



BLUE & GOLD TRIANGLE

SPRING 2002

L A M B D A K A P P A S I G M A

International Pharmacy Fraternity

"Promoting the Profession of Pharmacy Since 1913"



*Lambda Kappa Sigma
Sets Sail for Chicago!*

*37th Biennial Convention
July 31- August 4, 2002*

On behalf of the LKS Grand Council and the Gamma Chapter of the University of Illinois at Chicago, you are cordially invited to attend the 37th Biennial Convention and Continuing Education Seminar July 31 – August 4, 2002. This Convention will be unlike any other in the Fraternity's history as we "Set Sail for Chicago," one of the finest meeting destinations of all times.

The Windy City is at its best during the summer. Additionally, the Chicago experience must include an overnight stay in an elegant, historical hotel, and some quality time exploring the sites and sounds of Michigan Avenue's Miracle Mile. During the LKS Convention, you will have the opportunity to experience all of the above. The meeting will be held at the Allerton Crowne Plaza Hotel located on Michigan Avenue in the heart of the city and within walking distance to all of this destination's major attractions.

In addition to its prime destination, the professional/educational program of the Convention will be timely, entertaining and informative. CE programs have been designed to capture the interest of up and coming pharmacy practitioners as well as those already established in their chosen career paths.

Following the Opening Breakfast on Thursday morning, we are very excited to bring Wayne Sotile, PhD to Chicago to kick-off our meeting as our Keynote Speaker. Dr. Sotile is a highly sought-after speaker who has co-authored seven books with his wife, Mary. They are both recognized as pioneers in the fields of health psychology, marriage & family life, and well-being for physicians and other high-performing people like LKS members. His presentations are thought-provoking, entertaining, and heartwarming. This is a "must-see" for everyone! Thursday will also include the Awards Luncheon, our first business session and the collegiate workshop.

Friday morning, the Early Bird CE session entitled "Disaster Preparedness and Response" will be presented by Sharon Brown. This session will review how events such as 9/11 and the Houston floods

impact the ability to provide patient care, and what pharmacy leaders learned from these experiences. The Networking Breakfast will follow the Early Bird CE and will give participants the opportunity to spend time with some of the profession's most accomplished women as they share their insight, experience and anecdotal material.

Also on Friday, LKS Alum Patricia Kienle will lead us through a Professional Development Program – "Interprofessional Communications for Pharmacists", a program designed to help us develop skills for effective communication in a diverse and collaborative working environment.

Friday evening, LKS Convention attendees will "Set Sail" on a Lake Michigan cruise aboard the Odyssey for a five-star meal, live entertainment and a breathtaking view of the Chicago skyline at dusk. This formal event will be the answer to the traditional "final banquet" and will be a most memorable experience for all in attendance. Don't forget to bring your camera, though a professional group photo will be taken before boarding.

Saturday's Leadership Development program starts with an interactive session on the use of PDA's in the Workplace. You won't want to miss this session – bringing you information on incorporating the latest technology into your daily practice. Next, the Women's Health Issues for the next biennium kicks off with a presentation on the Diagnosis, Prevention and Treatment of Headaches. This program will be presented as a one hour CE program. Then each LKS chapter will leave the convention with this program, ready to present on their own campuses as a professional program with ACPE-credit.

The Educational Trust Luncheon will be held on Saturday to be followed by the final business session and the official close of the convention. But don't call it quits yet, as Saturday night there will be a variety of social events available to participants to spend time with new friends, and old, and enjoy the fellowship and sisterhood that makes LKS the meaningful organization that it is.

Join us as we "Set Sail for Chicago" – we look forward to seeing you there!

BLUE & GOLD TRIANGLE

The Blue & Gold Triangle is the official publication of Lambda Kappa Sigma Pharmacy Fraternity, and is published semi-annually by:

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Christine M. Perry, R. Ph.
Grand President
Fairhaven, MA

Dear Sisters,

As I travel around the country visiting college campuses and meeting members, I am often asked why I am involved in LKS and what makes membership in the Fraternity unique from the rest. Opportunities, networking, mentoring and sisterhood are the reasons that first come to mind and why I have always been involved in LKS. Lambda Kappa Sigma has always led the way with quality educational programs designed to help develop us as professionals. The Fraternity continues to recognize the work and contributions of women pharmacists in the profession while playing a vital role in promoting women in pharmacy. As the largest and only international professional fraternity that promotes women in pharmacy, we have the opportunity to network with others who share our interest in the profession, advocate scholarship and exhibit the highest levels of professional integrity. To continue to grow and develop we need each member's commitment to LKS. As each of you receive your dues appeal letter in the mail this month, I ask you to take a moment to think about how valuable membership in LKS is to you and how becoming active and involved can make a difference. Our strength is in our membership, which makes LKS a significant force in pharmacy today.

This issue of the Triangle has all the details about our upcoming convention in Chicago. The convention will be held from July 31-August 4 at the Allerton Crowne Plaza Hotel on Michigan Avenue. The hotel is located in the heart of Chicago's Magnificent Mile surrounded by the finest shops, great entertainment, and outstanding restaurants. I have visited Chicago many times over this past year and each time I leave I can't wait to visit again. It is a wonderful city. Sites you do not want to miss in Chicago include Navy Pier, Lincoln Park Zoo and of course site seeing on Michigan Ave. The convention offers the chance for LKS members to come together to celebrate the accomplishments of women in phar-

macy, network, develop leadership skills and conduct the business of our Fraternity. Programming highlights include the Awards Luncheon where we will recognize our outstanding alumni. The Networking Breakfast will provide us the opportunity to explore various career options and develop professional contacts with LKS members who are the leaders in their field. The educational programs are designed to inspire, educate and add value to your day. Everything about this meeting will be first class, including the banquet cruise on Lake Michigan.

This summer LKS will begin the process of developing our committees for the 2002-2004 biennium. Active participation in committee work will make the difference in meeting our organizational goals and objectives or leaving them unfulfilled. Committees are the lifeblood of all organizations and are the key to our success. Committee work is a great way to stay involved and make a difference while not taking too much time from your everyday life.

Additionally, LKS is seeking enthusiastic, dedicated members to serve as Regional Supervisors for the 2002-2004 biennium. Being a Regional Supervisor provides an opportunity for LKS members who wish to play a greater role, the chance to be involved on an executive level. The Supervisor is one of the most influential, important and rewarding offices on Grand Council. The Regional Supervisor has general supervision of the chapters in her region, corresponds with them regularly and is required to visit each chapter during the biennium. As a Supervisor you are the link between the Fraternity, Grand Council and the chapter providing the important one on one communication and connection. If you are interested in applying for a Regional Supervisor position or have questions please feel free to contact any member of GC by visiting our web site at lks@lks.org. I encourage you to apply.

Fraternally,

Christine M. Perry
Christine M. Perry, R. Ph.

DEADLINES AND UPCOMING EVENTS

April 1	Alumni Dues due to the IO
April 30	Deadline for nominations for LKS Awards: Award of Merit, Distinguished Service Citation, Young Pharmacist of the Year, Merck Vanguard Leadership Award
May 15	Deadline for submitting Convention Delegate Credentials to the IO
June 1	Deadline for submitting all financial obligations, initiation fees, master member input sheets for graduates, officer roster and annual history report
July 31 – August 4	LKS Biennial Convention – Chicago, IL
Sept 15	Deadline to send in updated officer roster to the IO
October 14	Founder's Day
October 15	Deadline for Blue and Gold Triangle articles and chapter news
Nov 1	Deadline for Educational Grant Applications, collegiate dues and convention delegate fee



FEATURING FRATERNITY AWARD WINNERS

by Nancy Horst
Past Grand President

YOUNG PHARMACIST OF THE YEAR

DR. ELOISE THIBAUT

This award goes to a pharmacist in the first ten years of practice. The letter nominating her for the award is very descriptive of her achievements.

"It gives me great pleasure to nominate Eloise Thibault, Pharm. D. for the Lambda Kappa Sigma Young Pharmacist of the Year Award.

I have known Eloise for many years and advised her as a student while she was in college. She is an exceptional woman. Eloise graduated from the Massachusetts College of Pharmacy in 1997 with a BS in Pharmacy and from Shenandoah University in 2000 with her Pharm D. She holds certifications in Diabetes, Dyslipidemias, Immunization Delivery and CPR. She has been a Clinical Instructor, an Adjunct Professor and a preceptor for 22 colleges of pharmacy.

Eloise is currently the Director of Student Development for APhA and APhA-ASP Staff Liaison. She is responsible for the oversight, program planning and management for the Student Development Department. As the Staff Liaison her job is to work with the APhA ASP executive committee, the ASP committees and manage the strategic planning process for the APhA-Academy of Students of Pharmacy. Simply she is responsible for the total Student Development for APhA-ASP that has over 10,000 student members. Additionally, she participates in the University of Utah School on Alcoholism and served as an Assistant Section Leader for the past three years. She has attended over 10 APhA Annual Meetings and Mid Year Meetings. She is a popular lecturer around the country and has been honored with numerous awards and recognitions.

As a member of Lambda Kappa Sigma, Eloise is a loyal sister. Initiated into Alpha Chapter in 1993, she has served the Fraternity as a collegiate officer and is currently a member of the Alpha Alumni Chapter. Eloise attended the 1996 Convention in St Louis where she served the chapter as delegate. Eloise is also a member of Phi Lambda Sigma Leadership Honor Society and MCP Alumni Association.

Eloise's leadership qualities and dedication to the profession of pharmacy have been demonstrated beyond all expectations. Her professional achievements are impressive. Without reservation, I feel strongly that Eloise, who has already made an impact in her career, should be recognized as Lambda Kappa Sigma's Young Pharmacist of the Year for 2001."

Sincerely,
Christine M. Perry, R. Ph.
Grand President

CHAPTER ADVISOR OF THE YEAR

DR. KIM HANCOCK

ALPHA IOTA CHAPTER

We the sisters of Lambda Kappa Sigma, Alpha Iota Chapter, believe that our advisor, Dr. Kim Hancock deserves to be recognized for her dedication to LKS and all of its members. Dr. Hancock was initiated into the Alpha Iota Chapter of LKS in 1984, and is currently a professor of Pharmaceutics at Ferris State University. Despite her busy schedule, she takes an active role rather than a passive one in guiding our decisions. She is not only our advisor but also is a leader and a role model. She encourages all of us to actively seek our professional goals whether we aspire to work as a pharmacist in a hospital or retail setting or choose to divert from that and work in industry, as a consultant pharmacist, or further our education. She is always there to offer great advice on all of the opportunities that exist. She is an inspiration to surpass expectations of others and succeed in our profession.

Also, she is always available to talk about anything. Whenever we see Kim in the hall she always says "hi" and strikes up a conversation. She wants to know what else is going on in our lives. She



is not only our advisor and career mentor, but also our friend.

Finally, Dr. Hancock encourages us to seek campus recognition and to be involved in the community. We were recently recognized by the Panhellenic Council as the sorority having the most volunteer hours documented. Dr. Hancock was also recognized and received an advisor recognition award. In addition, Order of Omega acknowledged us at their annual banquet in which we received the chapter excellence award, community service award, national recognition award, and advisor excellence award. With Dr.

Hancock's support and guidance, we were able to receive such high recognition.

As pharmacy students, we appreciate her hard work and dedication to our organization but also respect her for all that she has accomplished in her career. Overall, Dr. Hancock definitely goes the extra mile for Lambda Kappa Sigma.

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A few words from Dr. Kim Hancock:
"I am truly honored to receive this award and honestly believe that without LKS I would not have become the person I am today.

LKS provided many wonderful role models for me, and to a certain extent this award is about being a role model.

When I joined the Alpha Iota Chapter in the spring of 1984 my big sister served as my first LKS role model. I watched how hard she studied to get good grades, and marveled at how she still was able to budget her time and be a very active lamb. So, as active (student members) you are already role models and need to remember you are looked upon as a member of LKS, by faculty and fellow classmates, no matter what you do.

One of my role models who encouraged me academically dragged me to a graduate school symposium. I thought "I would NEVER do that!" (go to graduate school). But look what that turned into. I spent five years in graduate school at Purdue and wound up teaching in a college of pharmacy.

The other advisor monitored the group dynamics and tried to keep the peace. You all know when you have 35 plus intelligent young women there are bound to be a few differences of opinion . . . just a few!

If I am a good role model today it is all because of the women I met as a result of Lambda Kappa Sigma.

As an advisor I try to remember what it was like to be an active and how I would have wanted to be treated. As a mother, I try to treat you the way I would want my daughter to be treated. I can never be judgmental but I always have to be honest, even when what I have to say is hard. It all boils down to mutual respect. There has been both laughter and tears in my office, but the greatest reward of teaching as Ferris has been working with the young women of Alpha Iota.

Thank you, Lambda Kappa Sigma, for this wonderful award, and thank you Alpha Iota for nominating me. But most of all, thank you for letting me be your advisor."

LAMBDA KAPPA SIGMA 37TH BIENNIAL CONVENTION

JULY 31-AUGUST 4, 2002 - CHICAGO, ILLINOIS

PRELIMINARY SCHEDULE

(Subject to Change)

TUESDAY-JULY 30

9:00am-9:00pm Grand Council Meeting

WEDNESDAY-JULY 31

9:00am-3:00pm Grand Council Meeting
1:00pm-7:00pm Registration
7:00pm-8:30pm Opening Reception
8:30pm-9:30pm Collegiate and Alumni Meetings

THURSDAY-AUGUST 1

8:00am-5:00pm Registration
8:00am-9:00am Opening Breakfast
9:00am-10:30am Keynote Speaker: Wayne Sotile, Ph.D.
10:30am-12:30pm Business Session #1
12:30pm-2:30pm Awards Luncheon
2:30pm-4:30pm Business Session #2
4:30pm-6:00pm Collegiate Workshop

FRIDAY-AUGUST 2

7:30am-8:30am CE Program: *Disaster Response*
Presented By Sharon Brown
8:30am-10:00am Networking Breakfast
10:00am-11:30am Business Session #3
11:30am-1:00pm Professional Development Program:
Interprofessional Communications for Pharmacists
Presented by Patricia Kienle
1:00pm-2:00pm Lunch on your own
2:00pm-4:30pm Alumni and Collegiate Conferences
6:30pm Board Buses for Navy Pier
7:00pm Group Picture
8:00pm-11:00pm Dinner Cruise

SATURDAY-AUGUST 3

9:00am - 11:00am Early Bird CE Program:
PDA's in the Workplace
11:00am - 12:00pm CE Program: *Diagnosis, Prevention,
and Treatment of Headaches*
12:00pm-1:30pm Educational Trust Luncheon
1:30pm-4pm Business Session

SUNDAY-AUGUST 4

8:30am-9:00am Ecumenical Service
9:00am-11:00am New and Retiring Grand Council Meeting



LAMBDA KAPPA SIGMA PHARMACY FRATERNITY

37th Biennial Convention

Allerton Crowne Plaza Hotel - Chicago, Illinois
July 31 - August 4, 2002

REGISTRATION FORM

Name _____

Chapter _____

Summer Address _____

Home Telephone (_____) _____

City/State/Zip _____

Arrival Date/Time _____

Are you the official Chapter Delegate? Yes No

Departure Date/Time _____

REGISTRATION FEE:

Early bird, postmarked on or before June 30, 2002

Alumni - \$225 _____ Collegiate - \$200 _____

Regular, postmarked on or after July 1, 2002

Alumni - \$250 _____ Collegiate - \$225 _____

Add'l Cruise Ticket (guest) - \$130 _____

PAYMENT INFORMATION:

Total Enclosed: \$ _____

Check enclosed (payable to Lambda Kappa Sigma)

Visa MC Visa/MC Number: _____

Expiration Date: ____/____/____

Signature: _____

Are you the Collegiate Chapter Delegate?

Yes No

Departure Date/Time _____

COLLEGIATE CHAPTER DELEGATES:

1. Complete Delegate Credential Form and forward to the LKS International Office.
2. Complete/send in Convention Registration Form along with payment. Indicate preference for student rooming reservation.
3. Make/purchase travel arrangements.
4. Attend Convention!
5. Submit a reimbursement request along with a copy of the travel itinerary/receipt to LKS International Office.

EMERGENCY INFORMATION:

Emergency Contact _____ Phone (_____) _____

State any dietary needs or restrictions: _____

I hereby release Lambda Kappa Sigma, its officers, directors and employees from any and all claims, damages and liabilities incurred by me or on my behalf during the 2002 Biennial Convention including but not limited to bodily injury, host liquor liability and contractual liability.

Signature _____ Date _____

NOTES: Only those fares booked a minimum of 30 days prior to the travel date at the Super Saver fare will be reimbursed in full by the Fraternity. Airport transportation is not a reimbursable expense. Mileage will be reimbursed for those delegates who are driving; parking, however, is not a reimbursable expense. Travel reimbursements will be made within 30 days following the receipt of properly documented reimbursement request. **HOTEL RESERVATIONS:** Special LKS group rates apply only to those reservations made prior to July 6th.

The following rates will apply:

Crowne Suite:	Single/Double - \$239	Triple/Quad - \$259
King Bed Room:	Single/Double - \$149	Triple/Quad - n/a
Parlor Suite:	Single/Double - \$199	Triple/Quad - \$210

NOTES: Roll-away beds are available at an additional charge of \$15 each. Parking is available adjacent to the Hotel at an additional daily rate. Please ask your reservation specialist for applicable rates/guidelines.

Student Attendees - A limited number of student rooms are available with quad occupancy at a rate of \$179. These rooms can only be reserved through the LKS International Office. If you are interested in reserving a student room at the convention hotel, please send in a completed/paid Convention Registration along with your room reservation request. All requests will be honored on a first-come, first-serve basis.

Alumni/Guest Attendees - make your hotel reservations by calling the Allerton Crowne Plaza Hotel at (312)440-1500. Let the hotel operator know that you are with Lambda Kappa Sigma to receive a discounted group rate

COLLEGIATE CHAPTER NEWS

(edited for space consideration)

ALPHA CHAPTER *Massachusetts College of Pharmacy Boston, MA*

The sisters of Alpha Chapter would like to extend our hello to all other chapters. This school year has been very busy for us. For Thanksgiving, we donated a Turkey dinner with all of the fixings to a local family who could not afford to celebrate Thanksgiving. We also sent them some baby food and juices for their young children. They were extremely thankful. Some Sisters also volunteered for "Pie in the Sky" which is an organization that makes different types of pies, sells them for Thanksgiving, and all the profits are donated to families who are effected by the HIV/AIDS virus. It was so much fun.

For the Christmas season we got together with Kappa Psi and collected gifts for children at Children's Hospital for our annual holiday toy drive. It was a big success and we made many children happy who would have otherwise gone without. We also co-sponsored a Patch Adams event, where the real Patch Adams came and spoke at our school. Thanks to Cathy Kennedy, an Alpha Sister who's hard work made the whole program come together. It was a huge success.

We started off the new year with two recruitment events. The first was a dinner with the sisters where each sister made a dish to pass. Following dinner, there was a Mardi Gras themed party which included colorful masks and beads, and lots of fun. The second recruitment event was the LKS pizza luncheon. All of our events were a great time. This year, we had the pleasure of welcoming 5 new sisters who oriented during the month of February. During February, the orientees sold Valentine vials filled with conversation hearts, a fundraiser done each year. Over \$100 was made. They also sold daffodils for Daffodil Days, a fundraiser for the American Cancer Society. This is also a successful fundraiser that we do annually.

Several sisters are also going to Florida with Habitat for Humanities, a great organization of volunteers who build houses all across the country for families who cannot afford to buy them. When built, the families only pay for the supplies needed to build the house. It is a great organization, and we are happy to be a part of it. We are looking forward to our upcoming events such as Hygiea Day and our CE program, our Career Expo, and our Formal all at the end of March, and the final banquet with Alpha collegiates and alumni in April.

BETA CHAPTER *Albany College of Pharmacy Albany, NY*

Greetings from Beta Chapter! We started off the semester with Orientation, and we are pleased to announce the induc-

tion of 11 new sisters. We are so proud of them and look forward to their contributions in the coming years. We also planned a trip to nearby Alpha Chapter to help them with their orientation and meet some MCP sisters.

In February, we sold Ronald McDonald Hearts to benefit the Albany house, and we also sold Valentine Vials as a fundraiser for the chapter. We do this fundraiser every February. Students can personalize a prescription label and vials filled with candy hearts are delivered to their secret admirers on Valentine's Day.

Coming up this semester we've started to plan our annual New Sister Cocktail Party, a Quarter Dip Dinner to celebrate Hygiea Day, and the American Cancer Society Daffodil sale in March. A car wash and MS Walk are planned for April, and a Yankee Candle Sale sometime over the course of the semester.

Overall we're looking forward to a busy, but exciting second semester and we hope to see some of you at convention this summer!

DELTA CHAPTER *University of Pittsburgh Pittsburgh, PA*

Greetings from the sisters of Delta Chapter! We all had a great time during Pitt Pharmacy Week participating in all of the fun activities. Teaming up with the brothers of PDC we played a friendly game of football with Kappa Psi; we went ice-skating in Schenley Park; we auctioned a pair of tickets for dinner and a movie; we performed in the annual Pitt Pharmacy No Talent Show, winning third place; and we set-up and manned a booth on heart care.

The sisters of Delta Chapter have many exciting upcoming events for this semester planned as well. We will be continuing our bake sale on Fridays at lunchtime and helping out with Global Links, a program that is involved with sending repackaged medical supplies to third world countries. On February 7, we served dinner for 20 people at the Ronald McDonald House, and we will also be participating in the MS Walk on April 21st at 8 AM. The sisters had our annual Valentine Vials sale again. This involved using the pharmacy lab to "dispense" prescription vials with candy hearts and other sweets in them with a specialized script to friends or even faculty members. We are also planning our traditional Mother/Daughter weekend where we invite our mothers to eat with us and share in our fraternity experience. The sisters wish you good luck in all of your classes and a great semester!

ETA CHAPTER *Philadelphia College of Pharmacy Philadelphia, PA*

Greetings from Eta Chapter. Our upcoming events include a dinner dance on April 12th to be held at the Ramada Inn, Essington PA. This year's theme is "Out to Sea". Greek Week will be the week of April 15th and will include many intramural sports and our annual bikini contest. Student Appreciation Day will be held on

April 25th and is sponsored by the school. There will be plenty of study break activities, and food.

Our goals and Accomplishments include the following: New members plan to spend a day at the Ronald McDonald house volunteering. We are selling fundraiser raffle tickets for the Southwest community center where we tutor. We plan to raise money with a new fundraiser this year. We are selling pretzels and pizza. Each sister has a goal of \$50 and each new member has a goal of \$80. We plan to involve alumni in most of our activities. We hope to get some inspiration and advice from them. Sisters learned how to make their own lettered shirts at a workshop in our cafeteria.

Our Professional programs include: Hygiea day was scheduled for March. The speaker was going to talk about hormone replacement therapy, but due to the speaker's heavy schedule the lecture was postponed until further notice. Tutoring on Tuesday and Thursday continues at the South West Community Center. Kelly Shannon was present at the APhA annual meeting in Philadelphia; information was shared about the meetings.

Social activities included: Volleyball and darts, study nights in the library on Tuesdays and Thursdays, mixers with other fraternities on campus, and a joint spring rush with Phi Kappa Psi (the rush was a success, this year's theme was "Pajama Party").

Finally, our fund raising events included: Bake sales in the lobby of the cafeteria, selling pretzels and pizzas, and selling raffle tickets for the South West Community Center. More plans are being made for next semester.

PI CHAPTER *Rutgers University*

Greetings from Pi Chapter! Our semester started off rather slowly as it took us awhile to get into the swing of things. But our situation is looking better and better as the semester progresses. We launched our Rush period with the following events: an ice cream and information session, coffee with the sisters, and ended with a bowling outing. It seems that we will have five new members this semester. We are all very excited! This will be great to keep our chapter membership up since four of our sisters will be graduating at the end of the year. All of the potential new members appear to be enthusiastic about joining LKS; five of them came bowling with us and asked a lot of questions about the Fraternity.

We haven't planned any new fund raising activities at this time, but intend to have our usual bake sales. One of our sisters is quite creative and made scarves, hair ties and other items to sell for fund raising, so we might be looking to make more of those for the future.

We are looking forward to the convention this summer! Quite a few of the sisters are hoping to attend this year. Here's wishing the rest of the chapters a wonderful and productive semester. We

hope to see you all at the convention! Lambs love.

TAU CHAPTER *Duquesne University Pittsburgh, Pa*

Greetings from the Tau chapter! We are planning yet another exciting semester here on the bluff! We sponsored "Meet the Pharmacy Greeks" in January, which gave the pharmacy students a chance to find out what all of the organizations are about. In addition, we had two rush events in January shortly after. The first was a pizza party on our wing in the dorm, and the second was a "mocktail" party. We have fourteen new members, and we are very excited to have such a wonderful new addition to our chapter.

Our service committee has planned a bunch of projects for us to do, including window painting at Children's Hospital, visiting the Pediatric Playroom, making St. Patrick's Day cards for the children at Children's Hospital, and Global Links.

We are also very busy with professional projects. Our Outreach did a program at Canterbury Creek and is planning more programs for the future. The sisters are going to local high schools to talk about pharmacy and college life in general with our "What is a Pharmacist?" program. We have had a nice response from the high schools about our program and are looking forward to visiting them! In addition, our chapter's publication, The Sigma, will be publishing an article on soy products, to help further educate college students about it. It should be very interesting. And finally, the Women's Health committee will be sponsoring a booth about weight loss, which should be very informative!

Social events for this semester include our Family Tree Tea and Big/Little Day, which give us an opportunity to bond and strengthen our sisterhood. We had a sister ice skating night, which was a lot of fun. We are also looking forward to a fun-filled night of country line dancing at Ghostriders. And we are planning a fabulous formal and Senior Banquet at the Palace Inn. Everyone is very excited to attend. Many fundraisers are planned for the semester, as well. We will be sponsoring our annual Mr. Pharmacy, making delicious funnel cakes at Carnival, and selling Sarris candy for the Easter holiday. Our webpage is posted and updated. Please visit us (we have a link from the Lambda Kappa Sigma homepage). Finally, the Tau chapter would like to wish everyone a wonderful and safe semester.

ALPHA BETA CHAPTER *University of Connecticut Storrs, CT*

Salutations from the Alpha Beta Girls! This year we started off by planning many fun activities which lead to the initiation of four new sisters. Throughout the semester we raised money for the Breast Cancer Association from the sales of ribbons, set up a booth at the University Health Fair with information about PMS,

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COLLEGIATE CHAPTER NEWS

—Continued from page 6

and raised money for our account from selling pharmacy mugs filled with Halloween candy and from working concessions at basketball and hockey games.

So far, we have kicked off our spring semester with many activities that have included a pizza party, “How to Survive Pharmacy School” informational co-hosted by LKS and Kappa Psi, a lock-in at Dr. Bogner’s house, selling snacks in classes to raise money and Valentine’s Day Cards. The lock-in gave everyone a chance to get to know the new sisters and to see a few of our older sisters who have been on rotations. We had dinner, played games, talked, and were all surprised when Dr. Bogner showed us a cake she had made for us with “Lambda Kappa Sigma” and a picture of a lamb on it.

The “How to Survive Pharmacy School” informational was a huge success. There were approximately thirty pre-pharmacy students in attendance who came to hear Dr. Sweeny speak about how to get into pharmacy school. There was also time during the program to hear the sisters of LKS and the members of Kappa Psi talk about pharmacy school and campus life.

About the rest of the semester... we are planning to increase our membership with a new class of eleven interested candidates, most of whom are pre-pharmacy students. We are also planning to work at a booth for Poison Control, have an ice-cream social and host many other events that include the rest of the campus. Finally, we are planning our spring semi-formal which will be a fun way to wind down the semester. We are looking forward to an amazing and fun-filled spring.

ALPHA MU CHAPTER

University of Toledo
Toledo, OH

Greetings from the University of Toledo! Lambda Kappa Sigma’s Alpha Mu chapter has been busy this year. In the fall, we had around 40 new members in addition to the 40 existing members. The new members completed their tasks including a scavenger hunt, a fund raiser, a service project and their final test. We welcome all our new members.

After the tragedy of September 11th, the Alpha Mu chapter got involved in a fundraiser which benefited the families of firefighters lost in the attacks. By selling candy bars, we raised two hundred and fifty dollars for those who lost their loved ones. Our hearts go out to all who have suffered from this horrible event. We also had other fundraisers to support our chapter activities. We raised money by selling cups advertising the UT College of Pharmacy, sold candy vials for Halloween and completed other projects.

Our social events included attending the annual College of Pharmacy Halloween party, a formal sponsored by Kappa Psi, the Final Test for the new members and our annual Christmas party. New events for this semester included a candy vial and carnation sale for Valentine’s day, planning the UT College of Pharmacy formal, and plans are underway for Project HOPE. Hope everyone has a great semester!

—From the sisters of LKS, Alpha Mu Chapter

ALUMNI CHAPTER NEWS

Alpha Alumni Chapter

Boston, MA

Founder’s Day was held on October 18 at the Massachusetts College of Pharmacy. The program celebrated the founding of our Fraternity and Chapter and honored our founding members. After the ceremony we were treated to our alumni speaker, Rosetta Hassan. Rosetta spoke about her life in pharmacy, her partnership with husband Bill Hassan and the joys of membership in LKS that has brought her a life filled with sisterhood and friendship.

The Christmas Craft Party was held at Christine Perry’s home in December. The party gave us an opportunity to get together for the holidays and was a lot of fun. In January we held the Yankee Swap at Donna Horn’s home. Donna was the big winner of the evening with a new bracelet. Our next event will be Hygeia Day which will be held at MCP in March. The Hygeia Day program provides attendees with 2 CE credits. Our speaker will be LKS member Ginger McGinnis, Pharm D who is the Advanced Practice Coordinator for Brooks Pharmacy. Ginger’s program will be on the topic of “HIV Pharmacotherapy and the Lipodystrophy Syndrome”.

We look forward to seeing everyone in Chicago and congratulate Alpha Alumni member Christine Perry who was elected to her third term as Grand President of LKS.

Phi Alumni Chapter

Indianapolis, IN

We are missing Kathy Huff since she relocated to Arizona. We held a Hygeia Day event at Marcia Harms’ home on March 20th (with food of course). Phi Collegiate members were invited to join us. We are planning to attend the Chicago Convention in July. Since we are not very active, we have little news but keep hanging in there.

Chi Alumni Chapter

Seattle, WA

- While on tour before the holidays, Linda Kvarre (’90) met up with Pam Bellette (’93) in Australia. Pam is purchasing Kanwal Pharmacy in Kanwal New South Wales. Her husband, Chris, is a teacher.
- Linda Larsen (’71) recently underwent a cochlear implant in New York. She began cochlear processor programming appointment in January.
- Dr. Robyn Madson (’75) has joined the local Lake Forest Park Clinic in family practice.
- Kimberly Ekren and family moved to Charlotte, NC where she is working retail after being a drug representative for several years.
- Dr. Joy Plein received the American Society of Consultants Pharmacist George F. Archambault Award in November in Chicago. She started the Certificate in Geriatric Practice program in 1986 at the University of Washington.
- The Chi Alumni Chapter donated to the recently established Jack Orr Fund at the University of Washington School of Pharmacy. Jack retired from the school as Dean in 1978. His wife Maxine is a Patron of LKS.
- Jeff Rochon (’99) is the President elect of the University of Washington Pharmacy Alumni Association. He set up the Anticoagulant Clinic at Kelly-Ross Pharmacy and the U of W School of Pharmacy.
- Chi Alums were pleased to greet faculty members Jutta Joseph (Faculty Advisor) and Nanci Murphy at our December meeting. Gifts collected during that meeting were distributed to the Church of Mary Magdalene, a Worshipping Congregation of homeless women.

—Submitted by Pat Tanac, Chi Alumni Chapter

March is Project HOPE Month

Thanks to the following chapters who contributed to our Fraternity’s national philanthropy project. Contributions this year totaled more than \$2700.

Alpha	Alpha Alpha	Alpha Kappa
Gamma	Alpha Beta	Alpha Nu
Delta	Alpha Lambda	Alpha Xi
Pi	Alpha Zeta	Alpha Phi
Tau	Alpha Theta	
Phi	Alpha Iota	

CERVICAL CANCER OVERVIEW

By Dixie Leikach, RPh

Cervical Cancer is the development of cancerous cells in the cervix of a woman. This type of cancer grows slowly and is actually preceded by dysplasia, abnormal cell growth that is not cancerous. The Pap smear is essential to early detection of dysplasia. All women 18 and over should be encouraged to have a gynecological exam including Pap Smear on an annual basis in order to prevent cervical cancer from developing. Pharmacists can have a huge role in making sure their patients are having these exams. Despite negative press about the Pap Smear, the statistics speak loud and clear for the importance that this screening tool has had on saving many lives. The five-year survival rate for pre-invasive cervical cancer is 100 percent and 91 percent for early invasive cancer. However, when cervical cancer develops beyond this point, the five-year survival rate for all stages of cervical cancer is only 70 percent.

Routine screening tests are the most effective way of discovering cervical cancer, as there are usually no symptoms of the disease. A woman should always consult her gynecologist whenever she experiences

unusual discharge, bleeding between periods or pain during intercourse. The Pap smear test is the most common screening tool for detecting early cervical cancer. Other screening tools include using a colposcope or a biopsy of the cervical tissue.

Risk factors include women who have a Human Papilloma Virus (HPV) Infection, HIV infection or who smoke.

There are many stages to cervical cancer and treatments vary depending on the stage of cancer:

Stage 0 - abnormal cells are found in the first layer of cells in the lining of the cervix. Surgery is the usual treatment.

Any patient who has been given surgery as a treatment option should understand that there are several options within this one treatment. A radical hysterectomy is not the only choice, depending on the stage of cervical cancer.

Stage 1A - the cancer involves the cervix but not nearby tissue. Surgery and internal radiation are treatment options.

Stage 1B - the cancer still only involves the cervix, however a larger amount of cancer is found in the cervical tissues. Treatments

include a radical hysterectomy and lymph node dissection, internal and external radiation therapy and/or chemotherapy.

Stage IIA - the cancer has spread to the upper two-thirds of the vagina however is still contained to the pelvic area. Treatments are the same as Stage 1B.

Stage IIB - the cancer is still within the pelvic area and has spread to the tissue around the cervix. Treatment may be internal or external radiation therapy plus chemotherapy.

Stage III - the cancer has spread throughout the pelvic area and may have spread to the lower part of the vagina. The kidneys and bladder may be affected at this stage. Treatment is the same as IIB.

Stage IVA - the cancer has spread to other areas close to the cervix. Treatment is the same as IIA&B.

Stage IVB - the cancer has spread to distant organs and treatment may be radiation to relieve symptoms as well as chemotherapy.

Recurrent - if the cancer returns after already being treated, then radiation and/or chemotherapy are the treatment options.



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