

Spring Chapter Updates!



ALPHA CHAPTER

This past summer, I had the amazing opportunity to complete one of my Advanced Pharmacy Practice Experience rotations abroad in Cape Town, South Africa. Through my preceptor, Dr. Renier Coetzee, and University of Western Cape, my fellow rotation students and I collaborated with non-governmental organization, Touching Nations, to make a positive impact in the local community. This project involved educating community healthcare workers (CHWs) – individuals involved in the home-based care program within Touching Nations – on common disease states. Touching Nation's home-based care program includes sending CHWs out into the Delft community to offer various levels of care, such as: home-based disability assistance and wound care, tuberculosis and HIV management, and counseling and resources to at-risk children. The motivation for this outreach initiative was to highlight the potential role of pharmacy students in the field of social accountability.



ALPHA CHAPTER (continued)



During our time working with Touching Nations, we presented twice on the topic of hypertension and educated approximately 70 CHWs on how to provide a higher quality of patient care to the community they serve. We discussed the signs and symptoms, stages of hypertension, common drugs, and counseling points of antihypertensive medications, and when to see a physician based on the country's practice guidelines. We presented our results as a poster during ASHP Midyear this past December, which showed an improvement of correct responses and average 20% increased confidence of disease state knowledge. Our educational program was also awarded the first ever Community Engagement Excellence Award at University of the Western Cape's Alumni Awards. By starting with a simple yet popular disease state, our goal was to create a template for future groups of PharmD students to model from. I hope that future groups will continue to educate CHWs on a multitude of disease states to further equip them with necessary physical assessment skills. Working with the CHWs was one of the most rewarding experiences of this clinical rotation because I was able to utilize the knowledge I gained from pharmacy school to benefit an underserved community directly and sustainably.



ALPHA CHAPTER (continued)

Alpha chapter kicked off the semester with a very successful movie night. We all hung out dressed in onesies and jammies and watched a movie. There was hot cocoa and cookies to pair with the perfect night! It was a great way to catch up after winter break, and relax before the semester got too busy.

This semester Alpha chapter has welcomed 9 new girls. Current members are working hard to make sure they are educated on all things LKS! The best part of orientation thus far has been our big/ little “puzzle piece reveal,” and Sunrise Ceremony. We’re halfway through orientation and so far our new members are looking sharp.

This semester we have plenty of events to look forward to including a CV workshop, a trivia night focused on all things pharmacy, a fund raiser at Bertuccis for Project Hope, and Hygeia day!



DELTA CHAPTER

In January, Delta Chapter hosted members of the Dental School as well as the School of Pharmacy for a beauty pageant. This charity event included a talent portion, question portion, and various organized skits! By the end of the night, we raised a total of \$1200 to donate to both St. Jude's and Project HOPE!



Sisters Kristel Chatellier (far left and MC for the event), Carly Gabriel and Casey Butrus (bottom row, both chairs for the event) with our contestants!



Our contestants in the opening skit.

LAMBDA CHAPTER

Continuing with our goals to strengthen sisterhood we've had many small fun social events including a pumpkin carving party held on campus near the end of October. In total we had over 30 students come out which resulted in a variety of adorably carved squashes that really set the tone for the rest of the holiday season!

Members were also able to pick the brains of our alumni at our very successful Residency Workshop. Speeches by our recent graduates who are completing PGY-1s at various sites including the US Department of Veterans Affairs and at the LA County Hospital as well as alumni like Dr. Jon Watanabe, current Fellowship Director at UCSD, really helped clear confusion and myths surrounding pharmacy life post-graduation.

Lambda chapter has just finished our Potential New Member Recruitment! After an exciting and eventful 2 weeks of socials like Get To Know The Lambs at the local pizzeria and our annual Game Night held at alumni Dr. Lisa Lum's beautiful home, we want to welcome 21 new potential members- eighteen from the class of 2021 and three from the class of 2020!



All of our attendees with their beautiful pumpkin carvings!

President, Director of Health Fairs, and Vice President at our Alumni Night



NU CHAPTER

Nu chapter has had a very exciting past couple of months! In December, we initiated our eight new members; officially making Nu a co-ed chapter of LKS; and we hope to get even more new members through our recruitment this spring. We have been busy coming up with new fundraising activities; one highlight being a donut sale for our peers on their way to classes. We have enjoyed sisterhood activities such as formal dinner after initiation, a letter making event, canvas painting, and studying together for finals. Many chapter members have been engaged in our professional opportunities like Iowa Pharmacy Legislative Day, practicing for lab practicals, and mixers with faculty and alumni. Recent changes that we have been promoting within our chapter include: participating in new scholarship activities, reviewing and updating our chapter's bylaws and policies and procedures, as well as "lamb pals" to promote spending time with sisters. Looking forward, our chapter is busy preparing for Hope WaLKS, which will take place in May.



Annual sunset ceremony at Gray's Lake Park in Des Moines

XI CHAPTER

Xi Chapter has proudly initiated 38 motivated sisters for this academic year. Our larger events this past semester were hosted by our Academic and Community Service Committees, in addition to the LKS & KY Family Brunch held during URI's Family and Alumni Weekend coordinated by our Social Media Committee. Academic Committee set up a health booth at Hillside Hall to talk about skin care and protection. The booth was coordinated with URI Health Services and they provided pamphlets on different skin conditions and how to protect your skin from damage. Health Services also brought a machine which showed areas of dry or damaged skin and offered solutions in person. Community Service Committee hosted a Bingo Night to benefit Project HOPE; we raised \$470 and fun prizes were awarded to bingo winners including donations from many local shops and restaurants.



Skin Care Health Booth



HOPE TaLKS Bingo Night,

XI CHAPTER (continued)

Xi Chapter kicked spring semester off with our self-defense class! Academic Committee coordinated this event with a pharmacist associated with Stonington Karate and the trainers from Stonington Karate were also trainers at Ichiban Gym in Wakefield, RI. The class was a success with 29 participants; we hope to make this an annual event!

We are looking forward to our annual GALA in late February hosted by our Professional Committee. This year we will be supporting Camp Surefire, a camp for children with diabetes; the camp provides diabetic supplies so that the children are completely cared for without having to use and carry around their own supplies. Our goal for GALA is to fundraise in order to send at least two children to camp.



PNM Class of 2017

OMICRON CHAPTER

This school year has been an exciting one so far for the sisters of LKS Omicron Chapter! We celebrated the end of our fall semester with a Holiday Party. To start the new semester and new year strong, we also held a Winter Retreat that included leadership-building activities. We are excited to implement a new committee starting this semester, the Sisterhood Committee! This committee will focus on fall recruitment and year-long sisterhood events. Upcoming events include: a night of mystery at the Great Escape Room, a healthy cooking class with Henry Ford Health System, a quirky social with Kappa Psi at Detroit Axe, and monthly brunches. Our professionalism committee is also busy working on seminars for our members as well as the entire pharmacy college, including: stress management, parliamentary procedure, and our Hygeia Day presentation on Medical Marijuana in Michigan. We are continuing to give back to our community in the Detroit-area by giving healthcare presentations with organizations such as Vista Maria and the Michigan Antibiotic Resistance Reduction Coalition. We have also been hard at work fundraising for our end of the year donation to Project Hope with our famous biannual Taco Bar as well as with candy-gram, pizza kit, and gourmet popcorn sales. We are also incredibly proud to announce that



Samantha Langell, a P1 LKS sister, won the Wayne State APhA-ASP chapter Local Patient Counseling Competition and will be representing Wayne State at the APhA National Patient Counseling Competition this year in Nashville, TN!

2017 Initiation at the Detroit Yacht Club

PI CHAPTER

This past year, Caroline Grabowski served as our recruitment chair and has done a remarkable job. We've seen the attendance at our recruitment events reach the highest they've been in years and these girls have subsequently become great additions to our chapter as new members. Caroline has also gone above and beyond her duties as recruitment chair by actively volunteering to help with anything she can. Caroline has been instrumental in improving our presence on campus, forming strong relationships with members of the community, and being an exemplary sister to the rest of our chapter.



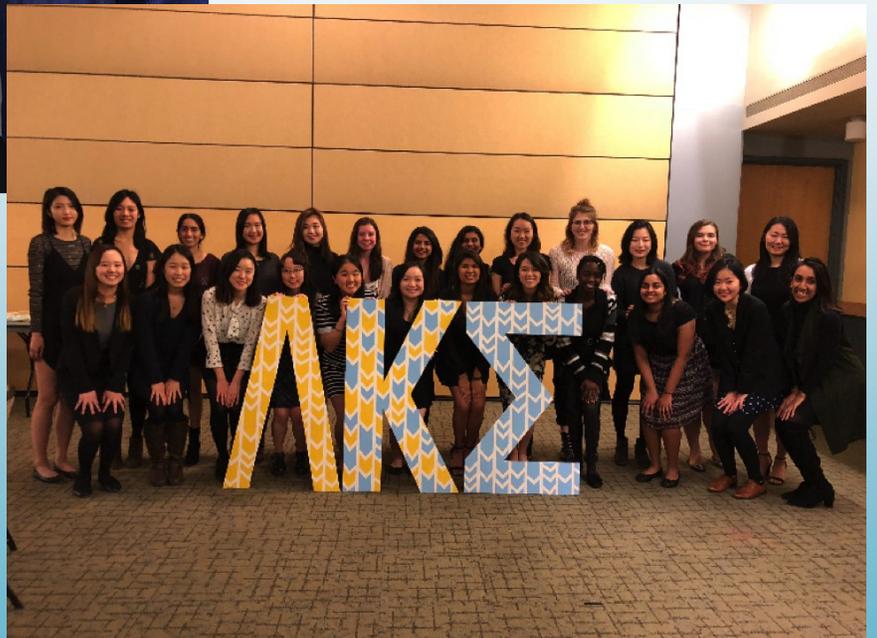
Our 2017-2018 recruitment chair, Caroline Grabowski.

PI CHAPTER (continued)

With the start of 2018, our chapter has a renewed dedication to our core pillar of service. We showcased our love for service in our event New Fleece On Life. We had a wonderful group of young women come out and make fleece blankets for cancer patients which would be given to the charity organization Co-zies4Chemo. We also discussed our annual fundraiser in March, Festival of Cultures, a charity event for Project HOPE and the impact Project HOPE has around the world with our lovely new members. Sisters were also able to work on their golf game when we co-hosted a TopGolf fundraiser to benefit the American Heart Association in February. In addition, Pi Chapter has 8 sisters signed up for Rutgers University's Dance Marathon and we have already raised \$1,319!



LKS Sisters at a TopGolf fundraiser to support the American Heart Association



LKS Sisters at our Spring 2018 Dinner By Invite.

TAU CHAPTER

Tau Chapter has had a very successful year thus far! We have had the honor of having a new member class inducted this month, and have begun our new member process! Every year here at Duquesne, all Greek organizations participate in an event called Greek Carnival, in which we all raise money and hold service projects for different charities. This year, Tau chapter won an award for the Best Service Project, in which we made and donated non-slip socks to nursing homes. One of our sisters Alison Kuhn was awarded the PPA Independent Pharmacy SIG Grant to attend the NCPA conference in Orlando, Florida. Another sister, Jenny Yannuzzi was recently published in the Pittsburgh Health Care Report in January for her article on the health in Disney land. The sisters of Tau Chapter are always a part of incredible things!



Sisters of Tau chapter in Washington D.C. advocating for provider status!



A picture of our newest new member class during their induction last month!



Sisters of Tau chapter supporting our advisor Dr. Karen Fancher during her talk about overcoming breast cancer!

PHI CHAPTER

This December our chapter hosted our annual Holiday party, complete with a Secret Santa activity for each of our big/little families within the chapter. It was such a fun way to end the semester before the long break from school! Now since beginning the new semester, we recently enjoyed a game night before our school's basketball game. We invited the other pharmacy fraternities on campus, Kappa Psi and Phi Delta Chi, and played pharmacy-themed games like Drug Taboo! We are looking forward to our Hygeia Day speaker and dinner in March!



Playing Drug
Taboo!



Holiday Party!

Chi Chapter

No Update Submitted.



Alpha Alpha Chapter

This past November, the Alpha Alpha chapter celebrated Founder's Day by holding a panel of 7 alumni members whom were able to speak about their experiences in school and how it has lead them into their careers today. We had a range of pathways represented from current residents and fellows, a professional in industry, and pharmacists that have chosen either clinical, academic, or retail route. Our organization opened this wonderful event up to the entire pharmacy school and had an amazing turn out. The panelists each discussed what their role at their job is and what they did while in school to prepare for their current position. There was a questions and answer session after that really helped our students dig deeper into how to prepare themselves for the world after graduation. It was a great time for fellowship with all the sisters, sharing CV's and getting answers to all of our burning questions. This event was very successful, and we are so grateful to have such wonderful women still actively participating with our chapter.



LKS alumni on our panel and current chapter president



Alumni panel speakers and current E-board

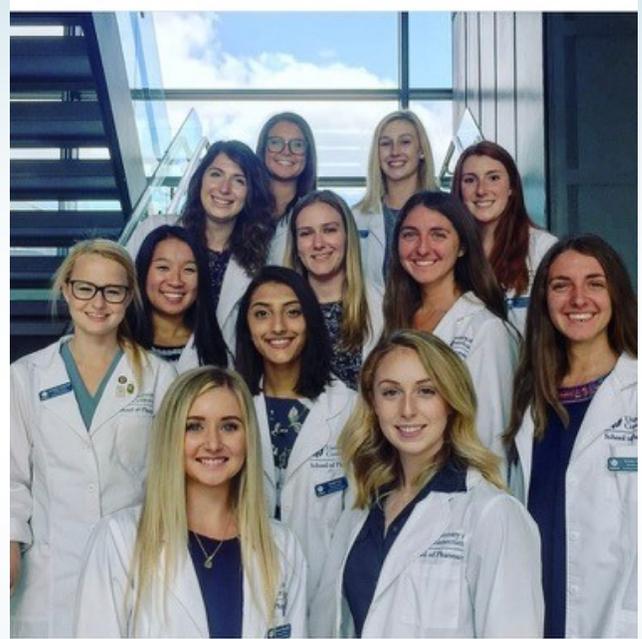


ALPHA BETA CHAPTER

Greetings from the Alpha Beta Chapter at the University of Connecticut! With the spring semester in full swing, we are looking forward to the continuation of achieving our goals and promoting women in pharmacy!

This February, our sisters have formed a team for our school's Connecticut Children's Medical Center all night dance marathon, called HuskyTHON! We currently have 12 sisters signed up who have raised \$3,404 and counting for the kids!

This semester we will continue spreading awareness for Skin Cancer as part of our Women's Health Initiative. We plan on presenting at local middle schools on how to be cautious and take preventive measures against the sun's rays! In order to keep the students engaged, we will be handing out the sunscreens we received as a donation as an incentive to participate in our interactive presentation.



Alpha Beta sisters at the UConn School of Pharmacy Involvement Fair

ALPHA BETA CHAPTER (continued)

As a chapter, we are looking forward to catching up with our P4 sisters at our annual P4 dinner! This dinner is aimed to congratulate our sisters on completing their rotations and on their upcoming graduation.

Our social committee is hard at work planning sister bonding events in order to tighten the bonds between sisters, old and new, with events like Secret Valentine's, going to hockey games, and taking a break from studying to go to Sunday brunch! We are also hosting a paint night at a local paint studio where we can relax and connect with our Alumni!

On behalf of the Alpha Beta chapter, I would like to wish everyone a great spring semester!



Alpha Beta sisters at the Sunrise Ceremony

ALPHA ZETA CHAPTER

Alpha Zeta chapter has put much focus on service, recruitment, professionalism and philanthropy over the past several months. With the addition of our 20 new members, we have strived to give back to the community as much as possible, especially with the very cold winter that we've been having. In January, our girls participated in Project Downtown, where they set up tables and tents, prepared meals, and handed out food and clothing to the underserved population. In addition, every month our girls participate in HPES (Health Protection and Education Services). With the flu taking storm this year, our girls counseled the community about fighting the flu. We provided both pharmacological and non-pharmacological treatment options.



At the start of the semester, we had a very successful “Ice Skating and S’mores” event in collaboration with another fraternity on campus. Because the ice skating rink was local, we were able to walk a short distance with the potential new members to the rink. Afterwards, we kept warm by having a bonfire at the top of our school’s parking garage and made s’mores and hot chocolate. Up next is our annual event for Project HOPE, Mr. STLCOP. This is our biggest event of the year, and we are very excited to show the entire school how much our philanthropy means to us!



Project Downtown!



HPES (Health Protection and Education Services)

ALPHA ZETA CHAPTER (continued)

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Ice skating and s'more event

ALPHA ETA CHAPTER

Since the last chapter report our LKS sisters have conducted three successful events. On November 9th our sisters hosted a professional development program open to every health professions school on campus. The program was hosted in the morning, with breakfast provided and our speaker's presentation was geared towards providing pertinent information on women's gestational health. In December, our community service chair, Zehra Khan helped to organize a

Christmas collaboration between LKS and The Angel Tree Project hosted by The Brooklyn Borough Salvation Army. The goal was to "adopt" a less-fortunate child and provide them with one gift from their Christmas list. Although, Angel Tree originally pledged LKS to 15 children we were able to provide presents for 39! Even profes-

sors and faculty got on board with the project. Finally, this past month, our President-Elect, Amanda Clouser successfully partnered with the Sonny Archer Law Enforcement Foundation to help provide blood pressure screenings to officers. This allowed P3 sisters to meet their professional requirements, apply their practice lab skills and it helped important members of our community.

Coming in April we will be hosting our LKS Raffle Basket Fundraiser!



BP Screening!

ALPHA THETA CHAPTER

Earlier this year in February we hosted our third annual alumni dinner. It was great to see returning alumni as well as some new alumni at the event and catch up with some of them and introducing them to new members as well. The night offered delicious food and some entertaining events that allowed everyone to get to know each other better and network. Some current members even got to talk about how some things were done in the past and we hope to potentially reintroduce some of these activities.



ALPHA IOTA CHAPTER

Thanks to our amazing Recruitment Chair and Co-Chair, Alpha Iota Chapter had a great fall recruitment and welcomed 8 amazing new members. There are also another 5 girls who are just starting the potential new member process this spring. This past semester we raised over \$120 for Project HOPE through selling snacks and drinks in the College of Pharmacy. Currently, we are planning our third annual Mr. Pharmacy pageant that will raise money for our sisters attending convention! Our annual Chili Cook-off benefiting Project HOPE was held. There were 7 individuals/organizations who entered chili. We participated in Homecoming activities with the gentlemen of Lambda Chi Alpha. We are looking forward to participating in Greek Week activities this spring with the gentlemen of Sigma Alpha Epsilon. As a chapter, we have continued volunteering with Adopt-A-Highway and at a local nursing home. Altogether, our sisters completed over 650 hours of community service and we hope to keep expanding that number! As a chapter, we are excited to see where this semester takes us!



Alpha Iota Chapter at our Fall 2017 Invite only Recruitment event!

ALPHA KAPPA CHAPTER

Hello from Athens, Georgia!! The sisters of Alpha Kappa have been working really hard this year to get more involved and raise funds for Project Hope! Our first semester was very successful. We were able to bring back our annual Thanksgiving potluck dinner and participate in the In Their Shoes Walk. We raised over \$1000 for the Loran Smith Cancer Center, and we are excited to continue this success into this semester.

Our first event in February is our annual Women in Pharmacy Networking night. For this event, we invite female pharmacist in the area to attend catered networking dinner to discuss their careers and give advice to female pharmacy students. The next event coming up in February is our first annual "Souper Bowl" benefitting Project Hope. This event will be a soup/chili cook-off for the entire college of pharmacy. We have been working on this event for the entire year, and we are very excited to see it all come together. We are starting March off with our annual Girl Scout First Aid Day. We host this event each year to help local Girl Scouts in the area obtain their first aid badges and learn more about the healthcare profession. Our last big event this semester is formal, which we refer to as the "Apothecary Ball". This event is always a great way to close out the semester... and have a little fun. We hope everyone else is having an amazing year, and good luck to all!



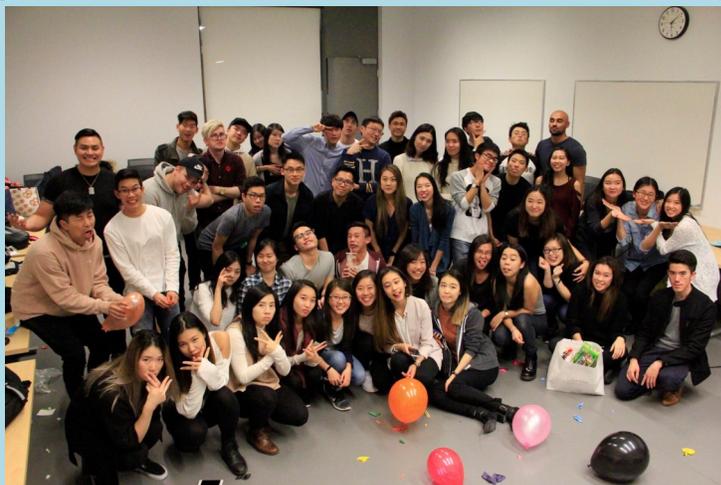


ALPHA LAMBDA CHAPTER

Our chapter has welcomed 25 new lambs into our “lambily” in November! We held a Christmas party to welcome all our new members in and to celebrate the winter season with food, gifts and laughter.

Over the winter, we went on a backpack run, giving out food and warm clothing to the homeless downtown. A group of us gift wrapped at a mall to help raise money for the Multiple Sclerosis Society.

Looking forward, we are deep in the preparation stages of Manufacturer's Night, our annual flagship event. We have over 20 confirmed pharmaceutical manufacturers, who are going to be presenting their products to pharmacy students of all years.



Initiation Night 2017

ALPHA MU CHAPTER

The Alpha Mu Chapter has had an exciting year thus far! Through the outstanding efforts of our recruitment chairs, we initiated a record-breaking 39 new Lambs to our chapter! We are so excited for the variety of contributions our new members bring, especially since we have many girls interested in pharmacology/toxicology, cosmetic science and formulation, medicinal and biological chemistries as well as PharmD majors!

The Chapter is working on efforts to further unify our members. We utilize a suggestion box, where members can anonymously give feedback or voice their concerns, which are then addressed at the next meeting. We have also utilized a “flipped” style meeting, where minutes are sent out ahead of time so that meetings can focus on just a quick review of the minutes, allowing for more time for questions and sisterhood-building activities!



Making Cake Pops!



ALPHA MU CHAPTER

Some exciting events we are participating in include volunteering for the Boys and Girls Club, which culminated with a Holiday coloring book and crayon drive for the children! We look forward to hosting a Girl Scout troop this month to help them earn their First Aid badge. Our Professionalism committee hosted mock-interviews and admission essay revisions for our members applying to the PharmD program. We also are selling cake pops for Valentine's Day, with all proceeds going to fund our efforts to send more girls to Convention this summer! We are also looking forward to holding our first Spring Formal as well this coming April! The future is looking bright for Alpha Mu!



Recruitment

ALPHA NU CHAPTER

In January this year, our chapter hosted the Hope Gala. This formal dance was organized and ran by our 2nd Vice President, Erin Hart. Hope Gala is our annual formal dance that invites students from the UK College of Pharmacy, UK College of Medicine, UK College of Nursing, and other healthcare colleges at UK. Our event has now become an annual philanthropy event at the college that helps to incorporate inter-professional relationships and also help raise money for a great cause! We were able to raise and are going to donate \$1,419 to Project HOPE!



Alpha Nu's Executive Board at the Hope Gala

ALPHA NU CHAPTER (continued)

Also, this February we are delivering Valentine's Day Cards to the veterans at the VA, making dinner at the Hope Lodge, and we helped put together blessing bags for the homeless with the Christian Pharmacists Fellowship International. The Hope Lodge provides a place for cancer patients to stay and offers a supportive environment for their patients. We are excited about the rest of the semester and our philanthropy events!



Second year students at UK College of Pharmacy
at the Hope Gala



Some of our first year sisters at the Hope Gala

ALPHA XI CHAPTER

These past couple of months, our fraternity has been working hard to expand and promote the different services we offer to the underserved Stockton community. In addition to the free weekly blood glucose, cholesterol, and blood pressure health screenings that we provide at our clinics, we recently added new Medication Therapy Management services. Besides these health screenings, our chapter also hosts health fairs throughout the year.

Our very first joint LKS Medicare Health Fair this past open enrollment season in San Francisco was a tremendous success. Our undergraduate and graduate members worked alongside other pharmacy students and pharmacists to help provide hundreds of free health screenings to the elderly population of San Francisco through fully booked appointments as well as walk-in appointments. We are hoping that our annual Hygeia Health Fair this spring will also be as successful.



ALPHA XI CHAPTER (continued)

While our fraternity has been working hard to expand upon the services that we provide to the community, we have also been working to further strengthen the bonds between our members. This past winter, we hosted various inter-fraternal events for our members to relax and bond with one another. These included activities such as ice skating, pumpkin carving, and our annual White Elephant Christmas party. We also took a break from technology to go on a 3-day retreat in Arnold California. There, we got to know each other on a more personal level and discussed the direction we would like to see our chapter and Lambda Kappa Sigma take in the upcoming years.



With the new year starting and already going strong, Alpha Xi chapter has been working hard to prepare for the big events we have planned this upcoming school year. Thanks to our outstanding Recruitment Chair, Alpha Xi had yet another successful recruitment season and we are excited to welcome in ten new potential members into our family. Our Project Hope fundraiser is also coming up and is expected to do well; last year our chapter raised over \$1,200 dollars and we hope to raise even more this year.

Overall, Alpha Xi has had a successful year and we hope that this year we will continue to grow more professionally, further expand our community outreach, and cultivate and strengthen our members' bonds. With our newest class, our chapter will grow in both size, potential, and success.



ALPHA OMICRON CHAPTER

The Alpha Omicron Chapter made dog chew toys out of old jeans for the local animal shelter. The animal shelter in Morgantown, WV is a no-kill shelter that is very overcrowded and consistently in need of supplies. Our chapter took jean scraps and braided them to create a durable, safe, and fun toy for some of the dogs in need.



Braiding jeans scraps!



Making Dog Chew Toys!



The finished product!

ALPHA PI CHAPTER

Nothing submitted.



ALPHA RHO CHAPTER

The Alpha Rho Chapter at Northeastern University found themselves bonding and rekindling their sisterhood at their annual retreat in Fall 2017, by upholding the sisterhood and service core values. Every year, we have a super packed day that's filled with many activities, ranging from social to philanthropic to professional. This year was no different. We had one special guest this year though, our fraternity and academic advisor, Dr. Stephanie Sibicky!



Dr. Sibicky led our professional event by reviewing CVs and letter of intents. She demonstrated the best way to set it up, how to order the sections, and all the other technicalities that go along with prepping for Midyear and post-graduation programs. A well-written CV is the best way to represent yourself professionally, but students often find themselves lost when they first attempt to create one. This event with Dr. Sibicky was incredibly helpful to P3 and P4 pharmacy students, as they start to prepare for post-graduation.

Along with the CV workshop, we also had time set apart for reflections. Every year, we reflect on the highlights, our past goals, what could've gone better, and any challenges we're facing. Afterwards, we wrap up by discussing our goals for the following year. Alpha Rho is an actively growing chapter, so it is essential to always look back on the past and set the right direction that will lead to growth in all sisters. To further facilitate the growth of younger lambs, we had also set up a P3/P4 Panel to ask older sisters for advice about pharmacy and work-life balance. Balance is an important part of every aspect of life, which is why we set up social activities during retreat as well!

ALPHA RHO CHAPTER

This year for our social activity, we all crafted lamb origamis by following a YouTube video. We each wrote a question on our lamb and did a massive swap. These questions delved deeper and asked about values and goals. Sisters then picked out a lamb from a bucket and we went around in a circle, answering the questions on the lambs. This activity was extremely touching, as sisters learned more about each other and connected on a deeper level, upholding the sisterhood value at retreat. We also filled out Instagram Questionnaires, so hopefully everyone will get to know Alpha Rho sisters a little better through our Instagram (@lks_alpharho)!



Exchange of Origami Lambs

Alpha Rho Chapter

Alpha Rho introduced an initiative this Spring 2018 semester in which LKS sisters taught pharmaceutical and medical knowledge to international students. LKS sisters contacted Northeastern's Global Student Office and a few international student organizations in order to find participants in the target audience. Sisters prepared a presentation about how to receive prescription medications, what to look for in over-the-counter products, and general information patients should know in order to facilitate this process. To reinforce the lesson as well as interact with the participants, sisters created an activity about auxiliary labels, or cautionary labels, for medications. At the end of the session, all participants received a handout with summarized information from the lecture in their native languages: Chinese, French, and Spanish. Overall, the students gave very positive feedback, with a freshman LKS sister stating that it was especially helpful for those who are away from home for the first time and had never picked up prescription medications on his/her own. Because of this positive feedback, Alpha Rho is optimistic that next year the event will be expanded to include the whole school, especially freshmen to help them adapt to living away from home and at college for the first year.



Pharmacy Auxiliary Label Activity	
Label	Translation
 SHAKE WELL	
 DO NOT Refrigerate	
 KEEP IN REFRIGERATOR	
 FOR EXTERNAL USE ONLY	
 DO NOT DRINK ALCOHOLIC BEVERAGES WHEN TAKING THIS MEDICATION	
 TAKE WITH FOOD OR MILK	
 YOU SHOULD AVOID PROLONGED OR EXCESSIVE EXPOSURE TO DIRECT AND/OR ARTIFICIAL SUNLIGHT WHILE TAKING THIS MEDICATION.	
 FOR THE EYE	
 MEDICATION SHOULD BE TAKEN WITH PLENTY OF WATER	
 FOR THE NOSE	
 MAY CAUSE DROWSINESS OR DIZZINESS	

Auxiliary Label Activity

ALPHA RHO CHAPTER CONTINUED...

To wrap up the day, we had a group brainstorming session for upcoming events and broke up into our committees so we could better plan out event specifics. We're approaching the time of year when we host our annual Wellness Series. It's a month full of different events all tied around a central theme of mind and body health.

We then finished up retreat with a philanthropy activity that included decorating baby socks! It was time for the artistic sisters to express their inner Picasso. We decorated infant socks with puffy paint to make them child-friendly and skid-free! The socks were donated to Shriners Hospital for Children. Shriners Hospital specializes in burn care, orthopedics, spinal cord injury, and cleft lip/palate therapy. Despite the focus on pharmacy coursework, Alpha Rho members still stress the importance of prioritizing patients and contributing to the community.

All in all, it was a packed and exhausting day at retreat, but it was great to bond with all the sisters. Our chapter can confidently say we're all so proud of each other for what we've accomplished last year. We're so excited to see the upcoming events we have planned come to life! We want to give a special shout out to our amazing new advisor Dr. Stephanie Sibicky for



Non-Slip Socks Donated to Shriners Hospital for Children

ALPHA SIGMA CHAPTER

No update submitted.



ALPHA PHI CHAPTER

Over the last semester and half the Alpha Phi Chapter has been successful in expanding their chapter with 9 new members that were invited in early November. In celebration of Founder's day the Alpha Phi chapter participated in the Wilkes University Annual Alcohol Awareness Walk and attended an Etiquette dinner presentation. In November, the chapter put on their annual Turkey Tea luncheon, and all of the profits from the event went to a local salvation army. During the fall semester we started a monthly potluck. All of the sisters would make a meal to pass at the potluck and one sister would hold the event at her home. In addition the LKS Alpha Phi chapter increased their collaborative events with another fraternity on campus, Kappa Psi, with a pumpkin painting event and going to a Wilkes-Barre Penguins game. The Alpha Phi Chapter wrapped up their semester with a cookie exchange at the end of November and the regional supervisor visit in the beginning of December. The final event was an annual Christmas party where gifts were exchanged, games were played, and each sister wrote what they liked the most about each other on a piece of paper.



At the Christmas party every sister had a piece of paper with their name on paper then all of the other sisters wrote kind words on that paper about that sister.

ALPHA PHI CHAPTER (continued)

The Alpha Phi Chapter kicked off the spring semester a sisterhood sleep over. At this event the sisters played sister trivia, LKS Kahoot, team building exercises and of course enjoyed some delicious food! During the spring semester the Alpha Phi Chapter will be presenting at the Women and Gender's Studies conference about skin cancer, presenting to beauticians on how to identify skin cancer, and will continue to put on a Girl Scout Hygeia Day event.



At the cookie exchange, each sister baked a different type of cookie and then exchanged the cookies at the event.

An action shot of a team building exercise during the Sisterhood Sleepover event.



ALPHA CHI CHAPTER

Community Service

Our community service thus far has been Caring for Kids. Caring for Kids is a program for foster and adopted children. While the children's parents undergo childcare training on the second Tuesday of every month, the organization needs volunteers to engage in physical activities and also emotional training for the kids. This has been a great volunteer opportunity for our members and is definitely something we plan to continue within our chapter. This opportunity has really allowed us to make a difference in people's lives. We also have promoted this event throughout our school and have been able to recruit even more involvement.

Socials

This year our socials have consisted of Mexican dinner night, paint night, and a Christmas movie marathon/hot chocolate bar thus far. We have plans for an escape room night, and a cooking night. These socials are a great way for us to unwind from school, get to know each other better, and truly be a sisterhood.



ALPHA PSI CHAPTER

To end the Fall 2017 semester, the lambs of LKS Alpha Psi hosted our annual ugly sweater day and cookie swap for our local philanthropy, Crossroads. Crossroads caters to the needs of women undergoing treatment for substance use. Thanks to donations, we were able to raise over \$100 for this organization. Also during the holiday season, PLS sponsors an Adopt a Child event, and Alpha Psi didn't shy away from the challenge! We adopted two children, and with the help of some savvy shoppers we were able to provide every item on their lists.



Recruitment is an exciting time for us, and we're getting excited for our latest events. The lambs of Alpha Psi are braving the cold temperatures for ice skating, then hosting lunch and games for potential members. The tri-fraternity bowling night is always a lot of fun, too! Thankfully bowling is never the main focus, and it lets the brothers from AZO, LKS, and Kappa Psi mingle with all the potential members and form friendships.

Lamb love from the sisters of Alpha Psi!



The lambs of LKS Alpha Psi don ugly sweaters for our local philanthropy, Crossroads.

ALPHA OMEGA CHAPTER

This year our chapter welcomes 19 new members!



BETA ALPHA CHAPTER

Recently, our chapter has been involved in several exciting projects. We had some of our sisters go to a local school to spread awareness about poison prevention. Our sisters prepared a presentation to help the kids identify at risk products that may be around their households and make sure they know how to stay safe. The children then looked at different items to see if they could pick which ones were food or drinks versus which were medications or chemicals.

Additionally, each spring semester we have the pleasure of inducting, educating, and initiating new members into our sisterhood. This year we got to welcome seven new sisters into our Beta Alpha family. Overall, we have been enjoying the new sister bonds we are developing and look forward to connecting and growing our LKS family even more.



Initiation!

BETA ALPHA CHAPTER (continued)

Our sisters have worked hard to organize this year's campaign to support Project HOPE which helps us all gather together to get involved and help the cause. Our chapter's focus on community service has helped us encourage sister bonding and foster the importance of service and giving back to the community.

Upcoming, we will be supporting the LKS Women's Health Initiative by participating in a college-wide Wellness Fair where our sisters will present on skin cancer and sun safety. We also look forward to our annual banquet where we come together as sisters to have fun, laugh, and to recognize our year's achievements.



Poison Prevention Presentation

BETA BETA CHAPTER

Beta Beta chapter had a successful fall semester and recruited three sisters. We are working hard to raise money for our annual Out of the Darkness walk held on campus. This event supports mental health education and suicide prevention and is a cause we take seriously and try to spread the message around campus.

This year we are also hosting a penny wars competition for the classes to raise money for Project Hope. We are also looking forward to building our bonds as sisters and welcoming new ones next year.

