor—the government or the insurance company—wants to know in advance what the cost will be. Finally, consumers must

. . . HEALTH CARE

make more choices and accept more financial responsibility for our choices. Consumers once had little incentive to control costs because they simply passed the bill for payment to an insurance company. All of that has now changed.

The pressure to be more economical in the provision of care is on all of us. As employers we must: offer a choice of health plans to employees; institute reasonable cost-sharing provisions; encourage out of hospital services where appropriate; identify the most efficient providers in the community and so inform employees; inaugurate employee health promotion and "wellness" programs; conduct utilization review and encourage second surgical opinions; and monitor the availability and quality of patient care services. As health care consumers we must: lead a healthier lifestyle; demand more information on price and availability of services; review the financial incentives of our current health plan; shop for health plans that offer reasonable prices and good quality; and use less expensive outpatient services where appropriate and insist on a second opinion if in doubt. In these ways we can all do our part to help contain health care costs.

A decided shift of care from inpatient to ambulatory settings will accelerate. More health care will be delivered in "managed systems" such as HMOs, preferred provider networks and the traditional fee-for-service care, with tighter controls on utilization.

Many hospitals are releasing patients "sicker and quicker" in response to price pressures, and community based long term care services are being forced to pick up the slack.

What about indigent care? In the old non-price conscious, non-competitive days, indigent care was "taken care of" by an elaborate ballet of cost shifting. What often happened was "hidden subsidization" by private payors. That won't work anymore. Surely the medically indigent or disadvantaged deserve a more efficient system, access to care and quality care.

As John Alexander McMahon of the American Hospital Association has pointed out, we have set a high and visible standard of care and created an expectation of quality from which we cannot now retreat. What we must strive to achieve is the same and better quality for less money. Our ability to do that will depend on all of us, providers and consumers, altering our behavior. We must all help to trim the excess without cutting into the essence. We must become responsible participants in our own health care.

Technological breakthroughs in the next twenty years likewise promise to change radically the field of health care. It seems that we in the health professions barely have time to master one acronym for a new marvel of "high tech" but that we're confronted with another.

We are confident now that a computer is just another tool to help us do our jobs. In an information oriented age, we must be able to communicate ideas, problems, descriptions, and solutions. We must be able to speak and to write concisely, to express ourselves clearly. As an editor, it seems I've been making that same plea for years and years. If we are to remain respected professionals, we must be able to communicate effectively. It is a basic challenge of our times to improve our education system in many areas, but none so important as linguistics and logical skills.

"The pressure to be more economical in the provision of care is on all of us."

But high tech drugs and devices, diagnostic and treatment modalities open yet other vistas for concern. High technology and our infatuation with it has led to waste and inefficient use of resources. Some health care involving new technology is too costly for the benefit derived. Cost/benefit ratios will be analyzed more closely in the future.

The American public is not likely to accept rationing of health services (on the British model), involving denial of beneficial but expensive care to persons who do not meet qualifying criteria. Similarly, the public will not permanently accept a system in which people cannot get care because of inability to pay. But, we are likely to see a multitiered system of health care delivery, with different options available to the categorically eligible poor, the unemployed or medically indigent, those with group insurance, and the affluent.

In confronting biomedical ethical questions, hospitals have learned there are no easy answers. Transplants, do-not-resuscitate orders, and treatment manifestations of biomedical ethical controversies, the individual patient's mental and physical deci-

sion making capacity, confidentiality, and informed consent pose more plebeian but equally perplexing dilemmas. Answers to biomedical ethical questions surely are not straight forward and, in the future, are certain to become more complex as technology and aggressive treatment introduce new controversies, and pressures of cost and access continue.

We must pick and choose those uses of our resources that bring the most benefit. It seems difficult to apply this hard, cold economic truism to a field such as health care. But only 20 years after the U.S. launched the "Great Society," the government, private health care insurance and in some cases the public have begun to ask the question "what price life?"

And what if we continue to be successful in saving and prolonging more lives at an acceptable financial cost? The next challenge will be in evaluating the handicapped or impaired person—those with transplants or with implantable pumps, with serious illnesses undergoing successful long-term treatment—and restoring them as functioning members of society.

Surely we can agree that technology will have a profound influence on all our lives. But futurists tell us that we must recognize that we must move away from our industrial/mobile society toward a communication/community society. This shift will require modification in our social patterns which will be at least as great as those which occurred between the agricultural era and industrial era but they will take place much more rapidly. One of the most worrying aspects of the present period is the failure to understand the speed and scope of the technology revolution which will change so much of our lives in the next decades.

"As leaders, we must go into that future with hope and optimism."

And daily we are reminded—"the future is now." As leaders, we must go into that future with hope and optimism. The experience and successes of the past justify a confident approach to the future, with the anticipation that the challenges we find there will be solvable and that we are prepared to accept the responsibility to solve them.

Campaign for Progress

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"The fraternity was very much a part of my college life and I know it has a lot to offer and I have a lot to offer it past my college days."
Michelle Baird, Eta '85



Thanks for your support!

Bulimia

Bulimia is characterized by controllable eating (binging), followed by vomiting, use of laxatives or attempts at fasting (purging). The condition recalls the days of Roman orgies when sufferers would excuse themselves, retreat to a trench outside, and tickle their throats with a feather to induce vomiting and then return to the gorging.

Estimates of bulimia frequency among adolescent and college-age women who suffer from bulimia range up to 20%. A significant percentage of sufferers lie between the ages of 30 to 40 years of age. Many women are mothers, professionals, and women with careers. One of the characteristics of women who suffer from bulimia is that they agonize in private. Most feel terribly guilty about their behavior and try to keep it secret from everyone, including family members. Nearly all bulimics are women, although there have been a few cases where men have experienced the illness.

Below are some diagnostic criteria for those that may suffer from bulimia:

—Recurrent episodes of binge eating defined as rapid consumption of a large amount of food in a discrete period of time, usually less than 2 hours.

—At least three of the following:

1. Consumption of high-caloric, easily ingested food during a binge.
2. Inconspicuous eating during a binge.
3. Termination of such eating episodes by abdominal pain, sleep, social interruption, or self-induced vomiting.
4. Repeated attempts to lose weight by severely restrictive diets, self-induced vomiting, or use of cathartics or diuretics.
5. Frequent weight fluctuations greater than 10 pounds due to alternating binges and fasts.

—Awareness that the eating pattern is abnormal and fear of not being aware to stop eating voluntarily.

—Depressed mood and self-deprecating thoughts following eating binges.

—The bulimic episodes are not due to anorexia nervosa or any known physical disorder.

There are a few suggested therapies for bulimics. Nutritional counseling is sometimes very helpful. Purging oneself of food, short-circuits absorption of nutrients and bulimics can suffer from dietary imbalances. The most dangerous of these—hypokalemia, or low levels of potassium in the blood can lead to heart and kidney failure. Individualized nutritional or psychiatric help is highly recommended in



Lambda Kappa Sigma sisters participating in the Industrial Internship Seminar Weekend included (l. to r.) Janice Castelnuovo, Chantel Mattiucci, Kathy Zareva, June Clark, Christine Fong, Michelle Kalis, Karen Fisher, Susan Zetzl, Kathy Bradley, Pam Gore, Carmela Silvestri, Margaret Szymczak, Linda Hinckley, Dana Shoenthal, Frances Olson, Kristina Kloss and Lorraine Thompson.

INDUSTRIAL INTERNSHIP SEMINAR

Eighty-two interns, preceptors and guests met at Merck Sharp and Dohme in West Point, Pennsylvania, for the Sixth Annual NPC—Student APhA Summer Industrial Internship Seminar Weekend, July 19 and 20, 1985. The fifty-nine interns present represented seventeen NPC companies.

Individual presentations and panel discussions on the theme "Pharmacy and Industry: A Winning Combination" featured Sam Kalman of NACDS, Don Cilla of Student APhA, Jack Robbins of Schering Corporation, and moderator Bob Chalmers of Purdue University.

The National Pharmaceutical Council Summer Internship Program began in 1973. During the twelve week long program, each intern rotates through different aspects of industry work having been assigned a preceptor for individual areas. The program is designed to add to the students overall knowledge of the profession of pharmacy and to the industrial aspects of the profession. It also exposes the intern to possible career opportunities and pathways in industry while bridging the gap of knowledge of the link between pharmacy and medicine. Applications for participation in the program are available by contacting the Office of the Dean at each of the colleges of pharmacy.

these instances. The newsletter of the Anorexia Nervosa Aid Society (ANAS) of Massachusetts reported research conducted at Mclean Hospital in Belmont, showing that many cases of bulimia could be reversed through drug therapy. The study involved 19 bulimic women, 9 who were treated with a drug called imipramine (a tricyclic anti-depressant). Of the 9 women receiving imipramine, 8 showed at least a 50 percent reduction in their binging. The average reduction was around 80 percent. The study was conducted by Drs. James I. Hudson and Harrison G. Pope. Hudson and Pope also reported that 17 of the original 19 bulimic women were responding positively to the

anti-depressant medication "with moderate or marked decrease binging." Six had stopped binging altogether. The doctors concluded that the study showed that anti-depressants act to effectively treat bulimia.

But no matter how bulimia is treated, it is all in vain if the sufferer does not help him or herself first. It is up to the individual to acknowledge the problem and to seek help. Recognizing and admitting that there is a problem is the first step to effective therapy.

Presented by the summer of 1985 pledge class of Alpha Xi.

CHAPTER NEWS

DELTA

University of Pittsburgh

Delta Chapter has brought another successful rush to a close. This semester we acquired twelve pledges! A pledge induction ceremony was held early in October and the new pledges are now busy with all the activities associated with pledging.

Three of our sisters have returned from the Eastern Regional Meeting in New York. They traded ideas with other chapters and came back with good suggestions concerning pledging, social functions, etc. We will be able to implement some of these ideas to bring our sisters closer together.

Plans are currently underway for our annual formal which will be held in January. The formal always gives us a chance to brighten up that dreary January weather. At Pitt, the first week of February is designated "Pharmacy Week." We are thinking of sponsoring a booth on impaired pharmacists or women's health issues. With careful planning, the booth should be a great success.

Terri Chunta

LAMBDA University of Southern California

We started the fall semester '85 off with a trip to the midwest. Twenty-three LKS members were among those attending the bi-annual University of Southern California School of Pharmacy Lilly trip. We spent four days in Chicago touring Abbott Labs and sight-seeing. Then it was on to Champaign, Illinois for the USC vs. University of Illinois football game. Then on to Indianapolis where we toured Eli Lilly and Co. and spent a day at the Indianapolis Motor Speedway.

Our first official fall function was a rush BBQ and slide show. We had a very special guest, Western Regional Supervisor Donna Fujii. We extend a warm welcome to 19 enthusiastic pledges!

LKS was in charge of activities for the welcome picnic for the in-coming freshmen. Our September fund—raiser was a successful lab coat sale. We held a bake sale and a Founder's Day function in October. LKS is in charge of decorations for the pharmacy school Halloween party and we sell carmel apples for Halloween. November brings our annual parents dinner at the Spaghetti Factory, with faculty and student speakers for our professional program.

Sue Malmo



Lambda chapter members Alice Tate, Western Regional Supervisor Donna Fujii, Tina Sulic and Sue Malmo paused before attending the fall '85 rush BBQ.

NU

Drake University

Our first project was getting rush going. We had a pizza party for informal rush and a dessert party for formal rush. Yum-yum! We also showed a slide presentation and a get-to-know-you game. We are happy to announce that our efforts paid off. We have eight super pledges: Jean Brommel, Chris Cahill, Julie Demry, Cathy Dobbs, Roura Manokas, Julie Riendeau, Sonja Schaffer, and Laura Vogarín. Welcome and Congratulations, ladies! Pledging was held on Friday, Sept. 14th and we followed it up with a hayride. Everyone had a great time. To get our new pledges acquainted with the rest of the chapter, we took them for breakfast at Perkins. What a fun way to start the day!

To give the checkbook a boost, we decided to sell Drake Pharmacy sweatshirts. We are also planning to sell notepads. The Regional Meeting held in Des Moines the first weekend of August went very well. The attendance, speakers, food, and friendship shared was all very rewarding. Nu Chapter also helped sponsor a blood drive on campus.

OMICRON

Wayne State

For the 1984-1985 school year, Omicron added a promising eight new active members to our chapter. Jane LaFata, Janet Fouchey, Joyce Kulonowski, Celesta Pennington, Penelope Serafim, Theresa Pollard, Monica Szlaczky, and Karen Theisen have already supplied Omicron with a list of ideas for this coming rush year. Some of the new members have even taken several officer positions. Karen Theisen is our new vice president, Jane



Could this be a preview for Convention in 1986? Lambda chapter members visited the Indianapolis Motor Speedway on a trip to the midwest.

LaFata was voted treasurer, Janet Fouchey became recording secretary and Theresa Pollard serves as Historian. In addition, the offices of president, corresponding secretary and Sergeant-at-arms/Chaplain were filled by members Alma McCarty, Michelle Cayce, and Gina Webb respectively.

One of our first tasks, besides choosing chapter officers was to honor one of our sisters with our Chapter's Ruth Davies Flaherty Service Award. Congratulations to Margaret Johnstone, a fifth year student and sister of Omicron who was chosen for her outstanding service and loyalty to our chapter's causes and concerns. Thank you Margaret!

Our big rush begins with a fabulous splash party held in late August. About seventy incoming women to Wayne's College of Pharmacy were invited to join in on the fun.

To help with all the many activities we have planned, we have decided to organize various committees in order to distribute the many responsibilities among all our sisters. A banquet committee, fundraising committee and social activities committee are just a few. This suggestion came from our alumnae advisor, Marlene Fichter.

These ideas and others are all products of several meetings Omicron has had over the summer. As you can see, we're anxious to improve our membership status and to utilize all the creative potential of our talented sisters.

Theresa Pollard

TAU Duquesne University

The fall semester started off with a bang as Duquesne University held their annual Carnival, in which the sisters of LKS took an active part. Once again, they brought back their infamous hot sausage sandwich, which proved to be a worthwhile fundraiser. Special thanks go out to Tina Magnifico and her family for making this fundraiser possible.

Tau chapter sent five sisters to "The Big Apple" to take part in the Eastern Regional Meeting. Joyce Hahn—President, Jill Christian, Trish DiAntonio, Laurie Dandar and Patty Wanzie shared their experiences while at Regional and New York with those who could not attend.

October 1 started pledging for the semester. A very busy month followed with a pledge class of twelve. Thursday nights are reserved for the traditional sister quiz. Other events planned such as Advisor Day, Blue and Gold Day, Pledge Appreciation Day and Sister Appreciation Day comprise the rest of the month, ending October 31 with an End of Pledging party.

The fall semesters Professional and Social Committees have formed.

Duquesne held their annual Dance-a-thon for Muscular Dystrophy in November. LKS was represented by two active Tau sisters, Joyce Groeger and Laurie Dandar. Tau chapter has shown their support for other organizations by donating sums of money to Project Hope as well as the Educational Trust.

Fall involvement includes Founder's Day the Alumni Card Party which enables the collegiate sisters to have the opportunity to chat with the alumnae, and Dinner-Dance which *always* proves to be a great time!

The sisters would like to congratulate Sue McGovern on her marriage along with Janet Howsare and Tina Magnifico on their engagements.

Bernadette Brezinski

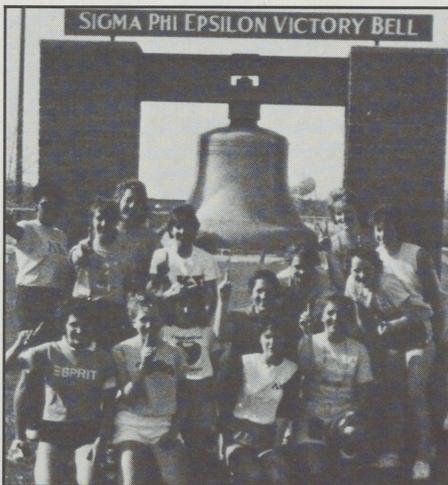
ALPHA ZETA St. Louis College of Pharmacy

There is so much to be excited about this year! We ordered look-a-like shirts with our letters and I must say they look simply marvelous. "It shows much unity and sisterhood," said the faculty and other students. Another exciting event is the trophy that was awarded to our 1985 pledge class. For the second year in a row, our lambs received the best overall grade point average during pledging, out of all the fraternities on campus.

We would like to welcome Honorary Advisor Avis Ericson as our new Faculty Coadvisor. Dr. Ericson is new to our college staff.

Some of our rush functions this year include the annual BBQ, a wine & cheese party and BYOS (build your own salad). We've been working hard on our money making projects such as bagel sales, Tupperware sales, and baking birthday cakes.

Alexandra Vasick



Alpha Iota sisters received first place honors in Greek track at Ferris State College.

ALPHA IOTA Ferris State College

Last spring we became very involved in the activities on campus. We had co-ed intermural softball and volleyball with both Kappa Psi and Phi Delta Chi. Greek track went very well for us as we received first place overall.

For the second year in a row we were proud to receive the McClelland Tray, which is an award presented by Panhel to the most active sorority on campus, and presented the Joan Nelson Sports Award for our involvement in sports. To top it all off, Amy Kaap, our past-president received Greek Woman of the Year.

In professional activities we co-sponsored a Red Cross Blood Drive with the men of Phi Delta Chi. For Hygeia Day, we did a presentation at the local high school on alcohol and drug abuse. As a professional project we held a special fundraiser and donated a microfiche to the Pharmacy Library. We also work two nights a week in the Pharmacy Library to give students more time to study there.

We have been off to a busy start this fall. We started right off with three rushes and Pharmacy Information Night. We have nine new pledges.

For homecoming, we sponsored a homecoming queen and held our annual semi-formal dinner dance with Kappa Psi. In addition, we sold homecoming mums at the parade and football game. All proceeds from the sale are donated to Project Hope.

Kim Hindenach

ALPHA LAMBDA University of British Columbia

The end of last year saw twelve of our members graduate, leaving twenty-two of us returning. Three of the graduates we are especially proud of, Janice Williamson, our past chapter President, received an Ethel J. Heath Key as well as was awarded the Dean E. L. Wood Memorial Prize for being the student whose record during the entire course in both the Practical and theoretical parts was considered to be the most outstanding. Tammie Morrisson, also a past president was awarded the Boots Prize for the most outstanding student in Ambulatory Clinical Clerkship. Tammie and Joanne Gour, shared the Honorary Activity Award. Other members from Alpha Lambda Chapter we congratulate are Terryn Robertson and Dr. Gail Belward. Terryn, a second year student was awarded the Alpha Lambda Chapter Scholarship. Dr. Belward, an alumna of Alpha Lambda Chapter, was ap-



Angie Kimsing and Dorothy Cram enjoyed the picnic food at the summer meeting of Alpha Lambda and Chi chapters in Birch Bay.

pointed to the position of Assistant Dean of Research and Graduate Studies.

Dorothy Cram, our president, attended the Regional meeting in Stockton California, as well as the picnic with Chi Chapter at Birch Bay Washington. She had some great experiences to tell of the people she met and places she saw.

The academic year began with an LKS informational booth during registration week. Koko Wenzel and Clara Tsang, the Rush Coordinators, followed this with a slide show and a short talk about LKS and our activities. On September 22, we held our annual Student/Faculty/Alumnae tea at the house of our Patron Dr. John Runikis and his wife, Adele. On September 27, Colleen Metge, from the B.C. Pharmacist Society, gave a lecture on the role of the Society in a Pharmacist's career and on the Pharmacare and Pharm-assist programs in B.C. Planned for October 2 was "Bring Your Own Banana and Bowling Night." October 4, was the date set for the Salad Luncheon during which there will be a discussion on summer employment opportunities in community and hospital pharmacies. Our Pledging date was October 11 and we commemorate Founder's Day with the traditional ceremony.

Fundraising began with a Bake Sale held on September 23. This year we will continue to donate to Bob Berwick Preschool for Handicapped Children, Project Hope, Our Foster Child and to our Scholarship fund.

Carla Pietramala

ALPHA NU University of Kentucky

Alpha Nu successfully rushed thirty-seven women this fall. This year's rush functions included a banana split party, a salad luncheon,

and a "That's Outrageous" party. All of the rushees seem very enthusiastic, and we're looking forward to a fantastic year.

Plans for the future include a chili dinner for Project Hope and Drug Representative Days. An ongoing project at Alpha Nu is our "Lambs on Leave" newsletter sent out to all of the LKS members on externship. This is our way of keeping them updated on future plans and events on campus.

A new idea is a way to recognize members who have put in that extra effort for LKS. What we've come up with is a stuffed lamb that is given to a member to keep until the honor is bestowed upon another member. We've decided to call this our "Love Kan Share" lamb. Our latest recipient was our corresponding secretary Marsha Brady.

Our Founder's Day ceremony and a pizza party to get to know the pledges better was held in October.

Karen Bradford

ALPHA XI University of the Pacific

We have 48 active members and will be having pre-rushes this semester to acquire even more members. We congratulate our new executive board which consists of President Maria Serpa, Vice President Belinda Abramsky, Corresponding Secretary Ruby Lew, Recording Secretary Beth Johnson, Treasurer Sue Corner, Fundraiser Carolyn Bush, Social Chairperson Michelle Arakawa, Publicity Chairperson Dana Darling, Scholarship Chairperson Erika Nagy, Alumnae Secretary Nancy Lombard, Pledge Trainer Jackie Garces, Assistant Pledge Trainer Sheryl Kinoshita, and Historian Hee Yong Row.

We were proud to host the Western Regional meeting in May. We would like to thank Donna Fujii, our Western Regional Supervisor, for help. Thank you to all the girls who came and became our new friends.

We recently were a part of the Tri-Fraternity Dance at UOP. Our events planned for this semester include a champagne brunch for the alumnae at the Homecoming Game and two pre-rush events. The professional projects planned include "Vial of Life," blood pressure screenings, Womens Awareness Day talks, a talk on Pharmacists Against Drug Abuse during Drug Abuse Prevention Week, and visiting a retirement home to discuss medications the patients take and filling out a drug profile for them.

This semester's fund raisers will include a turkey raffle, Halloween candy grams, and a food sale. We are also

having a candy bar sale and the proceeds will help send two of our members to the International Convention.

Hee Yong Row

ALPHA OMICRON West Virginia University

Alpha Omicron Chapter awarded the chapter scholarship to Jo-Dee Liggett, a 5th year Pharmacy student at West Virginia University. The scholarship, based upon time contributed to LKS, academics and need, is the first awarded of the newly established annual presentation.

Beth Ann Fullmer



Janice Williamson, Alpha Lambda past president, and Myrna Spotts Romack, Chi collegiate president, were in attendance at the Birch Bay event.

PHI ALUMNAE Indianapolis IN

We began our fall meetings a month earlier than usual, in August, so convention planning could get into full swing. We generated interest among some additional members who do not attend regularly by holding meetings at dinner hour at restaurants. These functions have been open to members, their spouses, and friends, and have featured civic interest speakers. After dinner and the program, non-members may leave, then we conduct our business session and break into committees for convention work. The alums have assisted our Phi collegiate sisters with rush party food preparation this fall. We held a Current Stationery fundraising drive to both do some early Christmas shopping and help our treasury during this challenging convention year. The October meeting included a cookout and the Founder's Day celebration.

Karen Roberts

CHI ALUMNAE Seattle, WA

Chi was well-represented at the Western Regional Meeting in Stockton and members who attended picked up good ideas. Pat Tanac and Nancy Horst were joined by Pat Landers who had just returned from an ASHP tour of Russia. Much thanks to Donna Fujii, Western Regional Supervisor, and the Alpha Xi gals for a successful meeting.

The alumnae and collegiates of Chi got together for a Rush Picnic at the University of Washington arboretum in May. It rained, but there was lots of good food and conversation. Our annual Senior Dinner was held in June in honor of our two graduating seniors, Chris Ferris, past collegiate president, and Marilyn Fuller. Alumnae sisters brought their favorite salads and desserts, and Jean McLaughlan was our talented hostess. This year's collegiate president, Myrna Spotts, and vice president, Rhonda White, were there to join in on the celebration. It may have been raining again outside, but there was alot of sunshine inside.

Chi chapter got together with Vancouver's Alpha Lambda chapter in August for a potluck picnic at Pat and Bob Tanac's place at Birch Bay, nine miles south of the Canadian border. No rain this time. Twenty-two people attended including six Chi sisters and nine Alpha Lambda. A satisfying lunch followed by a walk on the beach not only strengthened fraternal and professional relations, but also was loads of fun!

A Pledge Party was held at Pat Tanac's on October 3rd with six prospective new members attending interested in joining the collegiate

chapter. We shared convention scrapbooks and experiences with the pledges, letting them know how fun and educational LKS can be!

Last but not least, Donna Fujii's artistic talents have won her a trip to Hawaii, tickets to the Pro-Bowl, and \$1000.00 for setting up the winning store display of vitamin products in a manufacturer's contest. Congratulations!

Lisa Kiyomi Barr

Alumnae News

. . . CAROLYN FLAHIFF—Alpha Mu—is practicing as a staff pharmacist at Mercy hospital in Toledo, OH . . . DOROTHY FREEMAN BODLE—Delta—calls Clearfield, PA home and is a staff pharmacist at Rite Aid . . . KAREN BEECHER—Alpha Xi—from Sepulveda, CA is practicing as pharmacy director of an acute psychiatric hospital . . . NANCY SIPKO—Eta—is pharmacist manager of the Euclid-Mentor Clinic Pharmacy in Mentor, OH . . . LINDA MEERBACH O'CONNOR—Alpha Beta—combines the successful roles of mother and pharmacist in Easton, CT. She's interested in an alumnae chapter in her area! . . . MARY KELLY—Beta—is a community pharmacist in Glen Falls, NY—She's looking for lambs interested in an alumnae chapter in the Glen Falls area . . . SANDRA YRAGUEN—Upsilon—is a community pharmacist in Elko, NV . . . ELAINE COUTROS—Pi—looks for the best in both worlds of hospital and community pharmacy . . . PATRICIA ROSSBORO—Eta—hails from Phillipsburg, NJ and is a director of pharmacy . . . CAROLINA DONDERO—Alpha—has celebrated

fifty years of membership in Lambda Kappa Sigma. Living in Ft. Lauderdale, she would enjoy participating in an alumnae chapter in her area . . . MARY INTRIERI IMBROGNO—Tau—is an assistant director in a hospital pharmacy. She resides in Westlake, OH . . . NANCY ABBOTT HARRIS—Alpha—works as a hospital staff pharmacist in Albuquerque, NM . . . EMMA MORGENSTERN FREY—Epsilon—has retired and has interest in an alumnae chapter in Baltimore, MD . . . COLLEEN REILLY—Theta—has relocated in Green Bay, WI where she is a Dista Pharmaceutical Representative . . . MARGARET MARTIN JENNINGS—Mu—retired as a community pharmacy owner eight years ago and is residing in Coeur D'Alene, ID . . . LYNN KONITZER—Theta—is a hospital pharmacist in Peoria, IL . . . JAYNE BOCANEGRA STUMPF—Mu—resides in Tacoma, WA. and is a relief pharmacist . . . VALERIE WRIGHT—Upsilon—living in Las Vegas, NV is working as a staff pharmacist in a community hospital . . . VICKI SANFORD—Alpha Epsilon—lives in Brentwood TN and is director of medical supply at South Nashville Medical Supply . . . HARRIET J. PERLMAN—Alpha Beta—is coordinator of IV Services and investigational drugs. She will be moving soon to Winter Springs, FL . . . DEBRA TOLAND BJELLAND—Nu—calls Ankeny, IA home where she is a hospital staff pharmacist . . . MARY BETH O'CONNELL—Omicron—is an assistant professor of pharmacy practice at the University of Minnesota and a clinical research pharmacist whose specialty area is pulmonary medicine . . . JENNIFER OTT—Rho—works as a hospital staff pharmacist at the Mid-Columbia Medical Center in The Dalles, OR . . . JULIA FITTS GUILLORY—Alpha Epsilon—from Bowling Green, KY is hospital pharmacist . . . MARY BETH KELLEY TATUM—Alpha Zeta—has relocated in Knoxville, TN where she works as an IV staff pharmacist at UT Hospital . . . PAULA JEAN ALEXANDER—Alpha Sigma—works as a retail pharmacist in Houston, TX . . . CASIE FRY ICE—Alpha Omicron—lives in Huntington, WV and is a staff pharmacist . . . INDIA IVANS—Alpha Xi—is a pharmacist for Payless Pharmacy in Fresno, CA . . . JOAN SPENCER KELTNER—Alpha Iota—has located in Houston, TX where she is a pharmacist and housewife . . . LORI PURNELL THOMAS—Alpha Iota—is aiding in the reactivation of Epsilon Collegiate Chapter in Baltimore. Recently married, Lori is living in Rockville, MD . . . MAUREEN McDERBY—Alpha Zeta—is a supervisory pharmacist at the VA Medical Center in St. Louis, MO . . . IMOGENE GEISLER—



Alpha Lambda and Chi collegiates and alumnae met nine miles south of the Canadian border at Birch Bay for a picnic on August 18.

Rho—Past Grand President, received her fifty year member award of the Oregon State Pharmaceutical Association during their 96th Annual Convention in June. Imogene resides in Portland, OR . . . GAYLE HUDGINS COCHRAN—Chi—Pharm D at the University of Montana was recently appointed Chairman of the Policy Development and Bylaws Committee of the American Association of Colleges of Pharmacy. She resides in Missoula, MT.

REACHING ALUMNAE

The importance of a strong alumnae chapter is obvious. Not only can they supply financial support, they are a wealth of information. Information on how to effectively run the chapter, on internship openings, and on the different types of career opportunities after graduation. It's up to the undergraduates to reach out and get to know the alumna on a one to one basis.

One way to achieve this is to trace your family tree. Most chapters have mother/daughter relationships, writing to or even calling your "great grandmother" may be a good way to get her involved. Inviting the alumnae to social events like formals and fraternity ceremonies is another idea. The invitation may be more enticing if the formal written invitation is followed up with a phone call telling the alumna who else from her class has been contacted and their response. Hopefully there will be a "snowball effect", and each event can become a mini reunion for the alumnae and a greater success for the chapter.

Anna C. Germana
Delta Chapter

Balfour Fellowships

The National Interfraternity Foundation has announced a memorial fellowship program for 1986, honoring Lloyd G. Balfour, former president of the National Interfraternity Conference and an Interfraternity Research and Advisory Council founder.

Last year ten grants were made ranging from \$1,500 to \$2,500. Applications for the 1986 Balfour Fellowships will be available early in 1986 to graduate students through the International Office.

Awards will be made for full time graduate study with no limitations on the field of study. Individuals applying will be evaluated for their fraternal and interfraternal service, contributions to the enhancement of fraternal ideals, campus and community service, scholastic achievement, and financial need.



Sisters gathered for the Midwestern Regional Meeting in Des Moines, Iowa, in August, 1985.

REGIONAL HIGHLIGHTS

Following the format of the Western Regional Meeting held in May, successful summer and fall Regionals were held in Des Moines, New York City, and Houston. Collegiate and alumnae chapter members and an increasing number of alumnae joined to discuss chapter problems, to learn more about the operations of the fraternity and to set goals for the future.

Nu chapter with the assistance of Gloria Bernstein were our hostesses in Des Moines in August. Donna Dancer, Midwestern Regional Supervisor, conducted the meeting. Marlene Fichter, an Omicron alumna, spoke on the importance of responsible drinking and emphasized the fact that alcohol is the most abused drug among pharmacy students. She introduced a program called LADD-Lambs Against Drunk Driving. Tips were given to remove the emphasis on alcohol at social functions. Luncheon speaker was Dr. Edward Hertko, who spoke on the use of human insulin-vs.-pork and beef insulin in the treatment of diabetes.

At each of the regionals, presentations were made by Grand Council members on the topics of parliamentary procedure, by-laws and budget and finance. Chapter reports were given and problems were discussed.

Continuing education programs were held on Sunday and area pharmacists were invited to join in the seminars. The Midwestern Regional topic "Chemical Dependency Among Professionals" featured guest speaker Al Cataldo, representing McNeil and the PADA Foundation. At the Eastern Regional, Madeline Feinberg, President of the Maryland Pharmaceutical Association and sponsored by Parke

Davis, focused on Elder Care. The Southern Regional featured Gloria Doughty speaking on Communications for Pharmacists through a grant from Roche.

Alpha Pi chapter assisted Regional Supervisors Michelle DeBalko and Ruth Brown in setting up the Eastern Regional, in September. Despite the presence of Hurricane Gloria, the program opened on Saturday morning. Expansion, finances, the image of LKS, and the Biennial Convention were topics among others that were covered along with the workshops. The Big Apple provided a perfect setting for members to venture out for entertainment during a free evening.

Barbara Hayes and the Alpha Sigma sisters were our hostesses in Houston in October. The meeting was conducted by Luanne Betz, Southern Regional Supervisor. Alumnae sisters from Alpha Sigma, Alpha and Alpha Iota chapters discussed the reactivation of Alpha Sigma Alumnae. Advisor needs and progress on our Advisor's Manual were shared. Texas Southern University faculty and Dean Patrick Wells, joined our banquet festivities.

Although only a few Grand Council members could be present at each of the Regionals, the entire Grand Council was introduced through a slide/tape presentation entitled "Meet Your Grand Council." Each of the Regionals also shared in the Women's Health Issues slide/tape presentation on "Premenstrual Syndrome."

Kim Hindenbach, Alpha Iota
JoAnn Mulaski, Alpha Iota
Michelle Janusanis, Eta

ANN DINARDI

Continued from page 1 . . .

tical compounding, then reappeared with the long-awaited potion in hand. She, as a child, recalls vividly that "if she had been good all week," she was allowed an ice cream cone treat at the drug store on Saturday.

Fascinated by the profession of pharmacy, she decided as a young lady to come to nearby West Virginia University to pursue the 3 year pharmacy degree. When she arrived, the school had graduated only 3 women. It was clear that the way was going to be tough for the three women students in her class. She was undaunted by the odds, however, and set her face toward the degree, personifying her motto, "never give up . . . you're gonna make it!!" She's been committed to the profession ever since.

In 1947, Ann Dinardi and her friend, Mary Androtti, bought the Moore-Parriott Pharmacy in Morgantown, W. VA. They were a significant portion of the retail pharmacy practice in that community for 36 years, at which time they sold the store and "retired." She found the community practice sector of pharmacy a very satisfying place for a woman to be. She feels that women often have a very strong innate caring for people, have an empathetic nature, and usually are superb communicators. On the very practical side, she sees that women in pharmacy practice can be married, have children, receive good financial reward for their services, and be fully committed to a challenging career.

While she was in pharmacy school, there weren't enough women students to have a women's organization. However, with her business located in the city where the School of Pharmacy is located, she quickly became very active in alumnae affairs. Good personal friends with the Deans, she was a lady with her finger on the pulse of the school for a number of years. She watched the enrollment of women students begin to rise. Being an organizer, she longed to see the women students have their own organization where they could freely share with each other, professionally and socially, and seek support and encouragement from one another. In the early 60's, she and other interested women, the late Dean Ray Bachmann, and Dr. and Mrs. Al Wojcik began the support structure for such an organization. A dream of Ann's was realized in 1963, when Alpha Omicron collegiate chapter was chartered at West Virginia University. Ann "mothered" many girls in pharmacy . . . always being a wonderful source of enthusiasm, and even though a student was really discouraged, she was al-

"Never give up . . . you're gonna make it!!"

ways easily bolstered by Ann's familiar parting greeting, "God love ya, honey!!"

Another pharmacy cause to which Ann dedicated herself after graduation is the West Virginia Pharmaceutical Association. She has served as secretary for over 40 years, and hasn't "retired" at all. Her work with the state association kept her in close contact with alumni of the WVU School of Pharmacy. Arousing that "organizer" instinct in her, as she saw a growing number of LKS alumnae, she and other interested alums began the move to begin an alum chapter in the Morgantown area. This became a reality in 1975 when Alpha Omicron Alumnae Chapter was chartered.

As with all chapters the long road of activity over the years is often marked with periods of inconsistency. Such has been the case with the Alpha Omicron chapters. Ann illustrates her point that "you have to work hard for what you get" by remembering a time when the chapter had fallen into a period of inactivity, letting the financial obligations to national lapse for two years when a pledge class came along that wanted to change things. Ann was a tremendous motivator and encourager toward this effort. It took hard work . . . baking homemade bread to sell on the street, soggy days of washing 100 cars, etc., but they made it, primarily because Ann urged them always to "never give up." That pledge class yielded two Grand Council Officers: former Mid-eastern Regional Supervisor, Judy Owens, and Past Grand President, Judy Riffiee.

It has been said by many that Ann Dinardi has a "heart of gold." She loves to help people, especially students. She had provided a variety of kinds of assistance to countless numbers of students, and she's obtained unspeakable joy in the process of doing so. She has provided shelter and food for students who had those needs, and an unknown and unspoken number of financial aids have been handed out to the needy. She has gathered up bulk quantities of food from friends' gardens and delivered it or prepared it in her own kitchen. She

is a wonderful cook! She thinks now, looking back on those activities, that perhaps she wanted to help "all those kids" to compensate for her never having married and not having a family of her own. For whatever reason she has given of herself so freely, many students are forever grateful.

Among the students calling her "mom" were the men of Alpha Phi Delta Fraternity. She was fraternity house mother for 35 years. She has been granted the title of "Mountaineer Mother" by the WVU Athletic Department recognizing her role in "mothering" many athletes. Among the athletes to live in her house during their college years were All-American basketball greats, Rod (Hot Rod) Hundley and Jerry West. Athletic Director, Red Brown, came into Ann's pharmacy asking where he might get a room to rent for Rod Hundley, who had arrived late for the term, and had a reputation for being a "bad boy." Ann tartly responded that she had never seen a "bad boy," and that she had an extra room that he could live in at her house. Today Hundley credits Ann Dinardi for helping him to get his life in order, and specifically says that he would never have graduated from college if it had not been for "MOM." In his autobiographical book, "Mr. Clutch," Jerry West freely speaks of the important part that Ann Dinardi played in his life and communicates very effectively the affection and fondness that he has for her.

Ann really never retired. She still regularly practices in community pharmacy. She sees a lot of changes in pharmacy today . . . notable being the computerization occurring in the various aspects of the profession. She has no particular resistance to the modernization, in fact openly welcomes the changes; but she does hope that the mechanization doesn't remove the "personal touch" from our contact with the public. She sees the pharmacist as a source of encouragement and uplifting for people . . . and that can only be done if we take time to talk and to listen to them. Being awarded the Hygeia Award by the West Virginia Pharmaceutical Association several years ago denoting her as the "Pharmacist of the Year" in the state of W. VA., she sees pharmacy today as having achieved a lot of the goal the profession has sought. She sees the future of the profession as a bright and challenging one, and is still excited about pharmacy.

Some may have amassed greater wealth and made greater national names for themselves, but few have given so unselfishly of themselves to young people as Ann Dinardi God love ya, Ann!!

by Judy Owens and Judy Riffiee

LKS and Indianapolis A Winning Combination

Indianapolis is a city of WINNERS. As a professional and amateur sports capital, the economy in Indianapolis has flourished following the opening of the Hoosier Dome, home of the Indianapolis Colts. The new domed stadium, located in the middle of downtown Indianapolis, has created new opportunities for shops, hotels and restaurants and has been a major impetus in the revitalization all through the urban area. Plans are now underway for the development of the Circle Centre, which will provide the downtown landscape with a mall area.

During your convention stay, plan to see the city! Take a ride in a horse drawn carriage around Monument Circle, catch a trolley across downtown, ride around the Indianapolis 500 Motor Speedway, watch a competition at the Velodrome or the Natatorium, visit the world's largest Children's Museum (hardly just for children), tour the elaborate Scottish Rite Cathedral, experience the Museum of Art situated on the splendid grounds of the Eli Lilly Mansion, spend an afternoon at the Zoo, see a production at the Indiana Repertory Theatre, hear the magnificent Indianapolis Symphony Orchestra perform, see a Broadway production at the Starlight Musicals, support your favorite performer at Market Square Arena, walk back into Victoriana via a tour of the James Whitcomb Riley Home and the Benjamin Harrison Home, witness restoration and renewal in the Old Northside and Lock-erbie Square.

Indianapolis is a Renaissance City! See for yourself and make Indianapolis your travel destination. Join the Winning tradition, and attend the Biennial Convention to be held August 5-9, 1986, in the posh surroundings of the Indianapolis Radisson Hotel.

Emily Cramer Hancock



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Mrs. Mary Grear
Editor and Executive Director
P O Box 981
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GRAND PRESIDENT

Continued from page 1 . . .

success of LKS, which has been blessed with wise and successful direction since our founding in 1913.

I know that you will want to continue to share in this experience. Major organizational changes suggested by the membership at Regionals will take the form of proposed By-laws Amendments. These changes will be presented to the membership in the spring and voted upon at Convention. Your input and your participation in Convention is invited. The future that we are developing is exciting!

Patricia Kienle
Grand President

WOMENS HEALTH ISSUES

The Kappa Epsilon-Lambda Kappa Sigma Joint Committee on Womens Health Issues will again this year prepare a presentation to be displayed both at the ASHP MidYear Clinical Meeting in New Orleans and the APhA Annual Meeting in San Francisco. Past Grand President Judy Riffiee of the University of Texas College of Pharmacy and Rosalie Sagraves of the University of Oklahoma College of Pharmacy are Co-Chairmen of the committee. Other members of the committee are:

Jeanne VanTyle, Lambda Kappa Sigma, Butler College of Pharmacy
Avis Ericson, Lambda Kappa Sigma, St. Louis College of Pharmacy
Vernita Williams, Kappa Epsilon, Howard College of Pharmacy
Leslie Gradner, Kappa Epsilon, Indianapolis, Indiana.

The title of the 1985-1986 presentation will be "Women and their need for calcium," developed as a slide/tape show, to be reviewed as a booth display in the exhibit hall at both conventions. The slide/tape presentation will be 5-8 minutes in length and will be accompanied by an extensive hand-out, complete with the most current reference material on the subject.

There is a need for both Kappa Epsilon and Lambda Kappa Sigma women, attending either of the conventions, to avail themselves for manning the booth for a 1-2 hour period. Schedules for this type of participation in the Womens Health Issues project are now being prepared. Please contact one of the following if you can give some convention time to assisting with the booth:

Mary Grear, PO Box 981, Claremore, OK 74018
Rosalie Sagraves, 126 South Ave., Edmond, OK 73190.
Judy Riffiee

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