



BLUE & GOLD TRIANGLE

Fall 2004

L A M B D A K A P P A S I G M A

International Pharmacy Fraternity

"Promoting the Profession of Pharmacy Since 1913"

Convention Attendees Gather in Baltimore



Baltimore! What a great city for a convention. And we were right at the Inner Harbor which offers great night life, shopping, the aquarium and top-notch restaurants. This was a really fun convention.

The opening reception was held at the Maryland Pharmacists Association which houses the Dr. B. Olive Cole Museum. This kick-off included an Italian dinner buffet and a chance to view historic pharmacy memorabilia including some of Dr. Cole's LKS items. We even had a visit from Dr. B. Olive Cole herself (played by Cynthia Boyle).

The first full day of convention started with the opening breakfast and welcomes from the Dean of the University of Maryland College of Pharmacy and from Tam Dang, President of Epsilon Chapter. After breakfast, we were inspired by a truly great woman, Dr. Traci Lynn. Her presentation on "The Seven Secrets of Outstanding Leaders" was a great eye opener. She revealed the true meaning of "Q-Tip", Quit Taking It Personally. And, by the way, the seven secrets are Take Control, Handle Conflict, Deal with Stress, Attitude is Everything, Get Things Done, Think Outside the Box, and Expect the Best.

Convention continued on page 4...

BLUE & GOLD TRIANGLE

The Blue & Gold Triangle is the official publication of Lambda Kappa Sigma Pharmacy Fraternity, and is published semi-annually by:

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Dear Sisters,

There was a lot of excitement in Baltimore, Maryland this past August during the 38th Biennial Convention! The Holiday Inn Inner Harbor was the location of a program full of sisterhood, recognition and professional development. This Convention was one of our best ever! There are so many to thank for making this event such a success – the sisters of Grand Council, Joan Rogala (Executive Director), the sisters of our host chapters, Epsilon Collegiate and Alumni and, as always, the many collegiate and alumni sisters who attended. Without each and every one of you, this convention would not have been so special.

As chair of the Convention Committee, I have to take some space to recap the Convention from my point of view. The energy at this Convention was full of positive sisterhood that will give us the momentum to have a great biennium!

The Convention started with a visit back in time with the opening reception being held at the Maryland Pharmacists Association Headquarters and included a visit from B. Olive Cole herself! The first day of events featured a welcome from Dr. David Knapp, Dean of the University Of Maryland School Of Pharmacy, followed by a fabulous program with keynote speaker, Dr. Traci Lynn. The Awards Luncheon celebrated the many accomplishments of our alumni, and gave the Grand Council a chance to thank David Miller from Merck for his continual support of LKS by honoring him with a Patron certificate. Friday included many continuing education programs as well as the Alumni and Collegiate Conferences. A new event for Convention that we hope to keep on the agenda was the First Biennial Blue and Gold Dinner. We enjoyed a relaxing dinner of pizza and salads, and were entertained by hypnotist Dr. Larry Volz and then by our own LKS sisters who sang their favorite LKS songs. This was probably my favorite event from



2004-06 LKS Grand President,
Dixie Leikach

the entire Convention, and I don't know who was more entertaining – Kathy Huff or Christine Perry!

Our Educational Trust Luncheon celebrated the benefits of the Trust and gave the attendees an example of how dedicated the alumni continue to be in building the foundation so we can expand the number and value of our Grants that are given each year. I am personally thrilled with my Perry original Lamb Vase! The Convention was wrapped up during our Final Banquet in which we were all able to say thank you to outgoing Grand President, Christine Perry, for her many years on Grand Council and especially for her service over the last six years in the Grand President position. It humbles me to be following in her footsteps and I thank the membership for giving me this opportunity

to serve the Fraternity in this manner. I am very excited about the Grand Council that I will be working with over the next biennium and thank each of them for all of their hard work so far!

Personally, my life continues to be full as our second pharmacy in Finksburg is getting busier and my Mary Kay business becomes more successful. Neil is becoming involved in organizations that I have had to step back from as he continues to work also in our Catonsville store. Eric and Marc are continuing to do well and seem to have caught the family "issue" of being involved in everything possible. I continue to be involved in advising the Epsilon Collegiate Chapter as well as being an active member of the Epsilon Alumni Chapter. I was recently honored with the Honored Alumnus Award at the Honors Convocation this October from the Alumni Association of the School of Pharmacy. In the Fall, I was appointed to the ACPE Self-Study

Task Force that will work towards preparing the University Of Maryland School Of Pharmacy for their accreditation site visit in 2006. So as usual, things are busy; however, there is a lot of fulfillment in the work that I am doing.

There will be many changes to look forward to this biennium. Joan Rogala and I will be attending a CEO Symposium in Tyson's Corner, Virginia, and are both very excited about what we will learn there to bring back to Grand Council in the spring. We continue working on updating and improving the web site so be sure to keep an eye on www.lks.org to see the many changes throughout the biennium. The newest edition of the *Member Manual* is being completed, and you will have already enjoyed your latest editions of the *LinKS* or the *Alumni Newsletter*. Our advisors have already received a mailing to keep them on track of what the chapters are responsible for in the fall, and the Educational Trust Appeal has been mailed to the alumni and friends who graciously support the Trust in this way. We hope that you enjoy all of the communication you receive from your Fraternity, and as we improve the website and our membership continues to grow, we hope to be able to bring you more in the future.

One gap that was apparent during this past Convention was the absence of our Past Grand President, Marilyn Haberle, and her husband, Joe. It is with great sadness that we inform you that soon after Convention, Joe Haberle passed on. We will miss his presence at our events and our greatest sympathy goes out to Marilyn. During this difficult time, we hope that she is able to take comfort in knowing that we are all thinking of her and remembering the wonderful times we had with Joe. Many donations have been made in his memory to the Educational Trust, and we appreciate those who chose to remember Joe and honor his memory in this way.

Fraternally,
Dixie Leikach, R.Ph.
Grand President

DEADLINES AND UPCOMING EVENTS

January 15	Announcement of Educational Grant Recipients
February 15	Deadline for Blue & Gold Triangle articles and chapter news
March 15	Hygeia Day celebrated by presenting a professional program open to the Public
April 1-5	APhA Annual Meeting – Orlando, FL (LKS Booth and Reception)
April 1	Deadline for the payment of Alumni Dues
April 30	Deadline for nomination for the following LKS awards: Vanguard, Advisor of the Year Distinguished Young Pharmacist

TWO LKS MEMBERS HOLD NATIONAL LEADERSHIP POSITIONS

Lambda Kappa Sigma is pleased to recognize Lisa Savage and Aleshea Schultz, who have been elected to the executive committee of Phi Lambda Sigma for the 2004-2005 term of office.

Both women are members of Alpha Nu Chapter at the University of Kentucky.

Lisa Savage is a 4th year Pharm.D. Candidate who has definitely taken advantage of many of the opportunities presented to her during her time at the college. Originally from Cleveland, OH, she worked in biomedical research while obtaining her B.S. in biology at the University of Kentucky and preparing for a career as a physician. However, a summer job at a local pharmacy inspired her to change her career path. Lisa has immersed herself in several different professional experiences. She currently works as an intern at both CVS/Pharmacy in Lexington, KY, and at the University of Kentucky Markey Cancer Center. She is planning on pursuing a residency and is considering specializing in either critical care or oncology.



Lisa Savage

Lisa has expanded her horizons within the college as well. As a member of the Kentucky Alliance of Pharmacy Students, she worked to establish the organization's website and publish its monthly newsletter, and has served as a committee head and last year's Corresponding Secretary. As a member of Phi Lambda Sigma, she serves on the Executive Committee as Speaker of the House and is aiming to establish a comprehensive member database. Lisa is a very active member in Lambda Kappa Sigma. Over the past 4 years, she has devoted much of her efforts to the Alpha Nu Chapter by fundraising, recruiting new members and serving as a mentor to many little sisters, as both Secretary and 1st Vice President. She received Alpha Nu's President's Award in 2003-04 and was the Ruth Davies Flaherty Service Award recipient this past year. Currently, Lisa is working to reactivate the Alpha Nu Alumni Chapter and hopes to further promote sisterhood in the future as a member of the Executive Committee.

Aleshea Schultz is member of class of 2006. She currently is a pharmacy intern with Rite Aid Pharmacy, where she enjoys the company and everyone she works with, as well as helping each patient with their healthcare. Aleshea joined the Kentucky Alliance of Pharmacy Students which includes membership in APhA, KPhA, ASHP, KSHP, NCPA, APhA-ASP, and the ASHP Student Forum, and she was initiated into Lambda Kappa Sigma in September of 2002. After completing her first year in pharmacy school, she wanted to become more involved in the profession. Aleshea was then elected the ASHP Student Chapter President-elect and the Lambda Kappa Sigma chaplain. Aleshea's leadership was recognized when she was given the honor of being inducted into Phi Lambda Sigma in Fall of 2003. After considering what a difference students can make in the profession of pharmacy, she decided to take her involvement to the national level.



Aleshea Schultz

Through out the past three years, Aleshea has been given the opportunity to represent the University of Kentucky College of Pharmacy as an appointed member of the KPhA Professional Affairs Committee, attend the 5th Annual Cardinal Health Student Leadership Conference, attend the APhA-ASP Student Leadership Institute, serve as the ASHP Student Chapter President, coordinate a Student-Practitioner Mentor-Mentee Program, serve as a member of the Student Health Advisory Committee, and serve as the PLS local chapter historian.

Through her participation in LKS and other professional organizations, Aleshea has discovered that sometimes what you learn outside the classroom is just as important as what you learn in the classroom.

In the spring of 2004, during the APhA-ASP National Convention, she was elected into the office of Phi Lambda Sigma National Member-at-Large. As the PLS Member-at-Large, Aleshea is the editor of the national publication, the *Laurel*, and will publish an issue electronically every month. She also revised the PLS Chapter Activity Guide, which is currently being sent to each chapter across the country.

Phi Lambda Sigma, is the national Pharmacy Leadership Society whose purpose is to promote the development of leadership qualities, especially among pharmacy students. By peer recognition, the Society encourages participation in all pharmacy activities. Since membership crosses fraternal and organizational lines, the Society does not compete with other pharmacy organizations. Phi Lambda Sigma honors leadership. Members are selected by peer recognition. No greater honor can be bestowed upon an individual than to be recognized as a leader by one's peers. Such recognition instills and enhances self-confidence, encourages the less active student to a more active role and promotes greater effort toward the advancement of pharmacy.

2004 LKS CONVENTION IN BALTIMORE

We also took care of some business, starting with the Fraternity prayer, national anthems and a Memorial Service acknowledging LKS sisters and patrons who have passed away since the last convention. We also got updates from all of the collegiate chapter delegates and collected good ideas to pass on to all chapters.

Lambda Kappa Sigma has some perfect examples of *Esse Quam Videri* and we recognized several of these of these ladies at our Awards Luncheon. Dr. Kara Shirley is the Young Pharmacist of the Year. She received her Pharm.D. from University of Rhode Island in 1999 and she now is involved in Psychopharmacotherapy research on the Tenure Track at Albany College of Pharmacy.

Dean Mary Andritz is our Award of Merit winner. She is Dean at the Albany College of Pharmacy. She was unable to attend because she is working with a prestigious group of leaders in pharmacy, completing an AACP Leadership Fellowship at this time. Dr. Cynthia Boyle is the Merck Vanguard Award winner. She is the current President of the Maryland Pharmacists Association and in charge of the experiential program at the University of Maryland. LKS was proud to announce Gerry Manzione as our Distinguished Service Citation winner. Gerry has dedicated countless years to LKS on both the local and national levels. She is loved by the Tau Chapter and is a stable force for tradition at national meeting. Dave Miller from Merck, a long-time supporter of LKS, was named LKS Patron at the luncheon.



B. Olive Cole welcomed convention guests during the opening reception hosted by the Maryland Pharmacists Association.

After lunch, we heard a great presentation from John Bronson from Project HOPE on the Village Health Bank. He explained how this project supplies small loans to groups of women so they can start small businesses. This empowers participants with greater self-reliance and the ability to better their lives. We finished up the chapter convention reports and, of course, concluded with one of our famous raffles. The collegiate members stayed for workshops on chapter development and management and the alumni enjoyed some free time.

Friday started early with a CE presented by Kara Shirley entitled "Mind over Matter: Depression and its Effects Upon Medical Outcomes." We also enjoyed a CE presentation by Sharon Brown later that day. "The Challenge of Change" taught us tips and tools for managing change effectively. The Networking Breakfast gave everybody a chance to talk with pharmacists in different practice settings. Young members were enlightened on all the different possibilities and "older" members learned how to improve their practice setting or starting new programs.

Taking care of business—Stefanie Ferreri presented the 2004 to 2006 Strategic Organizational Plan. This was developed through brainstorming and goal setting at the 2003 Regional Meeting in Rhode Island. Sharon Brown presented the biennium's budget. Nancy Horst and Avis Ericson made a presentation on the proposed by-laws changes to be discussed and voted on at the convention. The collegiates and alumni split up at this time for their respective conferences. In the collegiate conference, Joan Rogala covered issues that come up with many chapters time and again through the year. Members also shared

Convention continued on page 5...



Long time LKS supporter, Dave Miller, of Merck & Co., was presented with a Patron certificate during the annual awards luncheon. Dave was honored for his many years of support and dedication to the ideals of Lambda Kappa Sigma.



2004 LKS awards winners: Geraldine Manzione, Distinguished Service Citation; Cynthia Boyle, Award of Merit; and Kara Lee Shirley, Distinguished Young Pharmacist



LKS alumni Patti Lozano and Jennifer Rhodes pose with Geraldine Manzione, following the presentation of her Distinguished Service Citation.

CONVENTION: BUSINESS MIXED WITH PLEASURE

ideas for promoting sisterhood and loyalty. In the alumni conference, Becky Garrett presented ideas for stress management and then the members discussed ideas for the Centennial Celebration, improving the collegiate to alumni transition and the development of a form to make nominating members for awards easier.



LKS alumni members served as speakers during the professional round-table discussion program.

We all got back together for the First Annual Blue and Gold Dinner. It was a casual pizza party followed by a hilarious hypnotist, Larry Volz. We will never forget the antics performed in front of us, especially those of Kathy Huff. It doesn't stop there. We finished the night with sharing both traditional and new Fraternity songs. We started with the best sing-along of the Fraternity song that we have had in years. Xi Chapter was given the award for the Best Song for "Pour Neosporin on Me" sung to the tune of "Pour Some Sugar on Me". It was truly terrific. Many members enjoyed a night out at Power Plant Live and other area attractions.



LKS collegiate and alumni members volunteered as participants in a hilarious program presented by hypnotist, Dr. Larry Volz.



Saturday also started with CE. Betsy Carlisle presented "The Impact of Cardiovascular Disease in Persons with Type 2 Diabetes". She explained the rationale for aggressive treatment of dyslipidemia in diabetic patients. Cherokee Layson-Wolf, presented "JNC-7: Implications for Pharmacotherapy." This was an overview of the new guideline for classifying and treating hypertension.

The Educational Trust luncheon recognized this year's grant recipients and past grant recipients. Tau Collegiate chapter was recognized for giving the largest chapter donation to the Trust and also for selling the most raffle tickets. The raffle winners were chosen and many members competed for great auction items, many with historical significance. A total of \$5,130 was collected for the Trust by the raffle and auction combined.



LKS alumni Barbara Hayes (Dean, Texas Southern University) and Avis Ericson (Dean, Loma Linda University) share fellowship during the LKS Educational Trust auction which raised much needed funds for educational grants.

The final business session was commenced with time for more discussion about the by-laws changes and then voting. The proposed change in dues for the final year of pharmacy school was defeated. All other changes were adopted. These were housekeeping issues to keep up with changes in technology and update wording from long-ago. Kara Shirley announced the Vial of Life Program sponsored by LKS for use by any members or chapters as a professional project. Lisa Savage, Gloria Bernstein and Kathy Huff were voted onto the Nominating Committee. Christine Perry is automatically a member as one of her responsibilities as Past Grand President and later, Patti Lozano was appointed by the Grand Council. Sharon Brown announced that \$840 was raised in the fraternity auction and \$502 was raised through raffles for a total of \$1,342 for the general fraternity budget. Business was closed and everybody separated to get ready for the grand finale.

Convention continued on page 6...

LKS collegiate chapters are recognized for their achievements over the biennium.



CONVENTION: SISTERHOOD

The convention was finished with a delicious banquet. The new Grand Council Officers were inducted with a solemn oath. Christine Perry was presented with a slide show in appreciation for her years on Grand Council, especially her six as Grand President. Jim Garrett was named a Patron of Lambda Kappa Sigma. As tradition dictates, the convention was closed by all sisters joining hands in a circle and singing the Fraternity song.



Sisterhood shared among collegiate and alumni members of LKS during the Biennial Convention.



LKS collegiate sisters enjoy a meal together during the convention.



Past Grand President Christine Perry (right) passes the gavel to Dixie Leikach, the 2004-2006 LKS Grand President.



LKS Past Presidents gather during the Past President's Reception on opening day of the Baltimore Convention. Front row: Marilyn Harris, Ruth Brown, Nancy Horst; Standing: Donna Dancer, Patricia Kienle, Christine Perry

Members of the 2004-2006 LKS Grand Council: Front row: Jenny Brandt, Dixie Leikach, Christine Perry Standing: LuShawna Dulin, Sharon Brown, Jennifer Rhodes, Stefanie Ferreri and Kara Shirley.



BUILDING NEW RELATIONSHIPS IN THE WORKPLACE

by Christine Perry

Whether you are a new graduate or a pharmacist who is changing jobs or returning back to work after taking some time off, starting a new job means taking on many new challenges. One of the most important of these is creating new relationships with co-workers and your new boss. The first impression you make and the first steps you take to build new relations can be crucial in the future.

It is important to start off on a positive note. First impressions stick and are oftentimes hard to erase. In a new workplace, making a positive first impression begins with one crucial element-respect.

It is essential for any new hire to realize that they are entering a group that has already been formed and works under a certain culture. Now matter how brilliant and creative a new idea is, you must first respect the culture that has already been established. Just as you would respect someone else's home, you must give your new work environment the respect that it deserves.

Here are some tips from career experts to use during the first weeks of your new job.

CULTURE

Observe the way the culture in your new workplace works, and then imitate it. You need to play their game. If the whole office comes in at 9am, goes to lunch at 12 noon and leaves at 6pm, you had better follow their lead or you will see their eyes glaring at you when you rise to go home at 5pm. The culture of your new workplace may define your entire work experience; if you do not like the culture you may not like the job. If you don't like the culture, then find another job. But if you stay in this job and refuse to accept their pre-established culture, you'll forever be an outsider, and that doesn't make for a pleasant working environment.

POLITICAL GAMES

Office and company politics are an unfortunate reality, and you don't want to get caught in the crossfire of personal conflicts. Experts say the best strategy is to lay low and avoid adding to the negativity. The new employee certainly doesn't want to get caught disrespecting their new workplace, but at the same time, you don't want to be seen as too pure or too good to play the political game. The new employee should listen with open ears when other workers complain, but refrain from agreeing with the situation and avoid adding to the negative workplace drama. Don't start taking sides until the picture becomes more clear and then make your best assessment. Even at that point, the best thing to do is save your gossip and judgments for your home dinner table where you are with family and where your opinion won't cause a hostile work environment.

FRIENDLY RELATIONS

It is important to have good relationship with coworkers. Better relationships mean stronger teamwork in the long run. However, be cautious in those first few weeks. As a new employee, you should be careful of making quick alliances with other employees. Without knowing the history of the workplace politics, you may end up networking with the enemy. Sometimes we are often so desperate to make friends in a new environment that one can make poor character judgments and get roped into other people's already established games.

Be very wary of letting workplace friendships develop into romantic relationships, especially in the beginning stages of your employment. A reputation of this kind is sure to stick with you.

AUTHORITY FIGURES

Your relationship with your boss could be one of the most important in your new job. It affects the way you work, grow with the company and ultimately get ahead. Start off right by gaining a clear understanding of what your boss wants from you, what his expectations are and how you can exceed them.

The first question that you want to ask a new boss is "What can I do here to make this company be more profitable?" or "What can I do in this job to make the team look good?" This shows your boss that you are a team player and understand what it takes to succeed. If you find yourself needing more information about your job or about your boss's expectations, don't be afraid to ask questions. People who are good leaders want their people to be honest and seek help when they need it or don't understand a job. No one can be expected to know everything about the job they just start off with. When your boss looks good – you look good.

DECIDING WHETHER TO CHANGE JOBS

If you are undecided on whether to change your job, take a proactive approach and create a pros and cons list about your current job.

What do you love about your job?

What do you dislike about your current employer?

Be as specific as possible, including salary, co-workers, commuting time, benefits, responsibilities, bonus, opportunities for advancement and anything else that comes to mind. Don't do this at one sitting, but keep a running list for a few weeks, so you won't miss anything. Once your list is complete, you'll have an idea of whether or not you should stay or see if the grass is greener someplace else. Plus, you will have a list to utilize in evaluating your future offers so you can find a job that you love.

PRACTITIONER PROFILE



Kara Lee Shirley
Pharm.D., RPh., B.C.P.P.

Dr. Shirley, a 1999 Doctor of Pharmacy Honors graduate of the University of Rhode Island College of Pharmacy, started her academic career as a tenure-track assistant professor of neuropsychiatry at ACP in the Fall of 2001. Dr. Shirley completed her neuropsychiatry fellowship at Mercer University Southern School of Pharmacy, Atlanta, Georgia in 2001. As part of her earlier post-doctoral training, Shirley also completed an ASHP accredited residency in Psychiatric Pharmacy Practice at the University of Texas Health Sciences Center in San Antonio, Texas, June of 2000. She has also earned board certification as a psychiatric pharmacotherapy specialist (BCPP) by the Board of Pharmaceutical Specialites in Washington, D.C.. Currently only 387 doctor of pharmacy professionals hold this certification throughout the world.

Dr. Shirley's research focus involves the study of "pharmacogenomics." "Pharmacogenomics" is defined as the compilation of comprehensive information about genomic sequences using biotechnology techniques such as gene mapping, sequencing and expression analysis. Genetic information is then applied for the identification of genomic "hot spots," contributing to variation in individual drug response and side effect profiles. In collaboration with investigators from the Wadsworth Center, NYS Laboratory, she is striving to develop a pharmacogenomic research program within Albany and Schenectady County as well as the Stratton VAMC outpatient psychiatry clinics.

Dr. Shirley continued on page 9...

Name: Kara Lee Shirley

Degrees: PharmD University of Rhode Island 1999,
UT San Antonio Psych Residency 2000,
Mercer University Neuropsychiatric Fellowship
2000

Current position: Assistant Professor of Neuropsychiatric
Pharmacy Practice, Albany College of Pharmacy

Favorite movie: Moulin Rouge

Favorite book: Catcher in the Rye

Favorite food: Wendy's Cheeseburgers

Favorite vacation: Honeymooning in Australia 2003

Favorite quote: "I started with a dream and came to a decision, I started with a dream and now I have a mission; I had a goal to see beyond my vision, with imagination I'll get there" ~ Harry Connick Jr.

Best advice ever given: Carpe Diem

Mentors: Dean Joan Lausier & Dr Robert Dufresne (URI), Dr Larry Ereshefsky (U of San Antonio), & Dr Michael Jann (Mercer Univ)

Explain your current position: Assistant Professor of Neuropsychiatric Pharmacy Practice, Department of Pharmacy Practice at the Albany College of Pharmacy, Neuropsychiatric Consultant, Capital District Psychiatric Center (CDPC).

Primary goal of my initiatives is to improve the health care of the 150 inpatients & 1,000 outpatients, working in concert with psychiatric care providers through the successful initiation and development of several global initiatives:

- 1) Strategic Development & Initiation of a Collaborative Psychiatric Research Program, including Phase III & IV Psychiatric Pharmacotherapy Medication Trials
- 2) Strategic Development & Initiation of Global (Psychiatric & Medical) Drug Utilization Reviews Encompassing CDPC Spectrums of Care (Inpatient & Ambulatory Care Settings)
- 3) Strategic Development & Implementation of Patient & Caregiver Pharmaceutical Education Initiatives
(Caregivers= Inpatient providers & Caregivers in Ambulatory Care)

I have also developed CDPC for the services aforementioned as well as performed experiential teaching in the Doctor of Pharmacy curriculum, select didactic teaching, and required ACP scholarly activity.

How has LKS helped your career: A more difficult question would be how has it not. Boundless opportunities for personal growth, leadership skills as well as networking.

What skills or traits helped you get where you are today: Impulsivity, Creativity & Intuition.

If you had to do it all over again what would you do: Everything. No regrets.

What words of advice/wisdom do you have to share: Carpe Diem. For those sisters not familiar with Latin... live today as if you will not be alive in 5 minutes.

...Dr. Shirley continued from page 8

The pharmacologic treatment of schizophrenia & bipolar disorders continues to present a therapeutic challenge for clinicians. Although both classes of antipsychotics "atypical" and "conventional" offer some degree of efficacy, it is clear they do not ameliorate all symptoms of the disease. A significant drawback to the treatment of schizophrenia & bipolar disorders with antipsychotics is the occurrence of adverse reactions. "Atypical" antipsychotics offer a number of tolerability benefits over the "conventional" antipsychotics, principally regarding extrapyramidal symptoms and tardive dyskinesia. However, the clinical utility of "atypical" antipsychotics are hindered by their side effects of sedation, hyperlipidemia and weight gain. Weight gain can often undermine treatment compliance, inclining patients to experience significant psychological distress, relapse and may also lead to cardiovascular morbidity and mortality. Specifically, weight gain and obesity have been associated with significant morbidity and mortality from disease such as diabetes mellitus. Literature suggests that schizophrenic and bipolar patients are at risk for diabetes mellitus and taking "atypical" antipsychotics further increases the risk of developing non-insulin-dependent hyperglycemia.

Dr. Shirley's primary research aim is to examine the cardiovascular and endocrine adverse effects of "Atypical" antipsychotics, and to implement pharmacogenomic testing to screen and eventually identify genes associated with these adverse effects. If specific genes can be identified with the occurrence of adverse side effects, Dr. Shirley and her colleagues can then design medication and non-medication treatment regimens which address the prevention and treatment of cardiovascular and endocrine adverse effects before they significantly impact patient adherence as well quality of life. Dr. Shirley will begin patient recruitment for her first pharmacogenomic study in the Fall of 2004, within CDPC's Outpatient County Clinics and the Stratton VAMC.

Dr. Shirley's other research interests and activities include: 1) Off-label usage of atypical antipsychotics in children and adolescents; 2) Effects of patient ethnicity on atypical antipsychotic prescribing practices and patient adherence; 3) Effects of chronic mental illness on access to routine medical care; 4) Validation of instruments used for Major Depressive Disorder (MDD) in patients with chronic medical illnesses (e.g., hemodialysis, cardiovascular disease).

Lastly, in collaboration with Mr. Jim Anderson, Professor of Humanities, Dr. Shirley's educational research focus involves the integration of early experiential education within ACP's psychology curriculum for the enhancement of pharmaceutical care to underserved populations with chronic mental illness (e.g., schizophrenia, substance abuse, bipolar disorder), Dr. Shirley and Mr. Anderson are currently collaborating and have developed observational patient care opportunities at ClearView Center as part of General Psychology (Spring 2004).

LAMBDA KAPPA SIGMA EDUCATIONAL TRUST

by Nancy Horst

November is traditionally Trust Month. This year the appeal letters were sent out in September so that contributions could be processed earlier. Your tax-deductible gifts support the Trust grant program for pharmacy students. Gifts of any amount help the Trust to realize the goal of ten or more grants each year. Currently the Educational Grants Committee is processing this year's applications for grants to be awarded in January. Thank you so much if you have already sent in your donation. If you haven't yet, please consider doing so now. You will get a 2004 tax deduction and help our LKS student members in pursuing their educational goals.

At the recent Convention in Baltimore, the Trust Liaison Committee held a meeting to plan for the biennium, considering investment strategies and fund raising efforts. Members of the Trust Liaison Committee are Gloria Bernstein, Donna Dancer, Portia Devore, Avis Ericson, Marilyn Haberle, Marilyn Harris, Barbara Hayes, Nancy Horst, Patricia Kienle, Neil Leikach, and Jennifer Rhodes. Marilyn Harris was re-elected Chair of the Committee. Activities in support of the Trust at Convention included a raffle, an auction, and a luncheon highlighting individual grant winners and donors. Chapters who made contributions were awarded certificates.

Thanks again for continuing to support our Trust, and have a happy 2005!

LAMBDA KAPPA SIGMA EDUCATIONAL TRUST

Lambda Kappa Sigma Educational Trust Celebration/Memorial Gift Form



This gift is in the name of _____

Chapter or LKS affiliation, if any _____

Gift amount \$ _____

Occasion ___ memorial ___ retirement ___ wedding
 ___ graduation ___ birthday ___ other _____

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Gifts to the LKS Educational Trust may be deductible as charitable for Federal Income Tax purposes.
Please consult your personal tax advisor.

Please make check payable and mail to:

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20110 Glenoaks Drive
Brookfield WI 53045
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MEET YOUR 2004-2006 GRAND COUNCIL



Grand President - Dixie Leikach (Epsilon, '90)



Grand Vice
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for Development
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(Rho, '80)



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Grand Vice
President
for Collegiates
Kara Lee Shirley
(Xi, '99)



Past
Grand
President
Christine Perry
(Alpha, '87)

A HISTORICAL PERSPECTIVE: DR. B. OLIVE COLE

by Christine Perry

In preparation for our 100th Anniversary Celebration in 2012, we have a new feature in the Blue and Gold Triangle that will focus on historical information about LKS. We are pleased to focus our first article on B. Olive Cole.



Dr. B. Olive Cole, known as the “First Lady of Maryland Pharmacy”, was Professor Emeritus of Pharmacy Administration at the University of Maryland School of Pharmacy. Bessie Olive Cole was born in 1884 in Mount Carmel, Maryland. She graduated from Franklin High School in Reisterstown, Maryland, in 1902. In 1903, she graduated from Baltimore Business College. After graduation, she took a position as a stenographer with the Baltimore pharmaceutical manufacturer, Sharp and Dohme, which later became the world famous Merck, Sharp & Dohme. As a result of her work, her interest in pharmaceuticals led her to enter the University of Maryland School of Pharmacy, where she earned her Doctor of Pharmacy degree in 1913.

From 1916 to 1920 she worked as a pharmacist in Washington, D.C.. In 1920, she was appointed an Associate Professor of Botany and Materia Medica at the University of Maryland. Dr. Cole was the first woman to hold a full professorship at the School of Pharmacy, earning that distinction in 1948. She also is believed to be the first woman to hold a full professorship at any school of pharmacy in the United States. In 1948-1949 she was acting Dean of the School of Pharmacy and the first woman ever to hold that position. She taught a variety of subjects over the years including pharmacy law, management, accounting and botany. She served as the faculty secretary for more than a quarter of a century.

She retired from the University in 1953. Ten years later she became the first woman graduate of the University’s School of Law, specializing in the legal aspects of pharmacy. She also attended evening classes at the Johns Hopkins University where she pursued studies in English, History and Economics.

Dr. Cole wrote a number of articles on the history of pharmacy, and also wrote histories of the University of Maryland School of Pharmacy and the Maryland Pharmaceutical Association.

Dr. Cole was a life-long member of the American Pharmaceutical Association. She was a charter member of Epsilon Chapter of Lambda Kappa Sigma on May 2, 1919. Dr. Cole was honorary President of the Maryland Pharmaceutical Association and the School of Pharmacy’s Alumni Association. She served as President of the Baltimore Branch of the American Pharmaceutical Association in 1935, and the Secretary of the Alumni Association of the University of Maryland School of Pharmacy from 1926-1953. She was also a charter member and Past President of the Quota Club International, the only woman member of the Baltimore Veteran Druggists Association, and a charter member of the University of Maryland chapter of Rho Chi Society.

In tribute to Dr. Cole, the Maryland Pharmaceutical Association in 1966 established the B. Olive Cole Pharmacy Museum in the Kelly Memorial Building. The museum contains antique apothecary equipment and a number of pieces collected from Dr. Cole and some of her former students. She was the first recipient of the Lambda Kappa Sigma Award of Merit in 1960 for professional achievement, and in 1972 a Dr. B. Olive Cole Grant was established by Lambda Kappa Sigma to financially assist an alumni member who is enrolled in a program of graduate study or research. Dr. Cole was a distinguished leader in pharmaceutical education and passed away in 1971.

Challenges with SSRI Pharmacotherapy: An Overview⁽¹⁻⁶⁾



By Jolly Abraham Pharm.D. and
Kara Lee Shirley, Pharm.D., BCPP.

There are many treatments available for depression. Current interventions include medicines, non-drug medical interventions and psychotherapy. Available medicines are targeted at increasing levels of specific chemicals in the brain called neurotransmitters. Neurotransmitters allow cells of the nervous system to communicate. There is some evidence that depression may be linked to a deficit of specific neurotransmitters such as serotonin, dopamine, and norepinephrine.

The three major types of antidepressants available are the selective serotonin reuptake inhibitors (SSRIs), the tricyclic and tetracyclic antidepressants, and the monoamine oxidase inhibitors (MAOIs). These drugs are not cure alls; it will take an average of 4-8 weeks to see their full effects. During and after this time patients need to see their doctor regularly to assess their dose, gauge if a different medicine should be tried, and monitor their side effects.

SSRIs effectively reduce the symptoms of depression and are the most commonly prescribed of all the antidepressants and therefore will be the focus of this and the next article in the Blue & Gold Triangle. SSRI's currently include fluoxetine (Prozac®, Sarafem®), fluvoxamine (Luvox®), paroxetine (Paxil®, Paxil CR®), sertraline (Zoloft®), citalopram (Celexa®) and escitalopram (Lexapro®). Common side effects include anxiety, sleep disturbances, sexual dysfunction, and GI disturbances. Mechanisms of these types of side effects can be understood by the functions of 5HT₂ and 5HT₃ receptors and drug affinity for these receptor sites.

Consequences of stimulating 5HT₂ receptors can include: agitation, akathisia, anxiety, panic attacks, insomnia, and sexual dysfunction. Stimulation of specific 5HT₂ receptors in the spine mediates side effects like sexual dysfunction.

Pharmacists are typically asked which SSRI causes the least side effects. A simple way to remember is using the flow chart below:

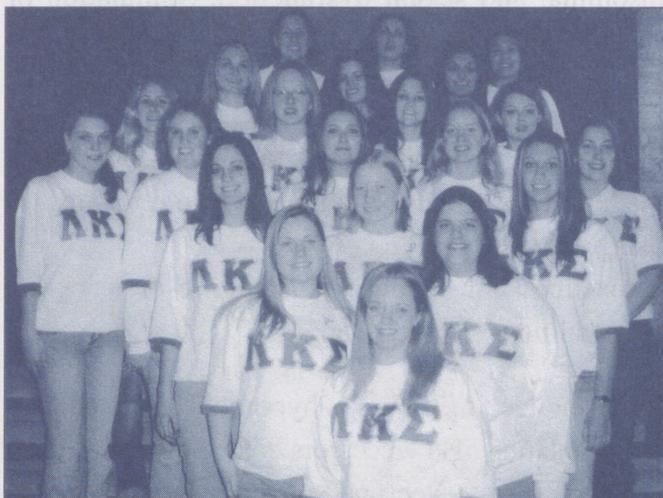
paroxetine >> fluoxetine > citalopram > escitalopram
> sertraline > fluvoxamine

SSRI-induced insomnia is hypothetically mediated by stimulating 5HT₂ receptors in the brain stem sleep centers. Normal sleep patterns are altered, with an increased duration and earlier onset of rapid eye movement (REM) sleep, reduced slow-wave sleep, and more awakenings. Fluoxetine, paroxetine, and sertraline delay the onset of REM sleep. Fluoxetine and paroxetine increase awakenings and reduce REM sleep, slow wave sleep, total sleep time, and sleep efficiency. To help with this side effect trazodone can be used as an add-on agent. Trazodone 50-100mg/day helps to induce sedation.

Consequences of stimulating 5HT₃ receptors can include nausea, gastrointestinal distress, headache, and diarrhea. Stimulation of the 5HT₃ receptor in the gut, CNS pathways, hypothalamus, and vomiting center is responsible for various GI side effects of SSRIs like abdominal cramps and diarrhea. 5HT₃ receptors located right in the wall of the gut when stimulated increase GI motility. Increases in serotonin in the gut (induced by SSRIs) maybe responsible for GI cramps and diarrhea. Sertraline is the SSRI that causes the most common GI side effects like diarrhea. Disinhibition of the serotonin pathway from brain stem to hypothalamus (which mediates appetite & eating behaviors) may be responsible for the changes in appetite and nausea associated with SSRIs.

COLLEGIATE CHAPTER NEWS

ALPHA CHAPTER *Massachusetts College of Pharmacy & Allied Health Services*

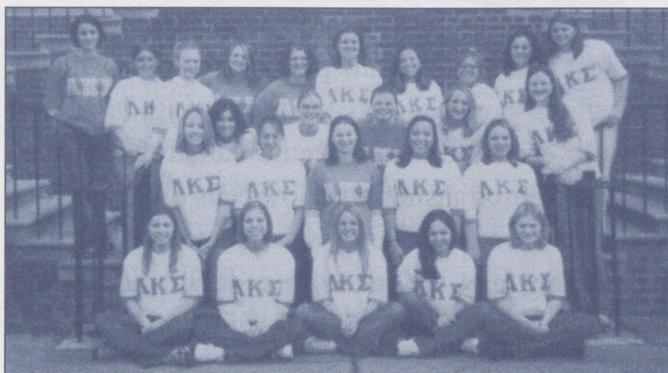


Greetings from the sisters of the Alpha Chapter! After a fun-filled summer, the ladies here at Massachusetts College of Pharmacy are back in action and very eager for the upcoming year. Throughout the summer, the sisters held three UNO nights which are great fundraisers to get everyone together for some good food and fun. Many of the girls also participated in freshmen and transfer orientations which were held in June, July, and August. In the beginning of August, we had 11 girls attend the Biennial Convention in Baltimore. Everyone who attended benefited greatly by learning new fundraising, recruitment, and chapter improvement techniques. During the freshmen welcome week here, which was the last week in August, the sisters held their annual trip to the Museum of Science to see the laser light show. We had a great turnout this year and saw the 80's music light show.

We started off the fall semester with a bang, participating in many fundraisers, socials, and professional events. We had our annual "Welcome Back Party" at Pat Flanagan's. During the first month of school, LKS held a bake sale and also did a Yankee Candle fundraiser. We also decided to have our chapter's new women's health issue be the same as the Fraternity's, depression. We look forward to doing many events dealing with this new issue. For professional events, the ladies of the Alpha Chapter participated in the Light the Night Walk, Walk for the Cure, Diabetes Walk, Mission Hill Walk, Denim Day and the Breast Cancer Walk. We also held our annual Founders Day celebration on Oct. 14th and celebrated our 91st birthday! Many of the sisters also helped out with Rock the Vote for the upcoming election. This was a movement to get young people to register and vote during the Presidential Election. For Halloween, we held our annual party at the Big Easy co-sponsored by the Alpha Rho Chapter at Northeastern University. And let's not forget the ongoing contributions for Project Hope.

At every meeting we collect money to donate to the Fraternity's philanthropy. We are looking forward to our upcoming rush events, meeting new girls interested in Lambda Kappa Sigma and letting new members of MCP know who we are and what we do. We wish the best of luck to all the sisters for the upcoming semester!

BETA CHAPTER *Albany College of Pharmacy*



EPSILON CHAPTER *University of Maryland*



Members of the host chapter, Epsilon, enjoy some down time during a convention event.

Hello again from the sisters of the Epsilon Chapter! It's time for a fall update. We had the good fortune of hosting the Biennial Convention this summer downtown at the Baltimore Convention Center. There were ceremonies to honor Christine Perry as past president and induct Dixie Leikach as the new Grand President. Our own Dr. Cynthia Boyle was the recipient of the Vanguard Award. It was a fun time had by all with social events at local restaurants, McCormick & Schmick's, and an outing at PowerPlant Live. We appreciated all the thank-you cards and gifts we received following the convention!

COLLEGIATE CHAPTER NEWS CONTINUED

We've been very busy this semester planning our Rush events that include a pizza lunch, an evening of dessert indulgence, and a Mary Kay cosmetics event. We are looking forward to our induction ceremony at the new Student Center with dinner to follow in Little Italy, downtown. Recently, we came together for a pot-luck lunch to play "Who Wants to Be a Lamb". This is a game to help new pledges learn more about LKS and the Epsilon chapter. In late September we were able to host a forum with Dr. Bonnie Purdy, a speaker from GlaxoSmithKline. She was warmly received during her talk on the "Value of Medicines," concerning the importation of prescription medications from other countries. Three members recently raised pledges and participated in The Race for a Cure, a walk/run event to support breast cancer research. Fundraising for Project Hope is under way with our Gerbera Daisy Flower Gram and bake sale now in progress. We are hoping to have future fundraising events including a reindeer gram sale at Christmas, a rose-gram sale in the spring, and the ongoing sale of Mary Kay products. This winter we are planning on donating as a chapter to Operation Christmas Child, an organization that distributes gifts to underprivileged children.

LAMBDA CHAPTER *University of Southern California*



Lambda Chapter experienced something new this past year: the first male member since our chapter reactivated two years ago. Jonathan Watanabe joined the Lambda Chapter of Lambda Kappa Sigma, when it was then an all-girls organization. People often find it hard to understand what inspired him to join a female organization whose mission is to promote professional development among women in the field of pharmacy. I recently had a chance to talk to him in a one-on-one basis about this subject. "The reason I joined LKS was quite simple," Jonathan explained to me with enthusiasm, as always. "It is without a doubt that pharmacy is now a female-dominated profession. Helping women to succeed in pharmacy is like helping the entire profession." Jonathan went on, "if the majority of the pharmacy professionals are women, to me, it is almost silly not to bring out the best in them. When I first came to USC, I noticed very few organizations on campus had a focused

mission like LKS. LKS maintains a strong advocacy in developing leadership and professionalism among women in pharmacy. In addition, it is also dedicated to promote women's health issues. I am proud of being part of an organization where I can work with people sharing the same goals as mine, and where I know my hard work is making a difference in pharmacy."

Now serving as New Member Coordinator, Jonathan has been very active in our chapter ever since he joined. Together with Valerie San Luis, our current chapter president, they launched the first Women Workshop in our chapter in February 2004, which yielded tremendous positive feedback from our student body. Our chapter is now planning to expand the Women Workshop into a series of workshops addressing different obstacles women face in the pharmacy profession. Topics may include Balancing Family and Career, Salary Negotiating Skills, and Financial Health.

XI CHAPTER *University of Rhode Island*

This year has gotten off to a great start for the Xi Chapter. Those that attended the convention in Baltimore this past August came back with great experiences to share and LKS songs to teach us. We started planning activities for the next few months such as a strawberry shortcake social with our advisor, a sister retreat, and a sister vs. orientee powder-puff game. We have an awesome group of 24 girls rushing this fall and we've already had many events to get to know them better. From eating ice cream on the beach to having a night around the campfire, this year already looks very promising. Our chapter along with many other pharmacy organizations and the whole College of Pharmacy at URI will be participating in the American Cancer Society's Making Strides Against Breast Cancer Walk at Roger Williams Park. This year our goal is to raise \$20.00 per sister, \$10.00 more per sister than pledged last year, to continue to show our support. We also hope to plan some events with other LKS chapters since many of our sisters would love the opportunity to meet new people, make new friends, and swap ideas between chapters. We can't wait to see what this year has in store for us and hope for the best for the rest of the chapters.

TAU CHAPTER *Duquesne University*

Greetings to all from Tau Chapter in the city of Pittsburgh! Our chapter is gleaming with pride from our success at the convention. The Efficiency Cup and the other Chapter Achievement Awards we received are currently displayed in a showcase at the School of Pharmacy. We held rush events in September and are excited to induct 15 new members. The girls

COLLEGIATE CHAPTER NEWS CONTINUED

are a great addition to our LKS chapter. To honor the middle of their new-member experience, the girls attended Phantom Fright Nights held at Kennywood Amusement Park.

Our service chair is busy, as usual, lining up events for our sisters to participate in. The Walk for Diabetes was held at the Pittsburgh Zoo and our sisters raised close to \$400! We also volunteer at the "pediatric playroom" at a local hospital to entertain the young ones during their stay. This activity is popular among our sisters. The heavy rain that hit our area due to the hurricanes in September impacted Pittsburgh. LKS joined the rest of Duquesne's campus in a collection benefiting the flood victims. It is also nice to see almost all of our sisters involved in the Christmas Toy Drive through the Alliance Company. A presentation on "seasonal depression" was prepared by our Women's Health committee to display at various events on campus like Pharmacy Week and the Health Fair. The Outreach committee also presented information on Diabetes at various nursing homes throughout the semester.

Our alumni committee organized a haunted hayride on Halloween weekend for the alumni and sisters. Autumnfest was held this same weekend where we sold chocolate-covered rice krispy treats. Not only were they fun to make, but good to eat! Family Tree Tea was held as a joint activity at "Max and Erma's" restaurant downtown to give the sisters a chance to take a break from schoolwork and fundraise at the same time. Another exciting and successful event is the semi-formal dance, held at a restaurant downtown.

Our website is updated as of this semester, so be sure to check it out at www.geocities.com/kristin_prozac_07/LambdaKappaSigma.htm

ALPHA BETA CHAPTER *University of Connecticut*



With another semester in full swing, the sisters of Alpha Beta Chapter are working hard with many events already planned. We began our rush events with an informal pizza party and followed that up with a "Meet the Sisters" dinner at one of the local dining halls. We were excited to see the turnout for both of these rush events and look forward to welcoming these girls to our family. Induction is planned for October 13th and an event celebrating Founder's Day is scheduled for the following day.

In the beginning of September, we were part of the University-Wide Health Fair. We set up a table to inform students and faculty on the various diseases that women face such as, but not limited to, IBS, menopause and heart disease. The focus of the chapter this semester is to get closer and build stronger bonds and relationships with the sisters. The social committee is working hard to plan events such as monthly sister dinners, Glo-Bowling trips and attending the Homecoming football game as a group. Our fundraising plans are also well underway. We are continuing to sell our LKS supported Pharmacy Sweatshirts and also plan to work at various soccer games on campus. Good luck to the other chapters of LKS. Have a wonderful and prosperous semester!

ALPHA KAPPA CHAPTER *University of Georgia*

The Alpha Kappa Chapter had a busy and successful spring semester. LKS held its first annual sisterhood retreat in the mountains of Helen, Georgia. It was a great weekend for fun and fellowship, which included hiking, horseback riding, shopping and just relaxing in one of our cottage's many hot tubs. The event was such a success that we plan to make the retreat an annual event. Secondly, LKS Parent's Day was held at the Georgia Continuing Center for Education. Parents from all over the state and beyond enjoyed lunch, a slide show and the installation of new officers. We also gave awards for the deserving Sister of the Year and Advisor's Award. Our fundraising and philanthropy continue to thrive. We sold College of Pharmacy nametags and Valentine lollipops to raise money for Project Hope. Additionally, we continued our monthly platelet donation with the Red Cross of Northeast Georgia. The semester concluded with a huge garage sale, raising over \$300 for charity. For our professional project, LKS sponsored Dr. Susan Kane, a district manager for Publix Pharmacies and a LKS alum, to speak on behalf of our organization for Hygeia Day. Ms. Kane gave an interesting and humorous speech and afterwards treated everyone in attendance to lunch. Between school and helping the community, we managed time for spring social events. Our Killer Lamb softball team had a great time and ended up going far in the intramural tournament. We started something new this year by running in the Country Music Marathon. A few brave sisters traveled to Tennessee to run either a 5K or 10K race. In addition, LKS continued our very popular non-Rx socials, to which we invite the law school and vet school students and encourage sisters to bring friends from outside the pharmacy profession. Our social chairs are very busy planning a ski trip to Ski Wolf Laurel in North Carolina and a night at the University's gymnastics meet. The semester ended with a formal at the Georgia Club and also a LKS/Kappa Psi luau.

Our 13 returning officers are excited to be back and have many things planned for this fall. We'll start off our year with recruitment events and then initiation in November. We have many

COLLEGIATE CHAPTER NEWS CONTINUED

exciting social events planned, such as a Braves baseball night with Kappa Psi, our Christmas semi-formal, and Halloween and non-Rx socials as well. The Alpha Kappa Chapter will continue in helping the community by organizing a Chick-fila spirit night with all proceeds benefiting Project Hope, adopting a family at Christmas, sponsoring breast cancer awareness at the College's health fair and participating in a Thanksgiving Can-A-Thon. We enjoyed meeting everyone at Convention this summer and wish you all a successful semester.

ALPHA NU CHAPTER *University of Kentucky*

Greetings from the Alpha Nu Chapter! The sisters of Alpha Nu are extremely excited about having met so many LKS sisters during the National Convention in Baltimore! We have been very busy with rush so far and have many more activities planned for the semester. We began our rush events with a pizza luncheon, followed by an ice cream social. We also coordinated with the Kappa Psi Fraternity to go bowling and have a luau together. On September 11th, 42 members participated in the Race for the Cure to raise awareness about breast cancer. Our Big Sis/Lil' Sis week was held October 4-8. For that week, each Big Sis anonymously surprised her Little Sis with gifts and candy. The girls were left to wonder who their Big Sis was until they were revealed on October 6, our annual Big Sis/Little Sis night. We are looking forward to Reverse Trick or Treat around Halloween time, where the girls go to Shriner's Hospital for Children dressed in costumes and pass out candy to the children. Our annual Halloween party with Kappa Psi is also planned for later this month. Founder's Day and our yearly Thanksgiving Dinner are in November. We look forward to Thanksgiving Dinner being as big a hit as it was last year! Lastly, we are looking ahead to our semi-formal, the Mistletoe Mingle, in December.

ALPHA XI *University of the Pacific*

Summer semester was quite busy for the sisters of Alpha Xi Chapter. Our new president, Lisa Tang, and the new executive board began their duties in May. They established a new tradition for birthday celebrations, in which each sister is responsible for buying a present for the sister whose birthday falls after her own. In July, we honored our second-year members who are leaving for rotations with a dinner banquet and slide show at Le Bistro Restaurant. The sisters also enjoyed a barbeque at a local park where we bonded and enjoyed each other's company. We ended the semester with a pizza and movie night. Luckily, the LKS Biennial Convention was held right after completion of our finals. Maily Trieu and Anne Fulton were the representatives from the Alpha Xi Chapter.

We participated in the Rho Chi Honor Society Jeopardy and donated services to the Senior Class auction. We also set up a booth at the school's annual Children's Awareness Carnival, where children from the Stockton Community were given an opportunity to learn about health. This semester, the sisters joined together to prepare food for our annual Spaghetti Feed Fundraiser and Raffle. We also sold senior t-shirts to the second-year pharmacy students at UOP. We look forward to the start of pre-rush this fall and are excited to meet our potential new members.

ALPHA OMICRON *West Virginia University*

Greetings, everyone, from the Alpha Omicron Chapter. It has been a rather busy start to the school year. We had two events during our annual School of Pharmacy rush week. On the Monday of rush week, we invited all those interested in joining LKS to meet the current members for drinks and appetizers at the Texas Roadhouse Restaurant. In addition, we also had an ice cream social at lunchtime on Wednesday. During the ice cream social we collected personal care items for the Bartlett House, a local homeless shelter in Morgantown.

So far this fall, we have had a lot of community service events. We have prepared and served dinner for the residents of the Rosenbaum House, a home for people who have hospitalized family members, and have participated in one Habitat For Humanity event. At the end of September, the members of LKS participated in the Light the Night Walk to benefit the Leukemia and Lymphoma Society, and sponsored a hurricane relief collection for Hurricane Charley. We have at least three more events scheduled for the fall semester including pumpkin painting at WVU Children's Hospital, bell ringing for the Salvation Army, and Operation Christmas Child for Samaritan's Purse.

Our treasurer has also been busy with fundraising. We have started our annual School of Pharmacy jacket sale and have ordered School of Pharmacy blankets to sell at the homecoming football game in November. In addition, we started selling Christmas candies, gifts, and wrapping paper. A bake sale is planned in late October to raise money for the family of a local child who recently died from a brain tumor. For our Founder's Day celebration and initiation on October 14, we had dinner at Dr. Scott's home, our chapter co-advisor. A Christmas party is also scheduled for December 10 at the home of Dr. Casdorff, our other chapter co-advisor.

ALPHA PHI CHAPTER *Wilkes University School of Pharmacy*

The Alpha Phi Chapter at Wilkes University continued to grow this past school year but also had to say some goodbyes as well. Last year, our membership grew to 55 members, due in part to

COLLEGIATE CHAPTER NEWS CONTINUED

the largest orientation class in our chapter's history. We look to continue our growth this school year as 25 students have begun the Fall 2004 orientation process. We consider this a great accomplishment as we have tripled our membership in the past three years. While we continue to grow, we wish continued success to our members who have progressed through Wilkes University and have ventured on to new opportunities. The Alpha Phi Chapter wishes the best of luck to our 2004 graduates as well as our former fraternity advisor, Dr. Linn, as they progress in their careers. With Dr Linn's departure, Alpha Phi welcomes our new Fraternity Advisor, Patricia Kienle, and is looking forward to an active and exciting school year.

With an increase in membership, we hope to continue to make an impact in helping our community. Professional projects for the upcoming year include Poison Prevention Programs, the Vial for Life Program, Toys for Tots, ACS Daffodil Days and the Bowl for Kids Program. We recently participated in the AIDS

Walk and, as our current project, we are raising money for the American Heart Association's Go Red for Women Campaign. Social events we plan on doing this year include a Halloween party, an Ice Cream Sundae Party, a dodge-ball game and our annual banquet. Last year at the banquet, we congratulated Tricia Higgins in winning our chapter's Ruth Davies Flaherty Award. Crystal Reib was recognized as Lamb of the year, and Jacqlyn Ryan was honored with the Ethel J. Heath Key. As a new event last year, we rented the group deck at the local AAA baseball game and look to continue this, as well as possibly adding an AHL hockey game. So far this year, our highlights include bowling night, which we used as our rush party, and karaoke night, which is always one of the most entertaining points of the year at Alpha Phi. As the year progresses, we hope to plan new professional and social events to help continue our growth.

ALUMNI CHAPTER REPORTS

Alpha Alumni Chapter Boston, MA

The Final Banquet was held on April 23 at the Holiday Inn in Brookline. Over 60 LKS members attended the Banquet. We were welcomed to the Banquet from our Collegiate President-Elicia Fauvel and Alumni President Kathy McTiernan. Next we held a memorial service in honor of Elsie Gassiraro who passed away on March 12, 2004. After dinner the awards presentation began. The alumni awards were; Ruth Davies Flaherty Award to Linda Clark, Elsie Gassiraro Scholarship to Mary Durante and the Rosetta Hassan Scholarship to Alessandra Cornelio. In addition, Christine Perry announced the creation of two new scholarships from the alumni chapter which she will fund until the Alpha Alumni Scholarship fund can support them. A Presidents Scholarship, which will be awarded to the President of the Collegiate Chapter for her contribution and leadership to Alpha Chapter. The second is a Leadership Scholarship, which will be given to a collegiate who is a leader at the College and contributes to the advancement of the profession of pharmacy. The Presidents Scholarship was award to 2003-2004 Alpha Chapter President, Elicia Fauvel, and the Leadership Scholarship was given to MCP Student Government President, Angela Tardiff. The evening ended with the installation of officers followed by the circle of sisters.

Our Chapter was so proud of the three Alpha members who served on the 2002-2004 Grand Council. Jane Charron as

Region 1 Supervisor, Kristin Wardell as Region 4 Supervisor and, especially, Christine Perry as Grand President. Christine has served on Grand Council for 14 years with 6 of those years as Grand President. She has done an outstanding job as Grand President of LKS and we are honored that she is a member of Alpha. We were honored to be the 2004 winners of the Efficiency Gavel, for receiving a certificate for contributions to Project HOPE and for our 75th anniversary of the founding of Alpha Alumni Chapter on March 27, 1928.

Phi Alumni Chapter Indianapolis, IN

The women of WONARD (Women's National Association of Retail Druggists) held their annual luncheon for faculty and staff at Butler University in May, 2004. Not only did they bring in a delicious home-made lunch, but they donated \$300 to the college. Two LKS Phi Alumni members, Beverly Etherington and Rosie Hider, were in attendance at the luncheon with Dean Chase.

Investiture of Dr. Chase, Butler University

Drs. Edward and Margaret Rowe have bequeathed a \$3.3 million gift to the College of Pharmacy and Health Sciences for an endowed chair. It is the first endowed deanship at Butler. It is believed to be only the third endowed deanship for a college or school of pharmacy in the country and the largest amount of money ever endowed for a pharmacy dean's chair. On April 23, 2004, we held the Investiture of Dr. Patricia Chase, LKS Phi Chapter, as the Edward J. and Margaret F. Rowe Chair for the Dean of the College of Pharmacy and Health Sciences. The investiture is a formal academic ceremony to officially endow the chair. Each year money will be drawn from the interest realized from the endowment for faculty and staff development.

In Memory of Dr. William B. Harrell



In 1971, a group of female pharmacy students at Texas Southern University sought to establish an organization that would encourage women in the pursuit of pharmacy as a career. Reflecting the climate of the times, the profession consisted primarily of men. The students quickly decided to charter a chapter of Lambda Kappa Sigma.

The students needed a faculty advisor to complete the chartering process. They scanned the all-male faculty and one person clearly stood out as a prospect – Dr. Harrell. He enthusiastically embraced the idea and had the distinction of being the only male faculty advisor in the sisterhood. Changing with the times, LKS has since opened its doors to all students at Texas Southern University.

Dr. Harrell remained a Patron of LKS until the end and took great pleasure in giving signatures to new members partaking in the yearly recruitment of new members who made requests of “Big Sister Dr. Harrell.” He will forever be written in the history pages of the Alpha Sigma Chapter.

In Memory of Dr. Joe E. Haberle



Joe E. Haberle, a professor at the St. Louis College of Pharmacy, died Friday (Aug. 27, 2004) of cancer at his home in Des Peres. He was 72. Dr. Haberle was a highly honored professor at the college, having received its Outstanding Educator award four times in his 40-year tenure - more often than any other educator.

Dr. Haberle was born in Jasonville, Indiana and moved to St. Louis in 1963. He earned his bachelor's, master's and doctorate in pharmaceuticals from Purdue University. He served in the U.S. military and was honored as an outstanding graduate of the Air War College. He served in the Air Force Reserves for more than three decades.

He joined the College of Pharmacy faculty in 1963 and six years later was director of the division of pharmacy. He served on a state committee for pharmacy externships and on the St. Louis County drug abuse committee. His formulation for calamine lotion is in textbooks.

He was named a Patron of the Lambda Kappa Sigma Pharmacy Fraternity and Man of the Year by Kappa Psi Pharmaceutical Fraternity. In 1997, he received the distinguished service award from the college's Mortar and Pestle Society. In 2000, he was recognized as a distinguished alumnus by Purdue University.

Among the survivors are his wife, Marilyn Springer Haberle, and his mother, Iva Haberle, of Jasonville.

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