



CONVENTION ISSUE

LAMBDA KAPPA SIGMA
International Pharmacy Fraternity

Blue & Gold Triangle

September 1982



ANNABEL CARTER JONES (1891-1982)

Annabel Carter Jones, a charter member of Lambda Kappa Sigma, died May 23rd after a long illness. She was born in Waltham, Massachusetts, where she lived for 89 years before moving to Wayland two years ago.

She graduated from the Massachusetts College of Pharmacy in the class of 1916. She worked in retail pharmacy all her life and was associated with her father in a pharmacy in Waltham.

Annabel Carter Jones was the first president of the 'Lambda Kappa Sigma' club and later was elected to serve as the first Grand President of LKS from 1922-26. She then was elected to the office of Member-at-large from 1926-32.

Over the years she has kept in contact with Lambda Kappa Sigma through her sister, Harriet Filson of Wayland at Founder's Day and Convention time. A memorial service was held this summer at the 1982 National Convention. The Convention body in Pittsburgh authorized the donation of \$1000.00 to the fall 1982 fundraising drive of the LKS Educational Trust in her memory.

Annabel will always be remembered by the sisters of Lambda Kappa Sigma for her dedication to the profession of Pharmacy and all her work in establishing the backbone of this organization.

HARRIS COMPANY TO PUBLISH LKS DIRECTORY

Whatever happened to that special friend you pledged with? How many LKS alumnae live in your town? Well, the answers are at last in sight. Lambda Kappa Sigma is pleased to announce an arrangement with the Bernard C. Harris Publishing Company, Inc. of White Plains, NY, for the production of its very first national alumnae directory. The Harris Company has contracted to compile, publish, and market the directory, financing the operation solely through the sale of individual directory copies to alumnae only.

The firm which has been selected is recognized as the oldest and largest exclusive publisher of alumnae directories and has completed over the past two decades, alumni directories for more than 400 colleges, universities and fraternities. The project will be undertaken at virtually no cost to Lambda Kappa Sigma.

The fraternity will not benefit financially from the directory sales (purchases should not be considered a contribution), but will derive substantial benefit from the completely updated records and other valuable information obtained.

The main body of the directory will consist of an alphabetical listing of all alumnae, with each entry to include name, initiation year, chapter, home address and telephone, and business or professional information, including title, firm name and address, and telephone. Two complete indexes of all alumnae, one arranged geographically by towns within states, and the other by chapter will follow the main listings, providing ready references and cross references.

This updated material will be derived from brief questionnaires mailed to alumnae with known addresses and followed up by telephone for verification of the information to be included in



Mayor Richard Caliguri presents a historical pewter plate to Grand President Judy Riffey at opening breakfast.

CONVENTION NEWS

WEDNESDAY, JULY 21st

The 27th biennial convention was hostessed by the Tau Chapter in the steel city of Pittsburgh, Pennsylvania this year. They welcomed chapters from as far west as California and as far south as Georgia. Registration was held in the corridor while everyone got acquainted in the P&LE room. (The Sheraton at Station Square named all its lecture and banquet rooms after a railroad theme.) There, music was played by a disc jockey while everyone stuffed their faces with beer, wine, cheese and veggies, and shared scrapbooks. Later in the evening LKS was entertained by the Tamburitzans. They were very good. After they were finished we all broke down into regions and had a short caucus to discuss several minor points and a couple of major ones. Finally, some retired, some went to the hospitality rooms for questions, ideas or just to talk, while a few late nighters danced the night away; (Well at least till the disc jockey wouldn't play anymore.) All in all, it was a very warm welcome for all of us who came to represent Alpha Nu and we want to thank again the Tau Sisters and say hello to some of the dear friends we made while there.....See you in Seattle! Sherry L. Montgomery
Alpha Nu Treasurer

Cont'd on page 3

Cont'd on page 2

THURSDAY, JULY 22nd

On July 22, 1982, Lambda Kappa Sigma began its 27th biennial convention in Station Square in Pittsburgh, PA. The opening breakfast began with Nicki Pappada, Tau Collegiate President, leading everyone in a special invocation; Mary Meredith welcomed everyone to the Someplace Special City. This convention would be exciting and fun-filled, she guaranteed everyone. Mayor Richard Caliguiri presented to our National President, Judy Riffree, a proclamation declaring July 17 to July 25 as Women in Pharmacy Week. To make sure everyone would remember the occasion, every sister found at her place a parchment copy of the original creed. The certificates were tied with blue and gold ribbons. The proclamations were not the only gift for our Sisters. Each received a beautiful tote bag with the Lambda Kappa Sigma Greek letters. The Mayor then presented Judy with a symbolic pewter plate showing various landmarks of this city. In his speech, the Mayor informed everyone that he was quite familiar with Lambda Kappa Sigma, as his Aunt Frances was one of the Tau Collegiate founders in 1932, and his uncle Dick was also a pharmacist. The Mayor had to leave hurriedly because he said he had two additional breakfasts to go to, but he was delighted to meet our Past Presidents, who represented Detroit, Seattle, Indianapolis and St. Louis, because he considers their mayors as his personal friends.

We were introduced to Dr. Bruce Martin, who is Associate Vice President of Duquesne University, representing Dr. Kay, Dean of Pharmacy, Duquesne University. After Dr. Martin's speech, we were pleased to acknowledge Dr. Jule, who represented Dean Dittert of Pitt Pharmacy School.

The first official business meeting started with each of the Grand Council officers present introducing themselves and giving interesting reports of their activities during the past biennium. The collegiate chapters were then called to give their reports. One by one each chapter gave a full report on the activities of their chapter.

It was decided after the collegiate reports were given that the collegiate and alumni would divide into their respective groups to discuss particular problems relating to their chapters. Pat Kienle chaired the Alum group while each of the regional supervisors took time leading the collegiate's discussion. The reports of this discussion were given by



1982-1984 GRAND COUNCIL (l to r) Front row: Judy Riffree, Honorary Advisor; Avis Ericson, Grand Secretary; Patti Kienle, Grand Vice-President; Mary Gear, Grand President; Michelle DeBalko, N.E. Supervisor; Gloria Bernstein, M.W. Supervisor. Second row: Nancy Horst, Grand Treasurer; Mary Meredith, M.E. Supervisor; Pat Landers, W. Supervisor; Sue Corkum, Grand Editor; Adele Lowe, Honorary Advisor; Marilyn Haberle, Honorary Advisor.

Patty Kienle and Michelle DeBalko.

After lunch and actually after every break from business or pleasure, Karen Hays, who earned the name "Pickle Lady" would call out winners of the special convention gifts. The name "Pickle Lady" had been bestowed on Karen, who on Wednesday made sure every visitor to Pgh. would go home with a Heinz pickle.

At the afternoon meeting each of the Alums gave their reports. Again it was noted that almost every collegiate and alum groups presented similar problems to the other groups.

Then came the important business of selecting the five members of the nominating committee who were...Marilyn Haberle, Avis Ericson, Tony Farrell, Luann Betz, Stephanie Simodejka. The business meeting was then adjourned until Friday morning.

Everyone hurried to dress and make plans to go see either Bimbos or Shakespeare. Old friends gathered in large groups of 5 or 10 sisters. One's old friends and new friends went to investigate either Houlihans or the Cheese Cellar. After dinner six cars headed for Oakland and the Pitt campus to the Stephen Foster Memorial to see "The Merry Wives of Windsor".

The report from this group was that you had to see the costumes as they really were a surprise. Can this really be Shakespeare? He is so funny! Reminds me of Laverne and Shirley. People who were actual Shakespeare lovers, such as Julia Pishalski, remarked it was done just as she had seen it done in England. The Collegiates then and younger alum or those alums who are young at heart headed for Bimbos. There are no words except fun...fun...fun to describe the fine time. You had to live it to believe it. Pizza in the air, sing-along, let's laugh it up a little, were there for all to enjoy. The Shakespeare group headed back

to the Alumni Hospitality Room 514 to have a rap session and about an hour later the group in 514 heard the Bimbos crowd and they all convened in 524 and had another rap session for about an hour.

Finally the Sisters one by one fell asleep. It was 2 AM and the fifth floor was finally quiet.

Submitted,
Rosetta Manzione
Tau Alum

FRIDAY, JULY 23RD

Friday was an exciting day from beginning to end. We began the day with a business session. During this session, Avis Ericson, our Grand Secretary, read the proposed changes of the by-laws. Among the changes was the new and important Stray Lamb vote. The by-laws were unanimously accepted by the convention body.

To conclude the morning session, the convention body was divided into collegiate and alumnae caucuses. The purpose of these meetings were to discuss common problems and trade ideas. Some of the important ideas stressed in the collegiate meeting include: making our pledging periods more meaningful, developing leadership qualities in sisters from the start, and supporting a responsible drinking program on our respective campuses. Alumnae meeting included discussion on reactivating alumnae chapters in the area, more involvement with the collegiates, and different fundraising ideas.

Following the morning session, we attended the Professional Fraternity Association luncheon. The speaker was Dr. Renee Roscerito. Dr. Roscerito spoke on the importance of strong fraternal bonds.

During the afternoon business session, the Nominating Committee, appointed earlier in the convention, presented the officers slate. Also, Mary

Grear, our Grand Treasurer, read the proposed budget which was then accepted by the convention body.

For Friday's nightlife adventure, we attended the Pirates game at Three Rivers Stadium. We got things underway by boarding the Gateway Clipper Ship to cross all 3 rivers, en route from Station Square to the stadium. At the ballyard, LKS representation was not only in the outfield by left field, but a sign was blowing in the wind against the center field wall. We munched on everything from hot dogs to hot nachos during this exciting game. Following the Pirates win over the Braves, we returned to Station Square via the Gateway Clipper.

Upon returning to the Sheraton, everyone headed for their own entertainment. Many gathered in the hospitality suite, at the bar, in the video room, or back to their rooms looking forward to another day of business and pleasure.

Submitted,

Maureen McBride

Alpha

SATURDAY, JULY 24th

After a busy Friday night, our sisters gathered for a Continental Breakfast before getting underway with our final business session. During this final meeting, elections for the 1982-84 Grand Council were held. New officers are as follows:

Grand President: Mary Grear

Grand Vice-President: Patti Kienle

Grand Secretary: Avis Ericson

Grand Treasurer: Nancy Horst

Grand Editor: Sue Corkum

Northeastern Regional Supervisor:

Michelle DeBalko

Mideastern Regional Supervisor: Mary

Perrine Meredith

Midwestern Regional Supervisor:

Gloria Bernstein

Southern Regional Supervisor: Becky

Hunter

Western Regional Supervisor: Pat

Landers



Presentation to Patron (l to r)

Front row: Judy Riffe, Dr. Sharon Corey. Back row: Kathy Macosko, Linda Fisher, Nicky Castillenti, Ginny Daugherty.

The convention body then broke into Regional caucuses to determine the whereabouts of the 1983 Regional Meetings. By region, these meetings will be held: NE and ME will combine for their meeting in the Poconos, PA; MW will be held in St. Louis, MO; South in Athens, GA; and West in Portland, OR.

The final business session ended with resolutions and a closing statement by outgoing President Judy Riffe.

During the afternoon a Drug Fair was held, where many pharmaceutical companies were represented, and participated in this display.

A Continuing Education seminar was available at this time also. Suzanne Green gave an excellent lecture on the role of the woman pharmacist in a man's world. Dealing with our responsibilities to the profession, better management skills, and making more opportunities available to women were all discussed.

To wrap up an exciting convention, the Final Banquet was held, with awards and special recognition given to many of our sisters and chapters. The Award of Merit was presented to Gloria Doughty,

and the Distinguished Service Citation was awarded to Adele Lowe. (See next issue of the Blue and Gold Triangle for more details.) The Efficiency Cup for the most active collegiate chapter went to Alpha Iota, with first and second runner-ups to Nu and Tau chapters, respectively. Alpha Zeta Alumnae chapter received the Efficiency Gavel. A Fifty-year Gold Certificate was presented to Josephine Tucci of Tau alumnae and a Twenty-five year Silver Certificate went to Alpha Nu collegiate chapter. Dr. Sharon Corey, a faculty member of the University of Pittsburgh, was honored for her service to the Delta chapter by being made a Patron.

During the awards presentation, a singing telegram was delivered to our new Grand President, Mary Grear, on behalf of her chapter Alpha Zeta, which gave us a few laughs and really added to the excitement of the evening. The festivities ended in a solemn moment with all our sisters joining hands and singing our Lambda Kappa Sigma song.

As some sisters packed their things for their trip home, others met in the hospitality suite and other rooms to say their goodbyes and thanks to the Delta collegiates, Tau collegiates and alumnae chapters for an informative, enjoyable, and very successful convention. Thanks for all your hard work in helping to strengthen our fraternal and professional bonds during this convention!

Fraternally,

Sue Corkum, Alpha

Alumnae Directory, Cont'd from page 1
the directory. At that time only, alumnae will be invited to purchase a copy of the directory. Only enough directories to fill these pre-publication orders will be printed, and circulation will be restricted to alumnae. Release of the directory is tentatively scheduled for late-1983.



Past Grand President Judy Riffe transfers the Gavel to new Grand President Mary Grear.

ANTIBIOTIC THERAPY FOR ACNE

by

Ann B. Amerson, Pharm.D.

Ann B. Amerson, a member of Lambda Kappa Sigma, is Associate Professor, director, of the Drug Information Center, Albert B. Chandler Medical Center, University of Kentucky. We wish to extend our thanks to the KENTUCKY PHARMACIST, Paul Davis, Editor for reproduction of this article.

For 30 years, oral antibiotics have been used for acne.¹ In recent years, interest and use of topical antibiotics has led to the marketing of several products for topical therapy of acne. The basis for using antibiotics in acne will be discussed briefly along with information about currently available topical products.

Treatment for acne vulgaris, a chronic disorder of the pilosebaceous follicles, involves a variety of agents and procedures. Antibiotic therapy is just one component of an individualized treatment regimen involving cleansing agents, peeling and drying agents and other measures in more severe cases.² The value of antibiotic therapy lies in its apparent ability to decrease and suppress the organism, *Propionibacterium acnes*. Triglycerides, a component of the sebum, apparently are hydrolyzed by this organism to free fatty acids (FFA) which are irritating and contribute to comedone formation.^{3,4} Oral administration of antibiotics such as tetracycline and erythromycin effectively reduce the number of *P. acnes* organisms deep within the follicles or comedones.^{1,3,4} Topical antibiotics, i.e. clindamycin, erythromycin and tetracycline, decrease the number of organisms on the surface of the skin. Their penetration into the follicle is not well studied; however, in one study comparing oral and topical tetracycline, no difference in effectiveness was noted. Another comparative study indicated that topical clindamycin was better than oral tetracycline.¹

Topical Preparations

Tetracycline (Topicycline[®] —Proctor and Gamble) has been available for the past couple of years. This past year an erythromycin solution (Staticin[®] —Westwood) and, thankfully for many pharmacists, clindamycin phosphate (Cleocin T[®] —Upjohn) were marketed.

Topicycline[®] is a .22% solution (2.2 mg/ml) which is provided as a powder with liquid for reconstitution. The liquid contains m-decyl methyl sulfoxide and sucrose esters in 40% aqueous ethanol. Patients should apply the preparation generously until the skin is thoroughly

wet. Patients may experience stinging or burning which should stop within a few minutes. A slight yellow coloration of the skin may be noted by some users, but this can be removed by washing.

Staticin[®] is a 1.5% solution containing 15mg/ml erythromycin base in a vehicle of 55% alcohol, propylene glycol, laureth-4, and fragrance. Before application, the areas should be washed, rinsed well and patted dry. Application with the fingertips is recommended but the hands should be washed after application. Adverse effects related to use of this preparation include: erythema, desquamation, tenderness, dryness, pruritis, and oiliness. Dryness of the area is a frequent complaint.

Cleocin-T[®] contains 10mg/ml of clindamycin as the phosphate salt in a solution of isopropyl alcohol, propylene glycol and water. This product is provided in a convenient applicator bottle allowing direct application to the skin. Adverse effects associated directly with the topical application include contact dermatitis, dryness, oily skin, sensitization, stinging of the eye, and swelling of the face. The phosphate salt was chosen instead of the hydrochloride because of less irritation.

Some systematic absorption may occur after topical application of all three products. Even though the amount absorbed is small, some systematic side effects may occur. For example, cases of diarrhea, bloody diarrhea and colitis have been associated with topical application of clindamycin.⁵

All products are recommended for twice daily application, morning and evening. The eyes and mouth should be avoided in the application process as all products have an alcoholic vehicle.

Systematic or topical antibiotics are generally an effective component of therapy for acne. Topical antimicrobial therapy generally is employed in milder cases of acne with systematic antibiotics

used in more severe cases. The patient is subjected to a lesser risk of side effects with topical therapy, although side effects have been documented. Patients would be counseled regarding appropriate application of topical products.

References

1. Stoughton RB: Topical Antibiotics for acne vulgaris. *Arch Dermatol* 115: 486-489, Apr 1979.
2. Newcomer VD: Acne vulgaris in *Current Therapy*, Conn HF, editor. W.B. Saunders Co., Philadelphia, 1980.
3. Cahn RL: Current status of acne treatment. *Postgrad Med* 67:117-22, 125, June 1980.
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5. Cleocin Tr Therapeutic Profile, Upjohn, Kalamazoo, Michigan, October 1980.

1982

BIENNIAL CONVENTION EVALUATION REPORT

Approximately half of the forms that were distributed were returned. The general consensus seems to indicate that this was an excellent convention. Tau Chapters and Delta Chapter and the Sheraton staff are all to be complimented on a job well done. Fugazy Travel Agency also served us well.

We do have some room for improvement. We need more time for sightseeing, shopping, more workshops or informal rap sessions for collegiates and more time for regional meetings. Grand Council needs to be more accessible for informal chats. Grand Council members are seen, but those attending the convention would like to know them better as individuals. It would be good to develop the Grand Council training session. The collegiates would like to meet with the Regional Supervisors in a separate room where they can see well and hear well. Everyone attending the meeting would like a more detailed business agenda



Josephine Tucci, 50-year Gold Certificate Member, with Judy Riffe

whenever possible.

The response to this Convention Evaluation questionnaire would indicate that it should become a regular part of our convention process.

Submitted,
Marilyn Haberle
Honorary Advisor

BLUE AND GOLD TRIANGLE DEALINES COMING UP:

OCTOBER 1st, 1982

NOVEMBER 1st, 1982

(Collegiate and Alumnae chapter news issue. Collegiates send reports directly to the *Grand Editor*. Alumnae chapters send reports to *Vice President*.)

JANUARY 7th, 1983

MARCH 1st, 1983

(Collegiate and Alumnae chapter news issue.)

Any other materials for publication may be sent for any issues, using deadlines above. Send to:

Sue Corkum, Grand Editor
590 Trapelo Road
Belmont, MA 02178
(new address)

CORRECTION-- In the April 1982 issue of The Blue and Gold Triangle, an error was made in the reprint date on article 'Women in Pharmacy'. This was a reprint from the 1932 edition of the BGT. (ed.)

The Blue and Gold Triangle is the official publication of Lambda Kappa Sigma, International Pharmacy Fraternity published quarterly by Lambda Kappa Sigma.

Ms. Sue Corkum, Grand Editor
590 Trapelo Road
Belmont, MA 02178

Lambda Kappa Sigma is a member of the College Fraternity Editors Association and the Professional Fraternity Association.



COMMITTEE:

Be Procedure Wise

©by Marguerite Grumme

Marguerite Grumme is a Registered Parliamentarian and a Certified Professional Parliamentarian.

Committees are the eyes and ears of the organization. The chairman is as important to the committee as the president is to the organization, and every member of a committee should be but a wave-length of thought away from the chairman.

If you are the chairman of a committee, you are honored. Skill as a chairman is an art everyone should learn. When accepting a chairmanship you should:

- Obtain past files and data on your particular committee.
- Contact committee members and request their assistance.
- Chart the course for the term and follow through.
- Report to the organization as requested.

The work of a standing committee expires when the person or body which appointed it goes out of office. The work of a special committee is over as soon as the task for which it was created is accomplished and the report made and accepted.

Whether chairman or member of a committee, coordination through cooperation is your pledge. Remember:

- Consideration is your privilege.
- Acceptance is your choice.
- Organization of knowledge is a necessity.
- Presentation of ideas is your purpose.
- Reporting is your duty.
- Interdependence is your policy.
- Progress is your aim.

Don't lean on your record! Make a new one!

Seven Magic Principles of Committee Coordination

CONSIDERATION

Know the duties of the particular committee on which you are asked to consider membership. If you are uncertain ask questions before you accept.

ACCEPTANCE

Accept a committee membership to assist the organization and not for the glory. If you are a contributing member your worth will soon be recognized.

ORGANIZATION

Know the organization and functions of a committee. If you are uncertain,

check with your bylaws, manual or president.

PRESENTATION

Committees operate more successfully on new ideas. Use your own ingenuity and present ideas to the committee at frequent intervals. Also present ideas used by other organizations for the general idea, but not to be used too closely to a previous pattern.

REPORT

Solicit information personally to see if the ideas, suggestions and plans of the committee with which you are working meet the needs of your sphere of work, and report your findings.

INTERDEPENDENCE

All committees within any organization are interdependent. This is fact, not fiction. If you can, contribute to another committee on related information.

PROGRESS

Be sure that you do not allow your own personal associations or past thinking to dominate your thinking in any committee work. You are responsible to the entire organization and all opinions and decisions must be considered by you as seriously as they are by the officers of the organization. Remember, to progress an organization must accept the accredited thinking of the majority. That is progress.

SPECIAL COMMITTEE

- Should have at hand (from secretary who takes from assembly minutes) exact wording of motion creating committee.
- Committee functions until duty is completed, even from year to year.

STANDING COMMITTEE

- If a usual duty, the committee chairman should read from bylaws exactly to what extent the committee is empowered, etc.
- Committee goes out when appointing power ceases to exist.

NOMINATING COMMITTEE

- Specific errors usually found...*
- Qualifications checked hurriedly or not at all.

- Incumbent officers are sometimes not checked as to availability for the next term.

- Any refusal should be accepted as a refusal to take office. No one should be urged to take an office after refusal.

- CONSENT TO SERVE should be, and in some instances must be, obtained. This one is usually missed.

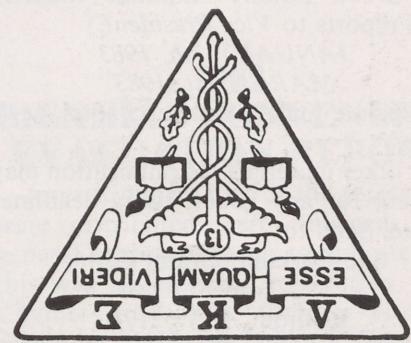
- Q. What two major errors does one find in committee work?

- A. (1) Chairman fails to designate someone to take minutes.

- (2.) No committee report is compiled and signed while committee is in session.

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