



BLUE & GOLD TRIANGLE

LKS



WINTER
2015

Lambda Kappa Sigma

"Promoting the Profession of Pharmacy Since 1913"



2014 LKS Annual Convention, Naples, Florida



2014 Alumni Chapter of the Year
Alpha Beta



2014 Collegiate Chapter of the Year
Alpha Beta

Turn to page 4 for a summary of convention events.



The Blue and Gold Triangle of Lambda Kappa Sigma

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Mission Statement

Lambda Kappa Sigma provides lifelong
opportunities for women in pharmacy through
professional excellence and personal growth.

Core Values

In addition to the Code of Ethics, Lambda
Kappa Sigma is guided by professionalism and
the core values of Integrity, Sisterhood,
Service, Leadership, Scholarship.

Publication

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Message from the Grand President



As I sit to write this message to you, I find myself reflecting on what Lambda Kappa Sigma means to me. LKS is a great organization. The professional and scholastic opportunities offered for our membership are unparalleled. Our sisters are truly the best that the profession of pharmacy has to offer. The Grand Council will continue to ensure that we offer opportunities, like Convention programming, that can help our members to continue to grow as women, men and pharmacists.

However, I continue to come back to the reason I believe most sisters joined Lambda Kappa Sigma: sisterhood. There is an innate need to belong to a group, particularly to a group of like-minded individuals. LKS satisfies this need, at a time when the urge is probably the strongest. As we begin college, we are met with a sea of new faces and new challenges without our family by our side. For many of us, LKS becomes that family. LKS sticks with us long after our time in college. It provides us with love and support, and most importantly, a sense of belonging.

But Lambda Kappa Sigma is not an organization that is meant to fill a need just while you are in college. Like family, it should be with you for the rest of your life. A few years ago, Past Grand President Dixie Leikach coined the term "Lamb for Life" and that still rings true. I can honestly say that many of my sisters are some of my closest friends and some of them I have met after my days at Xi chapter. As any alumni would agree, being a sister creates an instant bond professionally, whether you're looking for a job or simply getting to know your coworkers. In fact, my boss often asks me if I have a connection at another organization or company that I can contact, and I almost always do.

Sisterhood and a sense of family does not always come easily though. We must work on our relationships with our sisters, treating each other with respect while continually offering them support in their endeavors. Ruth Davies Flaherty stated these concepts beautifully when she penned the Creed. I read it often, and I encourage you to do the same.

I am honored that my sisters have selected me to continue as Grand President for the next Biennium. With your help and support, we as a Fraternity will continue to grow and flourish, continuing to provide a sisterhood for generations to come.

Jenny Brandt
Grand President



2014-2016 LKS Grand Council. From left to right: Tiffany Self, Grand VP for Development; Jennifer Brandt, Grand President; Kim Hancock, Grand Secretary; Patti Lozano, Grand VP for Alumni; Sandy Mullen, Grand Treasurer; Sharon Brown, Past Grand President. Not pictured: Afton Wagner, Grand VP for Collegiates.

Mental Illness: 2014-2016 Women's Health Issue

By Marissa Salvo, PharmD, BCACP, Alpha Beta Alumni

Welcome to the new Biennium! Over the next two years, the Women's Health Issue Committee will be spreading awareness and educating members on mental illness.

Mental illness refers collectively to all diagnosable mental disorders and are generally characterized by dysregulation of mood, thought and/or behavior.^{1,2} In the United States, about 25% of adults have a mental illness in a given year.³ The most common are anxiety disorder and depression, with 42 million and 15 million, respectively, affected.⁴ Despite the prevalence, up to 60% of diagnosed adults are not engaged in mental health services.⁴

Not only does mental illness impact a patient's function and

quality of life, it also is a common cause for hospitalization.⁴ Mental illness is a public health issue as it poses a substantial economic burden, costing nearly \$300



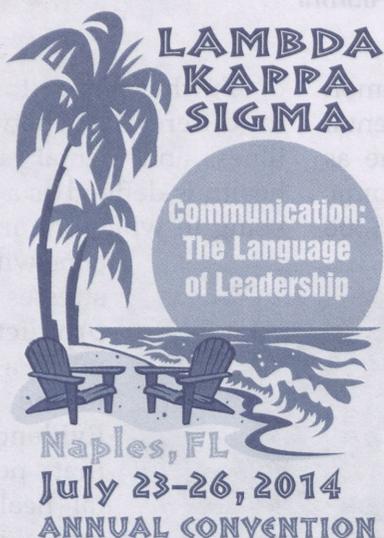
billion in 2002.³ Too often, there is a focus on chronic medical illnesses without recognition of the impact mental illness may have in the management of those conditions.

Furthermore, it is necessary to differentiate between mental illness and mental health. Mental health is defined as a state of well-being in which the individual can cope with the normal stresses of life, work productively and make a contribution to the community.⁵ Evidence indicates that positive mental health is associated with improved health outcomes.² As pharmacists and student pharmacists, we should identify opportunities to intervene and promote mental health for those diagnosed with a mental illness.

Over the course of the biennium, several mental illness topics will be discussed within the *Blue & Gold Triangle*. I encourage you to learn more about mental illness, spread awareness and promote mental health.

1. U.S. Department of Health and Human Services. Mental Health: A Report of the Surgeon General. Rockville, MD: U.S. Department of Health and Human Services; Substance Abuse and Mental Health Services Administration, Center for Mental Health Services, National Institutes of Health, National Institute of Mental Health, 1999.
2. Mental Health. Centers for Disease Control and Prevention. <http://www.cdc.gov/mentalhealth/basics/mental-illness.htm> Oct. 4, 2013. Accessed Sept. 30, 2014.
3. CDC Mental Health Surveillance. Centers for Disease Control and Prevention. <http://www.cdc.gov/mentalhealthsurveillance/> Dec. 2, 2013. Accessed Sept. 30, 2014.
4. Mental Illness Facts and Numbers. National Alliance on Mental Illness. http://www.nami.org/factsheets/mentalillness_factsheet.pdf Accessed Sept. 30, 2014. World Health Organization. Strengthening Mental Health Promotion. Geneva, World Health Organization (Fact sheet no. 220), 2001.
5. Mental Health Basics. Centers for Disease Control and Prevention. <http://www.cdc.gov/mentalhealth/basics.htm>. Oct. 4, 2013. Accessed Sept. 30, 2014.

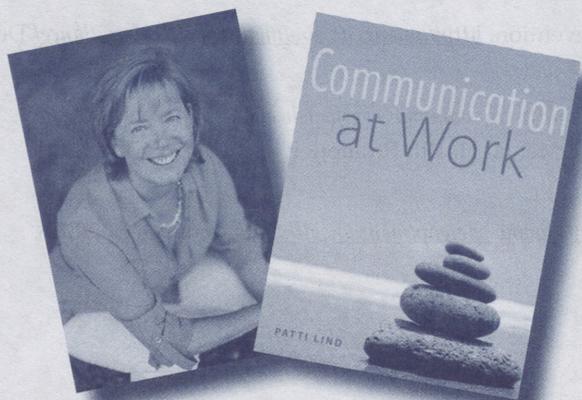
2014 Convention Report



The beautiful Waldorf Astoria Hotel, with sunshine and tropical surroundings, was the setting for the 2014 Lambda Kappa Sigma Annual Convention. Communication: The Language of Leadership was the theme for this year's gathering. For those who attended, information on effective communication and understanding communication styles—our own and that of others—were highlighted throughout the meeting.

During the opening reception, a short ceremony was held to honor Past Grand President Donna Dancer. Several members of her family, including her mother, were present to help LKS members celebrate Donna's life and her many selfless, outstanding contributions to the Fraternity. In addition, the newly delineated regions and their respective Region Supervisors were introduced through a fun mixer game. The evening ended with a poolside LKS trivia bingo game.

Sponsored by Your Community Pharmacy and our own Neil and Dixie Leikach, keynote speaker and author Patty Lind was featured on Thursday. Ms. Lind reminded us of the importance of learning other people's stories as a way of developing common grounds for communication.



The day also included the first business session, and a CE program entitled "Implementing the Chronic Care Model for Diabetes", which was presented by Patricia Salisbury, ARNP, MSN, CDE, and was sponsored by Novo Nordisk, and was in support of our Women's Health Issues topic for the 2012-2014 biennium. The evening concluded with an awesome buffet and lively LKS version of Family Feud, which was hosted by Convention Planning Committee members Kija Meads and Debbie Bourquin. Alumni and collegiate members were grouped into teams for a fun competition, and a great time was had by all!

Friday started with a casual continental breakfast followed by the second business session. Lunch was a lively affair, thanks to Chris Grass and Sandy Mullen. Our unique "Ewe Can Shop" market featured collegiate chapters as well as several outside vendors selling jewelry, wearables and even wine.

The poster session, which provides a showcase for activities that demonstrate our Core Values, had a steady stream of traffic, giving members an opportunity to share ideas and recognize the accomplishments of other chapters. And Alpha Kappa (pictured below) took home first place.



Following lunch, an interactive session sponsored through a generous grant from the LKS Educational Trust was facilitated by Florida State College professor Ellen Kelbert. Participants were coached through several real-life scenarios depicting challenges in communication styles, with solutions to how these challenges could best be met. Collegiate and alumni conferences were held in the afternoon, and the evening provided an opportunity for members to head into town to enjoy an evening on their own.



Bright and early Saturday morning, the annual HOPE waLKS for our philanthropy Project HOPE included a walk down the boardwalk and along the white sandy beaches of the Waldorf Astoria resort. After a quick dip in the pool and a refreshing shower, members attended an open forum and were given an opportunity to ask questions or speak about issues that were on their mind.

Sharon Brown, Past Grand President, presented a short program entitled "The LKS Experience." (Learn more about this program on page 6.) This program presented a new approach to recruitment and retention to attract and engage the best and brightest potential new members using positive motivational tools and LKS branding concepts. This was followed by the last business session.

Saturday evening festivities began with a highly successful LKS Educational Trust Reception, with the culmination of the silent auction and the fun and ever competitive live auction. (More Trust auction information is on page 9.) This year's event included some new activities, such as the Lollipop Pull and Raffle. The evening rounded out with the Final Banquet, where your 2014-2016 Grand Council was installed.

Thank you to all who attended. Please be sure to plan on attending the 2015 convention in St. Louis from July 29 through August 1. Plans are already underway to make the meeting even bigger and better!

2014 Award Recipients



*LKS.Merck & Co.
Vanguard Leadership Award*

Renae Chesnut



*Distinguished
Service Citation*

Katherine Huff



Award of Merit

Kelly Matson



*Distinguished
Young Pharmacist Award*

Marissa Salvo

*Collegiate Chapter of the Year
Alpha Beta*

*Alumni Chapter of the Year
Alpha Beta*

*Chrysanthemum Awards
Retention 1st Place: Tau
Recruitment 1st Place: Pi*

The LKS Experience

A Contemporary Approach to Recruitment and Retention

By Sharon Brown

New Century...Old School. That is the theme of the 2015 Lambda Kappa Sigma Annual Convention. I propose that this theme can also be the impetus for a new and refreshing approach to recruitment, retention and excellence in performance for all LKS chapters.

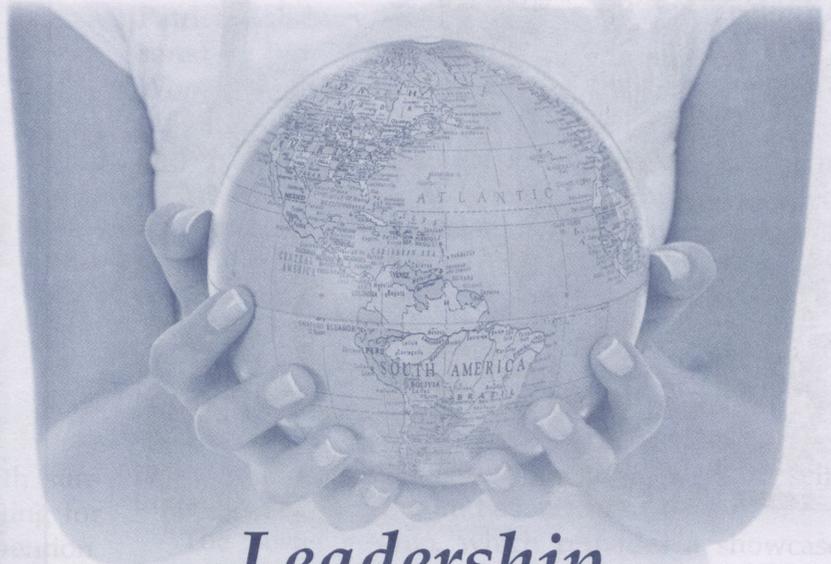
It's a new century for LKS. A wonderful Centennial Celebration in Boston launched LKS into our second century of dedication to pharmacy through personal and professional development as well as sisterhood. While immersed in appreciation for our past and the significant accomplishments of our founders and other early members of LKS, one thought continually crossed my mind in Boston: today's LKS members have both vast differences and strong similarities to the members who joined so many years ago as well as to those who joined as recently as 10 or 20 years ago. And to remain viable and relevant in a world that bears little resemblance to the world of Ethel J.

Heath, we need to open our minds and hearts to new possibilities, new approaches, new concepts—a culture shift dedicated to creating a personal, powerful and positive LKS Experience for our members.

In this new century, we can adopt best practices of successful organizations. What if LKS modeled recruitment and reten-

tion strategies after those of highly regarded American corporations? These organizations invest heavily in recruiting and retaining top performers in their fields. These organizations understand the value of the right people in the right positions, as well as the long-term benefits of satisfied and engaged employees. They live the philosophy that success lies in the quality, not the quantity, of the people you surround yourself with. Can LKS benefit from this strategy? Absolutely!

In this new century, quality members may be more difficult to attract than in years past. Why? Because today's consumer is more educated, more selective and more demanding than ever before. Years ago, people were elated that they could hit the drive-thru and get a decent cup of coffee in 5 minutes or less. Today, people wait in long lines to have a custom-crafted cup of specialty coffee with their name on the cup! They spend more time waiting, and pay a higher price for it—but they are paying for the whole



Leadership

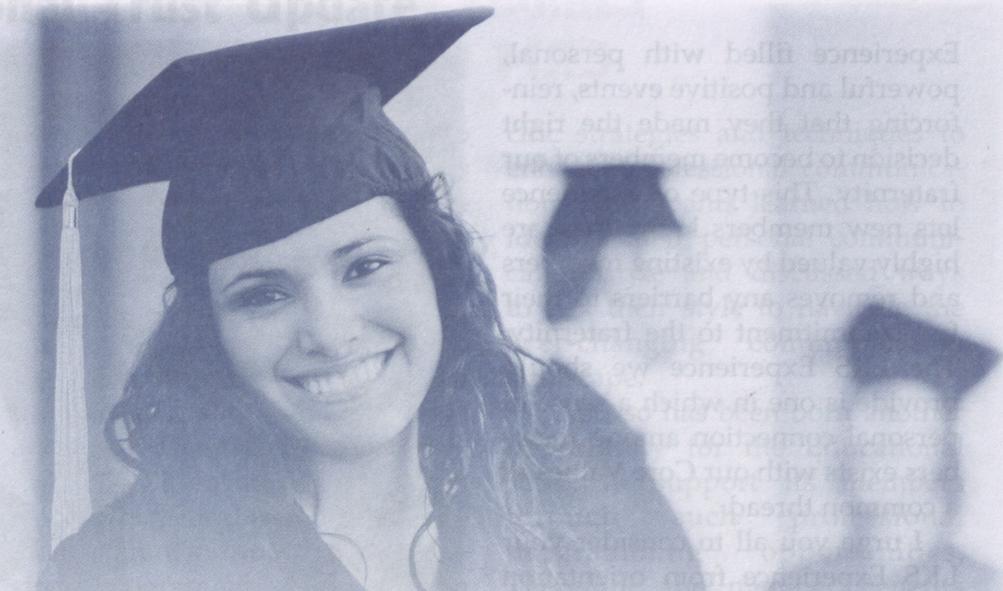


Service

experience, not just the coffee. They see value in their purchase. What if LKS was the Starbuck's of professional pharmacy organizations on every campus across the country? This can be accomplished by implementing positive changes in our existing recruitment and retention practices.

The old school attraction to LKS often centered around the need for companionship and camaraderie among women in pharmacy. These women faced unique challenges in the early decades of the 20th century. Membership in LKS provided valuable benefits to these early trailblazers—benefits that could not be found in any other organization.

The old school practices of recruitment and retention bring to mind images of white gloves, clasp purses and Sunday best hats worn by members to make a good impression. Vintage issues of Blue & Gold Triangles are full of detailed descriptions of the events our early chapters hosted, with special attention to providing a welcoming and inviting atmosphere to attract new members. While white gloves and



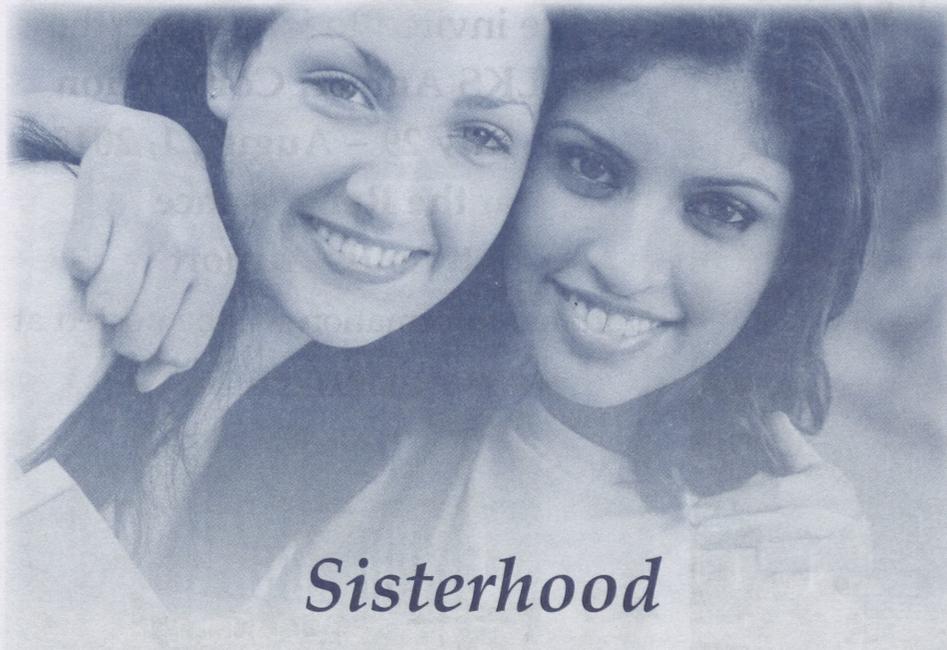
Scholarship

hats are no longer in vogue, the concept of the desire to impress recruits rather than have them impress us is a concept well worth pursuing.

I encourage each and every chapter to take the opportunity in this new century to get back to some old school philosophies and practices that contributed to the foundation upon which our beloved fraternity was founded.

Take time to closely evaluate your recruitment practices with an eye to emphasizing positive actions and transparency. Take a step-by-step walk through your orientation program with similar attention to matching processes with positive impact. Keep the characteristics of new century consumers in mind when planning events to attract new members. Highlight old school values and benefits of membership. Display pride in all chapter activities during recruitment, orientation and active membership. Be sure your new members can speak with honesty and enthusiasm about their orientation process. Imagine how much more engaged new members will be if they are encouraged to tell others what a great experience they had when they joined LKS.

The ultimate LKS Experience is one in which everyone involved in an event leaves with a positive impression of the fraternity and of the members they are associating with. Engaged and motivated new members are the result of an LKS



Sisterhood

Experience filled with personal, powerful and positive events, reinforcing that they made the right decision to become members of our fraternity. This type of experience lets new members know they are highly valued by existing members and removes any barriers to their full commitment to the fraternity. The LKS Experience we should provide is one in which a sense of personal connection among members exists with our Core Values as a common thread.

I urge you all to consider your LKS Experience from orientation through your active membership (whether it was 1 year or 50 years ago). Was it what you expected? Was it what you wanted? For those who are just now considering joining, what can be done to improve it? Do some blue-sky or "what if" thinking with your members, and don't be afraid to shake off old practices and implement some new, fresh ideas. Seek to provide the Ultimate LKS Experience for your new members...and watch your chapter grow and excel!



Integrity

Meet Me In
St. Louis!



You're invited to join us for the
2015 LKS Annual Convention
from July 29 – August 1, 2015
at the Renaissance
St. Louis Airport

Updated information will be posted at
lks.org/Convention15



Educational Trust Update

By Jennifer Rhodes, Trust Liaison Committee Chair

Each fall, LKS members are asked to donate to the Educational Trust. Donations received are then used to provide funding for educational grants that are given out to deserving students. Your generosity helps to continue this worthwhile program, which is one of the major membership benefits for student members.

Over the years, the Trust has provided nearly 400 grants to our student members through grants named for outstanding Fraternity sisters: B. Olive Cole, Cora E. Craven, Mary Connolly Livingston, Adele Lowe and Norma Wells. In 2013, the first Marilyn and Joe E. Haberle Grant was awarded.

Plans are now in the works to award a grant in memory of Avis Ericson for her career-long interest in the area of Women's Health. And the members of the Trust Liaison Committee (TLC) have had conversations to determine if there are indeed other ways that the Educational Trust can provide additional member benefits.

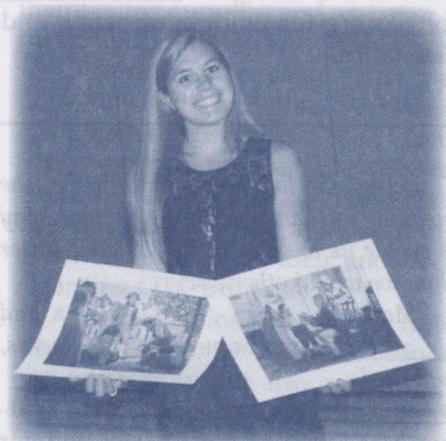
At the 2014 Annual Convention in Naples, Florida, the Trust provided a grant in support of a professional program. Presented by Ellen Kelbert, the program was entitled "The Language of Leadership". Her presentation discussed spe-

cific strategies and techniques to enhance professional communication. Participants learned how to identify their personal communication style and discussed ways to flex their style to navigate the ever-changing communication landscape.

And so has been born another opportunity for the Educational Trust to support its members through such professional programming opportunities. Therefore, the member benefits from the Educational Trust are not just realized by current students but by all Lambs for Life!

Trust Auction at Convention

For the members who attended the Convention in Naples, thank you for your enthusiasm and participation at the annual Trust reception and auction. Over \$12,000 was raised through the live and silent auctions, the Lollipop Pull, the 50/50 raffle and the Memorials & Celebrations. We look forward to providing similar fun fundraising opportunities at the Convention next summer in St. Louis.



Lambda Kappa Sigma Implements CRM for Associations Solution

By Joan Rogala, Executive Director

CRM is an acronym that stands for Customer Relationship Management. It describes a common strategy that companies have used for decades to handle customer interactions.

CRM for associations, however, is a somewhat new concept that started taking hold within the non-profit arena within the last few years. Beyond the traditional AMS (Association Membership Management) systems that have been widely used in larger associations since early 1990's, the newer CRM for associations centralizes the marketing, lead opportunity and member services functions within the association. The CRM is tailored to meet the requirements and speak the language of today's associations.

Associations of all sizes are looking for ways to better connect with their members, and LKS is no exception. That's why in the spring of 2013 the

Grand Council allocated resources to establish a CRM application for the Fraternity. This web-based application, hosted by MemberSuite and referred to as the LKS Member Portal, was officially launched in August 2014 with functions such as online member renewals and joins, committee and chapter management, membership directory with advanced search capabilities and real-time access to update individual member profiles.

In the coming months and over the next two years, additional modules of the portal will be built out to provide improved communications and accessibility. Members will be able to register for convention, RSVP for special events, apply for grants and awards, search employment opportunities and much more.

Any initiated member of the Fraternity already has a user account

in the LKS Member Portal. If you have not yet accessed the portal, please do so now to update your personal information and to begin connecting with LKS members and friends in a secure online environment.

To access the portal, go to the home page of the www.lks.org and click on the yellow Members Only button at the top right. This will re-direct you to the Member Portal where you will be instructed on how to login. First-time users, or those whose email address may be out of date or missing, will require an account reset. But once you have accessed the site for the first time, it should be a seamless process from that point on.

Questions? Please contact the LKS Executive Director at executivedirector@lks.org for more information and assistance.

From the Vault...

This article was originally published in the October 1934 issue of the Blue & Gold Triangle.



Chapter Conduct

There is nothing less inspiring in a group meeting than an undertone of irrelevant conversation, facetiousness, giggling, etc. There is nothing more inspiring than a well-conducted, dignified meeting, with every mind intent on the business before it; and often not without a touch of the spiritual.

In our Pledge to our Sorority, we promise more than mere physical attendance, and several chapters begin meetings with a short ritual to remind the members of their pledge and of the ideals for which the Sorority stands.

Eta Chapter has an unusually lovely prayer with which they open every meeting:

Let us, O God, keep ever before us the meaning of Lambda Kappa Sigma. May it enable us to serve just a little bit better than we would otherwise;

May _____, _____, and _____ guide us in our thoughts, words, and deeds;

And may this meeting and every meeting be a credit to our Chapter and our Sorority.

Miss Jo May Zeisig is the author of this lovely bit of verse, and we are sure she would be proud and happy to have any chapter of Lambda Kappa Sigma use it.

Sigma Chapter has created the office of Chaplain for their chapter, every meeting being impressively opened according to ritual by the Chaplain.

We feel that this beautiful manner of opening all meetings would be adopted with credit by every chapter, thus lending grace, charm and dignity to all action under the name of Lambda Kappa Sigma.



ALPHA

The Alpha Chapter sisters have collaborated on great ideas and goals that we wish to execute throughout this academic semester. We have already held numerous professional events that showcase our dedication to the profession of pharmacy and our willingness to serve others on and off campus.

Alpha kicked off the semester by assisting with MCPHS University's Flu Shot Clinics on September 25th and October 8th by facilitating work flow, maintaining supplies and assisting the pharmacists. As future pharmacists, we successfully educated the public at the Porter Square CVS through our Health Topic of the Month. September's outreach topic was centered on Immunization Awareness. The LKS sisters were able to counsel patients and provide their knowledge regarding OTC products.

As a professional women's fraternity, we not only strive to educate our community but also ourselves. In late September, the LKS sisters held a Dining for Women professional event. The sisters came together as a chapter to discuss an inspiring women's organization around a potluck dinner. September's organization was Bond Street Theater, a non-profit group that aims to empower and rehabilitate women and children who have been affected by war, conflict and abuse. Each of us contributed to the potluck and donated the money we would have otherwise spent to the theater and raised over \$100! The sisters of LKS attended Light the Night, the annual walk hosted by the Leukemia Lymphoma Society. The sisters have also been tirelessly preparing for our Founder's Day ritual, which will be celebrated on October 16th!



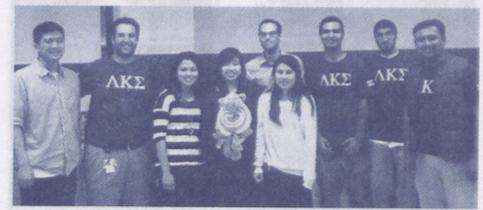
DELTA

After successfully recruiting 46 new members to join our chapter this semester, we are looking forward to introducing them to the many opportunities and activities we have planned for this year!

Our Professional Projects co-chairs have continued the shadowing program created by the chapter last year with pharmacists from across the city. This program gives our sisters the chance to experience unique opportunities in pharmacy that they may otherwise not have had. The program was originally created to give our sisters the opportunity to find their niche in pharmacy and to be able to speak to people in the many fields of pharmacy as they move forward in their careers.

We have also worked closely with the National Ovarian Cancer Coalition to help raise awareness and money for finding a cure for ovarian cancer. Several of our sisters participated in a walk/run to support the NOCC and were proud to be among ovarian cancer survivors and to learn the stories of those currently undergoing treatment.

The LKS sisters of Duquesne University graciously invited our chapter to attend their annual Project Hope Ball in the month of October. A group of our sisters attended this event to help raise money for Project Hope and had a great time getting to know the sisters from the Tau Chapter! It was a great event, and we're hoping to create a large event, similar to this one, to help raise even more money in support of Project Hope in the future.



EPSILON

Greetings from the University of Maryland-Baltimore! During this past summer, our former Vice President of Membership, Saul Krosnick, went to the LKS Convention in Naples, Florida. It was an amazing experience for him in terms of interacting with LKS members from the various chapters, and he had the opportunity to share ideas with them about different initiatives, such as recruitment.

Since the beginning of this semester, LKS members at Epsilon have been busy planning for and hosting various events. For the fall 2014 recruitment season, we had 2 events planned: an LKS Welcome Social and an interfraternity collaborative event called Pharmacy Olympics. For our first recruitment event, the LKS Welcome Social, potential recruits had a really fun time playing ping pong, eating great food and winning raffle prize while getting to know LKS members and alumni. For the Pharmacy Olympics, we participated in games, such as a pharmacy maze and Fastest Pill Counter, and got a chance to interact with members from other fraternities at our school.

For fundraising, our chapter has been regularly doing bake sales throughout the semester. During the bake sales, members get an opportunity to show off their baking skills by bringing in baked goods to raise money for LKS.

Our upcoming events this semester include our annual CV/Resume workshop for students in November, along with our Lunch with Lambs event with one of our faculty members as a guest.



LAMBDA

Two of our members attended the Annual Convention in Naples, where we were honored to be named the Western Regional Chapter of the Year.

We kicked off the school year with a social attended by 17 current members and two prospectives. At our Annual Welcome Night Dinner, we introduced the new class, heard guest speakers, saw slideshow presentations and presented the Bigs and Littles.

With our Directors of Women's Health, we held a bone density screening and counseling health fair at the Proyecto Pastoral Women's Conference, serving a predominantly Spanish-speaking population.

Our Fall Residency Workshop was for fourth year students who plan to apply for residency programs. Fourth year students and returning alumni had their CVs and Letters of Intent reviewed by alumni who are either currently in a residency program or have completed one.

In September, three alumni and six actives attended our Alumni Dinner and talked about career opportunities, residency programs and homework balance. At our Residency Workshop for all students, the Director of Residency and Fellowship Training discussed what residency entails, the difference between fellowships and residencies, the types of residencies, why students should consider a residency, and the application, interviewing and matching processes.

We held three recruitment events: a Western BBQ, a coffee shop gathering and a casino night at the home of alumni Dr. Lisa Lum. Actives shared why they joined LKS, what they have taken from being involved with the fraternity and the potential for growth as LKS students and alumni.



NU

This summer, two lucky sisters went to the convention in Florida. They returned with many new ideas and were excited to start off the new school year. They shared many of these ideas at the chapter retreat at the beginning of the semester. It was a fun time for the sisters to reunite after a long summer and was a great way to start the semester strong!

This year we had a plethora of professional opportunities. Our sisters volunteered at the YMCA health fair and performed health screenings, such as cholesterol, blood glucose and blood pressure for the community. Others went to the IPA College night and networked with IPA members and learned from the residency panel.

Promoting sisterhood is one of our strongest points. We had a cookie decorating party to prepare for recruitment events, a BBQ post recruitment with new members and trips to the Des Moines Farmers market. One of the all-time member favorite sisterhood events is the annual Corn Maze/S'mores, which is coming up soon.

For fundraising, the Youngers Community Day coupon book sale is underway. Currently, we set up an event at Orange Leaf, a frozen yogurt shop near campus. 10% of each purchase will be donated to our chapter for Project HOPE. Recently, many of our sisters were at the Susan G. Komen Race for the Cure to support breast cancer research.

Nu chapter has been working hard this semester, and we will continue to do so with all of our other upcoming events!



XI

Greetings from the Lambs of Xi Chapter at the University of Rhode Island! It's been an exciting year for Xi chapter with a handful of new events planned as well as our old favorites, too!

It is a promising year for the potential new members as they have been bonding with the older sisters through a multitude of events. The older sisters and potential new members attended the annual trip to a local ice cream shop, and the annual pasta dinner was a successful night of games, laughter and memories. Also, the PNMs and sisters participated in a beach cleanup for Scarborough State Beach.

The committees here at Xi chapter have been hard at work! Recently the Alumni Committee brought back a past president to discuss community pharmacy. The Professional Committee successfully pulled off the annual What Not to Wear fashion show.

The Community Service Committee has been busier than ever! Besides organizing a beach cleanup, sisters are participating in the Breast Cancer Walk in Providence and are planning a benefit concert for Project Hope. Meanwhile, the Fundraising Committee has been busy with its annual Applebee's and Yankee Candle fundraisers. And the Academic Committee plans weekly study hours.

Finally, the Sisterhood Committee has been keeping the bond between sisters as close as ever with Lamb's Night Out to Iggy's, a local clam shack. Between the beach cleanup and trips to clam shacks, Xi chapter is fully embracing its identity as a school of "The Ocean State"!

Collegiate Chapter News



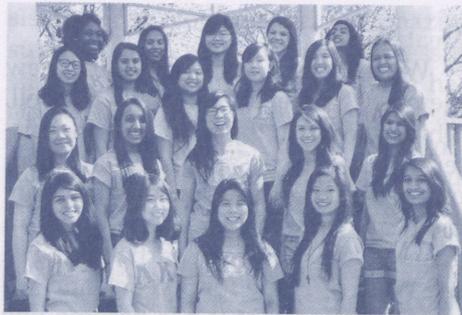
OMICRON

Hello from the Omicron Lambs at Wayne State University! We've had a fun-filled summer with many recruitment events, but the highlight of this summer was convention! Our alumnae and collegiate members thoroughly enjoyed the opportunity to build sisterhood among lambs of other chapters. We thank you for this opportunity...these are memories we will cherish forever! We were extremely honored to be named Central Region Collegiate Chapter of the Year as well as runner-up for Collegiate Chapter of the Year! We look forward to our chapter continuing to help enhance Lambda Kappa Sigma as a whole.

Our chapter has had an excellent kick-off to the fall semester with speed-networking events for Bigs and potential Littles to get to know each other. We are excited to state that 13 ladies have begun the initiation process, and we anticipate their welcome into the fraternity next month during initiation.

We will be continuing our community service this year with a Detroit-based organization, Alternative for Girls, in which we help empower young women build themselves a better future, free of violence and exploitation. Our professional seminar events this semester include topics on stress management, along with balancing work and home life. Lastly, we completed a very successful Little Caesar's Pizza fundraiser, and we're crossing our fingers for our annual Yankee Candle fundraiser to be equally as successful!

We warmly wish each chapter a wonderful and successful semester ahead!



PI

This semester, after our growth in numbers, we're primarily focusing on our professional events and fundraising for Project HOPE. We started with a rush week filled with fun and games, a relaxing spa night and yummy chocolate fondue. We're really happy to get to know more great girls this semester!

Our professional focus is still in the works for this semester. After hosting The Working Woman: A Balancing Act last semester, we're hoping to have a rotation information night, where students in their last year or alumni come and talk to current students about their different rotation experiences so students know what to expect in the future.

To help raise funds for Project HOPE, we are happy to announce that we will be participating in Meal Swipes for Charity through the Rutgers University Student Assembly (RUSA). We will be tabling in the dining halls throughout the New Brunswick campus to ask students to donate their guest swipes to help send vaccines to children in Third World countries. We will be tabling until the end of the semester, so we hope to raise as much money as possible in the allotted time!



TAU

We are off to a busy start this fall semester and have done so many great things but with even more to come. All of the sisters attended our fall retreat, where we planned out the semester and set numerous goals, mostly pertaining to promoting more sister involvement through social activities

and much-needed study breaks.

On October 4th, we held our second annual Project HOPE Ball at the Sheraton in Station Square, right on the river with a beautiful view of the city. While dancing the night away and enjoying delicious food, we raised so much money for our philanthropy through raffling off numerous donated gift baskets. Attendees included Tau sisters, alumni, pharmacy school staff and even some of the sisters from the University of Pittsburgh's Delta chapter! The next day we participated in Duquesne's Autumnfest for the homecoming game, where we fundraised by selling jalapeno popper dip.

We were ecstatic to induct 19 amazing new girls into our chapter on October 6th! On October 17th, we participated in Duquesne's annual Carnival with other Greek life organizations, where we sold our famous funnel cakes and performed an awesome skit with the brothers of Tau Kappa Epsilon.

Throughout the rest of the semester, sisters also participated in various service projects around the city, including participating in the Light the Night Walk and Walk for Alzheimer's and volunteering at the women's shelter, Bethlehem Haven, near campus.



CHI

This summer, three Chi chapter members were able to attend convention, where they enjoyed the sunshine while learning valuable information about leadership and communication

as well as about LKS as a whole.

Chi chapter started the school year off by participating in Pharmer's Day, where incoming first years get to learn about all the organizations they can join in pharmacy school. We also had a new member information meeting to tell prospective new members more about our chapter and how to join LKS.

Chi chapter started weekly study sessions to promote scholastic achievement and to encourage mentorship of new members. We just kicked off a Yankee Candle fundraiser. For our Founder's Day event, we were honored to have two alumni (and Past Grand Presidents) in attendance: Nancy Horst and Jennifer Rhodes. (See the Chi Alumni report on page 19 for a photo of the event.)



ALPHA ALPHA

This past September 13th, our Fundraising Chair, Lauren Lynch, organized for our chapter to be involved in the Walk for Hope for Women's Cancer. In order to raise money, we held a bake sale, which raised \$200, and a raffle, which raised \$100. (The above photo shows some of our sister's handing the coordinator of the walk, Lizabeth Macoretta, the check for the money we raised.) She was so appreciative of our time and effort that we showed and offered to come speak to the students at Temple about the importance of cancer research. The walk was a 5k that started at Campbell's Field in Camden, New Jersey, crossed the Ben Franklin Bridge, and ended in Old City, Philadelphia. It was a great opportunity for the girls of LKS to show our presence in the community and to make an effort to help out a

great cause.

We also had some potential new members come to the walk as well, which allowed them to see the sisters giving back and showed them our dedication to supporting not only medical research but also women in general. We have been participating in the Walk of Hope for 5 years, and we are so excited that it has become one of biggest traditions and ways to get the sisters involved early in the school semester.



ALPHA BETA

We were excited to be named Collegiate Chapter of the Year at the convention in Naples and thank everyone for their support!

Our Professional Committee has been increasing awareness about smoking cessation, starting with a display in our Student Union and continuing into November with a presentation about how they can aid their patients in quitting smoking. Sisters are also going to work with a professor on assisting students in developing resumes and CV's.

The Alumni Committee is tightening the bond between active and graduated sisters by having P4 students come and talk about their rotations. We are also organizing an alumni tailgate for homecoming and a Lamb of the Week, where we pick an alumni and make a slide show dedicated to her.

Our Social Committee hosted a barbecue and a bowling night for new members and our brother fraternity, Kappa Psi. Upcoming events include apple picking and annual holiday party.

The Community Service Committee has been going weekly to the Mansfield Discovery Depot to teach preschoolers about health care topics, has been assisting at our local library's Halloween party and has been preparing and serving food at a soup kitchen. Also, we will send out Veteran's Day

cards, assist with a blood drive and host a food drive.

Our new Project HOPE Committee is planning a HOPE Walks 5k, hoping to raise \$1,000. The Fundraising Committee is looking to raise \$500 through a UCONN School of Pharmacy lanyard sale, restaurant fundraiser nights and a pop-pull event.



ALPHA ZETA

This fall, we proudly welcomed 31 new members into our chapter. We have been busy participating in many recruitment, service and charity events over the past few months.

We started off the fall semester by hosting our annual recruitment barbecue, where potential new members and active members enjoyed a night of full of food, fun and games. Our first service event this year benefited Gateway Pet Guardians. Morgan Epps helped to organize a night where foster parents of puppies from a local dog shelter brought the puppies to the STLCOP campus and allowed students to play with them. LKS also sponsored a t-shirt and puppy chow sale on campus and raised over \$700 for the shelter to purchase 660 lbs. of dog food.

In October, we hosted our annual event for Project HOPE outdoors due to the remodeling of our school gymnasium. Teams participated in a variety of hoop-themed games, including a hula-hooping contest, ball toss and relay race. We proudly raised over \$1,000 for our philanthropy organization!

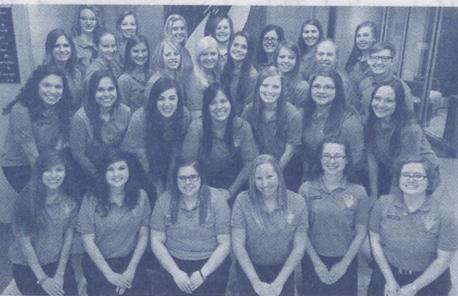
Members also participated in other service events through September and October. We volunteered at the ROC ovarian cancer walk as well as the JDRF walk for diabetes.

We are excited to continue the planning process of hosting the national convention next summer in St. Louis. We hope to see you there!



ALPHA THETA

Alpha Theta hosted its first annual Fall Back on Track health fair at Goodyear Hall, a residence hall for first year students. The fair was coordinated by Health Fair Committee Service Chair, Jeffrey Obciana ('17) and committee (Jonathan You, '17; Irene Martinez, '17; Courtney Safir, '17; Andrew Liang, '17; Ebne Safi, '17; Jovin Panthapattu, '16). The group collaborated with student pharmacy organizations like APhA-ASP, SNPhA and SSHP, contacted pharmacist preceptors, organized details of the event and coordinated over 30 pharmacy students. The mission of the health fair was to educate UB's student body about the importance of primary prevention and overall wellness. UB Medicine and UB Physical Therapy collaborated in the event by providing information on Alcohol/Liver Disease and Exercise, respectively. The fair promoted patient education at over 12 booths that focused on prevention of health conditions that affect the general population daily. Over the course of the four-hour fair, there were around 80 visitors and over 400 documented patient-pharmacy student/pharmacist interactions. LKS would like to thank all those who participated in the event, especially Dr. Hong, Professor Reiman, Dr. Russak and Dr. Sawyer, who were kind enough to provide support at the event.



ALPHA IOTA

A warm hello from the Lambs at Ferris State University! The Alpha Iota

sisters hope you all had an amazing summer and are off to a successful start to the school year. We have had an excellent kick-off to the semester with 10 potential new members beginning the process of initiation into our chapter. We were able to learn more about each of these amazing ladies by having several recruitment events, which included a coffee night, cookie frosting competition and a tie-dye t-shirt day. These activities allowed the PNM's to learn more about our sisterhood and about each individual active member.

Already this semester we have been actively involved with our community by volunteering. We continue to volunteer at a local recycling center and at a local nursing home to play bingo with the residents. We also participated in Adopt-a-Highway as well as our on-campus pharmacy clinic.

On October 24th, we will spend the weekend at Cedar Point working at a merchandise stand to raise money for our chapter, which will also give all the sisters quality bonding time together. We have continued to sell snacks and drinks in our lounge at the College of Pharmacy building, which allows us to raise money for Project HOPE. Last semester, we raised over \$500 for our philanthropy and continue to strive to raise even more.



ALPHA KAPPA

In July, we had the opportunity to send 8 sisters to Convention in Naples, Florida. It was the first time attending Convention for each of the sisters, and it was a wonderful experience, complete with a First Place win in the Core Values Poster Competition!

Our recruitment events had a great turnout, featuring activities such as tie-dye, a Braves baseball game in coordination with the Brothers of Kappa Psi and a movie on the lawn. Through the recruitment process, we brought in 26 new members, whose initiation was celebrated on October 14th. We had a lovely ceremony followed by a recep-

tion, where we enjoyed delicious cakes and other refreshments. We finished up the night with our Founder's Day Ceremony.

We have been actively fundraising to reach our goal of \$4,500 for our chapter's largest local philanthropic event, the In Their Shoes 13.1 mile walk to benefit the Loran Smith Center for Cancer Support. We have a team of 4 sisters plus our wonderful advisor participating in the walk, which takes place on October 25th.

Our other community service events this semester include serving at the Food Bank of NE Georgia and the Athens Area Homeless Shelter. We are in the process of planning our favorite annual sisterhood events—formal and retreat. Other upcoming events include a Women in Pharmacy Networking Night and a brown bag counseling session at a senior living community.

We are excited about the coming year and look forward to hearing about the successes of other chapters!



ALPHA LAMBDA

Greetings from the University of British Columbia! Most of our members had a fun and exciting summer. Two of our members attended the annual Convention in Florida during July. We are also very proud that our past president, Nathaniel Ngo, has become a Region Supervisor for the Northern Lakes region.

Our chapter had a great start to the year and a fantastic recruitment week, which included an ice cream social and an evening information session with Greek dinner provided. Turnout for these events was fantastic. In the end, our chapter initiated 36 new Alpha Lambda Lambs. At our initiation ceremony, we had some alumni attend, including Nathaniel Ngo who gave us a talk about post-graduate experience and pharmacoeconomics.

We have held many fundraising events, including textbook sales,

Halloween candy sale and CPR training courses. We are looking to the upcoming events, such as Vancouver Dine-out, Dodgeball Night, blood drive and a Christmas dinner. Planning for our feature event of the year, Manufacturers' Night in March, is also underway!



ALPHA MU

Greetings from the Alpha Mu chapter at the University of Toledo! We have had a great start to this fall semester with our Bid Week events and initiation of 43 new lambs! Initiation and Founder's Day were very successful, and we celebrated with a potluck and some sisterhood bonding. We look forward to bonding with our new members and sharing our history with them.

We have been very active in our many service and fundraising projects this semester as well. We are teaming up with Kappa Psi again this year for the American Cancer Society's Relay for Life, and we hope to raise over \$2,000 and surpass last year's amount.

Earlier this semester, we had our annual Applebee's Project HOPE fundraiser, which was very successful. In fact, we shut the kitchen down because we had so many people participate!

Finally, we are teaming up with Yankee Candle for another year to raise money to put towards our College of Pharmacy fall formal, which we help host.

This semester, we have embraced professionalism programs for both actives and our new members. We brought in a compounding pharmacist to show our new members, along with our active members, what they have to look forward to. Also, we will be volunteering at our local community clinic and making a presentation about fitness later in the semester.



ALPHA NU

Hello from the Alpha Nu chapter from the University of Kentucky! We are very excited to share some of the highlights of our semester with you.

Recruitment week this year started out successfully. We added 31 new lambs to our new member class! Our recruitment events included going to a pizza pub and Gatti Town and having a picnic.

After a rewarding recruitment week, Alpha Nu paired with the Bluegrass Ovarian Cancer Support, Inc. to help raise ovarian cancer awareness. We volunteered at the Fayette Mall as part of the Turn the Towns Teal event. We gave out 604 OCNA symptom cards, UK Ovarian Screening Program brochures and other paraphernalia. For National Wear Teal Day, we had a competition at the College of Pharmacy to see which class could get the most students to wear teal. Everyone had a lot of fun with this event, and we plan on continuing it next year.

In addition to our professional development programs with BOCS, we have Reverse Trick-or-Treat on October 27th at The Nest. The Nest provides services to prevent child abuse and neglect and helps families in crisis. Our ladies dress up in Halloween gear and bring the treats to the kids. We look forward to this event each year.

The Alpha Nu Chapter at University of Kentucky wishes you an excellent rest of the year and all the best in 2015!



ALPHA XI

Alpha Xi chapter started the semester off with a bang by hosting two of our most exciting events. First, we hosted our annual Black and White Affair, which was held at the beginning of September. This event was a success, with students coming out to enjoy pizza, dancing and an exciting photo booth opportunity! It allowed members to strengthen their leadership and teamwork skills, while having fun at the same time.

Secondly, we hosted our first pre-recruitment event of the semester and had a large number of attendees. The theme was Cookies and Cream, and it was a fun night of ice cream sandwiches and mingling. Members were able to meet with a lot of prospective members and had the opportunity to share with them the mission of Lambda.Kappa Sigma.

Lastly, and the most exciting of all, Alpha Xi Chapter celebrated the White Coat Ceremony with 11 of our sisters! This was such a proud moment for us. We look forward to seeing all of the wonderful things these ladies accomplish as pharmacists!

ALPHA OMICRON

Warmest regards from the Alpha Omicron Chapter at West Virginia University! This year we gained 13 new members and had two successful social recruitment events. For the first recruitment event, we met at a local restaurant and then showed off our bowling skills at the bowling alley. At our next event, we watched West Virginia University defeat Maryland in a football game and made dog chew toys out of old jeans for the local humane society.

We have many social events planned throughout the semester. So far, we have attended the Morgantown

Collegiate Chapter News

Wine and Jazz Festival and plan on going to Fright Farm in October. We have also been energetically fundraising by selling key chains, t-shirts, sweatshirts and coffee mugs.

Our chapter has many service events planned this semester. We have already cooked dinner for families staying in the Rosenbaum House, collected school supplies for the Pressley Ridge Foster Home and held a bake sale for Relay for Life.

Along with alumni Debbie Bourquin, we are also excited to be participating in the program Karing with Kroger. This gives our members an opportunity to work with pharmacists by offering screenings, such as blood pressure and blood glucose testing, and education to customers shopping at our local Kroger grocery store.

We are looking forward to a very exciting and busy year with our current sisters and new inductees!



ALPHA PI

Greetings from the Alpha Pi Chapter at St. John's University! We kicked off this year with our Ovarian Cancer Awareness Night, which was a huge success. The Bright Pink organization educated sisters and students about the basics of breast and ovarian health. In addition, faculty and alumni spoke about their experiences as cancer survivors. Attendees even showed their support by wearing teal to raise awareness for ovarian cancer!

As for fundraising, our two events so far were a bake sale for Project HOPE and a Manicures for Breast Cancer Awareness event, where we sold pink breast cancer bracelets and offered manicures to faculty and students.

At our APPE Round Table Review, current sixth year students discussed what to know before starting rotations, what to expect during them and how rotations changed their goals post-

graduation. Alpha Pi also organized a Midyear Prep event where alumni talked to collegiate sisters about their experiences at Midyear and what they did to prepare for it and about their residency and fellowship experiences.

Amongst all the professional events, we need down-time, so the collegiate sisters had a get-together over dinner at Applebee's. Everyone had a fantastic time catching up with each other. We also had fun at our school's University Service Day, where we packed lunch to distribute to the less fortunate people in the city.



ALPHA RHO

Greetings from Northeastern University! We are off to a great start this fall semester and have welcomed 9 new members.

We have been busy hosting many events on campus this semester. In September we had a Meet the Alumni event, where Christine Perry, Justine Dickson and a group of recently graduated sisters came and talked to our chapter about their experiences with LKS and what they are doing now.

At the beginning of October during Mental Health Awareness week, the sisters spread awareness around campus with a mental health trivia game for students passing through the Student Center.

Along with our faculty advisors, we hosted an event for all pharmacy students called A Tale of Two Cities: Ambulatory and Hospital Pharmacy. At this event, our advisors spoke about their clinical experiences in ambulatory and hospital pharmacy respectively.

The Making Strides against Breast Cancer 5K Walk is something we participate in every year. Many sisters and new members joined the walk around Boston on October 5th in the fight against breast cancer. For Brides

against Breast Cancer, we volunteered at a wedding dress sale in which all of the proceeds go to programs for cancer patients and their families. In October, the sisters sold Yankee Candles as a part of a fundraiser for Project HOPE.

We look forward to what the rest of the semester will bring and are currently in the process of planning a fall retreat to focus on leadership development and sister bonding.



ALPHA PHI

Greetings from the lambs of Alpha Phi! After an exciting summer in which we were able to send 6 members to convention, we are now looking forward to an exciting semester.

This year, we are anticipating the induction of 11 new members into our chapter after orientation. So far this semester, some of our members walked in the Out of the Darkness Walk to show support for suicide prevention, a cause that one of our sisters is very passionate about.

Soon we will begin our fundraising for the year by selling baked goods and capsule-shaped earrings as well as chocolate bars and candles for the holidays. We have a lot of fun opportunities planned to grow in our sisterhood. This includes attending a local fair, visiting an amusement park and enjoying dollar burgers at a local restaurant.

We hope to partner with local Girl Scouts and the Magnolia Project to show support and to be role models for young girls in our community. Along with putting together a Substance Abuse Lunch and Learn Series, we are working on expanding our annual Turkey Tea event to benefit Toys for Tots. So far, the Lambs of Alpha Phi are starting off the semester with a lot of enthusiasm, and we hope to keep it up!



ALPHA CHI

Fall greetings from the Alpha Chi Chapter at Northeast Ohio Medical University! This fall, we had a very successful recruitment. We held our initiation on October 10th and initiated 27 new members. This more than doubled our membership! We are excited to have all these lovely ladies be a part of our chapter.

We had a T-shirt sale fundraiser last month and sold over 50 shirts. For Founder's Day, we are having a speaker talk about women's perspective in healthcare. In the beginning of October, we participated in the StepOut Walk for Diabetes. We were happy to have so many of our new members show initiative and participate.

We as a chapter are also trying to build an even closer bond with our Alumni chapter and are planning a holiday party with them.

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ALPHA PSI

After spring semester initiation, our chapter has increased almost two-fold! We started a great new school year with new student orientation presentation, a volleyball tournament fundraiser and by doing ALS ice bucket challenge.

New student orientation day is always an exciting day for all pharmacy students, faculty and staff. It was great a time mingle with new students and talk about our chapter. We are proud to say that out of all the UNE organizations, our chapter had the best member participation!

The volleyball tournament was a new event that Lydia Kouletsis, our chapter philanthropy chair, initiated to raise funds for Crossroads. We had 2 teams from the dental program, 2 teams from the pharmacy program, 1 team from physical therapy and 1 team of pharmacy faculty. There was great participation throughout campus, and the baked-goodies our chapter members made were huge success! We raised \$293 for Crossroads, and our chapter was recognized in their newsletter.

We would like to congratulate member Morgan Harper for attending IHI Student Quality Leadership Academy this past summer. The program included hands-on presentation, a tour of the IHI office and a chance to mingle with other leaders. Said Morgan, "The best part was hearing the inspiring words of the speakers and other healthcare professionals who are so passionate about helping people and improving population health. They were very moving and motivating to get involved on my own, or in some of their quality improvement projects."



ALPHA OMEGA

This past September, the chapter of Alpha Omega initiated our first class of 6 Lambs with the much-appreciated help of Grand Council members Jenny Brandt and Tiffany Self as well as alumni Chris Grass and Nicole Lombardo.

We are very excited to announce that we are currently sending 13 members through the new member education program in order to be initiated at the end of November. We are thrilled to be able to double our newly established chapter in such a short time period. This past quarter, we held our first and very successful sisterhood event at LouVino, a newly opened wine bar in the heart of Louisville.

Over the past few months, our chapter has been hard at work planning our first-ever school-wide dance at The Ice House in downtown Louisville. While we have already received generous funds from Sullivan University College of Pharmacy in support of this endeavor, we have much more fundraising to do before our 1920s Gatsby-themed dance in January.

As a fundraiser for our chapter as well as for Project HOPE, we are planning an online silent auction that will kick off the KPHA Legislative Day in Lexington on November 14th and end on November 16th. We are hoping to generate interest and appreciation not only from people in our community but also for the wonderful LKS alumni who have given us so much support.

Alumni Chapter News



ALPHA ALUMNI

Alpha alumni have been busy within the chapter as well as within the pharmacy community. The summer brought together a few Alpha Lambs to Convention in sunny Naples, Florida. We attended meetings geared toward assisting chapters in risk management, and we even got some pool time! Congratulations to Alpha Alums Amanda Higgins and Arielle Bibeault, who were both inducted as Region Supervisors! Alumni President Elicia Fauvel DeParolesa joined the Trust Liaison Committee as Secretary.

We celebrated Founder's Day at MCPHS Boston, where alumni Donna Horn spoke of her career and her Lamb for Life moments. Donna has been a mentor to our chapter and is a role model for all to look up to. Along with Donna, Kerry McGee, Elicia Fauvel DeParolesa, Mary Durante and Alessandra Baron are adjunct professors on campus. Their presence shows collegiates their Core Values of professional and sisterhood on a daily basis.

Alpha alumni are extremely proud of Kerry McGee and Melissa Peckham, both of whom work for CVS Health and were awarded the company's prestigious Paragon Award. They are inspired by their company's take on healthcare and join other Alpha alumni who previously won this award.

With the collegiate chapter, we are working on several fundraising, mentoring and activities, including our yearly gift card sale, holiday swap and health topic of the months at CVS Pharmacy locations.

We are always looking for new and exciting ways to help our chapter and continuing to make Lamb for Life moments!

EPSILON ALUMNI

The Epsilon Alumni chapter has been taking a little breather. Unfortunately, we were unable to help this year with the collegiate chapter recruitment activities. However, Afton Wagner is already working with the chapter as their new Fraternity Advisor. President, Keely Ireland, has been invited to ride again for the Key for Keys event. We all wish her the best of luck in her fundraising and in the ride.



CHI ALUMNI

Last spring, we awarded two scholarships to Chi collegiates, Susan Diep and Michelle Park. In May, there was an informal meal with Chi members of the class of 2014. They told us of their post-graduation plans and were invited to join the alumni chapter.

We had a meeting in September and also planned for our December one, where we traditionally write cards to far away members, contribute to a food bank and exchange holiday goodies.

Chi collegiates invited us to their Founders Day ceremony, and it was a meaningful and enjoyable time. In attendance were Nancy Horst (pictured above, top row, third from the left) and Jennifer Rhodes (top row, fourth from the left). Happy Holidays to all!



ALPHA BETA ALUMNI

Greetings from Alpha Beta Alumni Chapter! We would like to take this opportunity to express our sincere gratitude for being recognized as

Chapter of the Year at convention in Naples, Florida. It was truly an honor, and we would like to thank our sisters, Grand Council and Headquarters for their support. Following the excitement from Convention, our chapter met at Jill Fitzgerald's beach house for a day of fun in the sun, good food, great conversation and sister bonding.

Our next chapter gathering will take place during White Coat Weekend on October 25th at UCONN's annual Alumni Gala. We are currently collaborating with our collegiate chapter to coordinate numerous events, including a P4/Alumni Rotation Talk tentatively scheduled for early November. In addition, we are finalizing details for our annual Alumni Tailgate at the homecoming football game on November 1st.

Our alumni chapter is excited to participate in an initiative our collegiate chapter is establishing. At every chapter meeting, they will select an alumni member, prepare a small excerpt about her field of pharmacy practice and provide the chapter with her contact information. We are looking forward to getting to know more collegiate members this way!

Lastly, we will be supporting our collegiate chapter as they host another HOPE waLKS on October 18th. We wish every chapter a happy and successful year and are excited to reconnect with old friends and share "Lamb for Life" moments at next year's convention in St. Louis!

ALPHA IOTA ALUMNI

Greetings from the Alpha Iota alumni chapter! We have just recently reactivated our alumni chapter and are hoping to work closely with the Alpha Iota collegiate chapter on some new and annual events in the coming months. We have not had a meeting as of yet, but we are hoping to get together soon to discuss how we would like to go about recruiting more of our alumni members, ideas for potential events and activities, and our goals for the future. We are very excited for this upcoming semester and what it has in store for us. Happy Holidays!



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Our alumni chapter is excited to participate in an initiative our collegiate chapter is establishing. At every chapter meeting, they will select an alumni member, prepare a small report about the list of pharmacy events, and provide the chapter with pertinent information. We are looking forward to getting the word out to you.

November 1st, we will be holding a homecoming football game at 7:00 PM. Alumni tickets are available for our annual Alumni Tag Sale. In addition, we are finalizing details for our next chapter gathering. We have already received a great response to our next chapter gathering. We are currently looking for a date to hold our next chapter gathering. We are currently looking for a date to hold our next chapter gathering.

The first of our new initiatives was the chapter's first new initiative. Advisor, President, Kelly Ireland, has been invited to the again for the key. We are currently looking for a date to hold our next chapter gathering. We are currently looking for a date to hold our next chapter gathering.

to help ALPHA ALUMNI... We are currently looking for a date to hold our next chapter gathering. We are currently looking for a date to hold our next chapter gathering.

SCHEDULE OF DEADLINES & UPCOMING EVENTS



**2015 LKS
Annual Convention
July 29 ~ August 1, 2015
St. Louis, Missouri**

- January 15:**
Deadline to apply for LKS Educational Grants
- January 31:**
LinKS distribution
- February 15:**
 - Alumni News distribution
 - Chapter report submission deadline for Blue & Gold Triangle
- March 15:**
Recipients of the LKS Educational Grants are announced
- April 1:**
 - Deadline for paying alumni dues
 - Blue & Gold Triangle distribution

