



# BLUE & GOLD TRIANGLE

SPRING 1996

L A M B D A      K A P P A      S I G M A

International Pharmacy Fraternity

"Promoting the Profession of Pharmacy Since 1913"

## *GATEWAY TO OUR FUTURE*

*34th Biennial Convention*

*AUGUST 6-10, 1996*

*St. Louis, Missouri*

*(Registration information on page 2)*

## **Thank You!**

Since we launched The Debt Retirement Appeal last November, our members have replied with overwhelming support. More than \$47,000 of the \$50,000 goal has been raised, and we are still receiving contributions. Most of our debt has been paid off, and the budget has been adjusted for long-term financial stability! Plan now to join your sisters during the 1996 Biennial Convention to celebrate our success!

# BLUE & GOLD TRIANGLE

The Blue & Gold Triangle is the official publication of Lambda Kappa Sigma Pharmacy Fraternity, published quarterly by:

**Editor & Executive Director**

Michelle Berrier, 2565-A US 23 South, Alpena, Michigan 49707

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Lambda Kappa Sigma is a member of the College Fraternity Editors Association and the Professional Fraternity Association.

## PLANNING CALENDAR

March 10	Deadline for Students for Progress contributions to be received by the IO.
March 9-13	APhA Annual Meeting (LKS booth #720) in Nashville, TN.
March 15	Hygeia Day Celebrated: chapters present professional programs to the public.
March 31	Grand Council Ballots counted and candidates notified.
April 1	Deadline for Alumni dues to be received by the IO.
April 15	Deadline for submissions for the TRIANGLE. Deadline for Collegiate and Alumni reports to be received by the IO.
April 30	Deadline for Award of Merit, Distinguished Service Citation Award, Merck Vanguard Leadership Award & Young Pharmacist of the Year Award nominations to be received by the IO.
May 15	Deadline for submitting Convention Delegates Credentials to the IO.
June 1	All financial obligations must be met; Initiation fees, Master Member Input Sheets, Rosters and Annual History Reports must be received by the IO for the year-end audit.
July 1	Deadline for early bird registration for convention.
August 6-10	34th Biennial Conventional in St. Louis, Missouri hosted by Alpha Zeta Chapter.



Bob Tanac and Albert Lowe reminiscing during the Tanacs' October 1995 visit to Carmel, Indiana.

## PRESIDENT'S MESSAGE



Dear LKS Members,

The Grand Council held its annual meeting in Chicago on October 20-22. We spent 24 hours meeting together, over 2 1/2 days, including one 14 hour day. We discussed all the Fraternity programs and publications, all the chapters, many of the committees, contracts with suppliers, the Educational Trust, evaluated the Regional Meetings, did a lot of planning for Convention, drafted By-Laws revisions, created a Fraternity organizational chart, and spent a lot of time on finances including, of course the Debt Retirement program.

All dues paid members received information about the need for a special debt retirement appeal. As of the day I write this, over \$47,000 has been raised. This is a wonderful show of support for Lambda Kappa Sigma! Many thanks to Marilyn Harris, chair of the Appeal, and to all those who gave to the Fraternity. Contributions are still being accepted - let's reach our \$50,000 goal! If anyone who didn't receive the information would like to have it and consider contributing, please contact Michelle at the International Office.

If you are attending the APhA convention in Nashville in March, be sure to stop by the LKS booth. I will be staffing the booth along with other alumni. Come and chat with us; Convention information will be available and Students for Progress awards will be presented there, too.

Convention will soon be here—August 6-10 in St. Louis. Chris Grass and the Alpha Zeta members are working hard to make our meeting special, and Sharon Brown is coordinating the continuing education portion of Convention. Specific information is on page 2 of this issue. Make Convention a part of your summer plans now! I'm looking forward to seeing you there, as we conduct the Fraternity business and have a lot of fun together. Convention is the best place to greet old friends and make plenty of new ones, and really appreciate the international scope of LKS. I went to my first convention in 1974 and enjoyed it so much I haven't missed one since!

Fraternally

*Nancy Horst*

Nancy Horst,  
Grand President

Pi Chapter at Rutgers University  
Invites all sisters and alumni to the

### LKS CHARITY BALL

April 13, 1996 in South Brunswick, New Jersey  
(all proceeds go towards Debt Retirement)

For more information call Stacy or Amy at (908) 246-3768

# Lambda Kappa Sigma Pharmacy Fraternity

## 34TH BIENNIAL CONVENTION REGISTRATION FORM

### August 6-10, St. Louis, Missouri—Marriott Pavilion Hotel

Name \_\_\_\_\_ Chapter \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Summer Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Delegate \_\_\_\_\_ Alternate \_\_\_\_\_ Attendee \_\_\_\_\_

Arrival Date \_\_\_\_\_ Time \_\_\_\_\_ Departure Date \_\_\_\_\_ Air \_\_\_\_\_ Ground \_\_\_\_\_

**FULL REGISTRATION:**

EARLY BIRD, ON or BEFORE JUNE 30, 1996

- Alumni
- Student

AFTER JULY 1, 1996

- Alumni
- Student

**DAILY REGISTRATION:**

August 6	<input type="checkbox"/> Reception	\$ 20 _____
August 7	<input type="checkbox"/> Breakfast	\$ 17 _____
	<input type="checkbox"/> Awards Dinner	\$ 30 _____
August 8	<input type="checkbox"/> Breakfast	\$ 17 _____
August 9	<input type="checkbox"/> Continuing Education & Merck Vanguard Lunch	\$ 60 _____
	<input type="checkbox"/> Merck Vanguard Lunch only	\$ 20 _____
August 10	<input type="checkbox"/> Continuing Education & Luncheon & Exhibits	\$ 75 _____
	<input type="checkbox"/> Luncheon & Exhibits only	\$ 25 _____
	<input type="checkbox"/> Final Banquet	\$ 45 _____

**TOTAL ENCLOSED** .....\$ \_\_\_\_\_

NO Refunds will be made for registrations cancelled after July 30, 1996.

**PAYMENT:**

- Check Enclosed (payable to Lambda Kappa Sigma)
- Visa/Mastercard

Card Number \_\_\_\_\_

Name, as it appears on card \_\_\_\_\_

Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

**EMERGENCY INFORMATION:**

Emergency Contact: \_\_\_\_\_ Phone Number: (\_\_\_\_) \_\_\_\_\_

State dietary needs/restrictions: \_\_\_\_\_

I hereby release Lambda Kappa Sigma Inc., its officers, directors and employees from any and all claims, damages and liabilities incurred by me or on my behalf during the 1996 Biennial Convention including but not limited to bodily injury, host liquor liability and contractual liability.

**SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**AMOUNT**

\$160 \_\_\_\_\_  
 \$150 \_\_\_\_\_  
 \$175 \_\_\_\_\_  
 \$165 \_\_\_\_\_

**HOTEL RESERVATIONS**

Alumni \$89 (single) \$99 (double)  
 Student \$80 (double/double)

**Alumni** make reservations with the Marriott Pavilion Hotel by calling 800-228-9290. Please tell the hotel operator that you are with Lambda Kappa Sigma to receive the group rate. **Students** make reservations by calling the LKS International Office at 800-LKS-1913. **Special LKS rates apply only to rooms reserved prior to JULY 19, 1996.**

**TRAVEL**

To make travel arrangements, please contact Olympic Travel of San Diego California: TOLL-FREE 800-707-7990 or 619-554-1174 Ext.2; FAX 619-554-1303; E-MAIL olympictvl@aol.com. Tell the operator that you are with Lambda Kappa Sigma to receive the group travel discount.

**DELEGATES**

All collegiates delegate airfares will be billed directly to the Fraternity. Delegates must contact Olympic Travel a minimum of thirty days in advance of travel for the lowest available fare. Reimbursement for chapter delegates will be based on the location of your chapter. Travel expenses to and from the airport will be the delegates responsibility. For those **delegates not traveling by air** to Convention, reimbursement will be made directly to you by the International Office.

**CHILD CARE NEEDED:**

Number of children \_\_\_\_\_

Ages of children \_\_\_\_\_

# Orchestration Of Changes In Pharmacy

By: Paula L. Castor, RPh, MHA, FASHP

1995 Recipient of the Lambda Kappa Sigma/Merck Vanguard Leadership Award



Each and every pharmacy practitioner is in a leadership role when they orchestrate beneficial change in patient drug therapy.

Orchestration is a complex process involving members with expertise, playing varied instruments. Every orchestra appears to have one leader, the conductor, and many players..but is this really the case and can either exist without the other? The conductor's interpretation determines the presentation, but the players must buy-in to that interpretation in order for the outcome to meet the conductor's expectation. And, the conductor's interpretation must meet the expectation of the audience or the performance is not accepted or applauded. Much time and effort is utilized bringing those who interpret the music differently into a single focus representing the conductor's viewpoint.

How does this analogy relate to pharmacy practice? Today, there are varied interpretations of how pharmacy should be practiced and what is needed in order to provide a well-orchestrated service. Do we need generalists and specialists? How much time is needed to prepare either for practice? One fact is certain. As pharmacy debates these points, the beat continues on in the healthcare forum, and the music may be interpreted and presented in ways pharmacy has not bought into and is not a part of. And, each of these interpretations and presentations will find an audience.

Pharmacy practice must agree to a uniform interpretation of the music and all the musicians must play in concert. We must play the music so well that other groups cannot perform our music better. The beneficiaries of the uniform approach are the audience—our patients and professional colleagues. Mixed messages are confusing and disconcerting. Mixed messages lead to a less than harmonious presentation that leaves the audience displeased and dissatisfied.

What are the problems? How do we synchronize? Can we synchronize? What are the outcomes if we do not?

Over the years, pharmacy has moved from a

practice of generalists to a mixture of generalists and specialists. Organizations have emerged to support these changes encompassing the broader interest of practitioners. This expansion is justified since no single organization has exhibited consistent representation of significant numbers of practitioners in all of the varied areas of practice. Each of the organizations feels they represent the full scope of practice through their membership definition but membership for specialists is scattered..and not one of the organizations is willing to give an inch.

That leaves us at an impasse that will probably not be overcome soon enough to uniformly effect positive change in practice. Assuming that my premise is correct, our most realistic opportunity to present a uniform stance is to positively utilize forums where varied organizations can reach consensus on critical issues related to practice and practitioners. What are those critical issues?

## 1. Clear Goal Definition

Pharmacy must have a uniform focus, a common vision. Focus on the goals, not the objectives. Each of the organizations may follow a different path to reach the same destination and that may not always be a bad thing. The essential point is to assure that the destination is the same and that the path chosen leads there. The advantages of a common vision are:

- a. Decrease confusion for consumers, which includes legislators, and other clinicians. This effectively reassures that the goal of pharmacy practice is patient safety and welfare provided through a practice of drug utilization and monitoring.
- b. Increased potential for survival of the practice and practitioners through flexible provision of patient care via any mode of service required.
- c. Provision of drug utilization services by the single practitioner prepared to provide competent, quality services based on education and experience.

## 2. Practitioner Buy-In

Too many pharmacists have not accepted the tenuousness of our professional grip. The practice has reached a point where practitioners who buy-in and change their mode of practice will survive. Those who do not buy-in will not survive. Practitioners who focus more on reimbursement as a survival tool while continuing to not provide services that legislation has mandated, are leading us toward a minimized role in care provision. The concept of not providing services without requisite reimbursement backs consumers and legislatures to the wall moving them towards willing practitioners who provide these services without additional

compensation. Consumers do not routinely measure the quality or appropriateness of the information received except in retrospect..following an adverse event. Having a technician or clerk hand a piece of paper to a patient or their caregiver is not counseling. Having these same employees ask a patient if they have questions related to their prescription product is not counseling. Mailing a piece of paper to a patient or their caregiver is not counseling. There are many languages spoken in America; most drug information leaflets do not address this issue. Illiteracy or compromised literacy is a significant problem in America; drug information leaflets cannot address this problem. Moving the practitioner to the area where the drugs are purchased by or administered to patients, facilitates counseling. Assuring a presence in the patient area, in any setting, leads to patient monitoring and counseling. Pharmacists should be interacting with patients in retail settings, monitoring their purchase of over the counter drugs; on the patient care units in hospitals as part of the drug review and monitoring process, educating patients, providing transitional information to improve the patient's chance of appropriate continuity of care; in the physician's office or in private practice as the consultant for patients with complex drug regimens or other complications that affect the appropriateness of their drug therapy; and in the home to assure patient compliance. No government agency should ever be able to review the practice of pharmacy and conclude that practitioners are not living up to their mandate of patient counseling as recent reports have shown.

## 3. Public Relations/Marketing

The most effective public relations tool is for practitioners to provide uniform drug utilization services in all practice settings. Expose the consumer to an effective service, and they will come back for more.

Pharmacy is in desperate need of an effective mechanism for timely response to negative press, and marketing of the profession's positive contributions to patient care, safety and welfare. Pharmacy has not yet responded in a broad-based, positive way to counteract negative presentations. How do we accomplish this?

Pharmacists are by far the best-educated, best-prepared practitioner for the provision of drug related information. How can any pharmacist feel the public is served by providing less than their best? Organizations should contribute funds to establish and support a central public relations body with the mandate to improve the consumer view of



pharmacy practice and its practitioners in all settings, and to respond swiftly and effectively to negative press that affects the profession. No more pharmacy advertisement focused on the blue counting tray!! Assure that pharmacists are well represented on television programs..the media of the masses..that have broad consumer viewership. Showcase our positive activities.

#### 4. Education

Schools of pharmacy have a responsibility to prepare their graduates to provide the services that the marketplace demands. As with other interactive professions, pharmacy schools have recognized that employment-site training with competent educators is essential for completion of the educational process. Programs for post-graduate training must continue. Only a workforce that is competent across all sites of practice will convince the consumer that the contribution of drug specialists to patient care, safety and welfare is substantial and required. Educated, re-educated, and continually educated practitioners must accept responsibility for provision of care.

#### 5. Boards of Pharmacy

Boards that have not, must alter language in their Regulations and Acts to enable pharmacists to provide pharmaceutical care services. Boards must work with organizations and schools to ensure that all input is gleaned and all aspects of essential issues are considered. Not only will this lead to an improved quality of change but will also decrease the possibility of disagreement on issues once changes are moved to the legislative forum.

In summary, there must be harmony on essential issues or the tune will not be heard. The goal is always to satisfy the audience. Consumers need input from pharmacists in order to appropriately use their drugs. No other clinician is as well prepared to provide information, monitoring, and planning for future drug regimens and utilization. Pharmacists must recapture consumer trust and re-define ourselves as the competent, caring professionals. Yes, reimbursement is essential for business survival, but we must remember that we have not educated consumers to identify who is the best professional to provide them with complete, non-biased information. Education and experience have prepared us for this task. Each individual pharmacist must stand up, select a musical instrument, and begin to play in synchronization with the existing orchestra. A tune that the audience will praise and applaud.

*Paul Castor is the Associate Director of Pharmacy at the Albert Einstein Medical Center in Philadelphia, Pennsylvania. She earned her Bachelor of Science in Pharmacy at Philadelphia College of Pharmacy and Science and completed her Masters of Health Administration at Saint Joseph's University in Philadelphia. In 1995 she was awarded the: Lambda Kappa Sigma/Merck Vanguard Leadership Award in recognition of professional contributions, American Society of Health-System Pharmacists' Practitioner Recognition Program designation of fellow of the Society in recognition of sustained contributions to practice excellence, Elected to a seat on the Executive Committee of the National Association of Boards of Pharmacy, Invited participant-Pennsylvania Society of Hospital Pharmacists Centers of Excellence in Pharmaceutical Care program and Invited participant at the Pennsylvania Society of Hospital.*

## IN MEMORIAM

### Mary Chadwick Frazee

Mary Chadwick Frazee, Chi, a charter member of Chi Chapter, died November 7, 1995 at the age of 75. She was a registered pharmacist, and retired from Reed's Pharmacy in Port Townsend in 1983. Her memberships include Lambda Kappa Sigma at U.W., U.W. Alumni, Rainbows, Altar Guild in Episcopal Church, National Geographic Society, Evergreen Model A Club, Ezra Meeker Historical Society, and Island Art in the Park Dance Co. She was a charter member of Board of Directors Port Townsend Junior Civic Ballet Co., Audubon Society Pacific N.W. Ballet Guild. She was a patron of the Arts. She was preceded in death by her husband, William Frazee, in 1991.

**Nancy Mitchell-Postelnek, Eta**, and her husband Robert had their third child on June 2, 1995. Jeremy, 7lb. 7oz., joins a brother and sister, Bryan 5 and Erika 2.

**Edna Ivans, Lambda**, recently had a West Hills College hall dedicated in her honor. She has dedicated 28 years to educational excellence at West Hills College. She was a board president five times. She is a long-standing member of the Kings County Republican Central Committee. She was a finalist for the Fresno Bee's (local newspaper) Woman of the Year Award and is a life member of the Avenal Parents/Teachers Association. She is a former president and board member of the Reef-Sunset Elementary School Board. Edna retired in April 1992. She and her husband, Nicholas J. Ivan, both USC 1950, have owned and operated their own store from October 1950 to April 1990.

**Carol A. Hudachek, Alpha Omicron**, was installed as president of the 500-member West Virginia Pharmacist Association at the 88th convention held recently in Charleston, SC. She has served as secretary, public affairs chairwoman and as a director of the association. She was the recipient of the organization's Distinguished Young Pharmacist Award in 1990, and was presented the Pharmacy Leadership Award of the National Association of Retail Druggists at this year's state convention in recognition of "accomplished leadership in the advancement of pharmacy." As a pharmacist at Weirton Medical Center for the past seven years, Hudachek has presented 40 medical/nursing staff lectures and more than 90 community programs which include numerous poison prevention programs in elementary schools in the area and spots on the Mike Donovan Talk Show on WSTV Radio. She has served on various hospital committees. She has served as an adjunct professor at West Virginia Northern Community College and prior to becoming a pharmacist, she was an assistant principal, teacher and coach at Madonna High School. She has also served as president of St. Joseph the Worker School Board for the past four years. She graduated from the WVU School of Pharmacy in 1988 and was president of her class for three years. She has served as regional vice president of the West Virginia Society of Health Care Professionals; first and second vice president of the Ohio-Marshall County Pharmacist Association and president of the Northern Panhandle Academy of Pharmacy. She was named "Woman of the Year in Healthcare" by the Cameo Women's Center in 1992. She was named one of the Women Leaders in Pharmacy in the United States in 1995. She received the Deans Mortar and Pestle Award for Excellence in Pharmacy Administration from WVU in 1988. She has been listed in five editions of "Who's Who." She also holds membership in a number of state and national professional organizations.

**Terry Talbott, Tau**, was elected second Vice-President of the Pennsylvania Pharmacists Association in July 1995. She hopes to be installed as President in 1998. Terry has a son, Noah, age 2.

**Jacqueline M. Murphy, Alpha Beta**, will be lecturing to Dental Hygienists on board Carnival's new cruise ship, Imagination, in April 1996. Topics will include dental applications of new drugs for older patients and updates in pediatric medications. She has also coordinated a Health Awareness Week at Grade A Shop Rite Pharmacy, having area health agencies talk to customers.

**Susan (Neitzke) Mulder, Alpha Iota**, and her husband purchased their own pharmacy, Corner Drug, in Oakland, Nebraska, on August 1, 1995.

**Kelly P. Kirby, Beta**, has recently moved to the state of New York after completing a residency in pediatrics at All Children's Hospital in St. Pete, FL. She has just started working as a Pediatric Clinical Specialist at Albany Children's Hospital, Albany Medical Center. Kelly is looking forward to getting involved as an advisor to the undergraduate chapter at Albany College of Pharmacy.

**Linda Faxon, Rho**, will begin her 23rd year as Director of Pharmacy Services at Corona Regional Medical Center in Corona, CA, on September 13, 1995.

**Lita Israel Chung, Chi**, was elected President of the University of Washington Pharmacy Alumni Association. She manages LoBucks Pharmacy.

**Linda Lang, Chi**, is chairman of the Mentor Program for the Pharmacy Alumni Association.

**Anna Kowblansky** was recently elected to the Executive Committee (Member-at-Large) of the APhA Academy of Pharmacy Practice and Management (APPM). She has also been selected to become a Fellow of the Academy (FAPHA). In 1995 she was selected to be Executive Director of the International Association for Pharmaceutical Biotechnology - an organization representing scientists and clinicians with an interest in pharmaceutical biotechnology.

**Pat and Bob Tanac** of Seattle, Washington celebrated their 50th wedding anniversary on February 24, 1996!

## CHAPTER NEWS

### **Alpha Alumni - Boston, MA**

Greetings from Alpha! This summer, many members of Alpha Chapter attended the Regional Meeting in Mystic. Elsie Gassiraro and Helen Nagios-Pervanas served as our delegates and Dr. Linda Eugenio presented a Rheumatoid Arthritis Continuing Education Program. Christine Perry, who serves on Grand Council as Grand Vice-President for Collegiates, planned and organized the meeting along with Alpha Chapter members Karen Nagios and Susan Exposito, who are Regional Supervisors. The weekend was exciting, and we had fun at the Mystic seashore and a night at Foxwood. The Alumni Chapter presented a poster on our Graduate Packet Program which was popular with the other alumni chapters. We also participated in the alumni conference and Fraternity goal setting. We celebrated Founder's Day on October 14 at the Massachusetts College of Pharmacy with our collegiate chapter. In December, we gathered together for our 3rd annual Christmas Craft Party. This year, we made angels for our trees and gifts for our family and friends. During the party, we began our yearly fund raiser, a 50/50 raffle, and decided to make a holiday donation to the Meals on Wheels Program in Boston. We are looking forward to getting together again in January for our annual Yankee Swap and gearing up for our Hygeia Day CE program.

...Christine M. Perry, R.PH.

### **Alpha Beta Alumni - Storrs, CT**

The Alpha Beta Alumni Chapter has been reactivated at the Regional Meeting in Mystic, CT. We held a Homecoming meeting in October and a Yankee Swap in December as a Holiday Party. Anyone interested in joining us can contact Cheryl Godfrey at 860-870-4887 or Deanna Soja at 860-684-9840.

...Deanna Soja

### **Alpha Beta - Storrs, CT**

The sisters at the University of Connecticut are very busy this semester. Our RUSH was successful, and we have inducted nine new members! Our new members are very enthusiastic, and I am sure that they will be a great asset to our chapter once initiated. Our chapter is experiencing a renewed commitment to community service. One of our members, Elizabeth Corazzo, made pink LKS ribbons for us to wear for the month of October in recognition of Breast Cancer Awareness Month. Ali Deotte and our Community Service Committee have organized a fundraiser from which all of the proceeds will be donated to the Dana Faber Institute in Boston. Finally, Vice President Cindy Prager and the Professional Committee have planned for Barbara Ciak, M.D., a gynecologist and breast cancer survivor, to come and have a discussion with all interested pharmacy students and faculty on Thursday, October 19th. Our chapter is also donating all profits from cassette tape sales to Project HOPE. These cassette tapes are sold to pharmacy students for the purpose of listening to lectures. Our chapter really enjoyed and learned a great deal from the Regional Meeting held in Mystic, CT this past July. The enthusiasm gained at the meeting has spread throughout all of our members. We are further motivated by our dedicated Faculty Advisor, Dr. Robin Bogner, by our Fraternal Advisor, Cheryl Godfrey, and by Alpha Beta Alumni Chapter. The Alumni Chapter has initiated a campaign to find "lost lambs," and we are planning a joint activity for October 28th of Homecoming Weekend at UCONN. Best wishes to all Lambda Kappa Sigma members throughout the nation. We look forward to the Biennial Convention in St. Louis next August!

...Lisa DeCerb

### **Chi Alumni - Seattle, WA**

Gayle Hudgins Cochran '69 Pharm.D. is Professor and Chairman of the Department of Pharmacy Practice at the University of Montana in Missoula. Gayle received the Distinguished Alumnus in Pharmacy Award at the One-Hundredth Graduation of the University of Washington School of Pharmacy. She gave the Commencement Address. Lynette Scott '78, husband Brian and three boys flew to Juneau, Alaska. They continued on by air, train and bus to Carcross, Yukon Territory where their 500-mile canoe trip to Dawson began. She has great stories to tell about the scenery and history of the area. Past Grand Presidents Pat Tanac and Julia Pishalski, along with their Patron husbands Bob and Bill, visited for four hours at SeaTac Airport in Seattle as the Pishalskis were returning to Tampa from Victoria, British Columbia. Chi Chapter made their annual trek to Birch Bay during July. Alpha Lambda Chapter joined them for the festivities which included a barbecue, beach walk and annual photo.

...Pat Tanac

### **Alpha Iota - Big Rapids, MI**

Greetings from the sisters of the Alpha Iota Chapter at Ferris State University. This semester has been very eventful and exciting for us so far. We held four successful rushes early in the semester, and we currently have nine associates which we are proud of. We have been busy with our Fundraising activities including selling Ferris State University College of Pharmacy sweatshirts, T-shirts, and license plates. We are also hard at work raising money for our philanthropy, Project HOPE. We have continued our daily coffee hour in the lobby of the pharmacy building, where we sell coffee, tea, donuts, and a variety of candy every weekday morning. Homecoming week is upon us presently, and we are in the process of selling yellow chrysanthemums in which all proceeds go to Project HOPE. We are building a homecoming float with the men of Phi Delta Chi and are co-sponsoring a queen candidate, one of our sisters, with the Phi Deltas. Some of the professional activities of the Alpha Iota Chapter include playing bingo once a week with the patients of a local nursing home, cleaning up trash on the two mile stretch of highway that we adopted, and recycling once a week at the county recycling center. Recently, we sponsored a successful Red Cross blood drive on campus with Phi Delta Chi. Some events that we are looking forward to later in the semester are our annual Thanksgiving and Christmas dinners together and a hayride in early November. We also have "secret lambs" every semester. Each sister draws a name out of a hat and buys that sister a small gift each week. After about eight weeks of "secret lamb" gift exchanging, we reveal our "secret lambs". It's a lot of fun, and everyone enjoys receiving a small gift each week.

...Laurie Schrock

### **Alpha Kappa - Athens, GA**

The start of the new school year brought many changes for the Alpha Kappa chapter. The incoming class began the year on the semester system, while returning students remained on the quarter system. Our potential members had already been involved in their classes for over a month when the time came to join organizations. This helped our chapter tremendously because we had over 25 pledges this year. Our sisters were very involved fall quarter. For our new sisters, we had two potential member parties, Sister Ceremony and Initiation. We also observed Founder's Day. We sponsored the annual school-wide Halloween Party, selling tickets and Secret Goblins, donating all proceeds to Project Hope. We sold Current as our fund raiser. We had a guest speaker from the Lilly Co. for our Professional Project. We also sponsored a yard sale for AIDS Athens as our Service Project. Other fall quarter activities included intramural football and Church Day. The Alpha Kappa chapter would like to welcome her sisters back to school. We look forward to an exciting year.

...Brie Edgerton

### **Pi - Piscataway, NJ**

Hello sisters of LKS. Well, I personally did not attend regional this summer, but after hearing from the sisters who did, I have to admit that I'm jealous. Not only did they have a great time, meeting sisters from all over, but the ideas they received from regional allowed for us to have a successful rush. Once again, we started our monthly bake sales in the Pharmacy building. These fat-free (whatever) cakes and cookies are in demand by the students and faculty. Not to mention that the profits we make are well worth the effort. For the fourth consecutive year, sisters drove down to Six Flags Great Adventure, for our major fall fundraiser. Yes, dressing up in those costumes making complete fools of ourselves was embarrassing; but hey, we got free tickets to Great Adventure for the '96 season. Plans are underway for the Homecoming game. This year, we are hoping that alumni and sisters from other chapters will join us for the tailgating parties and hopefully for the game, too. We're also hoping that our long-awaited Crush party will be a success. Sisters will invite random guys that they know or want to get to know. Just imagine a party where the guy to girl ratio is fifteen to one. I would just like to wish all the sisters the best of luck and for all the chapters to keep in touch and work together since we are all sisters of LKS!

...Neha Shah

### **Alpha Mu - Toledo, OH**

This fall will be a busy one for everybody, as usual! The sisters of Alpha Mu chapter started the quarter with a social event the first day, our Senior Dinner, where we honor our seniors and give them a picture frame engraved "Lambda Kappa Sigma". Rush was the next item on the agenda the second week of the quarter with our traditional BYOBanana informational meeting. 30 prospective rushees showed up, and 25 were initiated a week later. They seem to be an active and interested group, and probably the largest rush class we've ever had! We're in the process of updating our Chapter By-Laws, and hopefully we'll be finished before the new rushees are activated just before Thanksgiving. University of Toledo Homecoming is the last weekend in October, and we will be selling Halloween Candy Vials and UT College of Pharmacy picture frames in the College of Pharmacy Alumni tent along with Kappa Psi and Alpha Zeta Omega. Later that night, we will attend our annual Halloween Party (costumes required!) in conjunction with Kappa Psi at their House. We're beginning to organize one of our biggest fund raisers, selling poinsettias for Christmas. We take orders ahead of time, then order them from a local greenhouse and ask our customers to pick up their plant. We then use that money for scholarships, local charities, and our biennial composite picture. Before we go home for Christmas vacation, we're planning a party to develop sisterhood within the chapter, exchange gifts, and eat lots of food! Good luck with school throughout the quarter (or semester) and Happy Holidays!!

...Kim Soliday

### **Alpha Zeta - St. Louis, MO**

To kick off the new school year we held our beginning of the year party on September 6. We had a great turn out! Two local radio personalities deejayed the party and the profits were donated to a local charity to help in their fight against child abuse. We are looking forward to working with this same charity with an auction in December.

We are having a rush function on October 25. It is our annual Margaritaville party and we are planning on having a great time and attracting lots of new sisters.

The sisters of Alpha Zeta are busy getting things ready for the National Convention in August. We are very excited about all of our sisters visiting St. Louis. We hope that we can show you a great time! We are planning on having a sisterhood to celebrate Founder's Day on Saturday October 14. We will have a ceremony and then a small party following. We are looking forward to getting together with our sisters to celebrate the founding of Lambda Kappa Sigma. ...Erin Stuckey

## Alpha Omicron - Morgantown, WV

Our Lambda Kappa Sigma Fraternity at West Virginia University has really taken off this year. We began the semester by participating in our Pharmacy School Orientation program, informing the first-year class of our organization. Also at orientation, we sold "West Virginia University School of Pharmacy" ink pens and "Pharmacy" tee-shirts. During the month of September, we held our rush week. This week included nightly activities as bowling, mocktails and movies, Pharmacy School picnic, making dinner for the Ronald McDonald House, and going to the WVU vs. Temple football game together on Saturday morning. Also during this month, we held our annual sweatshirt competition and sponsored a credit card fundraiser. Our October plans began with observation of Breast Cancer Awareness Month by displaying and passing out informational brochures. We had pledge night on Oct. 4th and Fall initiation of new members on Oct. 9th. We also plan to observe Founders Day on Oct 14th. Halloween will prove to be a fun holiday for all of us in LKS. We will sponsor games and candy for our local ghouls and goblins at the Morgantown mall, and we'll join with our other pharmacy school organizations for a Halloween party and hayride. Lastly, we will end the month with observation of National Pharmacy Week by wearing red and yellow ribbons. Only half of the semester has gone by and we've been so busy! It's exciting to think that there is so much more fun to come! Best of Luck to all of our sisters from all of us at West Virginia University's Alpha Omicron Chapter!!!

## Tau - Pittsburgh, PA

Greetings from Tau chapter. As the new year begins, our executive board is busy preparing new ideas for the upcoming semester. We have held two meetings this month and are continually receiving ideas which will enhance our growth and help establish unity. Professionally, many activities are being planned. The Publications committee is preparing a pamphlet on heart disease for the month of February. Also, the "What is a Pharmacist" committee has been contacted by three local area high schools for presentations. The International Child Committee continues to communicate with our child. We are also starting to establish a continuing education program to be presented in March for Hygeia Day. Additionally, our service committee is working with local hospitals and the University's volunteer association to organize projects for the semester. Socially, we are trying to establish unity through a wide variety of activities. We had an ice skating outing this past month at a local arena. For February, we are planning a Family Tree Tea at a local restaurant. We are also planning a television party night for this coming Thursday. Additionally, we are in the process of planning a formal and a banquet for our graduating seniors. We are currently in the process of recruiting new members. We visited the freshman dormitories and passed out "study buddy" bags containing school supplies advertising different drugs. Many attended our rush party last Monday evening. We were glad to see the interest and are hoping to have a large new membership class for the spring semester. Fund raising activities have begun. We have started selling Easter holiday candy in conjunction with Sarris Candy Company. Also, we have planned a sale of Valentine candy. Additionally, we have asked that each pharmacy organization submit a candidate for our "Mr. Pharmacy" contest. The winner will be recognized by the school, and his organization will receive a percentage of our profit. In closing, we hope to achieve our goals through the various activities. At the semester's first meeting, I presented a survey to the sisters to gain an insight on how our chapter benefits its individual members. Also, the School of Pharmacy held a leadership conference this past weekend in which presentations and discussions enabled me, along with our vice president, Ashley Bodamer and treasurer, Cheryl Winklbauer, to better focus our chapter's future. We feel that we have many things to look forward to as we build upon the foundation of Tau chapter.

...Melissa Hanratty

## Eta - Philadelphia, PA



The Eta Chapter of Lambda Kappa Sigma at Philadelphia College of Pharmacy and Science has been busy this fall. Our many activities involved the LKS sisters in both professional and social events. This semester has been both fun and rewarding. With the induction of thirteen new members, we were all very excited about the fresh outlook the Fraternity had taken on. The semester began with our annual Greek Week celebration. This week was filled with games and fun for everyone. The Greek organizations combined together to raise over \$1,000 for the HMS school in West Philadelphia. Also in September, the women's Greek organizations held a social for the incoming freshmen and transfer students. The big social events of the semester were our Christmas Party and a mixer with Phi Delta Chi, Kappa Psi, and Kappa Epsilon. The mixer was a huge success and really gave the sisters a great opportunity to get to know the members of the other organizations on campus. Our "Poison Prevention" program continued throughout the fall allowing us to teach local children of the dangers of poison. Also, we were able to help out the Southwest Community Center by handing out fliers for their Fall Fest, donating canned goods and wrapping and delivering Christmas cookies to homebound senior citizens. Our fundraising was also an integral part of the semester with soft pretzels, key chains, candy filled pumpkins, and our popular Gertrude Hawk candy sales. The semester ended as we said good-bye to our seniors who graduated in December, and our eight officers for 1995. However, we are looking forward to 1996 for another fulfilling year for the Lambda Kappa Sigma sisters here on campus.

...Jocelyn Nearhoof

## Lambda - Los Angeles, CA

Welcome to an exciting Fall semester (quarter)! We, the Lambda chapter at USC, have done numerous activities these two and a half months to welcome the Class of 1999 and recruit new members. The orientation information day was our first activity which turned out GREAT! We provided students with yummy M&M candies in a prescription vial with an LKS label on it, plus the LKS flier promoting the fraternity. During the first 4-6 weeks of school, we had rush events that included the Ice-Cream Social, the Info-Lunch Meeting (lunch provided for participants) and the BBQ-Scavenger Hunt. The BBQ-Scavenger Hunt was our last event, and it was a blast!!! In addition to rush events, we were fortunate enough to get the lab coat sale. From this profit, we created many plans for upcoming events during the year: karaoke, beach bonfire, bowling, hiking and mini-car racing and more! October is when we are having our Pinning Ceremony and Founder's Day ceremony. We have not only prepared the traditional package for the new pledges for Pinning but have created a Unity T-Shirt for our chapter. We'll have LKS Day when every member wears the Unity T-shirt to support and show the unity of Lambda Kappa Sigma members. We were also fortunate to have claim to the use of the glass display case in the lobby of the School of Pharmacy for the month of October — to display an LKS collage. Our committees have been formed and already pledges from the professional committee have scheduled for our Advisor to do a guest speaker spot on Visions of Pharmacy for Pharmacy Week. This speak will be open to the whole school. We are also looking into doing talks at high schools about pharmacy for that week too. If any LKS members plan to come through LA, please let us know. Thank you again to CHI chapter for their hospitality and showing me around Seattle during the Regional Meeting weekend, and for our new correspondence!

...Pariya Pantayatiwong and Gloria DeLaRosa

## Omicron - Detroit, MI

The Omicron chapter of LKS has twenty-three active members this semester (January 1996). Five of our members are in their third professional year, four of our members are in their second professional year and fourteen of them are in their first professional year. We have been involved in some professional events recently. We had a food drive during Christmas and were able to help two less-fortunate families have a better holiday. In the beginning of January, five of our members went to a high school in the area to inform these students about the pharmacy profession and all that it entails. We tried to settle their fears, clear up any confusions and encourage them to consider this profession. We will also be having a speaker come in during March to talk about women's issues in the spirit of Hygeia Day. We have had several social events this year so that the students from all three classes are able to spend time together. One of our first professional year members put together a scavenger hunt which was very successful. We had a bowling event on February 16th. We also conducted a raffle last semester. Proceeds of the event will help us pay for the banquet we are having for the graduating members as well as gifts for each one.

## Beta - Albany, NY



Greetings from Beta chapter! We hope the previous semester went smoothly for everyone, and we would like to catch everyone up on what is going on in Albany. The end of last semester saw the departure of our senior sisters, as they began their externships in early January. However, we couldn't let them leave without a great send-off, so we celebrated all they have given to Lambda Kappa Sigma by treating them to a night at the "Lucky Lambs Casino"—we converted two sisters' house into Las Vegas. Of course, the sisters did not play for money, but rather, they played the games for tokens which they redeemed for mementos to remember us by. The senior sisters were quite impressed with our creativity. Next on our agenda was New Member Orientation. We are proud to report that on February 12, Beta chapter initiated eighteen women into our fraternity. We look forward to sharing our ideas and traditions with these ladies. On February 23, we held a New Sister Cocktail Party to formally present our new sisters to the Albany College of Pharmacy community. The Turf Inn of Albany's Holiday Inn was host to this evening of hors d'oeuvres, drinks and dancing. However, once Orientation was over, it was time to get down to business. Once again this semester, we enjoyed cooking a spaghetti dinner with all the fixings for the families staying at the Ronald McDonald House. This was done on a monthly basis, and was a lot of fun for the sisters, as the children got a kick out of watching us try to cook. As a fraternity fund raiser, we continued to sell Valentine Vials this year, which consists of a vial full of cinnamon candy hearts that the buyer personalizes with a prescription label. Also available was "Heart for Hope" paper hearts, which was a fund raiser for Project Hope. Our annual Quarter-A-Dip Dinner was held in honor of Hygeia Day and was a great success, as we were able to donate even more money to Project Hope than we did with various bake sales and raffles. This fact goes to show you that people will support good food over raffles any day! Another fund raiser for Beta was the sale of "Ralph's Tavern" T-shirts, which pay homage to a fine, local establishment that Albany Pharmacy students frequent. Future plans for the semester include our semi-annual Wing Night, a Parent-Daughter Brunch to coincide with our Officer Inductions, and also a road trip to visit our Alpha chapter sisters in Boston, Massachusetts. In closing, we hope the spring semester goes well for everyone, and we hope to meet you in St. Louis.

...Angela M. Renzi



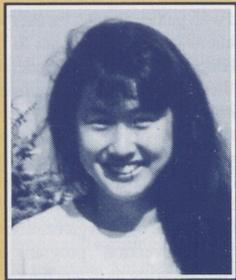
# GRANT RECIPIENTS

Since 1962, Lambda Kappa Sigma Pharmacy Fraternity has fulfilled its purpose of promoting the profession of pharmacy by annually awarding Educational Grants to deserving students. Currently, 13 Educational Grants are offered: Nine (9) Cora E. Craven Grants; One (1) Mary Connolly Livingston Grants; One (1) Norma Wells Grant and One (1) Dr. B. Olive Cole Grant. The Educational Grant Committee and the Lambda Kappa Sigma Grand Council are honored to present the following 1996 Educational Grant Recipients:

## CORA CRAVEN GRANT RECIPIENTS



Lorraine N. Arakaki  
Chi Chapter  
University of Washington



Mary Chi  
Chi Chapter  
University of Washington



Lisa Lee DeCerb  
Alpha Beta Chapter  
University of Connecticut



Nancy Reeves Kemp  
Alpha Nu Chapter  
University of Kentucky



Jee Hyun Kim  
Epsilon Chapter  
University of Maryland



Nicole Elizabeth Russell  
Alpha Xi Chapter  
University of the Pacific



Pamela Rose Sanders  
Chi Chapter  
University of Washington

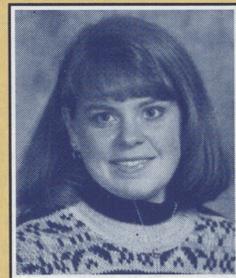


Jennifer Ward Starnes  
Omega Chapter  
Medical U. of S. Carolina



Elizabeth Stevens  
Chi Chapter  
University of Washington

## NORMA WELLS GRANT RECIPIENT



Kristin Joy Norland  
Phi Chapter  
Butler University

## MARY CONNOLLY LIVINGSTON GRANT RECIPIENT



Gloria DeLaRosa  
Lambda Chapter  
University of S. California



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