



BLUE & GOLD TRIANGLE

FALL/WINTER 1997

L A M B D A K A P P A S I G M A

International Pharmacy Fraternity

"Promoting the Profession of Pharmacy Since 1913"

REGIONAL MEETINGS SET FRATERNITY'S PACE

At the 1997 Regional Meetings in Detroit, Pittsburgh and Pasadena, the attendees participated in a group Fraternity goal setting exercise. The members at each meeting location were asked to produce 5 goals to focus on for the upcoming biennium. The results were as follows:



Detroit

- Continue financial strengthening
- Strengthen existing chapters
- Increase chapter networking (ie e-mail, mini-regionals)
- Increase attendance at meetings
- Increase alumni initiatives

Pittsburgh

- Continue collegiate to alumni transition program
- Career opportunities
- Increase communication between chapters
- Recruitment video, and member directory

Pasadena

- More direct chapter to chapter communication
- Continue women's health issues as Fraternity's topic
- Alumni adopt-a-student
- Fiscal responsibility
- Tie-more contact with IO, Grand Council and Supervisors and E-mail for chapters

The goal setting exercise is conducted at the regional meetings. The Grand Council annually reviews outcomes of the exercise, integrates goals into the Strategic Organizational Plan of the Fraternity and takes measures to ensure the Fraternity continues to work towards meeting the goals identified by the members.



LKS chapters and members continue to support Project HOPE through generous contributions. At the 1998 Convention, a check will be presented to Project HOPE including all contributions for the 1996-98 biennium. So far this biennium

(7/1/96 through 11/31/97), a total of \$5,053.00 has been collected.

Congratulations to all chapters and their fund raising efforts!

98 Convention Schedule
...SEE PAGE 5
Sportswear & Jewelry
...SEE PAGE 8

BLUE & GOLD TRIANGLE

The Blue & Gold Triangle is the official publication of Lambda Kappa Sigma Pharmacy Fraternity, and is published semi-annually by:

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PRESIDENT'S MESSAGE

Nancy Horst, RPh
Grand President
Shoreline, Washington



TREASURER'S REPORT

Jennifer Rhodes, RPh
Grand Treasurer
Portland, Oregon

The balance sheet and financial statements for the fiscal year ending June 30, 1997 have been finalized and are available from the IO upon request. Regional Meeting attendees received preliminary financial documents. These statements replace that information.

While we experienced a loss of \$4664.00 in 1996-97, we have made steps toward offsetting the loss. In February 1997, the Executive Director became a part-time position, cutting \$1,000 per month in management costs.

The regional meeting budget used the zero-based method, where no general funds of the Fraternity are used to conduct these meetings. The Lexington meeting was canceled, primarily due to low projected attendance. As a whole, the three regional meetings provided a small surplus for the overall budget. The primary contributing factors were local alumni presenting continuing education programs and the solicitation of industry support for our educational programming. Thank you to the host chapters, along with Sharon Brown and her Continuing Education Committee, for their coordinated efforts.

At its fall executive meeting, the Grand Council approved a budget for 1997-98 which provides a surplus to offset the 1996-97 loss and balances the budget for the biennium.

Thank you all for the work you do to further Lambda Kappa Sigma's purpose. I, along with the Budget and Finance Committee and Grand Council, will continue to strive for cost-contained programming of the high caliber we have come to expect.

Fall is here—time for the beginning of another academic year, and for chapters to create their activities for the quarter or semester, celebrate Founder's Day, and look forward to the holidays. Alums join in these and other professional and personal endeavors.

The summer Regional Meetings were very successful and enjoyable; the workshops and the continuing education sessions were outstanding! Special thanks to Sharon Brown, who arranged all the CE and sponsorship (and nearly all the presenters were LKS members), to Mary Gear for providing the ACPE certification, and to the Grand Council members who created and presented the workshops. A full report on the three meetings will be found on page 4.

The Grand Council will be holding its fall meeting in mid-November, and will be very busy with planning for Convention and discussing all the business of the Fraternity. The election process for the 1998-2000 Grand Council begins this fall with a slate selected by the Nomination Committee. Ballots will go to dues-paid members in January and the results will be final by April. Please vote when you receive your ballot!

I invite you all to the 1998 Convention in Philadelphia! Ruth Brown and the Eta collegiates and alumni are planning a fabulous meeting; the voting delegates will establish the direction of the Fraternity for the next biennium; there will be continuing education sessions, as well as the collegiate and alumni discussions, networking and a lot of fun!! See page 5 for details, and put Convention in your summer plans. I'm looking forward to seeing many of you there!

Fraternally,

Nancy Horst, Grand President

CALENDAR

January 15	Educational Grant Winners Announced
March 15	Hygeia Day Celebrated
March 21-25	APhA Annual Meeting & Exposition
March 31	New Grand Council Announced
April 1	Deadline for Alumni Dues
April 30	Award Nominations Deadline
May 15	Convention Delegate Credentials Due
June 1	All Chapter Financial Obligations Due
Aug 5-9	1998 Biennial Convention - Philadelphia PA

1996
Award of Merit

DONNA HORN

The 1996 Award of Merit was presented to Donna Horn (left in photo) at the 1996 Convention in St. Louis. The Award recognizes members who have distinguished themselves by reason of academic and professional achievements, organizational work or commercial endeavor. Donna has distinguished herself as a member of the Massachusetts Board of Pharmacy. Since her appointment in 1993, she has worked tirelessly and taken a great leadership role. Through her vision and leadership, the Massachusetts Regulation in Pharmacy were extensively revised last year and are now considered to be a role model for the NAPB and other states. Her service to the Massachusetts Board of Health and Health Council have equally prospered from her involvement. Donna has become a popular lecturer and author on pharmacy law.

Donna has been a loyal and dedicated member of LKS since her initiation into Alpha Chapter in 1979. She has served LKS in many capacities, locally and nationally. Most notably as Collegiate President, Regional Supervisor and Alumni Chapter President. She has served on numerous committees as well as serving as the Fraternity Advisor for a collegiate chapter.

As a pharmacist, Donna has worked for OSCO Drug for 13 years, rising from Staff Pharmacist to Pharmacy Manager to Regional Pharmacy Manager. She has distinguished herself in professional advancement and organizational work and we thank her for her support and dedication.



1996
Distinguished Young Pharmacist of the Year

CHRISTINE PERRY

At the 1996 Convention in St. Louis, Lambda Kappa Sigma presented the first Young Pharmacist of the Year Award to Christine Perry (right in photo). This award was established to recognize a young pharmacist in her first ten years of practice for overall outstanding contributions and achievements. Christine is a member of Alpha Chapter at the Massachusetts College of Pharmacy where she received her B.S. in

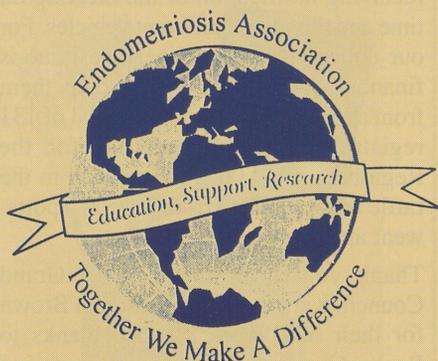
Pharmacy in 1991. She is a community pharmacist with OSCO Drug in Massachusetts and currently is the New England Float Coordinator and Recruiter.

As a member of Lambda Kappa Sigma, Christine is an outstanding sister. She is currently serving her second term as Grand Vice-President for Collegiates. In this role she has excelled and redeveloped the collegiate program, provided enthusiasm and represented the Fraternity in the highest professional manner. Her service on the local level is equally impressive. Christine serves as the Secretary of the Alpha Alumni Chapter and Fraternity Advisor for Alpha Collegiate Chapter. Christine is the editor of LinKS and the Alpha Alumni Newsletter and a frequent writer on women's health issues

such as migraine treatment, osteoporosis and breast cancer.

Christine is a member of the APHA where she served two years on the New Practitioner Advisory Committee and was the first New Practitioner Officer to serve APPM. She is an active member of the Massachusetts Pharmacist Association, Massachusetts College of Pharmacy Alumni Association and Phi Lambda Sigma.

Congratulations to Christine Perry! The Award's goal to recognize excellence and leadership in young pharmacists applies to Christine.



Endometriosis Association International Headquarters

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Phone: (800) 992-3636 or (414) 355-2200

Fax: (414) 355-6065

E-mail: Endo@Endometriosisassn.org

Web: www.Endometriosisassn.org

The Endometriosis Association (EA) is a non-profit, self-help organization founded by women for women. The EA is dedicated to providing information and support to women and girls with Endometriosis, educating the public as well as the medical community about the disease, and conducting and promoting research related to Endometriosis. For more information, please feel free to contact and indicate that you are with Lambda Kappa Sigma.

1997 REGIONAL MEETINGS SUMMARY

Prepared by Christine Perry, Grand Vice President for Collegiates

The 1997 Regional Meeting planning began in St. Louis. The host chapters were announced to the membership and the regions held a caucus to select the dates for the meetings. Region 1-2-3, Pittsburgh, July 25-27; Region 4, Detroit, August 8-10; Region 5, Lexington, July 25-27; and Region 6-7, Los Angeles area, August 8-10. A brief information session was held with the host chapters to review what their responsibilities would be for the Regional Meeting.

In September a Regional Meeting Guide was created and sent to each hosting chapter. The guide serves as a resource to LKS, its chapters and members on planning the Regional Meeting.

At the Grand Council planning meeting in October the Regional Meeting agenda was discussed and planned. The collegiate workshops would be: Increasing the Visibility of LKS-Becky Garrett, Preserving the History of LKS-Charlotte Pendergast, Motivating Members-Mary Norbut, and Marketing LKS-Christine Perry. Each chapter was charged with finding local speakers to present CE programs on Sunday. Sharon Brown, Chairman of the CE Committee would plan the Women's Health Issues CE on Saturday. Grear and Associates would be asked to accredit the CE.

By January 1 we had 50% of the speakers confirmed for the meeting. By January 30 there were two regionals that did not have speakers confirmed. At this point Sharon Brown took over and found speakers for the outstanding programs. Kara Steinke finalized the hotel contracts for the four hotels. LinKS supplied information about the Regional.

During February, the Regional Meeting brochure was created. On March 3 the brochures were sent to each collegiate chapter with a cover letter from the VPC. Brochures were also sent to GC, advisors and alumni. Regional Meeting information was also available at the LKS booth at the APHA meeting.

In March and April the Supervisors continued to promote the Regional to their chapters. Sharon Brown finalized the sponsorship for the CE programs. In May the final touches on the workshops were done and finalized in June. A letter was sent to each of the host chapters from the GVPC thanking them for their assistance

in planning and reviewing their responsibilities for the meeting.

By July 1 there were 68 registrations for the Regionals. The Regional Supervisors made calls to their chapters to increase attendance. The host chapters were given a fundraising opportunity. For each non-LKS CE registration obtained the chapter would receive \$10.00. A letter was sent to GC from the GVPC with a review of the meeting and a detailed agenda of each GC member's responsibility. The GVPC and IO prepared a detail list of items needed for the Regional and information on each step of the meeting.



101 registrations were received by the IO by July 15. Lexington only had 7 students attending from the host chapter Alpha Nu. After consulting with Kara, Nancy, Dixie, Jennifer and Alpha Nu Chapter, an immediate decision was made by Grand Council to cancel the Lexington meeting. The Alpha Nu members would travel to Pittsburgh to attend the Regional.

The Regional Meetings were held on July 25-27 for Regions 1-2-3-5 and August 8-10 for Regions 4-6-7. The meeting began on Friday with workshops, Increasing the Visibility of LKS, Preserving the History of LKS and Motivating Members. A reception and mixer followed in the evening. After the continental breakfast on Saturday morning we began with chapter and Fraternity reports. A Women's Health CE was presented before lunch. During the Awards Luncheon, the award recipients

were announced. Angele D'Angelo received the 1997 Merck Vanguard Leadership Award and Jennifer Stuckman received the 1997 Distinguished Young Pharmacist of the Year Award. Neither recipient was able to attend the Regionals to personally accept. A formal presentation will be made at the 1998 Convention in Philadelphia to each of the 1997 award recipients. After lunch the collegiates participated in the Marketing LKS workshop where they learned how to create a rush packet. Later in the afternoon the collegiate and alumni conferences were held. Next on the agenda was the goal setting session. The day concluded with the raffle. Sunday morning was filled with exciting continuing education programs. All were thanked for their participation in the meeting and reminders about our next meeting in Philadelphia were given.

The Continuing Education Programs were all on women's health issues, were all outstanding, and almost all presented by LKS members in their fields of expertise.

One year of preparation by the GVPC, IO, GC and host chapters went into this meeting. For the second biennium the Regional Meeting program has been well received. It is recommended that we stick with this successful plan in the future. The students have a difficult time grasping the concept of finding speakers, therefore it is recommended that the LKS CE committee be charged with finding all speakers and sponsorship for the Regionals in the future. Attendance continues to be a challenge.

The idea of going with our strongest chapters to host the Regional worked for this biennium, but we are faced with finding suitable sites which will draw in members for our next meeting. Our members are receiving notification of the meeting on time and thru many different vehicles. For our collegiates the number one issue is financial restrictions which keep them from attending the meeting. A total of 131 registrations were received for the Regionals. \$343.00 was raised from the raffle and \$1,287.45 from jewelry, sportswear and supply sales.

Thank you to all members of Grand Council, Kara Steinke and Sharon Brown for their hard work. Special thanks to Becky, Charlotte and Mary for preparing the collegiate workshops.

Philadelphia

...the city of history

When planning his "Greene Countrie Towne" in 1682, William Penn envisioned a great city of open parks, public spaces, culture, and congenial metropolitan living. In 1998, Philadelphia comes close to that ideal of Old World charm and American style comfort; America's fifth largest city is a cosmopolitan "small town" resplendent with great historical sites, cultural institutions, and bejeweled with dozens of public works of art and extraordinary examples from three hundred years of American architecture.

The City is located 50 miles west of the Atlantic Ocean, about 100 miles south of New York City and 120 miles north of Washington, D.C.

Center City is a local term used for downtown Philadelphia, which stretches from Vine to South Streets and from the Delaware River to the Schuylkill River.

The 1998 Convention site, the Penn Tower Hotel is located on the edge of Center City Philadelphia on the University of Pennsylvania Campus. Connected by pedestrian skywalk to the city's premiere medical center, the Hospital of the University of Pennsylvania, the Penn Tower Hotel offers the conveniences of a city hotel with an Ivy League address.

From all transit points, the Penn Tower Hotel offers easy access:

- 6 blocks from Amtrak's 30th Street Station
- 8 miles from the Philadelphia International Airport

Come join us in the city of history for the 35th Biennial Convention of Lambda Kappa Sigma!

LAMBDA KAPPA SIGMA'S 35TH BIENNIAL CONVENTION

Penn Towers Philadelphia PA August 5-8, 1998

Wednesday, August 5th

12:00 PM	5:30 PM	Registration
6:30 PM	8:30 PM	Opening Reception
8:30 PM	9:30 PM	Alumni & Collegiate Meetings

Thursday, August 6th

8:00 AM	10:00 AM	Registration
8:00 AM	9:30 AM	Opening Breakfast
9:30 AM	12:00 PM	Business Session
12:00 PM	1:30 PM	Lunch on Own
1:30 PM	3:00 PM	Business Session
3:00 PM	3:15 PM	Break
3:15 PM	5:00 PM	Business Session
6:30 PM	9:00 PM	Awards Reception & Dinner

Friday, August 7th

7:00 AM	8:00 AM	Continental Breakfast
8:00 AM	10:00 AM	Registration
8:00 AM	11:00 AM	Continuing Education & Collegiate Workshops
11:00 AM	11:15 AM	Break
11:15 AM	1:00 PM	Business Session
1:00 PM	2:30 PM	Vendor Fair & Lunch
2:30 PM	5:00 PM	Collegiate Conference Alumni Conference & Committee Meetings

Saturday, August 8th

7:00 AM	8:00 AM	Continental Breakfast
8:00 AM	11:00 AM	Registration
8:00 AM	11:00 AM	Continuing Education
11:00 AM	12:30 PM	Lunch on Own
12:30 PM	3:00 PM	Concluding Business Session
6:00 PM	6:30 PM	Group Picture
6:00 PM	9:00 PM	Final Banquet

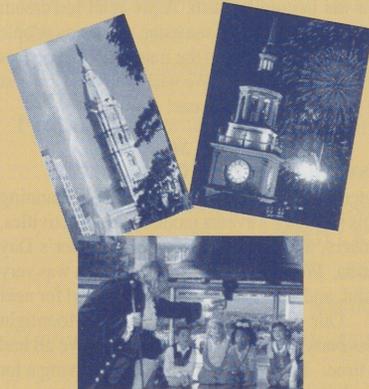
The convention registration form will be available February 1, 1998 and will be published in the spring/summer issue of the Blue & Gold Triangle. Registration fees remain the same as the 1996 Convention and are as follows:

Early bird, on or before June 30, 1998

Alumni.....	\$160.00
Student.....	\$150.00

After July 1, 1998

Alumni.....	\$175.00
Student.....	\$165.00



COLLEGIATE CHAPTER REPORTS

(edited for space considerations)

A CHAPTER, Boston MA

MASSACHUSETTS COLLEGE OF PHARMACY

The Alpha chapter has started the year off with a bang!! Most of the second year sisters participated in freshmen orientation week in August. During that week, the sisters held our annual Lab Coat Sale for all the incoming freshmen. The sale was a big success and raised a lot of money for the chapter. On October 5th LKS did the walk for breast cancer. Although it rained, our spirits were high and we finished the walk. We raised \$343 from sponsors and donated it to the American Cancer Society. Also on October 14th we will be celebrating Founder's Day with our alumni members. We hope that this success pattern continues for us and that we make this an enjoyable year for the student body.

E CHAPTER, Philadelphia PA

PHILADELPHIA COLLEGE OF PHARMACY

We receive much gratification by volunteering our time for MANNA as we help provide meals for homebound HIV patients. We have collected many clothes to donate to our friends at Southwest Community Center as well as selling raffle tickets for their fund-raisers. Finally, one of our favorite projects to educate elementary school students with our "Poison Prevention" program. The sisters participated in Greek Week, which is not only fun and games, but an event to help raise money for Project Hope by selling Christmas candy through Gertrude Hawk. We are also planning many other fund-raising events to prepare for this year's convention in Philadelphia.

Λ CHAPTER, Los Angeles CA

UNIVERSITY OF SOUTHERN CALIFORNIA

Greetings to Lambda chapter! This year has certainly been exciting and eventful. We were happy to host this year's regional meeting in Sunny Southern California and delighted to meet the Grand President, Grand Treasurer, our Regional Supervisor, and of course our sisters from Alpha Xi chapter. Rush started off with a great welcoming booth during orientation, where we gave out pamphlets with LKS information as well as vials of "survival" candy and refrigerator magnets with various LKS logos and themes. Rounding off with "Lunch with Lambdas" and our Ice Cream social, we met prospective members and had fun meeting the different class levels.

O CHAPTER, Detroit MI

WAYNE STATE UNIVERSITY

First we would like to say what a great experience it was hosting the LKS Regional Meeting this summer. It was a good way to share ideas about activities for the following year with fellow members and to learn about issues concerning women in Pharmacy. Well, we kicked off the semester with a booth at orientation for the first year students. Our major events with the pledges have included dinner at Greektown and Mexicantown and going horseback-riding. This year, the fund-raiser began with selling record shaped chocolates for Sweetest Day, a bake sale and participating in the annual Rite-Aid Pharmacy Feud. We also plan on volunteering at the festival of trees, which has now become an annual tradition, and at a Soup Kitchen before winter break.

Π CHAPTER, New Brunswick NJ

RUTGERS UNIVERSITY

As one of our goals to interact with the community and provide various services, we had a total of three

professional projects. Several sisters participated in the Aids Walk NJ sponsored by the Hyacinth Aids foundation. We helped raise more than 400 dollars for the organization and to AIDS research. One of our sisters presented a seminar on nutrition, co-sponsored by the Rutgers University Housing. It was very informational and a great success. Finally, we had our annual clothing and food drive for the holidays.

T CHAPTER, Pittsburgh PA

DUQUESNE UNIVERSITY

Our Founders Day topic this year was "Supporting healthy relationships." Sisters also participated in an outreach program at a local Giant Eagle. Our "What is a pharmacist?" program was also taken to three high schools. A few other things we did was tutoring for the pre-pharmacy classes, took collections for "Moms house," packaged medical supplies for third world countries (Global Links), and Habitat for Humanity. Our chapter publication, "The Sigma," featured mental health, migraines, and antipsychotics in the latest issue. On campus, Tau chapter participated in crime Prevention week where we had a display on domestic violence. Tau chapter is also very excited this semester because we got in touch with the local Endometriosis chapter. We used information they sent us to put together a display board that was presented at the Fall Fitness Fair along with our women's health issue display which featured skin cancer, eating disorders, and osteoporosis.

WILKES-BARRE CLUB, Wilkes-Barre PA

WILKES-BARRE UNIVERSITY

Wilkes University School of Pharmacy is a very new program, and we are all in the inaugural class. The curriculum is very different and focuses a great deal on teamwork. The members of the Club, Lori Walker - President, Sue George - President-Elect, Linda Chong - Treasurer, Arlene Nowak - Recording Secretary, and Andrea Long - Corresponding Secretary work well together and are all second year professional students. We are driven to succeed by our excitement of beginning a new chapter. We have chosen Dr. Nicole Sparano to be our Fraternity Advisor and Dr. Anne Lin to be our Faculty Advisor. Our understanding of the Fraternity and its traditions grow every day. Any suggestions or helpful hints would be greatly appreciated. To contact us, e-mail Lori Walker at lwalker@wilkes.edu.

Ξ CHAPTER, Kingston RI

UNIVERSITY OF RHODE ISLAND

The Xi Chapter had a busy Fall start. We inducted thirteen new ambitious members and had a formal gathering after initiation. We all worked together to plan various events and activities throughout the semester. In October we raised sponsors and walked for Diabetes in Bristol, RI. At the end of the month we painted pumpkins and distributed them to area nursing homes. In November we held a Food Drive for needy families in the area. As the semester closed we were educated by sister about Chanukah before the holiday break. We are currently planning to have a speaker come teach the chapter and community on breast cancer.

AB CHAPTER, Storrs CT

UNIVERSITY OF CONNECTICUT

This year like past years, we are actively involved in the fight against this disease. We are collecting donations, wearing our pink ribbons, and are tentatively planning to get a speaker who herself has had a personal experience with this disease. Again, this semester we are happy to say that we will be able to work the concessions stands for our lady huskies. This is not only an excellent fund-raiser but makes for a great time! Also this semester, we will be raffling off a pharmacy wind breaker with proceeds being donated to Project Hope. Our professional committee did a great job this semester setting up a program "Careers in Pharmacy." We have had three speakers come and share their experiences as phar-

macist. It was great to learn of the various careers available in pharmacy.

AK CHAPTER, Atlanta GA

UNIVERSITY OF GEORGIA

In every fall our Chapter planned many events for our sisters and prospective new members including a scavenger hunt and a roller skating party. We had a great turn-out for both events and a lot of fun. Later in October we sold secret Goblins and held our annual Halloween costume party. Alpha Kappa Chapter had other fund-raising projects including a bake sale and a car wash. Along with these events, our sisters helped in the community by providing dinner at a area homeless shelter as a part of our community service.

AA CHAPTER, Vancouver BC Canada

UNIVERSITY OF BRITISH COLUMBIA

Canada's LKS has thrown itself into the Internet flood for web-surfers around the world to take notice. The Alpha Lambda chapter (University of British Columbia) was invited to create a page on the U.B.C. Pharmacy Undergraduate Society's newly constructed web-site. As of September 1997, you will be able to access information not only about U.B.C.'s Faculty of Pharmaceutical Sciences but about LKS's activities as well. A brief history of the Alpha Lambda chapter, a description of the LKS fraternity, profiles of the charities supported by the chapter, a list of upcoming events, and even minutes from Alpha Lambda's weekly meetings will be among the many items on display for Internet users. Check us out... hopefully we'll soon see links to the web-sites of other chapters! The U.B.C. Pharmaceutical Sciences home-page is located at: www.interchange.ubc.ca/phus.

AM CHAPTER, Toledo OH

UNIVERSITY OF TOLEDO

This semester our plans include continuing our pullover sale, a Halloween candy vial sale, an visit to a local children's hospital to deliver Halloween treats. Around Christmas we are going to try something new, and sell cheeseballs for Christmas. The money we raise will go toward planning the College of Pharmacy Formal planned for February.

AE CHAPTER, Stockton CA

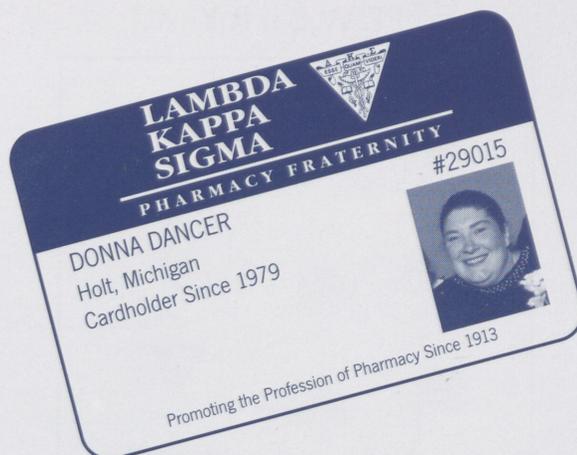
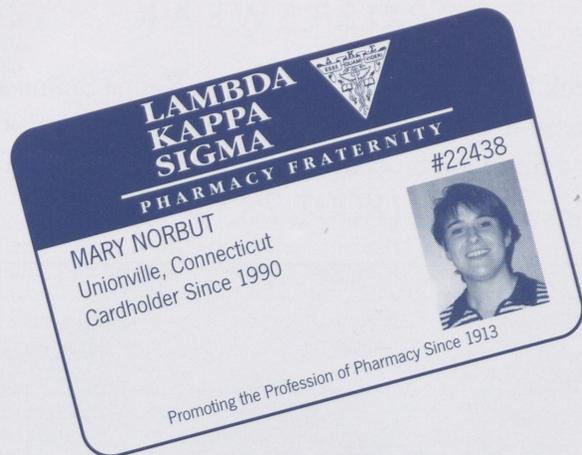
UNIVERSITY OF THE PACIFIC

In July, we revised the Chapter By-Laws to include an exciting new project, the Alpha Xi House Fund. The project calls for a percentage of all money raised and donated to be set aside in an account that will someday allow the Alpha Xi chapter to have a house of our own. The house will be a place to hold meetings, social gatherings, and provide accommodations for visiting alumni. We are very excited about the project and we welcome any advice from the other chapters. In spite of everyone's busy schedule, all the sisters of Alpha Xi successfully completed summer semester, and several of the members were invited to join Rho Chi Society. We are now involved in planning for the upcoming rush. A pre-rush ice cream social was held earlier this semester, and many people came to ask questions about the fraternity. It promises to be an exciting semester. We wish everyone the best of luck in the new school year!

AZ CHAPTER, St. Louis MO

ST. LOUIS COLLEGE OF PHARMACY

The sisters of Alpha Zeta have been busy planning all of this semester's events including rush activities, fund raisers, and most recently our Founder's Day celebration. We just had a Bagel Sale which was very successful, and we have two more scheduled for next month. Our first rush event was a Moonlight Madness party that went over very well. We all had a great time. Finally, we have all been having a lot of fun celebrating our recent birthdays.



"Lambda Kappa Sigma means more to me now as an alumni member than it ever did as a student. Any pharmacy organization that you join will offer continuing education, professional growth and the opportunity to attend conventions, but none has the personality, the friendship and sisterhood of Lambda Kappa Sigma. It keeps pharmacy fun!"

"I have received both personal and professional benefits as an active alumni member of LKS. The personal are an extension of those many of us experienced at the collegiate level, friends who know what your job and life challenges are and that share many personal interests. The professional benefits I have received as an active alumni member of LKS are numerous. One in particular is the exposure to the variety of professional options available to pharmacists today through the LKS members that are involved in innovative practices."



IO UPDATE

Kara Steinke
Executive Director

ALUMNI CHAPTER REPORT

X ALUMNI CHAPTER
SEATTLE, WASHINGTON

Lambda Kappa Sigma is very fortunate to offer its members the services of an International Office (IO).

The IO is the hub of Fraternity activity and is under the overall direction of the Grand Council. The IO handles finances, program development, meeting planning, publications, data system management, chapter communications and individual member requests.

Regular office hours are 9:00 am through 5:00 pm, Monday through Thursday. Messages can be left 24 hours per day and a staff person will return your call. The Fraternity's web site and an e-mail address are also available.

The existence of the IO is solely for the purpose of supporting the Fraternity and its members. It is our sincere pleasure to assist and be part of the overall mission - to support the profession of pharmacy among women.

Please feel free to contact your International Office at:

2284 Diamond Point Drive
Alpena Michigan 49707
Phone: (800) LKS-1913
Fax: (517) 356-6574
Web: www.lks.org
E-mail: lks@lks.org

Connie Shafer Chi '79, owner of Fifth Avenue Prescriptions, along with her co-worker were the recipients of the Innovative Pharmacy Practice Award at the WSPA State Convention in Coeur d'Alene, Idaho. She and Nola Rasmussen were the first pharmacists in Washington State to apply for and receive their provider number for flu, pneumonia and Hepatitis B immunizations. They also do cholesterol monitoring.

Donna Fujii Chi '74 received the Excellence in Clinical Teaching Award for her outstanding efforts as a member of the Clinical Affiliate Faculty at the University of Washington. Donna is Tribal Pharmacy Manager and Chief Pharmacist at the Muckleshoot Indian Health Clinic in Auburn, WA.

Darlene Bischoff Wilson, Chi '73 is working toward an MBA in herbal medicine at Dominin Herbal College in Burnaby, British Columbia. In her spare time she is a pharmacist at Covington Pharmacy in Kent, WA and the Muckleshoot Indian Health Clinic Pharmacy in Auburn, WA.

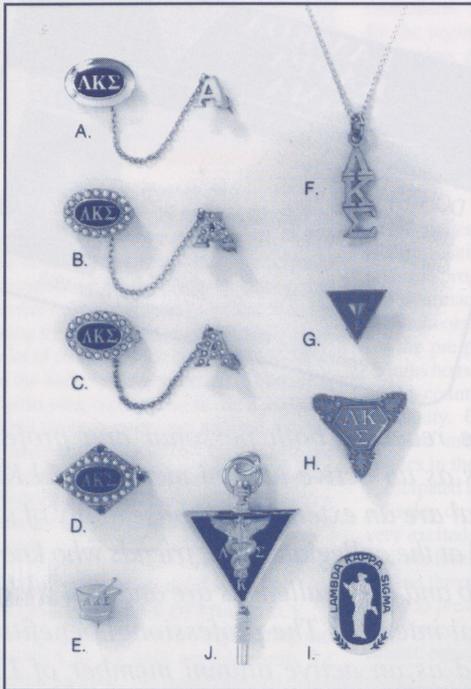
Presenting...

ALPENA TRAVEL SERVICE

for LKS members and their traveling needs

At the 1997 Grand Council Meeting, Alpena Travel Service was named the official travel agent of Lambda Kappa Sigma. Any member of Lambda Kappa Sigma can take advantage of low fares and exemplary customer service by contacting your official traveling headquarters at: **(800) 322-3011**

JEWELRY



Legacy-Masters of Design, in association with Lambda Kappa Sigma, are pleased to offer you their 1997 Jewelry Brochure. To order a free brochure, call: (800) 542-3728



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SPORTSWEAR

Greek Unlimited, Inc. and Lambda Kappa Sigma are pleased to present the new 1997-98 Sportswear Line. For a free color brochure of all Lambda Kappa Sigma sportswear, call: (800) 783-4733



Business Hours
8:00 am - 5:00 pm - Monday-Friday

Holiday Hours (Nov-Dec)
7:30 am - 9:30 pm - Monday-Friday
(All Times Central Standard Time)

Mastercard, Visa, American Express or Discover are accepted. Checks or money orders are payable to Greek Unlimited, Inc.



LAMBDA
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